



We express our deepest sympathy to the families of Ahmaud Arbery, Breonna Taylor and George Floyd. We recognize structural racism in our society results in innumerable incidents where injustice results in harm and death That's why we are doubling down on our efforts to ensure swimmers in the Central Zone understand our commitment to equity, diversity and inclusion.

The Central Zone includes the below fifteen LSC's and we are working together to create an environment where everyone is valued and welcomed.

- Arkansas Swimming
- Illinois Swimming
- Indiana Swimming
- Iowa Swimming
- Lake Erie Swimming
- Michigan Swimming
- Midwestern Swimming
- Minnesota Swimming
- Missouri Valley Swimming
- North Dakota Swimming
- Ohio Swimming
- Oklahoma Swimming
- Ozark Swimming
- South Dakota Swimming
- Wisconsin Swimming

This includes:

- Raising awareness and education levels on recognizing implicit/explicit biases, discriminatory practices and racism
- Increasing training and development efforts for athletes, coaches, parents and volunteers
- Leveraging existing [Diversity, Equity & Inclusion resources from USA Swimming](#)
- Ensuring everyone participate in an open, inclusive, welcoming environment

We encourage you to get involved by:

- Reaching out to your respective LSC Diversity, Equity & Inclusion Chairperson to volunteer your time and efforts
- Speaking up when you witness or experience discrimination, bias or exclusion
- Engaging dialogue with friends and family to better understand we have more similarities vs differences
- Talking with your coaches about opportunities to raise awareness on your swim club
- Reviewing existing USA Swimming DEI reference and training materials

Central Zone Board and LSC General Chairs