2017 Wisconsin State Regional 2 Championships
Hosted by
FSC/WBSC

WI Sanction Number: WI2017-060S

DATE: February 17-19, 2017

LOCATION: Fond du Lac Community Aquatic Center
100 West 9th Street
Fond du Lac, WI 54935 (920) 929-3536

FACILITY: Eight 7-foot lanes, 25 yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30 inch high fixed starting blocks, 4'9" to 5'0 pool depth at starting end. Pool depth is 4' at the non-starting end. Balcony seating for 320. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100 yard relays will start in the water.

MEET DIRECTORS: Nancy Kraus
For inquiries: nkraus2010@gmail.com 262-305-5888

ENTRY CHAIR: Kelsey Ogle
N161 W20699 Kami Lane
Jackson, WI 53037
kelsey.wbsc@gmail.com

When emailing entries to the Entry Chair – please include in subject line **2017 Regional Entries**, contact information including name of person submitting the entries, name of LSC club and phone number for any questions or problems with the entries.

OFFICIALS: Head Referee: Scott Krueger (scott@oldworldartglass.com)
Administration Official: Fri, Sat and Sun PM. Joe Michels (sjmichels@att.net)
Sat and Sun AM. Rachael Smith (smithrachael7@gmail.com)

MAIL WAIVERS AND CHECKS TO: **Mail waiver and check to: Nancy Kraus**
5328 Woodland Drive
West Bend, WI 53095

TIMING SYSTEM: All events will be timed using a Colorado 6 Timing System with horn start, touch pads, one buttons, two watches as backup. All 25-yard races will be started at the blocks and will have two watches.

SCHEDULE:

Friday evening	Warm-ups	4:30-5:30 PM
	Meet start	5:35 PM
Saturday & Sunday A.M.	Warm-ups	7:00-8:00 AM
	Meet start	8:05 AM
Saturday & Sunday P.M.	Warm-ups at the conclusion of the A.M. session and Lasting one hour.	

Breaks may be scheduled prior to each day's distance freestyle event. The meet management and officials would determine the duration of each break. Depending on duration, the competition pool may or may not be open for warm-ups during these breaks.
This meet will be run using FLY-OVER starts!!!

WARM-UPS: General warm-ups/circle swimming for approximately 30-45 minutes. One-way sprint and/or pace lanes will be designated as needed by the meet director for the remainder of the warm-up session. The diving well will be available for warm-up/warm-down during all sessions.
Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition. **No equipment, pull buoys, kick boards, or paddles used in the main pool.**

RULES: Official 2017 Short Course USA-S Rules shall prevail for this meet. Swimmers must be registered Wisconsin USA-S swimmers. Age is as of February 17, 2017. Coaches must display their coach's card while on deck. Deck Pass is acceptable proof of USA Swimming membership.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SEEDING: All events will be pre-seeded except for the 400 IM, 500 Free(s), 1000 Free(s) and 1650 Free(s), which will be positive check-in events. The 400 IM, 500, 1000, and 1650 Freestyle events will be run fastest to slowest, alternating girls with boys. Events and or Genders may be combined at the discretion of the head official and the meet directors.

ENTRY DEADLINE: Entries must be e-mailed to kelsey.wbsc@gmail.com ****Subject line should contain 2017 Regional Entries**, by **6:00 pm on February 10th, 2017**. You will receive a confirmation e-mail. If you have not received your confirmation by February 12th 2017, call Entry Chairperson immediately. Teams are allowed to send in an updated entry by **12:00 pm on February 13th, 2017.**
Your completed entry form, signed waiver, and entry fees must be received by **February 17th, 2017**. This meet will be run using Hy-Tek Meet Manager. All teams are required to submit entries in the Hy-Tek/Web based commlink format. No phone entries will be accepted!

ENTRY FEES: $3.00 LSC splash fee per swimmer, $5.00 per individual event and $12.00 per relay.

ENTRIES: Swimmers may compete in **FIVE** individual events per day to a maximum of **SEVEN** individual events for the meet. Per USA Swimming rules a swimmer may not swim more than 5 individual events per day, including time trial events.

10 & Under, 11-12, and 13-14 swimmers may not swim in an event in their age group in which they have achieved a state cut prior to **entry deadline**. Swimmers may not swim a Senior event if they have achieved the Senior state cut prior to the

entry deadline. A swimmer that achieves a state cut after entry deadline of February 12th, 2017 may still swim that event at the Regional meet. All swimmers who have achieved state cuts may swim those events in the Senior category if they have not achieved the Senior state cut in that event.

Any 8 & Under may swim in any 8 & Under event regardless of seed time, but may not swim 10 & Under events in which they have achieved a state cut.

DECK ENTRIES: Deck entries are available for High School boys. New heats may be added to accommodate the added High School boy's entries. High School boys deck entries will be at the same cost of $3.00 splash fee, $5.00 per individual entries and $12.00 per relays. Any other deck entries will be accepted to fill any open lanes. NO new heats will be created. If the swimmer is not already entered into the meet they will pay the $3.00 LSC splash fee, if they are in already in the meet no new LSC fee is needed. The individual event fee will be $10.00 and $20.00 per relay.

All deck entries must be done at least 30 minutes prior to the session that the events are to be swum.

DECK REGISTRATION: All deck entrants must prove USA Swimming registration at the meet. ONLY APPLIES TO HIGH SCHOOL MALE ATHLETES

DISABILITY SWIMMERS: Please inform the head official of those needs prior to the start of each session.

AWARDS: 1st through 16th place ribbons will be awarded for all individual
1st through 8th place ribbons will be awarded for all relay events.

Individual High Point Awards:
1st-3rd High Point Awards for each Age Group will be awarded (with the exception of Senior Events).
Team High Point Awards: No High Point Team Awards will be awarded but scores will be kept for posting.

No awards will be mailed. Awards not picked up will be brought to the 12-Under State meet.

******All AM awards not picked up by 1:00 each session and All PM Awards will be bagged and coaches pick up at end of meet******

SCORING: This meet will be scored through 16th place with relays counting double.

MEET CONDUCT: Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property may be required to leave the competition.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Exceptions may be granted with prior written approval by the Vice President of Program Operations.

ADMISSIONS: $5.00 per spectator over 12. 12 and under are free. Heat Sheets will be available on FSC/WBSC websites. A limited number will be available for sale each session.

FINAL RESULTS: Will be posted on the Wisconsin Swimming website (www.wisconsinswimming.org) within 12-hours of the completion of the meet. Meet results will be sent via email to visiting teams.

CONCESSIONS: Food and beverage will be sold at all sessions. Please remind your swimmers to keep food out of the pool area. No GLASS IN THE POOL AREA.

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Order of events

Friday Evening

4:30-5:30 Warm ups 5:35 Start

Cutoff	Girls	Events	Boys	Cutoff
2:34.39	1	11-12 200 IM	2	2:36.19
2:57.29	3	10&U 200 IM	4	2:58.19
4:52.19	5	Sr. 400 IM	6	4:29.99
4:59.89	7	13-14 400 IM	8	4:52.39
		*** **BREAK** ***		
5:56.99	9	11-12 500 Free	10	6:00.99
6:54.09	11	10&U 500 Free	12	7:01.49
11:28.59	13	13-14 1000 Free	14	11:17.99
11:07.49	15	Sr. 1000 Free	16	10:26.49

Saturday AM

(7:00-8:00 am warm-ups, 8:05 am start)

Cutoff	Girls	Events	Boys	Cutoff
-	17	8&U 25 Free	18	-
31.99	19	10&U 50 Free	20	32.39
28.29	21	11-12 50 Free	22	28.49
-	23	8&U 100 Med Rel	24	-
-	25	10&U 200 Med Rel	26	-
-	27	11-12 200 Med Rel	28	-
-	29	8&U 25 Fly	30	-
36.99	31	10&U 50 Fly	32	36.99
31.59	33	11-12 50 Fly	34	32.09
-	35	8&U 25 Back	36	-
38.19	37	10&U 50 Back	38	38.39
32.99	39	11-12 50 Back	40	33.79
-	41	8&U 50 Breast	42	-
1:35.89	43	10&U 100 Breast	44	1:35.89
1:22.29	45	11-12 100 Breast	46	1:23.19
2:34.59	47	10&U 200 Free	48	2:35.99
2:12.99	49	11-12 200 Free	50	2:14.99

Sunday AM

(7:00-8:00 am warm-ups, 8:05 am start)

Cutoff	Girls	Events	Boys	Cutoff
-	79	8&U 50 Back	80	-
1:23.39	81	10&U 100 Back	82	1:22.49
1:11.39	83	11-12 100 Back	84	1:12.19
-	85	8&U 100 Fr Rel	86	-
-	87	10&U 200 Fr Rel	88	-
-	89	11-12 200 Fr Rel	90	-
-	91	8&U 25 Breast	92	-
43.29	93	10&U 50 Breast	94	43.69
36.99	95	11-12 50 Breast	96	38.29
-	97	8&U 50 Free	98	-
1:10.49	99	10&U 100 Free	100	1:11.19
1:01.49	101	11-12 100 Free	102	1:02.39
-	103	8&U 50 Fly	104	-
1:24.79	105	10&U 100 Fly	106	1:25.99
1:11.49	107	11-12 100 Fly	108	1:14.09
-	109	8&U 100 IM	110	-
1:22.19	111	10&U 100 IM	112	1:22.69
1:11.19	113	11-12 100 IM	114	1:12.39

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Order of events

	Saturday PM					Sunday PM				
(1-hour warm-ups at end of am session)					(1-hour warm-ups at end of am session)				
Cutoff	**Girls**	**Events**	**Boys**	**Cutoff**	**Cutoff**	**Girls**	**Events**	**Boys**	**Cutoff**
1:59.29	51	Sr. 200 Free	52	1:47.99	53.99	115	Sr. 100 Free	116	48.59
2:02.79	53	13-14 200 Free	54	1:58.09	56.09	117	13-14 100 Free	118	53.89
-	55	Sr. 200 Med Rel	56	-	-	119	Sr. 200 Fr Rel	120	-
-	57	13-14 200 Med Rel	58	-	-	121	13-14 200 Fr Rel	122	-
1:01.49	59	Sr. 100 Fly	60	54.29	2:18.79	123	Sr. 200 Fly	124	2:05.49
1:03.79	61	13-14 100 Fly	62	1:01.29	2:24.89	125	13-14 200 Fly	126	2:17.99
2:34.89	63	Sr. 200 Breast	64	2:22.89	1:10.99	127	Sr. 100 Breast	128	1:03.79
2:39.49	65	13-14 200 Breast	66	2:34.19	1:13.49	129	13-14 100 Breast	130	1:10.29
25.09	67	Sr. 50 Free	68	22.29	2:15.49	131	Sr. 200 Back	132	2:03.99
25.89	69	13-14 50 Free	70	24.69	2:18.39	133	13-14. 200 Back	134	2:12.79
1:01.89	71	Sr. 100 Back	72	56.59	2:15.99	135	Sr. 200 IM	136	2:02.89
1:03.99	73	13-14 100 Back	74	1:01.99	2:20.19	137	13-14 200 IM	138	2:14.29
-		***BREAK***		-			*** BREAK ***		
5:18.59	75	Sr. 500 Free	76	4:57.99	19:16.29	139	13-14 1650 Free	140	18:55.39
5:26.39	77	13-14 500 Free	78	5:19.49	18:42.99	141	Sr. 1650 Free	142	17:44.79

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Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Fond du Lac Swim Club, West Bend Swim Club, and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: _____

Position _____ Phone # _____

Email Address: _____

Team Name & Abbreviation _____

Team Coach _____ Phone # _____

Name (if other than coach) & address for sending final results:

Name: _____

Street: _____

City: _____ State _____ Zip _____

E-mail address to send final results: _____

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ENTRY FEE RECAP

Total # of individual events: _____ X $5.00 = $_____

# of Relays: _____ X $12.00 = $_____

Total # of swimmers: _____ X $3.00 = $_____

Total Entry Fee Due: $ _____

Make all checks payable to: FSC or Fond du Lac Swim Club
Mail waiver and fees to:
Nancy Kraus
5328 Woodland Drive
West Bend, WI 53095

2017 Wisconsin State Regional Championships Time Trials
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Time Trials

Sunday, February 19th, 2017
WI Sanction Number: WI2017-061TT

When: At the conclusion of the Sunday afternoon session as time permits and at the discretion of the meet directors. Pool will be open for 10 minutes warm-up period following the conclusion of the Sunday afternoon session.

Events: See meet order of events listing. Events and or Genders may be combined at the discretion of the head official and the meet directors. The order of events will be as follows: Free, back, breast, fly, IM and starting at the shortest distance (50y) and progressing up to the longest (1650y). The 1000 and 1650 free will be run last as a combine event.

Time Limit: FSC & WBSC reserves the right to limit the time trials to 1 hour. If swims do not make it by the time limit, those fees will be refunded.

Limit: The maximum number of individual events in one day is five (5). This includes time trials! These may be only time trial events or a combination of time trial and meet events.

Fee: $10.00/individual event AND $20/RELAY EVENT.

Registration: Registrations will be accepted up until 1:00 pm Sunday afternoon. Swimmers, who sign up for a time trial event and make the state cut time after the registration deadline, will be refunded upon request.

Procedures: Swimmer(s) will sign up for an event at the pool office.
Swimmer(s) will fill out a seed card at the office—swimmer's name, age, team, event name and seed time. Seed card and event fee must be turned in to the office before the deadline (above). A meeting for time trials participants will be held prior to the start of time trials. It is the swimmer's responsibility to be ready to swim when his/her event is called. The referee will not hold the start of the event to wait for a swimmer to show. An announcement will be made that time trials are beginning and swimmers should report to the meeting immediately.

Host Club Provide: Officials and Meet Management.

Swimmers Provide: Timers, stopwatches (some may be available) and counters, where applicable.