12-Under State WSAC Safety Guidelines

All participants must adhere to the meet marshals' instructions. Participants not adhering to the marshals' instructions will not be able to race and must leave the premises immediately - no refund.

Pool Capacity: Athletes have assigned seats at a minimum of 6 ft. For WSAC 185 swimmer max. in a session, 110 spots available in the stands, 9 metal bleachers that each hold 5 people for a total of 45, south blue bleachers hold 23, space for additional chairs south of south blue bleachers.

Health Monitoring: Participants must not be ill, must not have a family member who is ill, and in addition, athletes and their siblings must not feel nauseous, lethargic, or low energy. All participants, coaches and volunteers will have their temperature checked upon arrival. Anyone with a temperature of 100.4 or higher will not be allowed in.

Entry and Exit: Athletes, coaches, officials, and volunteers will enter and exit through the east door of WSAC and have their temperature checked. Each team must have a person who will conduct ingress screening questions prior to each athlete's participation each day of the meet to include: "Are you unwell, is anyone you live with unwell, are you nauseated, lethargic, or low energy?"

Locker Rooms: Locker rooms are not available for changing. Athletes, coaches, meet personnel and family members may use the restrooms one at a time per gender and must wipe down all touched surfaces and put the toilet seat back up after use to indicate that it has been cleaned. Athletes will have separate restrooms from public restrooms. Locker room access will be monitored by meet marshals.

Spectators: There will be no spectators. Families will be able to view the meet via YouTube Live.

Warm-up: Assigned warm-up with a maximum of 6 athletes per lane, 3 on each side. Warm-up periods will be short, south pool available throughout meet. Meet host provides marshals to enforce warm-up procedures. If there is a designated start and pace period, that time will also be assigned.

Athletes Seating: Athletes will be seated in the stands while not staging, racing, or warming up/down. Athletes must always wear a mask and maintain more than 2M of physical distance.

Clerk of Course: Athletes will be staged in the east hallway moving south to north. Masks must always be worn when not in the pool. Marshals will help enforce athlete conduct.

Behind the Block: There will be markers behind the blocks to mark the position for the swimmers and for timers.

Coaching Area: A deck coaching area will be established along lane 8 and portions of lane 1 of both the warmup and competition pool. This area will be for coaches and athletes to be able to safely discuss races and for coaches to actively coach throughout the event. Coaches and athletes will station themselves in a position to speak with each other 6-feet apart whenever possible. Coaches will always wear masks.

Relays: if conducted, will be seeded in alternating lanes to limit the number of athletes behind the blocks. Swimmers will be required to stay behind timers before and after they swim their leg and not allowed up to the pool edge to cheer.