

Check list for USA Swimming Coach Membership

In order to access anything on the USA Swimming website, www.usaswimming.org you will first need to create a free account for yourself:

Go to “Sign In” in the top right corner and create an account.

Once you create an account, keep a note of your user name and password as you will need to sign in to the site each time you need to complete an online test or background check.

For the complete and up to date list of the coach membership requirements, the link to the USA Swimming website:

<https://www.usaswimming.org/coaches/coaching-membership-requirements-checklist>

To register please send to the Middle Atlantic Swimming office:

_____ Non-athlete registration form filled out completely and legibly. This form is found in the Coaching Registration section of the Middle Atlantic website. www.maswim.org

_____ Annual registration fee (Payment amount is found on the registration form.)

- Make check payable to “Middle Atlantic Swimming.” Address is on our form.

_____ A copy of any USA Swimming approved certification that needs to be updated in our database.

- CPR
- In-water Safety (include Lifeguarding or the In-water skills test)
- Online Safety training for Swim Coaches.

_____ **USA Swimming Background Check.** Instructions are found [here](#). *You do not need to enclose your background check as we will receive notification of it through USA Swimming.*

_____ **Athlete Protection Training.** Instructions are found [here](#). *You do not need to enclose your APT verification as we will receive notification of it through USA Swimming.*

_____ **Foundations of Coaching 101**, must be completed prior to registering as a coach member. Instructions for the FOC are found [here](#). *You do not need to enclose your FOC 101 certificate as we will receive notification of it through USA Swimming.*

_____ **Foundations of Coaching 201**, must be completed prior to registering for a 2nd year as a coach member. Instructions for the FOC are found [here](#). *You do not need to enclose your FOC 201 certificate as we will receive notification of it through USA Swimming.*

_____ **Rules and Regulations**, must be completed prior to registering for a 2nd year as a coach member. Instructions for Rules and Regulations are found [here](#). *You do not need to enclose your R&R certificate as we will receive notification of it through USA Swimming.*

_____ **Concussion Protocol**, proof of course completion will be recorded if certificate is sent to Middle Atlantic. Keep in mind that some states require the Concussion Protocol for all coaches to be on deck. Attending a meet out of the LSC may require coaches to complete this course.

_____ **Coaches Advantage Tutorial**, must be completed through the USA Swimming website. Instructions for the CA are found [here](#).