

CONVENTION 2016 REPORT

JACOB JOHNSON – VICE ADMIN CHAIR

PRESENTATION/CLASS:

Senior Development Committee – Olympic Synopsis – Russel Mark

GENERAL SYNOPSIS:

I actually came in late to this one, so missed a lot of the content. But, what I did see was interesting enough to warrant a quick report. The main points that were brought up were that they staff felt that much of the Olympic success was due to a culture created by the veteran athletes. He also had some interesting stats relating to ages of USA swimmers and overall medalists at the meet.

POSSIBLE MAIN POINTS OR TAKEAWAYS FOR...

- LSC BOARD / COMMITTEE MEMBERS
 - Nothing in the section that I saw
- LSC TEAMS
 - Importance of establishing a culture – he talked about positivity and about a ‘there to work’ attitude – in being successful overall and at meets.
- LSC COACHES
 - In addition to positive culture, some good reminders on ‘being active teachers while coaching, not just workout administrators.’
- LSC ATHLETES
 - Olympic Team culture was driven by the athletes, especially the experienced ones that had been there before
 - While the average medalist (all nations) was fairly old (23.5), they talked about stats for the youth on the US team. 38% of our team had been a National Junior Team Member at some point in the previous 3 years.
- LSC OFFICIALS
 - Nothing in the section that I saw
- LSC OTHER

ADDITIONAL/RAW NOTES ARE ALSO INCLUDED IN THIS REPORT

Senior Development – Wednesday 10:30 – Russel Mark

Culture was a huge part of Olympic success

Culture was athlete led – coaches can just get in the way

Athletes speak each others language and relate in a way that coaches just can't

Keys to performance

- 'owning' the team are
- Positive team culture
- Athlete leadership
- Momentum

What can the Nat'l team do to have continued success?

- Be process driven
- Cultivate thoughtful and independent athletes
- Be active coaches and teachers – not just workout administrators
- Understand the success around us and where it comes from
- Embrace our best athletes

Out of 47 USA swim Olympians, 38% were a National Junior Teamer within the last 3 years

Therefore, current Junior Teamers are expected to be impactful (maybe more so) in 2020

Average swim Olympic medalist was 23.5 years old, only 2 under 18 in the entire games.