

SAFETY TRAINING FOR SWIM COACHES FACT SHEET

Effective September 1, 2013, Stand-alone First Aid will no longer be required for coach membership. Coaches will be required to complete the new STSC (that will include a First Aid component).
Coaches will need to update STSC when their current STSC cert expires.

These things have NOT changed:

1. CPR is still required.
2. STSC is a two-part course: The STSC online course and written exam as well as the pool component (in person; in water)
3. Coaches can still submit a USA Swimming approved LG (Lifeguard) certification as their in-water/pool component completion, but **MUST** supplement that LG cert with the STSC online course and exam that is now on the American Red Cross (ARC) website (no longer on USA Swimming website) The earlier of the 2 expiration dates (LG or STSC Online Content Only) will be used as the expiration for STSC in SWIMS.
4. Any American Red Cross LGI or LGIT (lifeguard instructor or instructor trainer) or WSI (Water Safety Instructor) can teach the in-water/pool component of STSC.
5. The LGI, LGIT or WSI certs are still not acceptable for approved LG cert referenced in #3 above.

CHANGES:

1. The first aid requirement will end on September 1, 2013. First aid will no longer be a stand-alone requirement for coach membership as it will be incorporated into STSC and is already included in LG.
2. Effective 9/1/13, STSC will be a two-year certification.
3. STSC online course and test is 3-hours and will have a small fee as well as an applicable in-water/pool component fee.
4. Coaches can request a 'bundled' STSC course from the ARC that includes Adult and Pediatric CPR and AED. This one course would fulfill all of the coach safety requirements at one time. The cert would read: "...has successfully completed the following: Safety Training for Swim Coaches/First Aid with Adult and Pediatric CPR and AED".
5. CPR remains a requirement for coach membership if the coach does not have current LG cert to submit or does not request a CPR bundle when registering for STSC with ARC.

For Coach with a Current LG:

- A. Coach needs to take the ARC STSC Online Content Only on the ARC website – www.redcross.org/takeaclass - Water Safety Education.
- B. Coach forwards above cert and current LG cert to the LSC. LSC logs in the earlier expiration date of the two (LG & STSC Online Content Only) in STSC field in SWIMS.
LSC info only - Continued use of the LSC fields in SWIMS for logging LG cert and the STSC Online Content Only expirations are strongly encouraged.

For Coach who does NOT have a current LG:

- A. Coach finds a Red Cross participating facility to register for a STSC course (see #4 Not Changed above)
- B. Once registered, the coach will receive an access code for the online course and test to complete BEFORE attending the in-water/pool component of the course. NOTE: Coach should NOT take the online course and test that is available for those with a current LC Cert (see ARC link above). If errantly taken, coach will have to spend another 3 hours online and pay additional fee when sent the link from his/her instructor.
- C. Coach takes the STSC Progress Report to the in-water/pool component session.
- D. Coach will have 90-days from STSC course registration to complete online and in-water/pool components.
- E. Coach will receive a STSC/First Aid cert from the ARC to send to LSC. LSC enters the STSC date in the STSC field in SWIMS. *LSC info only: Cert includes First Aid text so that verification of new blended course was completed.*
- F. If coach does not bundle STSC course to include CPR (see #5 in Changes above), coach will also have to submit a separate CPR certification.
- G. If coach has a current STSC cert, he/she is eligible for the Review course with the ARC.

WHAT A COACH MAY HAVE AND WHAT IS NEEDED / REQUIRED:

COACH CURRENT CERTIFICATION STATUS	CPR	STSC ONLINE COURSE & TEST	IN-WATER / POOL COMPONENT
New coaches or those with expired certs	X	3 hours	3 hours
Safety Training for Swim Coaches*	X	3 hours	50 minutes
Lifeguarding/First Aid/CPR/AED		3 hours	Not required

**Coaches should check 2013 membership card or Deck Pass account to verify the date of their current STSC requirement on file in SWIMS. STSC must be renewed prior to that date.*