



## ***Middle Atlantic Open Water Championships***

**Hosted by EHT SEAHAWKS**

<b>SANCTION</b>	
<b>LOCATION</b>	Beesley's Point Sea Doo Marmora, NJ 08223
<b>Date</b>	Saturday August 7th
<b>COURSE DESCRIPTION</b>	SEE RACE MAP BELOW
<b>RACE DIRECTOR</b>	Brian Elko (609-457-2196)
<b>MEET DIRECTOR</b>	ALISON RICCIOTTI (609) 839-8707
<b>MEET REFEREE</b>	Chris Neuman
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"><li>● Open to all USA Swimming member athletes registered prior to day of the race.</li><li>● Must be registered USA Swimming athlete to enter.</li><li>● A one-day MA Swimming/USA Swimming Membership registration is available for this event.</li><li>● One day registration forms attached and due at time of registration.</li><li>● Age on day of race will determine age</li></ul>
<b>DISABILITY SWIMMERS</b>	<p>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</p> <p>The athlete (or the athlete's coach) is also responsible for notifying the Meet Referee of any disability prior to the competition.</p>
<b>FORMAT</b>	Beach start and Beach finish. The 5K will consist of 3 loops. The 1 mile race will consist of 1 loop.
<b>TIMING</b>	Split Second Racing <a href="http://www.splitsecondracing.net">www.splitsecondracing.net</a>

<b>WARM-UPS &amp; WARMDOWNS</b>	<p>Warm up: Available adjacent to the start provided they do not interfere with the race set up.</p> <p>Warm down: Available at adjacent lifeguard protected beaches.</p>
<b>INDIVIDUAL ENTRIES</b>	<a href="https://www.raceforum.com/maswim">https://www.raceforum.com/maswim</a>
<b>REGISTRATION FEES</b>	<p>Pre-registration (CLOSES 8/04/21 at noon):  5K race \$50  1 Mile race \$30</p> <p><b>ALL SWIMMERS MUST CHECK IN ON DAY OF RACE AT EVENT TENT LOCATED ON THE BEACH</b></p> <p><b>No refunds will be given.</b></p>
<b>OFFICIALS</b>	<p><u>Officials Contact:</u>  Chris Neuman @ chrisneuman26@msn.com</p> <p>Volunteer Open Water Officials are welcome and encouraged to officiate.</p>
<b>RULES</b>	<p>Current USA Swimming rules will govern all competition. Any swimmer not turning properly at the buoys will be asked to return to the buoy to take the turn properly. Failure to do so will result in the swimmer being disqualified.</p>
<b>RESULTS/AWARDS</b>	Results will be posted on Raceforum.com
<b>SAFETY</b>  <b>Day of Race Contact(EMERGENCY ONLY) (609)226-5379</b>	<p>OPERATIONAL RISK DIRECTOR: John Schreiner</p> <p>The Meet Referee, Operational Risk Director, and Independent Safety Monitor, in conjunction with the Meet Director, reserve the right to cancel this event if conditions are unsafe. Middle Atlantic Swimming Officials, Atlantic City EMS, and Atlantic City Beach Patrol (ACBP) will provide safety for this event.</p> <p>All participants must attend the mandatory pre-race meetings at the below mentioned time.</p> <p>For safety reasons finger/toe nails must be clipped and no jewelry is allowed with the exception of post earrings. Post earrings will be permitted if they are completely under the athlete’s cap; no hoop earrings will be permitted.</p> <p>Each athlete will be given a card with their “athlete number” on it. This card is used during</p>

	<p>the marking process, as well as given to event staff upon the athlete entering the water. This allows the event staff to know which athletes entered the water. Athletes will be within 100 meters of safety personnel while in the water. The final number of athletes that enter the water will be radioed to the Independent Safety Monitor, Meet Director, Meet Referee, Operational Risk/Safety Director, and all event staff. Course marking officials will radio in to all when the last athlete has past them on the course. If any athletes are picked up during the swim their number will be called in to the finish area and support boats. As the athletes finish their event their number will be recorded and they will be photographed/videoed crossing the finish line. The total numbers of athletes will be tallied at the finish line and radioed to all parties. A list of athletes by number will be provided to the Command Center, Emergency Crafts/Boats, and Officials.</p>
<p><b>PHOTOGRAPHY/VIDEO/DRONES</b></p>	<p>PHOTOGRAPHY AND VIDEO RECORDING: Meet Management has the full authority to restrict any and all photography and visual recording at the event by spectators. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is prohibited in any “Non-Camera Zones” as designated by Meet Management. Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.</p> <p>DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (ocean, pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.</p>
<p>Covid-19</p>	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention,</p>

	<p>senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MIDDLE ATLANTIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>
<b>ATHLETE PROTECTION (MAAPP)</b>	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy (“MAAPP”), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition
<b>VOLUNTEERS</b>	Open Water Officials with certification card are welcomed and encouraged to assist (See OFFICIALS)
<b>DIRECTIONS</b>	
<b>PARKING</b>	ON STREET PARKING IS AVAILABLE

## **RACE SCHEDULE**

8:00 AM Men's 5K Start

8:10 AM Women's 5K Start

10:00 AM 1 mile race start