Star of the South Cup OCSC co-hosted with STAT February 10, 2019 **Sanction # WI2019-055S**

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: Beloit Memorial High School Pool

> 1225 4th St Beloit, WI 53511

Meet Director: Catherine Stang

127 Amanda Ct. Oregon, WI 53575 608-835-2772

catherinestang@sbcglobal.net

Officials: Meet Referee:

Steve Surprenant: slsurp@charter.net

Administrative Official:

Jason Schaeffer: jason@veronasafety.com

Class of Meet: Closed Invitational

The following teams will be/are invited: Beloit Tide, FAST, Green County YMCA, J-Hawks Aquatic Club, McFarland Spartan Sharks, Milton Marlins, OCSC, South Central Swim Team, STAT, Stoughton Aqua Racers.

Facility:

Indoor eight (8) lane, 25 yard pool. The minimum water depth, measured in accordance with Article 103.2.3 is 12 feet at the start end and 3 feet, 6 inches at the turn end. The pool is also equipped with non-turbulent lane markers, backstroke flags, and slanted, 30" high starting blocks. Upper deck spectator seating is available along with concession stand with adjacent tables and chairs for spectator, swimmer, coach, and official breaks. The competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4).

Timing System:

All events will be timed using a Colorado Timing System with horn start, touch pads, one button plunge timer, and two stop-watches as back-ups.

Official Rules: Current USA-Swimming 2018-19 and Wisconsin Swimming rules shall govern the conduct of this meet. All athletes must be registered Wisconsin USA-Swimming swimmers. Out of state entrants must bring valid USA-Swimming card and present it to the Meet Director prior to swimming. All coaches, acting in a coaching capacity, must have passed the required certification test and must display their current membership card at all times while on the deck. "Any swimmer entered in the Meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or the swimmer must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." "It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

Meet Format: The top 8 finishers in each prelim individual event on will swim finals . Flyover starts will be used when applicable.

Meet Schedule:

Sunday 1st Session-11/12, 13-14, 15&U Prelims:

Warm-up: 7am

Session Starts: 8:10 am

Sunday 2nd Session Open 500 Free Final:

15 min Warm-up: immediately following 2nd session

Meet Start: immediately following warm-ups

Sunday 3rd Session: 9/10 Prelims, 6&U Exhibition, 8&U Finals

 $1 \ hour \ Warm-up: \ immediately \ following \ 2^{nd} \ session$

Meet Start: immediately following warm-ups

30-60 Minute Break

Sunday 4th Session Finals (all ages):

30 minute warm-up: immediately following the 30-60 Minute Break

Meet Start: immediately following warm-ups

**there will be optional breaks between selected events **

Warms-Ups: General warm-ups/circle swimming for the first 30 minutes. One-way sprint and/or

pace lanes will be designated as needed by Meet Director for the final 30 minutes. Feet first three-point entries from the starting end of the pool during general warm-ups will

be enforced for all sanctioned/approved competition.

Entries: Swimmers may compete in no more than four (4) individual events plus relays. Total

number of individual events for the meet will not exceed four (4) and total relays will not exceed two (2). Swimmers must be USA Swimming registered in order to enter.

This meet will be run using Hy-Tek Meet Manager.

Entry Deadlines:

The entry chair must receive Hy-Tek file and pdf of your entries no later than <u>Thursday</u>, <u>January 31, 2019</u>. Entries for high school boys not qualifying for high school state will be accepted as deck seeds-no charge-til 60 minutes before start of session. No entries will be taken over the phone. Email entries to <u>catherinestang@sbcglobal.net</u>. Received entries will be confirmed via email. Meet entry fees and signed waiver form must be sent via standard mail and received by meet director no later than <u>Monday</u>, <u>February 4, 2019</u>. Mail to:

Catherine Stang (payable to OCSC) 127 Amanda Ct. Oregon, WI 53575 608-835-2772

catherinestang@sbcglobal.net

Entry Fees: \$3.00 LSC splash fee per swimmer, \$4.50 per individual event and \$12.00 per relay.

Positive Check-In:

Positive Check-In will be required 30 minutes before the start of session for the 500 freestyle event.

Concession: Hot and cold food will be available for purchase throughout the meet. Food and

beverages (other than bottled water) will not be allowed on the pool deck.

Awards: Each final event will be awarded medals 1-3 & ribbons 4-16. Prelim swimmers will be

awarded ribbons 9-16 with the final heats awarded places 1-8. High point awards will be given to the top three point scorers in each age group: 8&U, 9/10, 11/12, 13/14, and 15&up. There will be a traveling team trophy awarded to the highest scoring club. Coaches will vote for a club during the meet for the sportsmanship & spirit award.

Age Groups: 6&U (unscored), 8&U, 9/10, 11/12, 13/14, and 15&up.

Scoring: Meet will have championship scoring. Individual events will be scored 20-17-16-15-

14-13-12-11-9-7-6-5-4-3-2-1. Relays will be awarded double points. To limit the effect of the size of the teams, only the top 3 individuals & top 3 relays per club will score

points.

Deck Seeding: Deck seeding is permitted **HOWEVER** every effort must be made by the coach and swimmer to avoid such scenarios well ahead of time. Please plan ahead and double check to ensure the accuracy of your swimmers' desired events. Deck seeding will only

be allowed to the extent of partially filled heats and CLOSES 60-MINUTES prior to the

start of each session.

Entries for high school boys not qualifying for high school state will be accepted

as deck seeds-no charge-til 60 minutes before start of session.

A \$10 per-event charge will be assessed for deck seeding. Any swimmer entered in the meet, unaccompanied by a USA swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmers with Disabilities:

Please indicate on the entry form whether any athlete on your team requires additional assistance. Inform the head official of those needs prior to the start of the meet.

Final Results: One electronic copy of the results will be sent to all participating teams.

Meet Conduct:

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to the other's property will be required to leave the competition. No refunds will be given. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Use of cell phones or any other device that has video or phot capabilities will not be permitted in locker rooms. "Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Admissions: \$6.00 for adults. Heat sheets when ready will be available for print on meet landing page.

First Aid: Injuries must be reported to the Lifeguard and to the Meet Director. A first aid kit will be located at the lifeguard station.

Session #1: Sunday, February 10, 2019 11/12, 13/14, 15&U Prelims

Warm-ups: 7am Meet Start: 8:10 am

Girls:	Event Description	Boys:
	•	
5	11/12 200 Yard Medley Relay Final	6
7	13/14 200 Yard Medley Relay Final	8
9	15 & Up 200 Yard Medley Relay Final	10
***	5-10 Minute Break	***
15	11/12 50 Yard Butterfly	16
17	13/14 100 Yard Butterfly	18
19	15 & Up 100 Yard Butterfly	20
25	11/12 50 Yard Backstroke	26
27	13/14 100 Yard Backstroke	28
29	15& Up 100 Yard Backstroke	30
35	11/12 50 Yard Breaststroke	36
37	13/14 100 Yard Breaststroke	38
39	15 & Up 100 Yard Breaststroke	40
45	11/12 50 Yard Freestyle	46
47	13/14 100 Yard Freestyle	48
49	15 & Up 100 Yard Freestyle	50
55	11/12 200 Yard Freestyle Relay Final	56
57	13/14 200 Yard Freestyle Relay Final	58
59	15 & Up 200 Yard Freestyle Relay Final	60
63	11/12 100 Yard IM	64
65	13/14 200 Yard IM	66
67	15 & Up 200 Yard IM	68

Session #2: Sunday, February 10, 2019 500 Yard Freestyle Finals

15 min warm-up: immediately following 1st session Meet Start: immediately following warm-ups

Girls:	Event Description	Boys:
69	Open 500 Yard Freestyle	70
	Page 5 of 8	

Session #3: Sunday, February 10, 2019 **9/10 Prelims, 6&U Exhibtion, 8&U Finals**1 hr Warm-up: following 2nd session Meet Start: immediately following warm-ups

Girls:	Event Description	Boys:
	_	•
1	8 & Under 100 Yard Medley Relay Final	2
3	9/10 200 Yard Medley Relay Final	4
101	6 & Under 25 Yard Freestyle Exhibition	102
11	8 & Under 25 Yard Butterfly	12
13	9/10 50 Yard Butterfly	14
103	6 & Under 25 Yard Backstroke Exhibition	104
21	8 & Under 25 Yard Backstroke	22
23	9/10 50 Yard Backstroke	24
31	8 & Under 25 Yard Breaststroke	32
33	9/10 50 Yard Breaststroke	34
41	8 & Under 25 Yard Freestyle	42
43	9/10 50 Yard Freestyle	44
51	8 & Under 100 Freestyle Relay Final	52
53	9/10 200 Freestyle Relay Final	54
61	9/10 100Yard IM	62

Session #4: Sunday, February 10, 2019 Finals

 $\begin{tabular}{ll} Finals \\ Warm-ups: immediately following 4^{th} session Meet Start: immediately following warm ups \\ \end{tabular}$

Girls:	Event Description	Boys:
13	9/10 50 Yard Butterfly	14
15	11/12 50 Yard Butterfly	16
17	13/14 100 Yard Butterfly	18
19	15 & Up 100 Yard Butterfly	20
23	9/10 50 Yard Backstroke	24
25	11/12 50 Yard Backstroke	26
27	13/14 100 Yard Backstroke	28
29	15& Up 100 Yard Backstroke	30
33	9/10 50 Yard Breaststroke	34
35	11/12 50 Yard Breaststroke	36
37	13/14 100 Yard Breaststroke	38
39	15 & Up 100 Yard Breaststroke	40
43	9/10 50 Yard Freestyle	44
45	11/12 50 Yard Freestyle	46
47	13/14 100 Yard Freestyle	48
49	15 & Up 100 Yard Freestyle	50
61	9/10 100Yard IM	62
63	11/12 100 Yard IM	64
65	13/14 200 Yard IM	66
67	15 & Up 200 Yard IM	68

2019 OCSC Star of the South Cup co-hosted with STAT

WI Sanction WI2019-055S Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, School District of Beloit, Oregon Community Swim Club (OCSC), The Stateline Aquatic Team and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian:			
Position Pho	one #		
Team Name & Abbreviation			
Team Coach	Phone #		
Name (if other than coach) & address for sending fir	nal results:		
Name:			
Street:			
City:	State	e Zip	
Send results via email? (Y/N)Address:			
*************	******	*****	
ENTRY FEE RECAP—Entries Due via Hytek-Thursday,	. January 31, 2019	, Entry Fees/waiver due Mond	day, F
4 th via mail!			
Total # of Individual Events:	X \$4.50 =	\$	
Less number of Swims Reserved:	X \$4.50 =	\$	
Total # of Relays:	X \$12.00 =	\$	
Balance Due for additional Swims (or enter zero):		\$	
EXCESS RESERVATION MAY NOT BE AI Total # of swimmers: LSC FEE			
Total Entry Fee Due:			
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Make all checks payable to Oregon Community Swim Club