

2019 Chuck Fruit Invitational

Long Course Timed Finals – Long Course Time Trials

Presented by Edwardsville Swimming Dec 13-15, 2019

Hosted by: Chuck Fruit Aquatic Center

SANCTIONED BY: USA Swimming/Ozark Swimming

SANCTION NO: Pending

ENTRIES DUE: by 5:00 pm, MON DEC 9, 2019

START TIMES: FRI Session: 7:00 pm
SAT/SUN Sessions: 10:00 am

POOL OPEN FOR WARM-UP: FRI 6:00-6:50 pm
(Open warmup/training) SAT/SUN: 8:00-9:45 am

POOL: Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025

COURSE: The Chuck Fruit Aquatic Center pool is an indoor 50-meter pool; 25-yard competition area with eight (8) swimming lanes, and a warm-up area. This competition course with bulkhead in position has been certified in accordance with 104.2.2 (C). Pool depth dimensions at start end = 7', turn end = 12.5'.

WARM-UP: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a current **2019 or 2020 USA Swimming member coach**. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s) as directed by the meet referee. **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The Meet Referee will oversee the meet. Any questions regarding conduct of the meet should be made directly to that person.

RULES: USA Swimming Rules will govern. Current OSI Meet procedure for heats and finals meets will be enforced and take precedence over any errors or omissions on this form.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DECK ACCESS: Only certified USA Swimming officials and designated volunteers will be allowed on the pool deck. Coaches will be issued deck passes which are required for deck access before, and during the meet.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence and throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

FACILITY RULES: Safety regulations require that the upstairs doors leading into the spectator area remain

closed. Tobacco products are prohibited on ECUSD7 property. Chairs and coolers are not permitted in the spectator viewing area. Trash must be disposed of properly.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY & AFFILIATION: Open to all athletes who hold 2019 or 2020 USA Swimming Registration. Registration application must be **received by the entry deadline** by the administrative official or OSI Office. Late application will be considered "on deck" and subject to penalties. Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to your LSC Registrar. At the meet, a swimmer may UNATTACH by notifying the Administrative official in writing and paying the appropriate fee. A swimmer may not attach at the meet.

SUBMITTING TIMES: Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time. Times must have been achieved on or after September 1, 2018.

TIME TRIALS: Time trial will be held 20 minutes after the conclusion of the Saturday session. Any event may be contested, except the 800 Free and 1500 Free. Athletes may not exceed six (6) events per day, including time trial events. The deadline for time trial entries will be 11:30 am Saturday. Time trials are \$10 per event, for athletes already entered in the meet. Athletes not already entered in the meet may enter time trial events, but must pay the \$18 surcharge, in addition to the \$10 per time trial event, **at the time of request.**

800 & 1500 FREESTYLE: Events 21-22 and 37-38 will be swum fastest to slowest alternating women and men heats.

ENTRY LIMIT: A swimmer may swim no more than six (6) individual events per day, including time trials.

ENTRY FORMAT: Individual entry charge of **\$5.00 per entered event plus \$18.00 surcharge and Relay fee \$20.00, must be brought to the meet.** Club electronic entry is encouraged. NO REFUNDS. If submitting a **Standard Meet Entry Form** for swimmer, card must be filled out including entire USA Swimming registration number. A check for the total amount must accompany each entry to the address below. All payment must be made at the meet before a team can participate in the meet.

ENTRY SUBMISSION: E-mail entries to edwyswim@yahoo.com by Monday Dec. 9th, 2019, 5:00 pm. Any additions or updates after the deadline will be considered. Confirmation of your entry will be sent by e-mail by Tuesday Dec. 10th by 10:00am. If you do not receive confirmation by this time, please contact Bob Rettle at 618-407-7665.

MEET LIMIT: The Chuck Fruit Senior Invitational will be limited to the first 300 athletes. Entries will be processed "first come, first served."

MAKE CHECKS PAYABLE TO: ECUSD7 and hand deliver to Bob Rettle (618-407-7665)

It is understood and agreed that USA Swimming, ECUSD7, & Chuck Fruit Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Chuck Fruit Senior Invitational
 Long Course Timed Finals-Long Course Time Trials

Date: December 13-15, 2019

Friday Session: Open warm-ups 6:00-6:50 pm; 7:00 pm start time
Saturday & Sunday Sessions: Open warm-ups 8:00-9:45 am; 10:00 AM start time

Entries due: 5:00pm Monday 12/09/19

<u>WOMEN</u>	<u>Friday 12/13/18</u>	<u>MEN</u>
Event	Stroke/Distance	Event
1	200 IM	2
3	400 Free	4

<u>WOMEN</u>	<u>Saturday 12/14/18</u>	<u>MEN</u>
Event	Stroke/Distance	Event
5	200 Medley Relay	6
7	50 Backstroke	8
9	400 IM	10
11	100 Fly	12
13	200 Free	14
15	100 Breaststroke	16
17	100 Backstroke	18
19	50 Breaststroke	20
	20-minute warm-up	
21	1500/800 Free	22

<u>WOMEN</u>	<u>Sunday 12/15/18</u>	<u>MEN</u>
Event	Stroke/Distance	Event
23	50 Free	24
25	200 Free Relay	26
27	50 Fly	28
29	200 Backstroke	30
31	100 Free	32
33	200 Breaststroke	34
35	200 Fly	36
	20-minute warm-up	
37	800/1500 Free	38