Apprentice Checklist - Stroke and Turn Judge

Thank you for taking the time to become a certified Stroke and Turn Officials. This document is intended to give mentors and mentees a few guidelines to ensure that mentees get exposure to as many situations as possible to feel confident in their roles once certified.

In order to obtain certification, **4 mentoring sessions are required**, each session needs to be at least 2 hours long. Eligible sessions need to contain at least two strokes (including IM) other than long freestyle events. If sessions are shorter than 2 hours, two shorter sessions can be added up and count for one session, provided that they do not contain only long distance free style events. A long distance free style event is those 400 m LC or 500 y SC or longer. At a minimum, mentoring sessions must be completed with 2 different mentors and at 2 different meets.

During the first 3 sessions, the mentor is making all calls, in the 4th session, the mentee is making calls supported by the mentor. Mentors, please talk your mentees through your calls, i.e. explain what you observed and why you made the call. Mentors, please also show mentees how to fill out a DQ slip, even if CJs are at the meet.

Important:

* **Mentors** can be officials who have been certified Stroke and Turn official for at least one (1) year.
* Please remember that you can complete a maximum of one on deck session PRIOR to completing the online test.
* If you are not judging a swimmer with disabilities or watch 15 m mark, please make sure to discuss proper protocol with your mentor.
* Once you completed this form, please submit a copy of both sides to: [officialschair@wisconsinswimming.org](mailto:officialschair@wisconsinswimming.org)

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Observed** | | **Session 1** | **Session 2** | **Session 3** | **Session 4** | **Session 5**  (if needed) | **Session 6**  (if needed) | **Mentor name (printed) and signature, date and location of meet** |
| Freestyle | |  |  |  |  |  |  | Session 1: |
| * Turns | |  |  |  |  |  |  |
| * Stroke | |  |  |  |  |  |  |
| * Finishes | |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |
| Butterfly | |  |  |  |  |  |  |
| * Turns | |  |  |  |  |  |  |
| * Stroke | |  |  |  |  |  |  | Session 2: |
| * Finishes | |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |
| Breaststroke | |  |  |  |  |  |  |
| * Turns | |  |  |  |  |  |  |
| * Stroke | |  |  |  |  |  |  |
| * Finishes | |  |  |  |  |  |  |
| **Observed** | **Session 1** | | **Session 2** | **Session 3** | **Session 4** | **Session 5**  (if needed) | **Session 6**  (if needed) | **Mentor name (printed) and signature, date and location of meet** | |
| Backstroke |  | |  |  |  |  |  | Session 3: | |
| * Turns |  | |  |  |  |  |  |
| * Stroke |  | |  |  |  |  |  |
| * Finishes |  | |  |  |  |  |  |
|  |  | |  |  |  |  |  |
| Individual Medley |  | |  |  |  |  |  |
| * Fly-Back |  | |  |  |  |  |  |
| * Back-Breast |  | |  |  |  |  |  | Session 4: | |
| * Breast-Free |  | |  |  |  |  |  |
|  |  | |  |  |  |  |  |  | |
| Relay Exchanges |  | |  |  |  |  |  |
| * On Blocks |  | |  |  |  |  |  |
| * In Water |  | |  |  |  |  |  |
|  |  | |  |  |  |  |  |
| Swimmers w/ disabilities |  | |  |  |  |  |  | Session 5 (if needed): | |
| 15 m mark |  | |  |  |  |  |  |
| Place judging (picks) |  | |  |  |  |  |  |
| Completed DQ slip |  | |  |  |  |  |  |
| Benefit of the doubt |  | |  |  |  |  |  |
| Jurisdiction |  | |  |  |  |  |  |
| 8 and under |  | |  |  |  |  |  | Session 6 (if needed): | |
| 9-10 |  | |  |  |  |  |  |
| 11-12 |  | |  |  |  |  |  |
| 13-14 |  | |  |  |  |  |  |
| 15 and up/open |  | |  |  |  |  |  |
| Attended officials briefing |  | |  |  |  |  |  |
| How to make a call |  | |  |  |  |  |  |  | |
| Learn to visualize infraction when explaining it w/o use of hands |  | |  |  |  |  |  |  | |
| Proper position of S/T |  | |  |  |  |  |  |  | |
| Professional conduct as S&T |  | |  |  |  |  |  |  | |
| Develop a “mental checklist” for things to do before, during and after duty session |  | |  |  |  |  |  |  | |

Thank you for supporting Wisconsin Swimming!!