

2017 FALL SWIM-YOUR-OWN-AGE MEET

Hosted By: Waukesha Express Swim Team

Saturday, October 7, 2017

Sanction: WI2017-437S

Location: Waukesha South High School
401 E. Roberta Drive
Waukesha, WI 53186

Meet Director: Wes Lagerhausen
P.O. Box 1874
Waukesha, WI 53187
(262) 309-2776
wes@waukeshaexpress.org

Meet Entry Chair: Dan Wohl
P.O. Box 1874
Waukesha, WI 53187
(262) 408-0428
dan@waukeshaexpress.org

Facility: Eight or 10 lane, 25 yard pool. Pool depth is 13 feet at the start end and 5'10" feet at the bulkhead (turn end). Blocks are 30" high. The pool features a 9'x13' full color, digital display scoreboard. Concessions will be available. No food or beverage is allowed in the pool area. The competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4).

Timing: Colorado System 6 timing system with aqua grip touch pads.

Rules: Official 2017 USA Swimming Rules and Wisconsin Swimming Rules shall govern the conduct of this meet. Swimmers must be registered as USA swimmers. Age is as of October 7, 2017. Coaches must display their Coaches Card while on deck.

Schedule: **All races are timed finals.**

AM session warm-ups: 7:00 AM

AM session begins: 8:05 AM

The afternoon warm-ups will start as soon as the morning session has been completed. The afternoon session will begin one hour after the start of warm-ups. The meet director will notify each club as to the approximate time for all sessions once all meet entries have been received.

Failure to follow warm-up guidelines may result in disqualification from the next individual event. Feet first three point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with the recent change to Policy 4.5.2(a)

Officials: Meet Ref: John Lanham
Admin Official: Dan Wohl/Wes Lagerhausen

Entries &

Eligibility: All entries will be taken when accompanied by full payment. Swimmers may compete in four (4) individual events per day plus relays. Deck entries will only be allowed if there are open lanes available. All deck entries are \$8.00 per event. All swimmers must be registered USA swimmers and their USA Swimming number MUST be listed on the official entry form. This includes relay only swimmers. Submit current yard times.

Completed entry form, signed waiver and fees must be received no later than Tuesday, September 26, 2017. Any questions concerning entries should be directed to Dan Wohl, Meet Entry Chair at 262-408-0428. If you choose to e-mail your entry file it must be received by September 26, 2017 and the meet director should receive the signed waiver and fees by that same date.

Mail

Entries: Mail forms, signed waiver and fees (payable to WEST) to:
Waukesha Express Swim Team
P.O. Box 1874
Waukesha, WI 53187

All entries must be received by Tuesday, September 26, 2017.

Entry Fees: \$4.00 per individual event
\$10.00 per relay event
\$5.00 surcharge (facility and WI swim) per athlete entered in meet
Entry fees must accompany the official entry forms and are not refundable.

Admissions: \$5.00 per spectator over the age of 12.
Heat sheets will NOT be sold. Heat sheets will be available at www.waukeshaexpress.org

Awards: *Individual events:* 1st-16th place – Ribbons (except Senior events)
Relay events: 1st–8th place - Ribbons
All awards will be bagged and handed out to Coaches at the end of meet.

Scoring: Sixteen place scoring will be used for individual events. Relay event scores will be doubled.

Final Results: Final results will be E-mailed to all competing teams.
Final results will be posted at www.wisconsinswimming.org and www.waukeshaexpress.org

Seeding: All individual events will be pre-seeded. 8 & under events will be staged.

Conduct: Each team is responsible for the behavior of their swimmers. ***The Meet Director or Meet Marshall may remove any swimmer from competition for disruptive or disorderly behavior. In accordance with the Federal Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is strictly prohibited.***

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Coaches: All coaches must pick up their coaches packet in person and must show their coach's card. If a coach does not present a USA registration card they will not be allowed on deck and the swimmers for the team will be assigned to a USA Swimming certified coach for warm-ups.

Medical: Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This notification should include any existing conditions that may require meet management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogens laws and will be responsible for any clean up required.

2017 Fall Swim-Your-Own-Age: Order of Events

Girls	Saturday AM	Boys
1	12 year old 100 vd. IM	2
3	11 year old 100 vd. IM	4
5	10 year old 100 vd. IM	6
7	9 year old 100 vd. IM	8
9	12 year old 50 vd. Backstroke	10
11	11 year old 50 vd. Backstroke	12
13	10 year old 50 vd. Backstroke	14
15	9 year old 50 vd. Backstroke	16
17	12 year old 50 vd. Breaststroke	18
19	11 year old 50 vd. Breaststroke	20
21	10 year old 50 vd. Breaststroke	22
23	9 year old 50 vd. Breaststroke	24
25	12 year old 50 vd. Butterfly	26
27	11 year old 50 vd. Butterfly	28
29	10 year old 50 vd. Butterfly	30
31	9 year old 50 vd. Butterfly	32
33	11-12 200 vd. Freestyle Relay	34
35	9-10 200 vd. Freestyle Relay	36
37	12 year old 100 vd. Freestyle	38
39	11 year old 100 vd. Freestyle	40
41	10 year old 50 vd. Freestyle	42
43	9 year old 50 vd. Freestyle	44
Girls	Saturday PM	Boys
45	Senior 100 vd. Freestyle	46
47	14 year old 100 vd. Freestyle	48
49	13 year old 100 vd. Freestyle	50
51	8 year old 25 vd. Freestyle	52
53	7&Under 25 vd. Freestyle	54
55	Senior 200 vd. Freestyle Relay	56
57	8&Under 100 vd. Freestyle Relay	58
59	Senior 100 vd. Backstroke	60
61	14 year old 100 vd. Backstroke	62
63	13 year old 100 vd. Backstroke	64
65	8 year old 25 vd. Backstroke	66
67	7&Under 25 vd. Backstroke	68
69	Senior 100 vd. Breaststroke	70
71	14 year old 100 vd. Breaststroke	72
73	13 year old 100 vd. Breaststroke	74
75	8 year old 25 vd. Breaststroke	76
77	7&Under 25 vd. Breaststroke	78
79	Senior 100 vd. Butterfly	80
81	14 year old 100 vd. Butterfly	82
83	13 year old 100 vd. Butterfly	84
85	8 year old 25 vd. Butterfly	86
87	7&Under 25 vd. Butterfly	88
89	Senior 200 vd. Individual Medley	90
91	14 year old 200 vd. Individual Medley	92
93	13 year old 200 vd. Individual Medley	94
95	8 year old 100 vd. Individual Medley	96
97	7&Under 100 vd. Individual Medley	98

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WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims against the Waukesha School District, USA Swimming, the Waukesha Express Swim Team, Wisconsin Swimming, Inc. and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona-fide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of Wisconsin/USA Swimming, Inc.

Club Name: _____ Initials: _____

Signature of Club Official, Parent or Guardian: _____

Name: _____ Phone: _____

Title: _____ Email: _____

ENTRY FEE RECAP

_____ Individual Events x \$4.00 \$ _____

Less: Reservation \$ _____

Total amount due for Individual Events \$ _____

*** Excess reservation **cannot** be used for relay/LSC Surcharge ***

_____ Relay Events x \$10.00 \$ _____

_____ Surcharge x \$5.00 \$ _____

(# of swimmers in Individual Events)

Total Entry Fee Due \$ _____

Name of coach or team representative at meet:

Name: _____ Phone: _____

Email: _____

Make checks payable to: Waukesha Express Swim Team

Mail entries to: Dan Wohl
c/o Waukesha Express Swim Team
P.O. Box 1874
Waukesha, WI 53187

Entries due on Tuesday, September 26, 2017