Allegheny Mountain Swimming

Coaches Committee Meeting

Wednesday March 22nd, 2017

Market District Giant Eagle Settlers Ridge

100 Settlers Ridge Center Dr

Pittsburgh, PA 15205

7:45 – 9:00 PM

Meeting Minutes

1. Call to Order

A. Approval of Minutes from January Minutes, 2017

II. Action Items

1. none
2. Old Business:

None

1. New Business:
2. Discuss Spring Semi-Annual Coaches meeting topics for roundtable with local college coaches

Recruiting:  
What can coaches tell the kids?  
Is there real money for swimming?  
What events should they focus on?

How do parents and swimmers survive and excel at a lifetime career in swimming?

What is new in college swimming and picking schools?

Technique:

What is new in terms of technique?

As training at age group levels is training at colleges changing?

How best can swimmers prepare for swimming in college?

1. Review 2016-17 short course

10 and unders should go back to 8 and under, reinforce ago. Have true age group champs, Senior champs prelim final both days. Move 12 and under to morning with 13-14.

Both Morning too long for 12 and unders Bring back 1 of everything until we get deeper as an lsc

Pitt meet designate lanes for it

1. Discuss 2017-2018 schedule

1. Increasing Diversity and Inclusion

We need to promote our various programs more and make people aware of them

1. Mentoring coaches

Need to get to know people we stick to ourselves

* Favorite set game for get to know favorite a

1. Any business from the floor

V. Adjournment

Next meeting April 10th 7:45pm at Market District

Schedule for 2017 , April 10th Joint meeting, June 7th, June 24th Semi-Annual Coaches Meeting, July 10th, September 6th, Fall Semi-Annual Meeting, November 1st