



Sun Prairie Storm Fall Pentathlon
A Wisconsin Swimming Quality Meet
Held Under Sanction of USA Swimming
Sanction Number: WI2017-402S



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| Meet Date | Saturday, October 7 th , 2017 | |
| Schedule | Session 1 8 & Under, 13 & Over Warmups Begin 8:30 Meet Begins 9:30 | Session 2 10 & Under, 11-12 Warmups Begin not before 11:00A Meet Begins not before 12:00P |
| Location | Sun Prairie High School, 888 Grove Street, Sun Prairie WI 53590 | |
| Facility | Indoor 25 yard pool with eight 7' lanes, non-turbulent lane markers, backstroke flags, 32" Paragon quick start slanted starting blocks, guttered pool. Pool depth is 12' at the starting block end and 3 ½' at the opposite end. Either 6 lanes (with lane 7 closed, lane 8 for warmup/cooldown) or 8 lanes will be used for competition, as determined by the meet directors based on the number of entries. The Competition course has not been certified in accordance with 104.2.2(C). | |
| Timing | All events will be timed using a Colorado System 6 with Strobe/Horn Start, Touch pads, one button, and 2 watches as backup. All 25-yard races will be timed with 2 buttons and 2 watches. All events will be timed finals. | |
| Meet Directors | Michael White (Head Coach/Entry Chair) Michaelwhite184@gmail.com | Tim Halbach (Event Coordinator) thalbach01@gmail.com |
| Officials | Meet Referee Ken Fanta | Administrative Official Adam Bayliss |
| Entry Fee | Individual events: \$5.00; WI Splash Fee \$3.00 per swimmer | |
| Entry Deadline | Entries are due by Wednesday, September 27 th ; files may be updated (and may include new entries) through Saturday, October 2nd. | |
| Entry Limit | Swimmers may swim five individual events. However, only the first 1200 individual entries will be accepted. Meet management does reserve the right to limit heats if for some reason there are time issues. | |
| Deck Entries | Deck entries must be able to prove their USA Swimming membership. There are no additional fees for deck-entered swimmers after the initial meet entry fees. | |
| Relays | None | |
| Official Rules | 2017 USA and Wisconsin Swimming Rules shall govern this meet. All swimmers must hold current USA Swimming registration. | |
| Racing Start Certification | Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement | |
| Warm-Ups | Warmup shall be general warmup for the first 20 minutes (no diving) with one-way starts for the next ten minutes. Two sessions of warmups may be used, depending on the number of entries. | |
| Age Groups | Events will have swimmers grouped together by gender and age, but will be split apart to single-age/single-gender categories for results. | |
| Seeding | This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her event. Deck seeding will only be used to fill heats already created. | |
| Staging | Staging will be utilized for AM 8-Under events, on the pool deck. | |
| Fly-Over Starts | Fly-over starts will be used. | |

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| Awards | Ribbons will be given 1 st through 4 th in single age divisions. High point awards will be given based to 1 st place for single age in classifications below based on combined time. |
| Admission | \$3.00 for adults; free for 18-under |
| Heat Sheets | \$3.00 |
| Concessions | Concessions and hospitality will be provided |
| Deck Changing | Deck changing is prohibited. |
| Meet Conduct | In accordance with USA Swimming rules, NO SPECTATORS ARE ALLOWED ON THE POOL DECK. In accordance with the Federal Video Voyeurism Prevention Act of 2004 the use of camera phones or video recording devices in the locker rooms is prohibited. |
| Meet Events | Please note that if an 8-under swimmer is attempting to win an individual high point award, then he/she must enter the IMR events (not the 25 yd events) |

Event Schedule

| Session 1--13-Over/8-Under | |
|----------------------------|------------------|
| Warmups Begin 8:00 | |
| Meet Begins 9:00 | |
| 101 | Mixed 13-O 400IM |
| 102 | Mixed 13-O 200IM |
| 103 | Mixed 8-U 100IM |
| 104 | Mixed 13-O 200FR |
| 105 | Mixed 13-O 100FR |
| 106 | Mixed 8-U 25FR |
| 107 | Mixed 13-O 200BR |
| 108 | Mixed 13-O 100BR |
| 109 | Mixed 8-U 25BR |
| 110 | Mixed 13-O 200FL |
| 111 | Mixed 13-O 100FL |
| 112 | Mixed 8-U 25FL |
| 113 | Mixed 13-O 200BK |
| 114 | Mixed 13-O 100BK |
| 115 | Mixed 8-U 25BK |

| Session 2--10-Under/11-12 | |
|--------------------------------|-------------------|
| Warmups Begin Not Before 11:00 | |
| Meet Begins Not Before 12:00 | |
| 201 | Mixed 11-12 400IM |
| 202 | Mixed 9-12 200IM |
| 203 | Mixed 7-12 100IM |
| 204 | Mixed 11-12 200FR |
| 205 | Mixed 9-12 100FR |
| 206 | Mixed 7-12 50FR |
| 207 | Mixed 11-12 200BR |
| 208 | Mixed 9-12 100BR |
| 209 | Mixed 7-12 50BR |
| 210 | Mixed 11-12 200FL |
| 211 | Mixed 9-12 100FL |
| 212 | Mixed 7-12 50FL |
| 213 | Mixed 11-12 200BK |
| 214 | Mixed 9-12 100BK |
| 215 | Mixed 7-12 50BK |

Event Key

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| 8-U Experienced Swimmers should enter afternoon events 203, 206, 209, 212, 215 |
| 8-U Novice Swimmers should enter morning events 103, 106, 109, 112, 115 |
| 9-10 Experienced Swimmers should enter afternoon events 202, 205, 208, 211, 214 |
| 9-10 Novice Swimmers should enter afternoon events 203, 206, 209, 212, 215 |
| 11-12 Experienced Swimmers can enter the "extreme" events (201, 204, 207, 210, 213) or experienced events (202, 205, 208, 211, 214) |
| 11-12 Novice Swimmers should enter afternoon events 203, 206, 209, 212, 215 |
| 13-Over Experienced Swimmers should enter morning events 101, 104, 107, 110, 113 |
| 13-Over Novice Swimmers should enter morning events 102, 105, 108, 111, 114 |

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Sun Prairie Storm Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Sun Prairie Storm (SPS), Sun Prairie School District, and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered. I/we have only entered USA swimming swimmers in this meet.

Signature of Club Official, parent or guardian:

Position Phone #

Team Name & Abbreviation

Team Coach Phone #

Cell #

Name (if other than coach) & address for sending final results:

E-mail address to send final results: _____

Entry Fee Remittance

ENTRY FEE RECAP — Email Entries due Wednesday, Sept 27th to michaelwhite184@gmail.com. Paper entries will not be accepted.

Number of individual events: X \$4.00 = \$ _____

Total # of swimmers: X \$3.00 = \$ _____

Total Entry Fee Due: \$ _____

Make all checks payable to Sun Prairie Storm and bring to the meet.