



Norskies Open
Sanction # WI2018-010S
January 13-14, 2018

MEET DATE: **January 13-14, 2018**

Session 1: Warm-ups 7:00 AM -8:00 AM, First Event: 8:10
Session 2: Warm-ups not earlier than 11AM or 10 minutes after AM session ends.
60 minute warm up.
Session 3: Warm-ups will begin immediately after session 2
Session 4: Warm-ups at 9:00 AM-10:00 AM, First Event: 10:10 AM
Session 5: Warm-ups will begin immediately after session 4

LOCATION: Sun Prairie High School, 888 Grove Street, Sun Prairie, Wisconsin 53590

FACILITY: Indoor 25 yard pool with eight 7' lanes, non-turbulent lane markers, backstroke flags, 42" Paragon quick start slanted starting blocks, guttered pool. Pool depth is 12' at the starting block end and 3 ½' at the opposite end. All 25 yard events will start off blocks, but for 100 yard relays 2nd and 4th swimmers will start in water. **The Competition course has not been certified in accordance with 104.2.2(C).**

TIMING: All events will be timed using Colorado 6 Timing System with Strobe/Horn Start, Touch pads, one button, and 2 watches as backup, with exception for the following races: all 25-yard races will be timed with 2 electronic stop watches and minimum of one button and all 500 and 1650 yard races will be timed with 1 electronic stop watch and one button. All events will be timed finals.

OFFICIAL RULES: 2018 USA and Wisconsin Swimming Rules shall govern this meet. **All swimmers must hold current 2018 USA Swimming registration.** Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.

Any swimmer entered in the meet, unaccompanied by a USA swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

WARM-UPS: Warm up will be split into two 30 minute warm up sessions and will be assigned. Meet management reserves the right to assign warm-up lanes. **Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.** Meet Marshals will be on deck during the entire warm-up, with authority to recommend disqualification from individual events.

ENTRIES: Completed entry forms, signed waiver, and fees must be received by Wednesday, **December 27, 2017.** Preferred method of entry is by e-mail in HY-TEK COMMLINK format. You can download a meet setup file (zipped) from the WI web site. Current USA Swimming ID number **MUST** be included on the entry form. All deck entries must be able to prove USA Swimming membership. Out of state swimmers must show their current USA Swimming card prior to swimming.



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MEET DIRECTOR: John Schulz
P.O Box 215
DeForest, WI 53532
Day (608)410-8239 Night (608) 834-2053 Co-MeetDirector@dfacswimming.org

DISABLED ATHLETES: Please indicate on the entry form any special needs by a swimmer.

ENTRY LIMIT: Only the first 1600 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. **SWIMMERS MAY SWIM IN 4 INDIVIDUAL EVENTS PER DAY AND 2 RELAYS**

AGE GROUPS: 8&U, 10&U, 11-12, 13-14, Senior (Age as of 1/13/2018)

ENTRY FEE:

Individual Swimmers:	\$5.00
Splash Fee	\$3.00
Relays	\$12.00

AWARDS: Awards for relays events will consist of ribbons for 1st-8th place. For individual events will consist of medals for 1st-3rd place , ribbons for 4th-16th place for all age groups. Individual swimmers must claim their own awards. Heat winners for all ages will receive a reward. Group distribution of awards to coaches will be permitted. Awards will not be mailed.

FINAL RESULTS: One copy of the Meet's final results will be sent to each team's designated recipient. Results will also be posted on both the DFAC and Wisconsin Swimming websites.

SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HIS/HER EVENT(S). Staging will be available for 8&U 25's

DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A \$6.00 charge per athlete and \$3.00 surcharge per athlete will be assessed for deck seeding. Deck seeding will close at 7:45 am for the AM Session and 30 minutes before the PM Session starts.

Coaches' packets will be available at the data entry table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times.

CHECK-IN Positive check in for 400 IM, 500 Free, 1650 Freestyle, events may be combined heats. Heats will be swum fastest to slowest; Women's/Men's. Check-in must be completed before that session's warm ups have been completed.

ADMISSION: Heat Sheets - \$2.00 each; Admission - \$5.00 for 18 and older.

CONCESSIONS: A large selection of food will be available at reasonable prices throughout the day.



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MEET CONDUCT: In accordance with USA Swimming rules, **NO SPECTATORS ARE ALLOWED ON THE POOL DECK.** In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Fly over starts may be used. Except where venue facilities require otherwise changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue pool, athlete/coaches areas, spectator areas and open-ceiling locker rooms. Any time athletes, coaches, officials and/or spectators are present. Exception may be granted with prior written approval by the Program Operations Vice Chair.

OFFICIALS: **Meet Referee:** Suzanne Gibbons Burgener 608-846-1587 sgburgener@gmail.com
AO: John Schulz Day (608)410-8239 Night (608) 834-2053
co-meetdirector@dfacswimming.org

LIST OF EVENTS
Saturday Session 1

(Warm-ups 7:00-8:00 AM Meet starts at 8:10 AM)

Girls	Age	Event	Boys
1	10&U	100 Individual Medley	2
Five Minute Optional Break			
3	8&U	100 Medley Relay	4
5	10&U	200 Medley Relay	6
Five Minute Optional Break			
7	8&U	25 Free	8
9	10&U	50 Free	10
11	10&U	100 Free	12
13	8&U	25 Breast	14
15	10&U	50 Breast	16
17	10&U	100 Breast	18
19	8&U	25 Back	20
21	10&U	50 Back	22
23	10&U	100 Back	24
25	8&U	25 Fly	26
27	10&U	50 Fly	28
29	10&U	100 Fly	30
Five Minute Optional Break			
31	8&U	100 Freestyle Relay	32
33	10&U	200 Freestyle Relay	34



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Saturday Session 2

(Warm-ups not before 11:00 am 60 minutes)

Girls	Age	Event	Boys
35	Open	200 Medley Relay	36
Five Minute Optional Break			
37	11-12	100 Individual Medley	38
39	Open	50 Freestyle	40
41	Open	100 Freestyle	42
43	11-12	50 Breaststroke	44
45	Open	100 Breaststroke	46
47	Open	200 Individual Medley	48
49	11-12	50 Backstroke	50
51	Open	100 Backstroke	52
53	11-12	50 Butterfly	54
55	Open	100 Butterfly	56
57	Open	200 Free Relay	58

Saturday Session 3

(20 Minute in water warm-up immediately following session 2)

Girls	Age	Event	Boys
59	Open	500 Freestyle	60

500 Free is a positive check in event and maybe limited to 24 swimmers in combined heat

SUNDAY SESSION 4

(Warm-ups 9-10 AM Meet starts at 10:10 AM)

Girls	Age	Event	Boys
61	Open	400 Individual Medley	62
Optional 5 Minute Break			
63	12&U	100 Freestyle	64
65	Open	200 Freestyle	66
67	12&U	100 Butterfly	68
69	Open	200 Butterfly	70
71	12&U	100 Breaststroke	72
73	Open	200 Breaststroke	74
75	12&U	100 Backstroke	76
77	Open	200 Backstroke	78

SUNDAY SESSION 5

(20 Minute in water warm-up immediately following session 4)



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<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
79	Open	1650 Freestyle	80

400IM & 1650 Free are positive check in events and maybe limited to 24 swimmers in combined heats



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Waiver

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with their heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, DFAC Swimming, and the Sun Prairie Area School District, and any other agents of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official _____

Team Name _____

Team Abbreviation _____

Coach (s) _____

Address for Final Results _____

City: _____ State: _____ Zip: _____

Contact: Name _____

Phone (_____) _____

Email _____

SUMMARY OF ENTRY FEES

Number of Individual Swims _____ x \$5.00 = \$_____

Number of Swims Reserved _____ Reservation \$_____

Balance Due for additional swims (enter zero is less) \$_____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x \$3.00 = \$_____

Number of Relay Swims _____ x \$12.00 = \$_____

Total Entry Fee Due \$_____

Make Checks Payable to:

Mail Entries and Waiver to:

DFAC Swimming
John Schulz, DFAC Swimming
P.O. Box 215
DeForest, WI 53532
Night (608) 834-2053 Co-MeetDirector@dfacswimming.org

ENTRIES MUST BE RECEIVED BY WEDNESDAY, DECEMBER 27, 2017