

East Bay Bat Rays Swimming March Age Group Swim Clinic

About The Program

The East Bay Bat Rays Swim Team (EBAT) is a non-profit organization that teaches year-round competitive swimming. This clinic is an excellent opportunity for swimmers to learn more about competitive swimming and prepare them for more training or an upcoming season. Swimmers in this program will be exposed to many swimming drills to enhance stroke technique in all four of the competitive strokes. Other aspects such as sportsmanship, goal setting, nutrition, racing strategies, etc. will be discussed and focused on throughout this 1 month clinic. Swimmers must be at least 9 years old to participate.

Location

California State University, East Bay (Hayward)
2500 Carlos Bee Blvd.
Hayward, Ca. 94542

For More Information, Contact:

Mark Sand

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Or visit our website

https://www.teamunify.com/Home.jsp?_tabid_=0&team=ebat

Scheduling

- ~ 15 x 60-minute sessions
- ~ Dates: February 28, March 1,2,7,8,9,14,15,16,21,22,23,28,29,30
- ~ Times: 7:00-8:00pm

This clinic provides 15 hours of instruction to align with the EBSL rules of extra instruction outside of the EBSL season.

COST
\$250

Online Registration

Online registration will be available beginning
Wednesday, February 22.

[REGISTRATION LINK](#)