

East Bay Bat Rays Swimming July Age Group Swim Clinic

About The Program

The East Bay Bat Rays Swim Team (EBAT) is a non-profit organization that teaches year-round competitive swimming. This clinic is an excellent opportunity for swimmers to learn more about competitive swimming and prepare them for more training or an upcoming season. Swimmers in this program will be exposed to many swimming drills to enhance stroke technique in all four of the competitive strokes. Other aspects such as sportsmanship, goal setting, nutrition, racing strategies, etc. will be discussed and focused on throughout this 1 month clinic. Swimmers must be at least 9 years old to participate.

COVID Safety

The EBAT Swim Clinic is a COVID-Safe environment and we operate according to county, cdc, and USA Swimming guidelines. Swimmers must abide by all COVID safety protocols while at practice.

Location

California State University, East Bay (Hayward)
2500 Carlos Bee Blvd.
Hayward, Ca. 94542

For More Information, Contact:

Mark Sand
marksand88@gmail.com
Or visit our website
www.batrays.org

Scheduling

- ~ 17 1-hour sessions
- ~ Classes are on: Monday-Thursday
- ~ Dates: July 1,5,6,7,8,12,13,14,15,19,20,21,22,26,27,28,29
- ~ Times: (6:30-7:15pm 9-12yrs); (7:15-8:00 13-18yrs)

Limited Space Available

Group 1
9-12yrs
6:30-7:15
18 Swimmers Max

Group 2
13-18yrs
7:15-8:00
18 Swimmers Max

COST
\$300

Online Registration

Online registration will be available from Monday, June 28 until Thursday, June 30 or until we reach our maximum number.

www.batrays.org