

Dear Coaches:

On behalf of Coach Ruben and the swimmers and parents of the Jersey Flyers Aquatic Club, thank you very much for taking part in the Jersey Flyers Aquatic Club Sprint for the Gold Meet! We very much look forward to hosting you and your swimmers at the Secaucus Recreation Center on February 11th.

As you know, the meet is full so I wanted to pass along some information for you to share with your swimmers and parents. Please be particularly mindful of the Rec Center rules below.

General Meet Information:

- **We always need officials!** If you are a certified USA Swimming Official, please consider volunteering your time. Prior to the session, please check in with our Meet Referee, Bach Lequang.
- The scoreboard will not be operational during the meet. Please have your swimmers ask for their times after the race. Results will be posted in the hallway between the pool and gym area on a regular basis as well as on Meet Mobile.

Rec Center Rules:

Although we will have use of the pool, gym and part of the second floor, the Secaucus Rec Center is still operating and its members will be using parts of the facility while our event is ongoing.

- **The weight room and running track on the second floor are strictly off limits.** Please do not sit on the track or go through the weight room for any reason.
- **Swimmers are NOT permitted in the spectator area.** Parents may meet and/or stay with their swimmers in the gym.
- The multi-purpose room on the first floor is reserved for Coaches and Officials only.
- **No running or other roughhousing, ball tossing etc. in the gymnasium.** All swimmers will be marshaled from the gym to the pool deck. Please make sure your swimmers are paying attention when their event and heat is being called to the chairs in the gym.
- After their swims, swimmers will be directed to exit the pool deck via the boys or girls locker room and go back to the gym. Please remind swimmers to walk on the rugs and mats that are set up.

- Seating in the spectator area will be tight. **It is recommended that you stay in the Gym until your swimmer's event is marshaled and then proceed to the spectator area on the 2nd floor.** Please be patient and considerate of one another. No savings seats, please.
- Each team should have their timers report to the timers' meeting which will be held approximately 20 minutes before the start of the session. The timing and warmup information has been posted on the BeSmartt and NJ Swimming websites.
- No flash photography at the start of any race.
- Please be mindful of the floor in the gym area. Have your swimmers pick up any trash and deposit them in the receptacles provided.

Finally, please have fun and I hope each of your swimmers has a fulfilling experience!

If you have any questions, please feel free to email us at jerseyflyers2010@yahoo.com

See you all on February 11th!

Walter Benzija

Meet Director