New Jersey Swimming

2020 13 & Over Bronze Championships

Hosted by Monmouth Barracudas

at the Neptune Aquatic Center

Held under the sanction of USA Swimming

Meet Sanction Info:	**NJ Swimming Sanction #- NJS022820SC** **Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.** It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	**Friday February 28th-Saturday, February 29th, 2020**		
Location:	**Neptune Aquatic Center, 55 Neptune Blvd, Neptune NJ 07753 732-776-2200 Ext: 7061**		
Facility Info:	The Neptune Aquatic Center is a new, state of the art, 8-lane 25 yard facility with Colorado timing and Keifer-McNeil lane lines. The depth of the pool at the starting end is 10' and the depth at the turning end is 5'. There is ample on-deck seating for swimmers and a gallery for spectators. There will be two additional lanes available for warm-up/cool-down throughout the meet.		
Pool Certification Statement:	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.		
Host Team & Contact:	Paul Buerck	732-567-3578	coachpaulmb@aol.com
Meet Director:	Paul Buerck	732-567-3578	coachpaulmb@aol.com
Meet Referee:	Bob Piasecki Sirena Carnevale		r.piasecki30@comcast.net Sirenacarnevale@gmail.com
Admin Officials:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Safety Marshall:	Cheryl Criscuolo	732-642-6244	c14cher@aol.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	**Immediately** *(Note: Teams cannot be closed out of this championship meet provided entries are received by the deadline)*.		
Entry Deadline:	**Wednesday, February 19th, 2020 at 6:00pm**		
Swimmer Age	Swimmer ages for this meet are as of: **Friday February 28th, 2020**		
Entry Fees:	Individual Entry : $6.00	Relay: $9.00	
Meet Course:	Short Course Yards (SCY)		

Meet Format:	• This meet will be run as a timed final meet.
	  • There will be 13 & Over Events
	  • **There are and maximum ("no faster than") time standards for all events in this meet.**
	  • **There are minimum ("faster than") times for the 500 freestyle and 400 IM events.**
	  • **Since this is a New Jersey Swimming Championship Meet, proof of time is required for all individual entries.** (See *Entry Times* section for details).
	• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.		

Entry Limits:	Daily: **3** Individual events **1** Relay	Meet: **6** Individual Events **1** Relays
Checks Payable To:	**Monmouth Barracudas**	
Email Entry Files To:	besmarttinc@gmail.com	
Checks/Waivers:	Bring to the first session of the meet where the team is competing.	

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Friday Order of Events

Facility opens at 4:15pm

Evening Session #1

Friday Evening	**Warm-up: 4:30pm**	**Meet Start: TBA**

Girls	Equal/Faster	Slower	Event	Slower	Equal/Faster	Boys
#1	6:54.99 6:42.19	6:04.99 5:52.19	13-14 500 Freestyle 15 & Over 500 Freestyle	6:03.19 5:31.69	6:53.19 6:21.69	#2
#3		2:39.39 2:30.99	13-14 200 Backstroke 15 & Over 200 Backstroke	2:35.69 2:23.69		#4
#5		2:43.99 2:38.79	13-14 200 Butterfly 15 & Over 200 Butterfly	2:40.59 2:25.59		#6
#7		2:59.89 2:52.69	13-14 200 Breaststroke 15 &Over 200 Breaststroke	2:55.89 2:42.59		#8
#9	6:19.69 6:08.99	5:39.69 5:28.99	13-14 400 IM 15 & Over 400 IM	5:34.29 5:13.19	6:14.29 5:53.19	#10

Saturday Order of Events

Facility opens at 7:00am

Morning Session #2—Boys

Saturday Midday	**Warm-ups: 7:15am**	**Meet Start: TBA**

Event #	Boys' Event	Slower
#11	13-14 100 Freestyle 15 & Over 100 Freestyle	1:01.49 55.39
#12	13-14 200 IM 15 & Over 200 IM	2:34.49 2:20.29
#13	13-14 100 Backstroke 15 & Over 100 Backstroke	1:11.59 1:05.19
#14	13-14 100 Butterfly 15 & Over 100 Butterfly	1:10.99 1:05.59
#15	13-14 200 Freestyle 15 & Over 200 Freestyle	2:14.89 2:01.79
#16	13-14 100 Breaststroke 15 & Over 100 Breaststroke	1:20.39 1:14.99
#17	13-14 50 Freestyle 15 & Over 50 Freestyle	27.99 25.39
#18	13-14 200 Freestyle Relay	
#19	15 & Over 200 Freestyle Relay	

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Saturday Order of Events*...continued*

Facility opens at 7:00am

Afternoon Session #3—Girls

Saturday Afternoon	Warm-ups: TBA	Meet Start: TBA

Event #	Girls' Event	Slower
#20	13-14 100 Freestyle 15 & Over 100 Freestyle	1:02.89 1:01.09
#21	13-14 200 IM 15 & Over 200 IM	2:36.89 2:30.29
#22	13-14 100 Backstroke 15 & Over 100 Backstroke	1:13.59 1:10.19
#23	13-14 100 Butterfly 15 & Over 100 Butterfly	1:13.79 1:09.89
#24	13-14 200 Freestyle 15 & Over 200 Freestyle	2:16.79 2:11.49
#25	13-14 100 Breaststroke 15 & Over 100 Breaststroke	1:22.49 1:19.39
#26	13-14 50 Freestyle 15 & Over 50 Freestyle	28.99 28.19
#27	13-14 200 Freestyle Relay	
#28	15 & Over 200 Freestyle Relay	

Meet Schedule

This schedule is tentative. The final schedule will be developed once entries have been received. It will be e-mailed to coaches of participating teams and published on the meet web site.

Friday, February 28th, 2020		**Warm-up**	**Start**
The facility will open at 4:15pm			
Session 1	500 Freestyle, 400 IM, 200 Strokes	4:30pm	TBA
Friday, February 28th, 2020		**Warm-up**	**Start**
Session 2	Boys	7:15am	TBA
Session 3	Girls	TBA	TBA

Scoring:	Team Scoring will not be kept.
Awards:	In each individual event: • Medals will be awarded for 1st -3rd places for 13-14, and 15 & Over swimmers. • Ribbons will be awarded for 4th-8th places for 13-14, and 15 & Over swimmers. In each relay event medals will be awarded for 1st-3rd place relays
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions and Programs:	• Admission will be $10.00 per session • Heat sheets will be available online at www.besmarttinc.com and meet mobile
Concessions:	Food concessions will be available in the lobby.
Vendor:	A swim vendor will be at the meet.

Locker Rooms:	• **If only one locker room/restroom:** If Athletes and Adults including Coaches & Officials must use the same facility, make sure you are not alone with an athlete in the locker room, including using the restroom. Be proactive and tell the meet director immediately if this happens, even when no fault of your own. • **If multiple facilities:** There is a separate locker room/restroom for athletes ***only.*** All other adults including Coaches & Officials need to make sure that you are only using the facility marked for you.
Entry Info:	• There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. • All entries will be accepted prior to the entry deadline from teams assigned to the meet. • Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. • Team entries will be considered accepted when the host club accepts the entries. • **All entries must be accompanied by e-mailed proof of time (see below). Entries without proof of time will not be accepted.** • **Special Notice**: All entry fees must be paid no later than 1st Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Entry Times:	• New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards. Converted times are permitted. All entry times must meet the time standards for this meet as approved by NJ Swimming. • **All entry times must be proved upon meet entry. This may be done via the "Include proof of time" option when generating the meet entry report.** • **Where the TM proof of time option is not available, separate report(s), detailing where times were achieved must be sent with the entry e-mail. Mailed paper reports are not acceptable.** • **All entry times must be achieved during the meet qualifying period of January 1st, 2019 through the entry date of the meet.**
Entry Amendment Procedures:	Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The process shall be as follows: 1. The meet coordinator will enter each team as the entries are received. 2. An entry report for each team will be e-mailed to that team. 3. Upon receipt of the entry report for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below. 4. After the entry deadline has passed, should a swimmer be missing from the entry list or missing from an event, then the coach can enter the swimmer through the following process: • The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number(s), and entry time(s). • The list of the missing swimmers and their events are then to be e-mailed to the Entry Coordinator no later than 9:00pm on the Wednesday before the start of the meet. Please do not email a Hy-Tek file. • The entry fee for all events entered in this manner will be the regular entry fee for the event, plus an additional $5.00 late fee per entry. This money is payable before the start of the meet. If this fee not be paid, then the swimmer(s) will not be permitted to swim in the amended events in the meet. *Entries which are amended due to a swimmer achieving a new Gold or Silver time after the original entry is submitted do not incur this additional fee.*
Heat Limited Events:	• The 400 IM and 500 Freestyle events on Friday evening may be heat limited so the session may finish at a reasonable time. A determination will be made once entries have been received. • Psych sheets will be published one week before the meet and coaches of swimmers who are removed from these events will receive refunds.

Relays	**Only swimmers that do not have Silver times in the 50 freestyle may swim on relays. A relay team with any swimmer found to have had a Silver time in the 50 freestyle prior to the meet will be disqualified (even after the conclusion of the meet) and the information will be turned over to New Jersey Swimming for possible further disciplinary actions and fines.** (See NJS Policy & Procedures Manual for explanation) • If a swimmer achieves a silver time in an event during the meet they are still eligible to swim in that leg of the relay • All relays must have the correct four names listed in the correct order for that relay to be eligible. Coaches must turn in completed relay cards, prior to the relay swimming • The Meet Referee and/or the meet jury will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet. (See NJ Swimming Policy & Procedures Manual)
Swimmer Eligibility:	• **This is a New Jersey Swimming Championship Meet. As such, only New Jersey Swimming athletes may enter and compete in this meet.** Swimmers may not compete in any event in which they have received a New Jersey Swimming **Silver Time** since January 1st, 2019. • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • **If a swimmer is entered in the meet, and then achieves a Silver time in one or more of their entered events prior to the start of the meet, that swimmer must be removed from that event(s)**. Failure to do so will result in the disqualification of the swimmer (even retroactively), and the swimmer's club may be penalized and/or fined by NJ Swimming for each such infraction. The swimmer will be allowed to substitute another eligible event or the entry fee will be refunded if the swimmer cannot/does not wish to compete in a substitute event. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. • **All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete's inability to swim in this meet.**
Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	• The host club will provide a single timer in each lane throughout the meet, • The host club will e-mail entry verification back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. • Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmarttinc.com no later than 1 week before the meet.
Participating Club Responsibilities:	• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. Parent timers may not use phones/cameras while on the deck. • Participating clubs should help with officiating whenever possible. Officials from the participating clubs should contact the meet referee (see page 1) with their availability.

Coaches Conduct & Eligibility:	• This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP). • Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. • As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needing, and cupping. • All coaches "on the deck" must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. • Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. • All Coaches must have some form of USA coaching credential verification with them at all times.
Officials Conduct & Eligibility:	• This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP). • Make sure all interactions with athletes are observable and interruptible. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. • Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.

Meet Format Waiver:	• This meet will be run in accordance to current USA Swimming Rules.
	• The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:
	  • To allow more swimmers to swim.
	  • To conform to facility capacity limits or for facility safety concerns.
	  • To condense the meet into smaller time frame.
	• Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.

Warm-up Procedures:	• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • Swimming Equipment is **not allowed** in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. • All swimmers are entitled to a fair and comparable warm-up. All teams **must** receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes. • All swimmers must enter the pool feet first from the starting end of the pool. • New Jersey Swimming officials will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. • There will be two 30-minute warm-ups divided by teams.
Check-In:	• All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. • Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
No Show Procedure:	• No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.

Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com **Pre-Meet Information posted on website:** • Meet Information will be posted on the website. • Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. • List Teams whose entries have been received. • List "heat limited" events psych sheet. • List Updated meet schedule. • List Warm-up Schedule and Team Warm-up Assignments. • List Timing assignments. **Post-Meet Information posted on website:** • Downloadable Results (Zipped .CL2 & .HY3 files) for TM • Printable meet results (.PDF file)
Results:	• Meet result files for TM will be emailed to all participating teams. • Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Minor Athlete Abuse Prevention Policy (*MAAPP*)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Tech Suit/Swimwear Policy:	**Swimwear must conform to USA Swimming Rules:** • Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition. • Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (eg: kinesio tape) on any part of the body • Pursuant to USA Swimming Rule 205.10.1, it is permissible for the swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Hotels:	• Holiday Inn Express 3510 Highway 66, Neptune NJ 732-922-9600 • Residence Inn Neptune at Gateway Center, 230 Jumping Brook Rd, Neptune NJ 732-643-9350
Directions:	***Google Maps: https://goo.gl/maps/UJtoiJy17TQM1VaY8*** Take the Garden State Parkway South to exit 100B (Route 33 East/Ocean Grove/Bradley Beach). Continue along Route 33 East for approximately 3.4 miles to Neptune Boulevard, which is the ninth traffic light (just past the Jersey Shore University Medical Center). Make a left turn onto Neptune Boulevard. Neptune High School is on the left, just past the township municipal building. The pool is at the north of the High School: you must turn onto Heck Avenue (It is not in the athletic building).

2020 NJS/MB
13 & Over Bronze Championships
Friday-Saturday February 28th-29th

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Neptune Aquatic Center, Monmouth Barracudas, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for the **NJ Swimming/Monmouth Barracudas 13 & Over Bronze Championships** meet on **February 28th-29th, 2020** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to $100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or **Parent/Guardian** _____

Telephone _____ **E-Mail Address** _____

Name(s) of Coach(es): _____

_____

Name/E-Mail/Phone Number of person to contact regarding this entry:

_____

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

_____

Entry Fee Summary:	_____	Individual event entries @ $6.00 =	$_____
	_____	Surcharge/per swimmer/day @ $10.00 =	$_____
	_____	Relay event entries @ $9.00 =	$_____
		Total:	$_____

Make checks payable to: **Monmouth Barracudas**