

COACHES DIVISION REPORT- 12/08/2020

Club Development

We will be hosting a Coaches Idea Exchange Zoom conference on Wednesday, December 8, at 7:30pm. With Executive Order 204 looming over us, many teams have done some creative things and many of us also need some help. Please join Matt Garifo and I on a zoom call where we can laugh, cry, exchange ideas, maybe learn something new, or help a colleague with their hurdles. This will be a very informal meeting and we hope you can join us. Be prepared to share the good, the bad and the ugly

Safe Sport

Two new programs launched by Safe Sport in mid-August. Information can be found under Safe Sport on the USA Swimming website. Lesson 6 is now posted. USA Swimming is excited to announce a partnership with Futures Without Violence (FUTURES) to introduce two new free programs for teams across the United States:

Coaching Boys Into Men and Athletes as Leaders. Both programs provide curriculum for teams to encourage healthy relationships and promote leadership among athletes in the fight against sexual violence." We believe that sexual, physical and emotional abuse have no place in our sport, and it is everyone's responsibility to be a part of preventing these situations from occurring," said Liz Hahn, USA Swimming's Safe Sport Senior Manager. As the only evidence-based program endorsed by the Center for Disease Control and Prevention (CDC), the Coaching Boys Into Men's curriculum is meant for male coaches to discuss with their male-identifying athletes ages 12 and older. It allows coaches to positively influence how their young male athletes think and behave in and out of the pool. The Athletes as Leaders curriculum was created by Harborview Abuse & Trauma Center and is meant for female coaches or team mentors to run with their female-identifying athletes ages 12 and older. In this program, athletes are encouraged to be leaders in changing peer norms to a culture of safety and respect." The goal of this program is through regular conversations, members would discover Safe Sport is accessible and helpful in building strong, healthy and safe communities within their club," Hahn said. With the help of these programs, coaches and/or mentors can produce a healthy and positive culture for athletes to have open and honest conversations.

CBIM/AAL: Lesson 7 is now posted on the USA Swimming website under Safe Sport Team Talk page. You can download the cards from there. The topic is consent and bragging. As many clubs are out of the water right now this would be a great time to incorporate into a Zoom meeting.

All Safe Sport items sold on the USA Swimming brand store will be discounted between Monday December 7 - Thursday December 31 2020 Marlene Curtis Safe Sport Chair NJ Swimming

Please feel free to reach out to Marlene Curtis at marlene-bac@juno.com if you have any additional questions.

Matt Garifo

Coaches Division Chair