



**WINDY CITY OPEN**  
*Presented by*  
**The Lake Forest Swim Club**  
**JANUARY 13-14, 2018**



**SANCTIONED BY:** Wisconsin Swimming, Inc.

**SANCTION #:** WI2018-0115

All USA Swimming and WSI rules apply including safety rules that will be strictly enforced. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. *The Wisconsin Meet Reservation System will be used to secure entry into the meet.*

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue anytime athletes, coaches, officials and/or spectators are present.

<b>DATES</b>	January 13-14, 2018		
<b>LOCATION</b>	Rec Plex Aqua Arena, 9900 Terwall Terr., Pleasant Prairie, WI 53158		
	Entrance to the building for all Spectators, Coaches, Athletes, Officials, and Meet Personnel is located on the south side of the building - west entrance.		
<b>HOST CLUB</b>	Lake Forest Swim Club 555 N. Sheridan Rd Lake Forest, IL 60045		847.735.5372 <a href="mailto:LFSC@sbcglobal.net">LFSC@sbcglobal.net</a> <a href="http://www.swimlpsc.org">www.swimlpsc.org</a>
<b>MEET DIRECTOR</b>	Laurel Liberty Rick Gates	<b>NOTE:</b> send all correspondence to the address above. Please DO NOT address to Rick or Laurel! The Lake Forest College mailroom will not recognize our Meet Director's names.	847.735.5372
<b>ENTRIES</b>	Laurel Liberty	<a href="mailto:lfscentries@sbcglobal.net">lfscentries@sbcglobal.net</a>	847.735.5372
<b>ELIGIBILITY</b>	All entered swimmers must be current (2018) athlete members of USA Swimming. All coaches and officials must be non-athlete members under current USA Swimming rules and policies.		
<b>MEET REFEREE ADMINISTRATIVE OFFICIAL</b>	Bob Edwards Laurel Liberty		<a href="mailto:bedwardsii@comcast.net">bedwardsii@comcast.net</a> <a href="mailto:coachlaurel@sbcglobal.net">coachlaurel@sbcglobal.net</a>
	Certified officials (stroke and turn judges, starters, or referees) are asked to volunteer by contacting Bob Edwards, <a href="mailto:bedwardsii@comcast.net">bedwardsii@comcast.net</a>		
<b>FACILITY</b>	The competition pool is an 8, 9, or 10-lane 50 meter course ranging from 7' 0" to 7' 1" in depth. Lanes are 7' 4" wide with 6-inch Kiefer Wave Eater Lane Lines and Kiefer Elite Starting Platforms. Colorado timing system and display. The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.		
	Deck changes are prohibited.		
<b>MEET SCHEDULE</b>	Sat/Sun am session Sat/Sun pm session	Warm-ups: 8:00am Warm-ups: TBD	Meet: 9:00am Meet: TBD
	Please visit the LFSC website ( <a href="http://www.swimlpsc.org">www.swimlpsc.org</a> ) after January 8, 2018, for the afternoon warm-up schedule and to check seeding for heat limited events.		
	Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with Policy 4.5.2(a).		



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- ENTRY FEES** \$5.00 per individual event; \$12.00 per relay event. Deck entries will be accepted if open lanes are available, entry fee is \$10.00. A Wisconsin Swimming surcharge of \$3.00 and a RecPlex facility surcharge of \$4.00 per swimmer entered in individual events must be included with entry. **Make checks payable to “Lake Forest Swim Club”.**
- ENTRY DEADLINE** All entries must be received at the swim club office by Tuesday, January 2, 2018, 5:00pm. Please submit all entries via E-mail to [LFSCentries@sbcglobal.net](mailto:LFSCentries@sbcglobal.net) Send forms, waiver and fees to **Lake Forest Swim Club, 555 N. Sheridan Rd., Lake Forest, IL 60045.**
- EVENTS, ENTRY LIMITATIONS and SEEDING**
- An event schedule for this meet is included with this meet announcement. Swimmers may enter and swim six (6) individual events each day. Events 3/4, 31/32, 65/66, 93/94, 101/102, 127/128 and 129/130 will be swum in alternating fashion, fastest to slowest seeded heats.
- All events except heat limited events will be conducted as pre-seeded timed final events. Swimmers competing in heat limited events are required to check-in and positively declare their intent to swim for each event. Swimmers who do not check-in will be scratched from that event. **Special seeding procedures will be used for disability athletes (see USA Rule 202.2.13).**
- The following events *MAY* be limited to three heats based on submitted entry times:
- 9/10 200 free and 200 IM
  - 11 yr old and 12 yr old 500 free and 200 IM
  - Sr 400 IM and 1000 free
- Heat limitations will *only* be imposed if necessary to manage the timeline. It is our intent to swim as many heats as possible. All swimmers entered in heat-limited events **must** provide a seed time. To check seeding for heat-limited events visit [www.swimlsc.org](http://www.swimlsc.org) after January 8, 2018.
- AWARDS** All swimmers except Senior class will receive awards for 1st – 10th place in all individual events. Heat winner prizes will also be awarded.
- DECK ACCESS AND CREDENTIALS** Only contestants, coaches, and working meet officials will be granted access to the competitive area. Current USA Swimming membership card must be continuously displayed while on deck.
- SWIMMER SUPERVISION** Each team or coach is responsible for the supervision of his or her swimmers. The meet and/or facility host reserves the right to remove from the meet any swimmer entering an unauthorized area. In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in the locker rooms is prohibited.
- SPECTATOR ADMISSION and HEAT SHEETS:** Spectator seating will open 60 minutes prior to the scheduled start of each session.
- |             |                |
|-------------|----------------|
| Adults      | \$7.00/day     |
| 10 & under  | no charge      |
| Heat Sheets | \$3.00/session |
- COACHES MEETING** Coaches meetings will be held if determined necessary by the Meet Referee.
- MEET RESULTS** Meet results will be posted online at [www.swimlsc.org](http://www.swimlsc.org)
- PARKING** Parking is available at the RecPlex facility.

# WINDY CITY SPEEDO® INVITATIONAL

*Presented by The Lake Forest Swim Club*

Saturday, January 13

Warm-up: 8:00am

Meet Starts: 9:00am

WOMEN'S EVENT		MEN'S EVENT	
1	Sr Mixed 200 FR		
2	12 yr old Mixed 200 FR		
3 *	Sr 400 IM	4 *	Sr 400 IM
5	Sr 50 Free	6	Sr 50 Free
7	12 yr old 50 Free	8	12 yr old 50 Free
9	Sr 200 Breast	10	Sr 200 Breast
11	12 yr old 50 Breast	12	12 yr old 50 Breast
13	Sr 100 Back	14	Sr 100 Back
15	12 yr old 100 Back	16	12 yr old 100 Back
17	Sr 100 Fly	18	Sr 100 Fly
19	12 yr old 100 Fly	20	12 yr old 100 Fly
21	Sr 50 breast	22	Sr 50 breast
23	Sr 200 Free	24	Sr 200 Free
25	12 yr old 200 Free	26	12 yr old 200 Free
27	Sr 100 IM	28	Sr 100 IM
Minimum 10 Minute Break - Pool Open at Meet Ref's Discretion			
29 *	12 yr old 200 IM	30 *	12 yr old 200 IM
31	NO EVENT	32 *	Sr 1000 Free

Sunday, January 14

Warm-up: 8:00am

Meet Starts: 9:00am

WOMEN'S EVENT		MEN'S EVENT	
65	Sr Mixed 200 MR		
66	12 yr old Mixed 200 MR		
67	Sr 200 Fly	68	Sr 200 Fly
69	12 yr old 200 IM	70	12 yr old 200 IM
71	Sr 50 Back	72	Sr 50 Back
73	12 yr old 50 Back	74	12 yr old 50 Back
75	Sr 100 Breast	76	Sr 100 Breast
77	12 yr old 100 Breast	78	12 yr old 100 Breast
79	Sr 100 Free	80	Sr 100 Free
81	12 yr old 100 Free	82	12 yr old 100 Free
83	Sr 200 Back	84	Sr 200 Back
85	Sr 50 Fly	86	Sr 50 Fly
87	12 yr old 50 Fly	88	12 yr old 50 Fly
89	Sr 200 IM	90	Sr 200 IM
Minimum 10 Minute Break - Pool Open at Meet Ref's Discretion			
91 *	12 yr old 500 Free	92 *	12 yr old 500 Free
93 *	Sr 1000 Free	94	NO EVENT

Warm-up: TBD

Meet Starts: TBD

WOMEN'S EVENT		MEN'S EVENT	
33	11&un 200 Mixed FR		
34	8&un 100 Mixed FR		
35	11 yr old 100 Free	36	11 yr old 100 Free
37	9/10 100 Free	38	9/10 100 Free
39	8&un 25 Free	40	8&un 25 Free
41	11 yr old 50 Breast	42	11 yr old 50 Breast
43	10&un 50 Breast	44	10&un 50 Breast
45	8&un 25 Breast	46	8&un 25 Breast
47	11 yr old 100 Back	48	11 yr old 100 Back
49	9/10 100 Back	50	9/10 100 Back
51	8&un 25 Back	52	8&un 25 Back
53	11 yr old 50 Fly	54	11 yr old 50 Fly
55	10&un 50 Fly	56	10&un 50 Fly
57	8&un 25 Fly	58	8&un 25 Fly
59	11 Yr old 100 IM	60	11 Yr old 100 IM
61	9/10 100 IM	62	9/10 100 IM
Minimum 10 Minute Break - Pool Open at Meet Ref's Discretion			
63 *	11 yr old 500 Free	64 *	11 yr old 500 Free

Warm-up: TBD

Meet Starts: TBD

WOMEN'S EVENT		MEN'S EVENT	
95	11&un 200 Mixed MR		
96	8&un 100 Mixed MR		
97	11 yr old 200 Free	98	11 yr old 200 Free
99	9/10 200 Free	100	9/10 200 Free
101	8&un 50 Free	102	8&un 50 Free
103	11 yr old 100 Breast	104	11 yr old 100 Breast
105	9/10 100 Breast	106	9/10 100 Breast
107	8&un 50 Breast	108	8&un 50 Breast
109	11 yr old 50 Back	110	11 yr old 50 Back
111	9/10 50 Back	112	9/10 50 Back
113	8&un 50 Back	114	8&un 50 Back
115	11 yr old 100 Fly	116	11 yr old 100 Fly
117	9/10 100 Fly	118	9/10 100 Fly
119	8&un 50 Fly	120	8&un 50 Fly
121	11 yr old 50 Free	122	11 yr old 50 Free
123	9/10 50 Free	124	9/10 50 Free
Minimum 10 Minute Break - Pool Open at Meet Ref's Discretion			
125 *	11 yr old 200 IM	126 *	11 yr old 200 IM
127 *	9/10 200 IM	128 *	9/10 200 IM

\* This event MAY be limited to 3 heats. Please check the LFSC website [www.swimlfsc.org](http://www.swimlfsc.org) after January 9, 2017 to verify heat limitations. All swimmers entered in a heat limited event **must** provide a seed time. Swimmers competing in the events 31/32, 34, 65/66, 93/94, 95, 127/128, 129/130 **must** provide lane timer.

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## SUMMARY OF ENTRIES

Please check the LFSC website [www.swimlfsc.org](http://www.swimlfsc.org) after January 9, 2017 to verify heat limitations.

<b>TOTAL INDIVIDUAL EVENTS</b>	_____	Women	_____	events X \$5.00 =	\$ _____
	_____	Men	_____	events X \$5.00 =	\$ _____
<b>TOTAL INDIVIDUAL EVENTS</b>					\$ _____
<b>TOTAL RELAY EVENTS</b>	_____	Women	_____	events X \$12.00 =	\$ _____
	_____	Men	_____	events X \$12.00 =	\$ _____
<b>TOTAL RELAY EVENTS</b>					\$ _____
<b>SWIMMER SURCHARGE</b>	_____	Women		X \$7.00 =	\$ _____
	_____	Men		X \$7.00 =	\$ _____
<b>TOTAL MEET FEES</b>					\$ _____

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Club \_\_\_\_\_ Code \_\_\_\_\_

Coaches attending \_\_\_\_\_

Mailing address \_\_\_\_\_

Contact for entries \_\_\_\_\_

Phone Day ( ) \_\_\_\_\_  
Eve ( ) \_\_\_\_\_

Primary email address for your team \_\_\_\_\_

In consideration of the acceptance of this entry, I, intending to be legally bound, do hereby consign, waive, and release any and all rights and claims which may accrue against USA Swimming, Wisconsin Swimming, the Lake Forest Swim Club, the Lakeview RecPlex, their representatives, employees, directors, officers, successors, for any and all injuries suffered by me or any contestant or representative of my club. I attest that all athletes listed on this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

SIGNATURE (Club Representative) \_\_\_\_\_ DATE \_\_\_\_\_