

Time Standards for 08 "SUMMER" U.S. Open
(7/29/2008 - 8/2/2008)

Men	08 U.S. Open Minn	08 U.S. Open
	LCM	SCY
50 Fr	23.59	20.29
100 Fr	51.79	44.49
200 Fr	1:53.39	1:38.09
400 Fr	4:01.29	4:25.29
800 Fr	8:23.09	9:16.89
1500 Fr	16:02.49	15:30.69
100 Bk	58.29	49.59
200 Bk	2:06.29	1:47.89
100 Br	1:05.29	55.89
200 Br	2:22.09	2:01.69
100 Fl	55.69	48.59
200 Fl	2:04.09	1:48.59
200 IM	2:07.99	1:49.69
400 IM	4:33.09	4:00.49
400 FR-R	3:29.89	3:02.19
800 FR-R	7:44.99	6:46.99
400 Med-R	3:52.49	3:24.09

Women	08 U.S. Open Minn	08 U.S. Open
	LCM	SCY
50 Fr	26.59	22.99
100 Fr	57.29	50.19
200 Fr	2:03.69	1:48.29
400 Fr	4:19.49	4:47.79
800 Fr	8:55.19	9:58.89
1500 Fr	17:06.69	16:30.59
100 Bk	1:04.69	55.79
200 Bk	2:19.09	2:00.09
100 Br	1:12.79	1:03.19
200 Br	2:37.19	2:16.69
100 Fl	1:02.49	54.99
200 Fl	2:16.89	2:00.69
200 IM	2:20.69	2:01.79
400 IM	4:56.99	4:19.79
400 FR-R	3:54.79	3:28.39
800 FR-R	8:25.89	7:25.49
400 Med-R	4:19.39	3:50.39

Entry period=July 1,2007 to entry deadline

The 2009 World Champ Trials/Nationals standards will
be published after the April steering meeting

The 2009 Short Course National Championships standards
will be published after the April steering meeting