

East Bay Bat Rays Swimming COVID-Safe Swim Clinic

About The Program

The East Bay Bat Rays Swim Team (EBAT) is a non-profit organization that teaches year-round competitive swimming. This clinic is an excellent opportunity for summer league swimmers to learn more about competitive swimming and prepare them for their upcoming season. Swimmers in this program will be exposed to many swimming drills to enhance stroke technique in all four of the competitive strokes. Proper start and turns will also be taught and practiced. Other aspects such as sportsmanship, goal setting, nutrition, racing strategies, etc. Will be discussed and focused on throughout this 10-session clinic. Swimmers must be at least 9 years old to participate.

Location

Chabot Swim Club in Castro Valley
18839 Hubber Dr.
Castro Valley, Ca

For More Information, Contact:

Mark Sand
marksand88@gmail.com
Or visit our website
www.batrays.org

Scheduling

- ~ 10 1-hour sessions
- ~ Classes are on: Saturday & Sunday
- ~ Dates: November 14,15,21,22;
December 5,6,12,13,19,&20
- ~ 13 & Ups 1:30-2:30pm
- ~ 9-12 yrs old 2:30-3:30pm

VERY Limited Space Available

We are only accepting a total of **5 swimmers** for each session for this clinic.
10 swimmers total!

AGE LIMIT

9-18yrs

COST

\$200

Online Registration

Online registration will be available from Tuesday, November 3 and will close as soon as we reach our maximum number.