



NEW  
JERSEY  
SWIMMING

## **New Jersey Officials Newsletter – Fall 2018**

### **Volume 2 – Issue 1**

Officials Chairman – Ed Miller

Editor – Christopher Barry

## **Introduction from the Editor**

Welcome back to another season of swimming in New Jersey. The return of the fall brings children back to school and the start of many extracurricular activities. For swimming officials, it is the time of year to renew credentials, renew friendships on the pool deck and count the days until that first chlorine induced happiness. As we start the fall season, this Newsletter will attempt to assist you in the annual registration process, provide some helpful reminders of the rules and guide you to locating the meet schedule for the first half of the SC season. While this newsletter will not be comprehensive in covering all the goings on in the officials' community, it will be a point to assist or direct you to other matters. Remember that the NJ Swimming and USA Swimming web sites provide the vast majority of information to assist with your questions but you can always reach out to a member of the NJ Official's committee for assistance as well. As this is your Newsletter, if there is something that you would like to see addressed/discussed, feel free to reach out to me or a member of the committee.

## **Registration Reminder and Process**

It is that time of the year for everyone to update their USA Swimming non-athlete membership and registration. In addition, you may need to update all or part of your non-deck certification requirements. Hopefully you all have completed your on-deck requirements and can proceed with renewing your membership. For those that still need sessions to complete their 2018 NJ requirements (either certified or apprentice), there are many meets this fall. Please see the listing of upcoming NJ SC meets later in the newsletter. More detailed information on meets can be found on the NJ Swimming web site. Please use the month of October and early November to complete any requirements so that you can send in your renewal information and it can be returned before year-end. If you require your Athlete Protection or Background Screening to be updated prior to year-end, please do so prior to sending your required registration and renewal paperwork.

For those that are required to attend a clinic (and then pass the necessary tests), please see the current Officials Clinic schedule later in this newsletter (updates can be found on the NJ Swimming web site). Make sure that you reach out to the instructor(s) to confirm your attendance prior to the clinic as space can be limited. In order to determine if you need a clinic, you can either look at your renewal from last year (which will include such information at the bottom of the letter) or review your account in the USA Swimming OTS system. If you last took your test between September 2015 and August 2016, you are in need of a clinic this fall.

New Jersey Swimming thanks you for your interest in becoming or continuing as an official as it makes for the more efficient and fair meets as well as assisting the Meet Referee in conducting the meet. If you are aware of any individuals who may be interested in becoming an official, feel free to give them this information or have them reach out to their club's Officials Coordinator or a member of the Officials Committee. Included below are the links to the USA Swimming Web Sites for the Background Screening and Athlete Protection information.

USA Swimming Officials Website (link to Athlete Protection)

<https://www.usaswimming.org/utility/landing-pages/safe-sport/apt>

USA Swimming Officials Website (link to Background Screening)

<https://www.usaswimming.org/background-checks>

USA Swimming Officials Tracking System Web Site (link to session and test history)

<https://www.usaswimming.org/utility/landing-pages/officials/officials-tracking>

For those that are looking for officials' attire or an official nametag, please see the Officials page on the NJ Swimming website.

<https://www.teamunify.com/Links.jsp?tabid=12294&team=eznjslsc>

For the APT and BCG materials, there are also quick links in the USA-S website. Click on "For You" and then on "Officials".

## New Jersey Swimming Officials Clinic Schedule – Fall 2018

To attend a clinic, you must first contact the clinic instructor beforehand, as space may be limited in some locations. Please be sure you meet the prerequisites for the clinic you plan to attend. Please do not sign up for multiple clinics; if you sign up for a clinic and then have to change your plans, please let the clinic instructor know at once and withdraw from the clinic. Otherwise, you may cause someone else to not be able to attend the clinic when, in fact, there was space available. Please read the footnotes before applying for a particular clinic. There is a fee of to attend a YMCA clinic for USA certification.

For your future planning, we will again be running two Starter Clinics in the spring, along with a Referee Clinic.

<u>Class</u>	<u>Date</u>	<u>Location</u>	<u>Time</u>	<u>Instructor</u>	<u>Contact Info</u>	<u>Notes</u>
October						
See Note Below	17	Statewide Officials Meetings Somerset Valley YMCA –Bridgewater	7:00p	Val Gibson Judy Sharkey	<a href="mailto:vhgswimming@msn.com">vhgswimming@msn.com</a> <a href="mailto:jmsharkey@aol.com">jmsharkey@aol.com</a>	(3)(5)
AO	17	Rutgers University Conference Room	6:30p	Ellen Mace	<a href="mailto:besmartinc@gmail.com">besmartinc@gmail.com</a>	(4)(6)
YMCA-II	20	Fanwood-Scotch Plains YMCA	8:00a	Judy Sharkey	<a href="mailto:jmsharkey@aol.com">jmsharkey@aol.com</a>	(2)
USA-ST	25	Clifton B & G Club	6:30p	Ed Miller	<a href="mailto:Caefmilleriii@msn.com">Caefmilleriii@msn.com</a>	(1)(6)
November						
AO	2	HCY – Annandale Branch	6:00p	Bart Fellin	<a href="mailto:BFellin@comcast.net">BFellin@comcast.net</a>	(4)
YMCA-I	4	Westfield YMCA	8:30a	Judy Sharkey	<a href="mailto:jmsharkey@aol.com">jmsharkey@aol.com</a>	(1)
YMCA-I	10	Ocean County YMCA	8:30a	Judy Sharkey	<a href="mailto:jmsharkey@aol.com">jmsharkey@aol.com</a>	(1)
USA-ST	15	BAC Center of Excellence	7:00p	Bruce Petersen	<a href="mailto:Bpeter8559@mac.com">Bpeter8559@mac.com</a>	(1)(6)

### Notes-

- (1) This clinic has been approved for certifying new and recertifying existing USA-S Stroke & Turn Judges
- (2) This clinic has been approved for certifying and/ or recertifying USA-S Stroke & Turn Judges and recertifying USA-S Starters and Referees.
- (3) This clinic is for experienced Level II officials who have attended at least two standard Level II clinics in the past; participants in this meeting can re-certify by then taking the normal Level II Re-certification test.
- (4) This clinic has been approved for certifying new and recertifying existing USA-S Administrative Officials.
- (5) For YMCA Level II recertification purposes. This clinic is only available to those officials who have attended the full Level II program at least twice.
- (6) This clinic is not approved for certifying new and recertifying existing YMCA Stroke and Turn or Administrative Officials.

## Updates to USA Swimming Rules from Fall Convention and notes from the NJ Swimming House of Delegates

In late-September, USA Swimming held its annual convention. Here are some notes from the meeting.

- Fifteen Meter Mark – Rule 103.16.2.was amended to comply with the FINA rules concerning marking the 15-meter mark, as follows: A fixed mark shall be placed on any wall or the deck adjacent to an outside lane to correctly align the 15-meter buoys for judging underwater starts/turn distances. The mark on the wall or deck will be considered the default marking for officiating purposes. Thus, the deck markings will take precedence over the buoys.
- Tech Suits - The USA-S House of Delegates overwhelmingly voted to ban tech suits for 12 and Unders, effective September 1, 2020, except for when swimming in certain defined national meets. The delay was to allow the swimsuit vendors time to adjust their production lines and to come up with a marking system for the suits to make it easier to determine acceptable suits. (Not unlike the current FINA marking system.) In the interim, LSCs who have already put bans in place, like New Jersey, can keep them, but other LSCs are encouraged not to issue similar interim bans.
- DQ Slips - It was made clear again that an error in preparing the DQ slip does not automatically result in the DQ being overturned; it is all right to correct the slip. The slip is not required by the rules and has no bearing on the DQ itself. However, if the problem with the slip concerns which heat and/or lane was disqualified, and that cannot be settled, then that may be a basis for overturning the disqualification.
- Meet Safety Director – A proposal to require an independent Meet Safety Director as another required official at all meets was rejected by the House of Delegates. Meet safety remains the responsibility of the Meet Director and the Meet Referee.
- In addition, there were several other proposals adopted to clean up the By-laws and make other necessary administrative changes.

From the NJ Swimming House of Delegates meeting on October 6, it was noted that the Officials' Committee will be looking to develop a Club Officials Coordinator for each USA club to expand the current YMCA policy. The main purpose of the officials' coordinator for each team will be to pass on important information for officials and to help recruit and retain officials. We would ask that each coach designate someone to fill that role, even if you don't have any officials right now, and let Ed Miller ([Caefmilleriii@msn.com](mailto:Caefmilleriii@msn.com)) know who that person is and their e-mail address. The committee will then set up an address file to be used when we need to reach officials in the LSC.

## Some Musings from the NJS Officials' Chair

As I reviewed this year's meet referees' reports, visited and worked at various meets and now am processing peoples' credentials for 2019, I am struck by several thoughts. We have almost 600 professedly active officials in the LSC. Yet in too many cases, we are woefully short of officials to conduct meets properly.

Earlier this summer, I worked as a deck referee at a session where we had six officials (yes, only six, including the meet referee) to run a ten-lane long course meet session at a silver/bronze meet. It did not feel right or proper for me to make calls on my side of the pool when I would not have seen the infractions if they occurred on the other side of the pool, but I did share my observations with the coaches who truly appreciated the input. How many calls were missed at that session? Who knows, but it was not a good learning experience or fair for the swimmers.

Also, while working several other meet sessions during the spring and summer where we were short of officials, it was noticeable from the swimmers' names that their parents were officials and that some of those officials were sitting in the stands. One even came up to say hello at the end of the meet. When I asked him why he wasn't working the session he said his swimmer was only in one early event. But the swimmer was also in a relay, which is why the official was there until the very end in any case. It has also been noticed frequently that a number of officials are timing rather than officiating. When asked, they told us that timing was only for an hour, whereas the meet session was for three hours. But they were there, sitting in the stands for the whole time while the deck was short of officials.

There are also those self-proclaimed elite officials who only come out for the big meets, and it shows. These are the folks that we need at the Silver and Bronze meets and the Mini Meets to share their expertise and mentor the younger officials.

Finally, looking at the meet experience cards and OTS printouts, I am always amazed at how many officials work the bare minimum number of sessions and how many requests I get for waivers from the session requirements. Re-certification only requires six meet sessions for stroke & turn judges and starters and eight for referees. In addition, credit is given for YMCA championship and approved invitational meets to satisfy up to half of the required sessions. However, every year we have a couple of our more opportunistic officials who try to use work at inter-session distance freestyle events as sessions.

Being certified as an official is a working certification. The more you work, the better an official you will become. We are an important part of the swimmers' learning experiences. The swimmers and coaches put in a lot of time and effort, and we owe it to them to give it the same effort, and that means keeping up with the rules and working, working, working meet sessions to provide fair competitions. Remember, while we understand everyone is volunteers, but being an official is not simply an honorarium.

Thankfully for New Jersey Swimming, we have a strong cadre of officials who work meets where needed and are available, even though they don't have a swimmer in that particular session, meet or even have a swimmer competing any longer. (Thank you, thank you, thank you!) They help to keep the meets going, but this task is up to everyone, not just them.

As we start a new season, I invite each of you to make the commitment to work more sessions this year, to study the rules more carefully so you really know them, to call what you see and see what you call, to be an important part of the teaching process! No one is asking you to be on deck every day of every weekend, just work when your swimmer is swimming. With almost 600 of us, if everyone had worked 10 sessions in 2018 to date, there would have been approximately 18 officials on deck at each session. If everyone just did that, we'd be golden.

Thank you for all you do for swimming in New Jersey and the country.

Ed

## Meet your Officials Committee –

Ed Miller III, Chair and Certification Coordinator      [caefmilleriii@msn.com](mailto:caefmilleriii@msn.com)

Daniel Bibb	<a href="mailto:danielbib@aol.com">danielbib@aol.com</a>	Eric Schott	<a href="mailto:eric.schott@timewarner.com">eric.schott@timewarner.com</a>
Mark Butler	<a href="mailto:butlerms31@gmail.com">butlerms31@gmail.com</a>	Judy Sharkey	<a href="mailto:jmsharkey@aol.com">jmsharkey@aol.com</a>
Christine Jung	<a href="mailto:ChrisLeexx@aol.com">ChrisLeexx@aol.com</a>	Bill Tucker	<a href="mailto:wtucker370@gmail.com">wtucker370@gmail.com</a>
Bruce Petersen	<a href="mailto:bpeter8559@mac.com">bpeter8559@mac.com</a>	Paul Welsh	<a href="mailto:paul_welsh@gbtpa.com">paul_welsh@gbtpa.com</a>

## Stroke and Turn Situations and Resolutions

As a refresher for before the season starts, below are some of many helpful items from the recently released (last March) update to the USA Swimming Stroke and Turn resolutions. More information can be found on the USA Swimming web site.

- 1) A breaststroke swimmer moves his hands in a sculling or flipper movement at the end of the first arm stroke, both after the start and after the turn. Should he be disqualified?  
Recommended Resolution: No, he should not be disqualified. This is legal provided, "All movements of the arms shall be simultaneous and in the same horizontal plane without alternating movement." A sculling motion of the hands, only as a part of the arm stroke, is not considered the beginning of a new stroke. Applicable Rule: 101.2.2
- 2) At the start of the 100-yard breaststroke, a swimmer dives in, and, in this order, executes a butterfly kick, a breaststroke kick, and one arm stroke completely back to the legs. Is this legal?  
Recommended Resolution: No. The rule states, "Throughout the race the stroke cycle must be one arm stroke and one leg kick in that order." By taking a breaststroke kick before the arm stroke, the swimmer's breaststroke is out of cycle. Applicable Rule: 101.2.2
- 3) When a swimmer swims the breaststroke, after each breaststroke kick, his feet travel downward as he recovers and draws the knees forward. Is this legal?  
Recommended Resolution: Yes. This is a natural part of the swimmer's recovery and is not a separate kick. Applicable Rule: 101.2.3
- 4) When a swimmer swims the breaststroke, after each breaststroke kick, his legs move upward, back downward, and then stop, prior to the knees drawing the legs forward during the recovery phase of the kick. Is this legal?  
Recommended Resolution: No. the swimmer is executing a downward butterfly kick after each breaststroke kick, which is not permitted. Applicable Rule: 101.2.3
- 5) In a 13-14 100-yard butterfly event, the turn judge calls a disqualification because the swimmer in lane 6 was not on her breast when leaving the wall at the first turn. Upon further investigation, the referee determines that the judge observed the following sequence of events:  
The turn judge picks up the swimmer in lane 6 as the swimmer is headed away from the wall. The turn judge sees that the swimmer is not on her breast. The turn judge shifts her eyes to the feet of the swimmer and sees that they are off the wall. Should the swimmer be disqualified?  
Recommended Resolution: The swimmer should not be disqualified. The rule requires, "After the start and after each turn, the swimmer's shoulders must be at or past vertical toward the breast." In the sequence that was described, it is possible that the swimmer's feet were still on the wall when the turn judge observed the swimmer not on the breast. By the time the turn judge's eyes had shifted to the feet of the swimmer, the swimmer had left the wall. To give the swimmer the benefit of the doubt, the turn judge must first observe the swimmer leave the wall and then check the position of the shoulders. Applicable Rule: 101.3.2
- 6) When swimming the butterfly, a swimmer's right leg is slightly higher than her left leg. The legs move upward and downward simultaneously and do not alternate in relation to each other. Is this legal?  
Recommended Resolution: Yes, this is legal. The rule states, "All up and down movements of the legs and feet must be simultaneous. The position of the legs or the feet need not be on the same level, but they shall not alternate in relation to each other." For the kick to be considered alternating, the official must observe one foot moving up while the other foot is moving down. Applicable Rule: 101.3.3
- 7) Near the finish of a butterfly race a swimmer starts her final stroke and finds herself too close to the wall to make a full recovery. She ducks her head underwater, and reaches forward from the breast simultaneously with both hands to touch. Is this legal?  
Recommended Resolution: No, this is not legal. The swimmer executed an underwater recovery, which is prohibited in the butterfly. The rule states, "Both arms must be brought forward simultaneously over the water and pulled back simultaneously under the water throughout the race." Applicable Rule 101.3.2
- 8) A senior swimmer has never used the backstroke ledge before. Her coach tells her that all ten of her toes must be in contact with the touchpad in order for her start to be legal. Is her coach correct?  
Recommended Resolution: No. As long as one toe from each foot is in contact with the end wall or face of the touchpad, she is complying with the rule. Applicable Rule: 101.4.1
- 9) During the 50-yard backstroke, a swimmer approaches the turn. When he moves past vertical towards the breast to make a flip turn, he finds himself in contact with the wall. Without doing a flip turn, the swimmer leaves the wall past vertical towards the back. What action should the turn judge take?  
Recommended Resolution: No action is required. The rule states, "During the turn the shoulders may be turned past vertical towards the breast after which an immediate continuous single arm pull or immediate continuous simultaneous double arm pull may be used to initiate the turn. The swimmer must have returned to a position on the back upon leaving the wall." Nothing that the swimmer did violated this rule; there is no requirement for the swimmer to do a flip turn. Applicable Rule: 101.4.3
- 10) A swimmer wants to swim in the style of backstroke during the 200-yard freestyle, and understands that this is legal as freestyle has no stroke or kick requirement. She would like to begin her race with a conventional backstroke start, in the water, with her back facing the course. Is this legal?  
Recommended Resolution: No. The rule states, "The forward start shall be used." Applicable Rule: 101.5.1

- 11) In an intermediate butterfly turn in the 200-yard individual medley, a swimmer is disqualified for touching the wall with only one hand. His coach argues the call, citing that the requirement to touch simultaneously with both hands is a butterfly rule, not an individual medley rule. Should the call be upheld?

Recommended Resolution: Yes, the call should be upheld. The rule states, "Intermediate turns within each stroke shall conform to the turn rules for that stroke." Applicable Rule: 101.6.3A

- 12) A relay take-off judge makes note of an early take-off observation for the second swimmer of the relay team in lane 2. He observed the first swimmer touch the wall, and then observed that the second swimmer had already left the block. Is this a valid observation?

Recommended Resolution: No, this is not a valid observation. A relay take-off judge must observe the next-up swimmer lose contact with the starting platform before checking to see if the swimmer in the pool has finished. By doing this in reverse order, it is very possible that legal exchanges could be called as early take-offs, as the swimmer may leave the block while the judge is shifting his/her eyes. By observing the swimmer lose contact with the starting platform, and then shifting focus to the swimmer in the water, it is ensured that the swimmer always receives the benefit of the doubt. Applicable Rules: 101.7.4F, 101.7.4C

## **NJ Swimming Meet Schedule (September 2018 through January 2019)**

	Meet Name	Meet Location	Level
September			
29	BAC Fall Pentathlon and Mini	BAC COE	Silver/Bronze
29	MB Apple A Day Swim Meet	Neptune Aquatic	None

October			
20-21	XCEL Fall Festival	Princeton University	Meet Cuts
20-21	SVY Champions Classic	Raritan Bay YMCA	Close Approved
20-21	OCY Fall Harvest	Ocean County YMCA	None
20-21	BB Go for the Gold	Raritan Valley CC	None
21	PPST Pentathlon Swim Meet	Rider University	None
27	PAA, CAT and RBY Dual Meet	Peddie School	Close Approved
27	Brigantine Going the Distance	Brigantine Aquatic Club	Distance Only
27-28	BAC Monster Splash Swim Meet	BAC COE	Silver/Bronze

November			
2-4	OCY Great Turkey Invitational	Ocean County YMCA	Close Approved
3-4	EEX Fall Shootout	College of New Jersey	None
4	STAC Great Gobbled Meet	Raritan Valley CC	None
4	RY 8U Gingerbread Mini Meet	Ridgewood YMCA	None
16-18	PPST Fall Rally	Witherspoon School	Nine and Older
16-18	PAA Thanksgiving Classic & Mini	Peddie School	None
17-18	SCAR TYR Distance Derby	Newark Academy	None
17-18	BAC Treasure Island	BAC COE	None
17-18	BB Thankful Swim Meet	Raritan Valley CC	None
23-25	SCAR Fast Times	Raritan Valley CC	None

December			
1-2	BAC Holiday Splash Swim Meet	BAC COE	Silver/Bronze
2	CAT Caitlin Lehman Memorial	Secaucus Swim Center	None
8-9	BB Snowflake Meet	Rutgers University	None
8-9	LHY Big Chill Invitational	Lakeland Hill YMCA	None
8	MB Paul Criscuolo Invitational	Neptune Aquatic	None
14-16	EEX Holiday Classic Invite (Officials OQM)	Rutgers University	P/F – Meet Cuts
14-16	PPST Winter Meet P/F	Witherspoon School	P/F - Meet Cuts
14-16	OCY Winter Classic Invitational	Ocean County YMCA	P/F - Meet Cuts
16	SCAR Artic 12U Swim Meet	Raritan Valley CC	None

January			
4-6	SVY New Year's Splash	Raritan Valley CC	None
5-6	SCAR TYR Winterfest	Rutgers University	Silver/Gold
6	PPST Snowball Mini Meet	Witherspoon School	8 and Under
6	PPST Piranha Mile Swim Meet	Witherspoon School	None
11-13	BAC CeraVe LC Invitational-Closed	Rutgers University	P/F – Meet Cuts
18-20	PTAC Winter Invitational	Princeton University	None
26-27	BAC Pro Bowl Invitational	BAC COE	None

## Officials attending Zone, Sectional and National Meets

Congratulations to the following officials who officiated at meets outside of the NJ LSC. These meets provide the opportunity to meet other officials from across the Eastern Zone and the country. They also provide an opportunity to further develop one's skills and be evaluated for USA Swimming National level certifications.

The officials listed below volunteered at one or more of the following meets – Summer Eastern Zones, Arena Pro Series, USA Swimming Futures and USA Swimming National Championships (Senior Nationals, Junior Nationals) and the Eastern Zone Open Water meet. For those interested in furthering your training within the LSC, you will have an opportunity to be evaluated for such certifications during the EEX Holiday Classic, which qualifies as an OQM, on December 14-16, 2018 at Rutgers University. Also, next summer LC Super Sectionals will be held in NJ on July 18-21 also at Rutgers. These meets will have all N2 and N3 evaluations available as a National evaluator will also be in attendance with a lead CJ. More information on the program can be found on the USA Swimming web site.

Christopher Barry – BAC	Valerie Gibson -LHY	Shiangling Jang – LHY
Louis Hu – LHY	Alex Kolarov – BAC	Ann Leaver – RHSC
Jae Lee – SCAR	Zhongxu Lu – BAC	Gregory Spicka – GMY
Ray Wong – BB		

In addition, congratulations to the following officials attending YMCA LC Nationals at the University of Maryland in August.

Lynn Alexy - SHY	Gina Capizzi – SHY	Bill Carkhuff - SHY
Sirena Carnevale -RBY	Ed Devine – HACY	Ed Eckels - HACY
Sonja Hood – MYM	Paula Horne – WFY	Junko Iizuka – LHY
Chris Jung – MYM	Bach Lequang – HACY	Ed Miller – RY
Matt Murphy - HACY	Bob Piasecki – RBY	Alka Rinkus – RBY
Sandi Rushevics - SVY	Roni Sawin – SVY	Steve Sawin -SVY
Judy Sharkey - UN	Jim Temple – SVY	Gretchen Van de Walle - LHY

## USA Swimming National Championship and Eastern Zone Schedule

### Fall 2018 to Summer 2019

Host	Dates	Meet	Applications	Location	Course
USA	11/28-12/1	USA Winter Nationals	Closed	Greensboro, NC	SCY
USA	12/6-9	USA Winter Jr. Nationals-East	Closed	Greensboro, NC	SCY
USA	12/6-9	USA Winter Jr. Nationals-West	Closed	Austin, TX	SCY
USA	1/9-12	USA TYR Pro Series #1	Open	Knoxville, TN	LCM
ZONE	1/25-27	USA Swimming IMX Games -Eastern Zone	Pending	University of Maryland	SCY
USA	3/6-9	USA TYR Pro Series #2	Open	Des Moines, Iowa	LCM
ZONE	3/28-31	Eastern Sectionals – North	Pending	Ithaca, NY	SCY
ZONE	3/28-31	Eastern Sectionals – South	Pending	Christiansburg, Va.	SCY
ZONE	3/28-31	Eastern Super Sectionals	Pending	Buffalo, NY	LCM
ZONE	4/3-6	Eastern Zone SC Age Group Championships	Pending	Webster, NY	SCY
USA	4/10-13	USA TYR Pro Series #3	Open	Richmond, Va.	LCM
USA	5/17-19	USA TYR Pro Series #4	Open	Bloomington, Indiana	LCM
USA	6/12-15	USA TYR Pro Series #5	Open	TBD	LCM
ZONE	7/18-21	Eastern Zone LC Super Sectional (Official OQM)	Pending	Rutgers, NJ	SCY
USA	7/31-8/4	USA Swimming Summer Nationals	Pending	Palo Alto, Ca.	LCM
ZONE	8/1-4	Eastern Zone Senior Championships	Pending	Buffalo, NY	LCM
USA	8/6-10	USA Swimming Summer Junior Nationals	Pending	Palo Alto, Ca.	LCM
ZONE	8/7-10	Eastern Zone LC Age Group Championships	Pending	Richmond, Va.	LCM
USA	8/8-11	USA Swimming Futures Championships	Pending	Geneva, OH	LCM

**Look forward to seeing everyone on deck this season.**