

Mesa Aquatics Club IM Invite
November 16-17, 2019
Held Under Sanction of USA Swimming

Sanctioned by: Arizona Swimming Inc.

Sanction #AZ20-25

Liability:

In granting this sanction, it is understood and agreed that USA Swimming Inc., Arizona Swimming Inc., Mesa Aquatics Club, City of Mesa, Mesa Public Schools, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Hosted by: Mesa Aquatics Club

Meet Director: Katie Kowalski Katierae@cox.net

Meet Referee: David Brooks, dbrooks@brooksandaffiliates.com

Location: Kino Aquatic Center, 848 N. Horne, Mesa, AZ

Course: Outdoor, 25 yard, One 8 lane or 10 lane (2 courses available), heated pool, fully automatic Colorado Start & Timing with pads at the start end.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming
5. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 6 inches at the start end and 6 feet, 7 inches at the turn end.
6. Deck changes are prohibited.
7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
8. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
10. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID's to the Meet Referee
12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AZSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshals shall wear their identifying vests.
14. Swimmers with a disability are welcome. The Swimmer (or swimmer's coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Eligibility:

Open to any USA Swimming registered swimmer holding a current USA Swimming registration card as of the meet entry deadline.

Meet Rules:

1. Swimmers are limited to 3 individual events Saturday and 4 individual events on Sunday.
2. This is an ABC Meet. Swimmers may enter with a NT, SCY, SCM, or LCM entry time, but no converted times may be used. All events timed final events.
3. All events 400 yards will require positive check-in with the clerk of course to be seeded and swum fastest to slowest, alternating women and men. Swimmers in these events must provide their own timers & counters
4. Time Trials may be offered Sunday, at the discretion of the Meet Referee. One Time Trial per swimmer, subject to entry limits all events will be limited to 200 and shorter. Time Trials will close at Clerk of Course at 3:00 on Sunday each Trial is \$10.00 and is due at sign up.
5. Meet director may assign teams lanes for timing.

Meet Format:

1. This is an ABC meet.
2. Individual events are pre-seeded, and timed final, except where noted below. The meet may be swum 8 lanes, 10 lanes or in 2 tanks if needed, based on timelines, decision shall be announced within 24 hours of the entry deadline.
3. The 500 Free and 400 IM will require positive check-in with the clerk of course before the start of the session in which they are swum in order for swimmers to be seeded in the event. These events will be swum fastest to slowest, alternation women and men. Swimmers in those events must provide timers and personnel to count laps if necessary.

Schedule:

- Session 1, Saturday, November 16, 2019: Warm-up available in warm-up tank during IM Xtreme session, Start: 12:00 pm, or 30 minutes after the end of the IM Xtreme session, whichever is earlier.
- Session 2, Sunday, November 17, 2019: Warm-up available in warm-up tank during IM Xtreme session, Start: 12:30pm, or immediately following the IMX awards presentation, whichever is earlier.
- Session 3, Sunday, November 17, 2019: Warm-up available in warm-up tank during Session 2. Start 5 minutes after the completion of session 2, not before 3:30 PM.

Awards:

Ribbons will be given to the top 8 finishers in each event. All events will be awarded using the following age groups: 8 & Under, 9-10 & 11-12 In addition, special Achievement Certificates will be awarded to first time achievers of A and B Arizona Swimming time standards published on the Arizona Swimming web site under the Time Standards tab.

Entry Fees:

Individual event charge: \$5.00 per event
LSC surcharge per swimmer: \$8.00
Fees are due on November 16, 2019, paid by one team check. Please write checks to Mesa Aquatics Club.

Entries:

Entries must be submitted electronically and must be received no later than **Nov 4, 2019 Email entries to Katie Kowalski: katierae@cox.net**

Officials:

Mesa Aquatics Club appreciates the help of any visiting officials. Please contact the meet referee if you or someone on your team will be available to help for either session.

Concessions:

A full menu of great snacks, drinks and meals will be available throughout the event.

Admission:

There is no charge for parking or admission for this event.

Meet Program:

A meet program will be available for purchase at the concession stand.

Publication of Information:

Information such as psych sheets, timelines and hotel information will be available at www.mesaaquaticsclub.com

ORDER OF EVENTS

Session 1, Saturday, November 16, 2019

Warm-up will be available during the morning IM Xtreme session

Session 1 will start at 12:00 pm or 30 minutes after the conclusion of the morning IM Xtreme session, whichever is earlier

Girls	Event	Boys
1	12 & Under 100 IM	2
3	13 & Over 200 IM	4
5	12 & Under 50 Back	6
7	13 & Over 200 Back	8
9	12 & Under 100 Fly	10
11	13 & Over 200 Fly	12
13	12 & Under 50 Breast	14
15	13 & Over 100 Breast	16
17	12 & Under 100 Free	18
19	11 & Over 500 Free*	20

*The 500 Free will require positive check-in with the clerk of course before the start of session #1 in order for swimmers to be seeded in the event. This event will be swum fastest to slowest, alternation women and men. Swimmers must provide timers and personnel to count laps if necessary. Meet Referee reserves the right to limit or combine heats due to timeline restrictions and will notify any restrictions 48 hours after entry due date. There will be a 10 minute break before event 19.

Session 2, Sunday, November 17, 2019

Warm-up will be available during the morning IM Xtreme session

Session 2 will start at 12:30 pm or immediately following the IMX Awards presentation

Girls	Event	Boys
21	12 & Under 200 Free	22
23	13 & Over 200 Free	24
25	12 & Under 100 Breast	26
27	13 & Over 200 Breast	28
29	12 & Under 50 Fly	30
31	13 & Over 100 Fly	32
33	12 & Under 100 Back	34
35	13 & Over 100 Back	36
37	12 & Under 200 IM	38

Session 3, Sunday, November 17, 2019

Warm-up will be available during session 2

Session 3 will start 5 minutes after the conclusion of session 2

39	13 & Over 400 IM**	40
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**The 400 IM will require positive check-in with the clerk of course before the start of session #2 in order for swimmers to be seeded in the event. This event will be swum fastest to slowest, alternation women and men. Swimmers must provide timers. Meet Referee reserves the right to limit or combine heats due to timeline restrictions and will notify any restrictions 48 hours after entry due date. There will be a 10 minute break before event 39.