



**2018 ASC Winter Meet**  
**Saturday, January 13, 2018**  
**Sanction #: WI2018-046S**

- SPONSORED BY: Ashwaubenon Swim Club (ASC)
- LOCATION: Ashwaubenon Community Pool  
2391 Ridge Road  
Green Bay, WI 54304
- MEET DIRECTOR: Amy Messamore- (920) 393-0385
- ELIGIBILITY & RULES: USA-S and WI Swimming LSC Rules and Regulations prevail  
All swimmers must be USA-S registered with Wisconsin  
Swimming. USA-S deck registrations will not be accepted.  
**Any swimmer entered in the meet must be certified by  
a USA Swimming member coach as being proficient in  
performing a racing start or must start each race from  
within the water. When unaccompanied by a member-  
coach, it is the responsibility of the swimmer or the  
swimmer's legal guardian to ensure compliance with  
this requirement.**
- ENTRY FEES: \$3.00 per Swimmer "Splash Fee"  
\$3.00 Facility Fee  
\$4.00 per Individual Event  
\$14.00 per Relay
- DEADLINE: Entry forms, waiver, and check must be received by  
**Tuesday, January 2, 2018.** Checks should be made  
payable to Ashwaubenon Swim Club.  
**E-mail:** [entries@asc-wi.com](mailto:entries@asc-wi.com)  
**Mail:** Katie Snyder, 1321 Orlando Drive, Green Bay, WI  
54313
- A Hy-tek events file for downloading into Team  
Manager will be available. SEND ENTRIES ON HY-TEK  
WITH A HARD COPY BACK-UP. E-MAIL ONLY IF HY-TEK  
DISK NOT AVAILABLE.

ENTRY LIMITS:

Swimmers are limited to 4 individual events on Saturday, plus relays. Meet entries are limited to 1,600 entries per day. *Entries will be accepted on a first come basis up to the 1,600 entry limit.* We reserve the right to ask teams to cut swims to stay within the 4 hour time rule. This meet is expected to fill, so it is advisable to submit entries before January 2<sup>nd</sup>. Swimmer's age the first day of the meet will determine age group.

DISABLED  
SWIMMERS:

Please indicate special needs on the waiver form and communicate to the meet director and head official 30 minutes prior to the start of the session.

DECK SEEDS

Deck seeds will be \$5, plus \$6 "splash fee" and facility fee for deck entry of swimmers not already entered into the meet. Deck seeding of individual events will be accepted into open lanes only if acceptance does not create the need for a new heat. Relays cannot be deck seeded. Deck entries of swimmers not already entered into the meet require proof of USA registration. Deck seeding and deck entries must be made no later than 30 minutes prior to the start of the respective session.

SCHEDULE:

**Saturday (9-10 and 11-12 AM; 8 & Under and 13 and over PM)**

7:00-8:00 AM	Warm-ups
7:50AM	Timers' meeting
8:05AM	Meet begins (9-10 & 11-12)

Afternoon warm-ups will begin 10 minutes after the conclusion of the AM session, no earlier than 11:00AM, and will last for 1 hour. Warm up times may be assigned based on the number of entries. Heats may be combined based on the number of entries in events.

12:00PM (approx.) - Afternoon session begins (8 & Under, Open)

- WARM-UPS: First 20 minute: circle swim in all lanes.  
Next 20 minutes: sprints in lanes 3, 4, 6, & 8  
circle swim in lanes 1, 2, 5, & 7 .  
Last 20 minutes sprints in lanes 2, 3, 4, 5, 6, & 7 and circle swim in lanes 1 & 8.  
The warm water pool will be available for warm ups & cool downs throughout the meet. Warm up times may be assigned based on the number of entries.  
**Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.**
- FACILITY: Eight (8) Lanes, 25 yard, Back Stroke Flags, Non-Turbulence lane dividers, 29" Xcellerator starting block with track start  
The Competition Course has been certified in accordance with USA Swimming's Rule 104.2.2C(4).  
Starting depth – 4 ft, Turn side depth – 12'6 feet  
Colorado Timing System with Back- Up stop watches – two (2) per lane  
100yd Relays –swimmers 2 & 4 will start in the water – 4 ft depth
- MEET FORMAT: Meet will be pre-seeded. All swimmers report to the blocks prior to the event. **In an effort to keep sessions running smoothly, flyover starts will be used. Please advise your swimmers.** 100yd Relays –swimmers 2 & 4 will start in the water – feet water depth. 500 Free will be swam fastest heat to slowest heat.
- OFFICIALS: Sandy Teske-Meet Referee- [steske1@new.rr.com](mailto:steske1@new.rr.com)  
Amy Messamore-Administrative Official -  
[amy.messamore@gmail.com](mailto:amy.messamore@gmail.com)  
TBD
- COACHES PACKET: Coaches may pick up their packets at the scorer's table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.

- AWARDS:** Individual Events: Medals 1<sup>st</sup>-3<sup>rd</sup>, Ribbons 4<sup>th</sup>-16<sup>th</sup>  
Relays: Ribbons 1<sup>st</sup>-6<sup>th</sup>  
Heat Winner awards given for individual events. Open events will be awarded as 12 & Under and 13 & Over. Awards must be picked up the day of the meet. No awards will be mailed.
- ADMISSIONS:** \$4.00 Adults (under 12 – no charge)
- Heat Sheets will be available the day before the meet for free online at [www.asc-wi.com](http://www.asc-wi.com). No heat sheets will be sold at the meet. The pool area will open to spectators 15 minutes before the start of warm ups.
- SEATING:** Due to crowding in the bleacher area, we request that all swimmers avoid staying in the bleacher area, so that all spectators can enjoy the meet.
- FOOD:** Available in the concession stand. All food and drinks must be consumed in the designated area. No food should be consumed on the pool deck.
- CONDUCT:** All coaches are responsible for the conduct of their swimmers and must see that their club has proper supervision at all times. Meet Marshals with the concurrence of the Meet Director or Meet Referee have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of audio or visual recording devices, including cell phones and mp3 players, is prohibited in the locker rooms, rest rooms or changing areas. Teams, swimmers, and spectators should pick up and properly dispose of garbage. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The use of drones (without prior approval) is prohibited.
- FINAL RESULTS:** Final results will be posted in the WI Swimming website, and each team will be e-mailed an electronic copy of

the final results. Results will also be available throughout the meet on Meet Mobile.

FIRST AID:

Report injuries to the lifeguard and Meet Director. First aid kit is available during the meet in the pool office.

LOST & FOUND:

Swimmers are responsible for their own belongings. Lost & found articles will be located at the awards table. After the meet email Amy at [amy.messamore@gmail.com](mailto:amy.messamore@gmail.com).

<b>2018 ASC Winter Meet Sanction WI2018-046S Saturday, January 13, 2018</b>		
<b>Girls</b>		<b>Boys</b>
<b>Session 1</b>		
1	9 & 10 200 Free Relay	2
3	11 & 12 200 Free Relay	4
5	9 & 10 100 Free	6
7	11-12 100 Free	8
9	9 & 10 50 Fly	10
11	11 & 12 50 Fly	12
13	9 & 10 50 Free	14
15	11 & 12 50 Free	16
17	9 & 10 100 Back	18
19	11 & 12 100 Back	20
21	9 & 10 50 Breast	22
23	11 & 12 50 Breast	24
25	9 & 10 100 Fly	26
27	11 & 12 100 Fly	28
29	9-10 50 Back	30
31	11-12 50 Back	32
33	9-10 100 Breast	34
35	11-12 100 Breast	36
37	9-10 100 IM	38
39	11-12 100 IM	40
<b>Break – 1 hour warm up</b>		
<b>Girls</b>	<b>Afternoon Session</b>	<b>Boys</b>
41	Open 200 Free Relay	42
43	8 & Under 100 Free Relay	44
45	Open 200 Free	46
47	8 & Under 100 IM	48
49	Open 200 IM	50
51	8 & Under 50 Free	52
53	Open 50 Free	54
55	8 & Under 100 Free	56
57	Open 100 Free	58
59	8 & Under 50 Back	60
61	Open 200 Back	62
63	8 & Under 50 Fly	64
65	Open 100 Fly	66
67	8 & Under 200 Free	68
69	Open 100 Back	70
71	Open 200 Breast	72
73	8 & Under 50 Breast	74
75	Open 100 Breast	76
77	Open 200 Fly	78
	*10 Minute Break*	
79	Open 400 IM	80



**Ashwaubenon Swim Club  
2018 Winter Meet  
January 13, 2018**

**OFFICIAL ENTRY FORM-ALL MEET AND RELAY ENTRIES MUST BE SUBMITTED WITH THIS WAIVER.**

**NAME OF CLUB:** \_\_\_\_\_ **USS ALPHA CODE:** \_\_\_\_\_

**NUMBER OF:**

\_\_\_\_\_ **SPLASH FEE & FACILITY FEE PER SWIMMER \$6.00**      \$ \_\_\_\_\_

\_\_\_\_\_ **EVENTS @ \$4.00**      \$ \_\_\_\_\_

\_\_\_\_\_ **RELAY EVENTS @\$14.00**      \$ \_\_\_\_\_

**Make checks payable to "ASC"**

**TOTAL**      \$ \_\_\_\_\_

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USA-S, WI chapter of USA-S, Ashwaubenon High School, Ashwaubenon Swim Club, and its Board of Directors and the meet officials, for injuries and/or expense incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athlete(s) and eligible to compete in all events I/we have entered.

**Signature of Club Official:** \_\_\_\_\_ **Position:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Contact person regarding this entry:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

Entries along with the signed waiver and fees must be received by Tuesday, January 2, 2018. Please make checks payable to "ASC" (Ashwaubenon Swim Club). See information sheet for entry limits and fee requirements. Deck entries will only be done as long as they don't result in additional heats. Fees will be refunded only if for unforeseen reasons this meet is cancelled.

**Mail all signed forms and fees to:**

Katie Snyder

1321 Orlando Drive

Green Bay, WI 54313