



2017 Ashwaubenon Fall Meet
Saturday October 14 and Sunday October 15, 2017
Sanction #: WI2017-408S

- SPONSORED BY: Ashwaubenon Swim Club (ASC)
- LOCATION: Ashwaubenon Community Pool
2391 Ridge Road
Green Bay, WI 54304
- MEET DIRECTOR: Amy Messamore- (920) 393-0385
- ELIGIBILITY & RULES: USA-S and WI Swimming LSC Rules and Regulations prevail
All swimmers must be USA-S registered with Wisconsin Swimming. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA-S deck registrations will not be accepted. **Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**
- ENTRY FEES: \$3.00 per Swimmer "Splash Fee"
\$3.00 Facility Fee
\$4.00 per Individual Event
\$14.00 per Relay
- DEADLINE: Entry forms, waiver, and check must be received by **Monday, October 2, 2017**. Checks should be made payable to Ashwaubenon Swim Club.
E-mail: entries@asc-wi.com
Mail: Katie Snyder, 1321 Orlando Drive, Green Bay 54313

A Hy-tek events file for downloading into Team Manager will be available. SEND ENTRIES ON HY-TEK WITH A HARD COPY BACK-UP. E-MAIL ONLY IF HY-TEK DISK NOT AVAILABLE.

ENTRY LIMITS:

Swimmers are limited to 4 individual events on Saturday and 3 events on Sunday plus relays. Meet entries are limited to 1,600 entries per day. *Entries will be accepted on a first come basis up to the 1,600 entry limit.* We reserve the right to ask teams to cut swims to stay within the 4 hour time rule. This meet is expected to fill, so it is advisable to submit entries before October 2nd. Swimmer's age the first day of the meet will determine age group.

DISABLED
SWIMMERS:

Please indicate special needs on the waiver form and communicate to the meet director and head official 30 minutes prior to the start of the session.

DECK SEEDS

Deck seeds will be \$5, plus \$6 "splash fee" and facility fee for deck entry of swimmers not already entered into the meet. Deck seeding of individual events will be accepted into open lanes only if acceptance does not create the need for a new heat. Relays cannot be deck seeded. Deck entries of swimmers not already entered into the meet require proof of USA registration. Deck seeding and deck entries must be made no later than 30 minutes prior to the start of the respective session.

SCHEDULE:

Saturday (10 and under AM; 11 and over PM)

7:00-8:00 AM	Warm-ups
7:50AM	Timers' meeting
8:05AM	Meet begins (10 and under)

Afternoon warm-ups will begin 10 minutes after the conclusion of the AM session, no earlier than 11:00AM, and will last for 1 hour.

12:00PM (approx.) - Afternoon session begins (11 & over)

Positive check-in for 500 free, no later than 30 minutes after start of Sunday AM session. There will be a 10 minute pace warm up prior to the start of the 500 Free. The warm water pool will be available prior to the break for swimmers swimming the 500 only. 500 Free will be swam fastest heat to slowest heat. **Swimmers will need to provide a counter and 2 timers.**

Sunday

7:00-8:00AM	Warm-ups
7:40AM	Timers' meeting
8:05AM	Meet begins

10:45AM (Approx.)- 500 Free warm up begins

WARM-UPS:

First 20 minute: circle swim in all lanes.
Next 20 minutes: sprints in lanes 3, 4, 6, & 8
circle swim in lanes 1, 2, 5, & 7 .
Last 20 minutes sprints in lanes 2, 3, 4, 5, 6, & 7 and circle swim in lanes 1&8.
The warm water pool will be available for warm ups & cool downs throughout the meet. Warm up times may be assigned based on the number of entries. The warm water pool will close after event 85 and will be open for 500 free swimmers only.

Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

FACILITY:

Eight (8) Lanes, 25 yard, Back Stroke Flags, Non-Turbulence lane dividers, 29" Xcellerator starting block with track start. The Competition Course has been certified in accordance with USA Swimming's Rule 104.2.2C(4).
Starting depth – 4 ft, Turn side depth – 12'6 feet
Colorado Timing System with Back- Up Dolphin Wireless Timing System watches – two (2) per lane
100yd Relays –swimmers 2 & 4 will start in the water – 4 ft depth

MEET FORMAT:

Meet will be pre-seeded. All swimmers report to the blocks prior to the event. **In an effort to keep sessions running smoothly, flyover starts will be used Saturday PM and Sunday. Please advise your swimmers.** 100yd Relays –swimmers 2 & 4 will start in the water – 4 feet

water depth. 500 Free will be swam fastest heat to slowest heat.

- OFFICIALS: Beth Pless-Meet Referee- gbplesses@gmail.com
Amy Messamore-Administrative Official (920) 393-0385
amy.messamore@gmail.com
TBD
- COACHES PACKET: Coaches may pick up their packets at the scorer's table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.
- AWARDS: Individual Events: Medals 1st-3rd, Ribbons 4th-16th
Relays: Ribbons 1st-6th
Heat Winner awards given for individual events.
Awards must be picked up the day of the meet. No awards will be mailed.
- ADMISSIONS: \$4.00 Adults (under 12 – no charge)
- Heat Sheets will be available the day before the meet for free online at www.asc-wi.com. No heat sheets will be available for purchase at the meet. The pool area will open to spectators 15 minutes before the start of warm ups.
- SEATING: Due to crowding in the bleacher area, we request that all swimmers avoid staying in the bleacher area, so that all spectators can enjoy the meet.
- FOOD: Available at the concession stand on the upstairs level. No food should be consumed on the pool deck.
- CONDUCT: All coaches are responsible for the conduct of their swimmers and must see that their club has proper supervision at all times. Meet Marshals with the concurrence of the Meet Director or Meet Referee have the authority to remove any swimmer and/or spectator from the meet for any violation such as

improper behavior, damage to property, etc. No smoking on the premises. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of audio or visual recording devices, including cell phones and mp3 players, is prohibited in the locker rooms, rest rooms or changing areas. Teams, swimmers, and spectators should pick up and properly dispose of garbage. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

- FINAL RESULTS: Final results will be posted in the WI Swimming website, and each team will be e-mailed an electronic copy of the final results. Results will also be available on Meet Mobile throughout the meet.
- FIRST AID: Report injuries to the lifeguard and Meet Director. First aid kit is available during the meet in the pool office.
- LOST & FOUND: Swimmers are responsible for their own belongings. Lost & found articles will be located at the awards table. After the meet call Amy at (920) 393-0385.

2017 ASC Fall Meet Sanction W12017-408S Saturday, October 14, 2017		
Girls		Boys
Saturday AM Session 1		
1	10&U 200 Free Relay	2
3	8&U 100 Free Relay	4
5	10&U 200 Free	6
7	8&U 25 Free	8
9	10&U 100 Back	10
11	8&U 25 Back	12
13	10&U 200 IM	14
15	8&U 100 IM	16
17	10&U 50 Fly	18
19	8&U 25 fly	20
21	10&U 100 Breast	22
23	8&U 25 Breast	24
25	10&U 50 Free	26
27	8&U Mixed 100 Medley Relay	
28	10&U Mixed 200 Medley Relay	
	Break – 1 hour warm up	
Girls	Saturday PM Session 2	Boys
29	Open 200 Free Relay	30
31	11-12 200 Free Relay	32
33	Open 100 Free	34
35	11-12 100 Free	36
37	Open 200 Back	38
39	11-12 100 Back	40
41	Open 200 IM	42
43	11-12 200 IM	44
45	Open 100 Fly	46
47	11-12 50 Fly	48
49	Open 200 Breast	50
51	11-12 100 Breast	52
53	Open 200 Free	54
55	11-12 200 Free	56
57	Open Mixed 200 Medley Relay	
58	11-12 Mixed 200 Medley Relay	

2017 ASC Fall Meet		
Sanction W12017-408S		
Girls	Sunday, October 15, 2017	Boys
Sunday AM Session 3		
59	Open 200 Medley Relay	60
61	11-12 200 Medley Relay	62
63	10&U 200 Medley Relay	64
65	Open 50 Free	66
67	11-12 50 Free	68
69	Open 100 Back	70
71	11-12 50 Back	72
73	10&U 50 Back	74
75	Open Mixed 200 Free Relay	
76	11-12 Mixed 200 Free Relay	
77	10&U Mixed 200 Free Relay	
79	Open 200 Fly	80
81	11-12 100 Fly	82
83	10&U 100 Fly	84
85	Open 100 Breast	86
87	11-12 50 Breast	88
89	10&U 50 Breast	90
91	Open 100 IM	92
93	11-12 100 IM	94
95	10&U 100 IM	96
10 minute in water break		
Sunday Session 4		
97	Open 500 Free	98



**Ashwaubenon Swim Club
2017 Fall Meet
October 14-15, 2017**

OFFICIAL ENTRY FORM-ALL MEET AND RELAY ENTRIES MUST BE SUBMITTED WITH THIS WAIVER.

NAME OF CLUB: _____ **USS ALPHA CODE:** _____

NUMBER OF:

_____ **SPLASH FEE & FACILITY FEE PER SWIMMER \$6.00** \$ _____

_____ **EVENTS @ \$4.00** \$ _____

_____ **RELAY EVENTS @\$14.00** \$ _____

Make checks payable to "ASC"

TOTAL \$ _____

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USA-S, WI chapter of USA-S, Ashwaubenon High School, Ashwaubenon Swim Club, and its Board of Directors and the meet officials, for injuries and/or expense incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athlete(s) and eligible to compete in all events I/we have entered.

Signature of Club Official: _____ **Position:** _____

Address: _____ **Phone:** _____

City: _____ **State:** _____ **Zip:** _____

Contact person regarding this entry: _____

E-Mail: _____ **Phone:** _____

Entries along with the signed waiver and fees must be received by Monday October 2nd, 2017. Please make checks payable to "ASC" (Ashwaubenon Swim Club). See information sheet for entry limits and fee requirements. Deck entries will only be done as long as they don't result in additional heats. Fees will be refunded only if for unforeseen reasons this meet is cancelled.

Mail all signed forms and fees to:

Katie Snyder
1321 Orlando Drive
Green Bay, WI 54313