



The USA Swimming Minor Athlete Abuse Protection Policy (MAAPP) has five parts. This resource is intended to provide information regarding implementing the Locker Rooms and Changing Areas section of the policy.

Locker Rooms and Changing Areas

Locker rooms and changing areas are private and enclosed spaces in which abuse can occur. To prevent abuse of minor athletes in these private areas, this section of the MAAPP is intended to keep Applicable Adults from being present in a locker room or changing area at the same time as minor athletes.

Prior to MAAPP, a team locker room policy has been a strongly recommended best practice. This section of MAAPP is very closely aligned with USA Swimming rules, Model Policy on Locker Rooms and published Best Practice Guidelines. Now, rather than recommended practices, this is a USA Swimming requirement.

Please note that Adult Athletes are Applicable Adults. It is important for adult athletes to carefully read and understand their responsibilities under this section. Please read every point carefully to avoid confusion.

Frequently Asked Questions

Q: What does the word “expose” mean in Section III?

A: Expose means a purposeful showing of private parts or being bare skinned for an abnormal amount of time while changing. Adult athletes should be thoughtful to turn their bodies away and shield their private parts from minor athletes while changing.

Q: Does this policy only apply to locker rooms at competitions?

A: No, this policy applies to any and all locker rooms or changing areas used by Applicable Adults and minor athletes in connection to practice, competition, camps, etc.

Q: Does this policy mean that athletes over the age of 18 cannot share a locker room or changing area with teammates under the age of 18?

A: No. Unrelated Applicable Adults must not be alone with a minor athlete in a locker room or changing area except for athletes on the same team and athletes attending the same competition.

Q: Can Masters swimmers use a locker room at the same time as minor athletes?

A: An unrelated Applicable Adult must not be alone with a minor athlete in a locker room or changing area. If a Masters swimmer meets the definition of an Applicable Adult, then the Applicable Adult must not be alone with a minor athlete in a locker room or changing area.

Q: Can an athlete deck change?

A: NO. Deck changing is prohibited under USA Swimming rules and by MAAPP.