**Applying for a Sanction:**

If your club is interested in hosting a meet during the period of May 1PstP through August 31PstP, your Sanction Application, sanction fee, and meet packet must be received by September 24, 2019 at 9PM. All applications are to be submitted electronically (<http://niagaraswim.org> -> Swim Guide -> Meet Management -> Applying for a Sanction). Do not send paper copies via mail. All payments may be sent to:

Eric Stimson

1185 Doebler Drive

North Tonawanda, NY 14120

Before bidding for any meet, please make sure to follow all the guidelines and instructions found in the sanction application. Only submit bids for meets that you are certain that you have the logistical and technical ability to host. Once the calendar is approved, the meet becomes part of the competitive calendar and integral to the overall programmatic direction of the LSC.

**Niagara LSC meets are under the guidance of the Technical Planning Committee.** Clubs selected to host these meets must agree to run a format designed by the Committee. The meet host does not have the authority to alter any meet details specified by the Technical Planning Committee without prior approval of the Committee.

Clubs bidding for meets on open dates need to be aware that you may have to change your date if something unforeseen occurs, or if there are conflicts with Niagara, Eastern Zone or Speedo Champions series meets within the geographical area of Niagara Swimming.

If you are bidding on more than one open date meet, please prioritize them.

Per Niagara Policies and Procedures 202.2: Each geographic region [Buffalo, Rochester, Southern Tier and Syracuse] will be permitted two ‘open meet’ sanctions on the calendar for any given date. The second sanction will be issued as long as one meet is an LCM format. Unlimited ‘restricted meet’ sanctions will be permitted when there is no open meet on the calendar for any given date.

When designing your meet formats, you must to adhere to the USA Swimming 4-hour rule 205.3 F: “*With the exception of championship meets, the program in all other age group competition shall be planned to allow the events for swimmers 12 years and younger to be completed in 4 hours or less for a timed finals session or in a total of 8 hours or less per day for a preliminaries and finals meet*.” Ensure that your Order of Events and age category detail does not allow swimmers aged 12 or less to swim in more than one session, as this would likely exceed 4 hours.

Any questions about the bidding process should be directed to [30Tsanctions@niagaraswim.org](mailto:sanctions@niagaraswim.org)30T.

**Niagara Meets:**

Dates in which Niagara designated meets are held are closed to other meets within the LSC. This restriction does not apply to the Super Circuit meets.

**Niagara Super Circuit - Open bids accepted.**

This Niagara program is a series of long-course meets. The meets will be single session LCM meets consisting of 8-12 events and lasting less than 4 hours.

The Super Circuit meets are designed for either Saturday or Sunday, but weekday meets are a possibility with approval from Technical Planning. Hosts whose bids are approved at HOD are eligible for a $1,000 stipend from Niagara Swimming to assist with facility rental costs.

For the 2019-2020 fiscal year, $9,000 is budgeted for Super Circuit meets. Each geographic region will be allotted $3,000 (Syracuse/Southern Tier, Rochester, and Buffalo). If the $9,000 is not fully allocated at the Fall HOD meeting, other geographic regions can bid on additional Super Circuits starting April 1st, 2020. Those bids will be handled on a first come first serve basis and require approval from the Board of Directors.

### Niagara Long Course Championships - Open bids accepted.

### This meet will be a 3.5-day championship long course format meet. Prelims/Finals split into 2-3 session per day. A 6-8 (preferred) lane 50-meter facility. Technical Planning will work with meet host to implement format.

**Niagara Open Water Championship - Open bids accepted.**

This is a single day meet. We are linking this meet to the weekend of the Niagara LC Championship to help promote attendance to this meet. Although there is a tie-in, there are no restrictions as to where the two meets can be held (one meet may be in Buffalo, the other in Syracuse). USA Swimming has initiated rigid requirements for hosting Open Water meets. Host clubs submitting bids need to ensure they have thoroughly reviewed the requirements for hosting the event and include in their bid package confirmation that they will be able to meet the requirements.

### Niagara Sizzler - Open bids accepted.

### This is a 2-day short course format meet to be held in any 6+ lane facility. Format and event list to be determined at a later time. Technical Planning will work with meet host to implement the format.

**2020 Schedule Overview**

|  |  |  |
| --- | --- | --- |
| **Date** | **Meet/Event** | **Location** |
| TBD | Eastern Zone Meeting | TBD |
| TBD | Niagara Spring HOD | TBD |
| May 28-31 | Eastern Zone Super Sectionals | Collegiate School Aquatic Center, Richmond, VA (hosted by Virginia Swimming) |
| June 27 | Zone Open Water Championship | Lake Quassapaug, Middlebury, CT (hosted by Shoreline Aquatic Club) |
| July 23-26 | Niagara LSC LC Championship | TBD |
| Aug 4 – 8 | Combined US Open and Speedo Junior Nationals | Indianapolis, IN |
| August 5-8 | Eastern Zone Age Group Championships | Liberty University, Lynchburg, VA (hosted by Virginia Swimming) |
| August 6-9 | Long Course Senior Zone Championships | Buffalo, NY (hosted be STAR Swimming) |

**Please note: all Niagara weekends, including Super Circuit recommendations, are not final until the calendar is approved by the HOD. These are simply recommendations for weekends that have worked in the past or have fit in recent calendars. They are not fixed dates and clubs are encouraged to work with technical planning to bid on dates that are different. Also, the date of HOD is a recommendation and may be modified from the floor by the HOD.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **May** **2020** | | | | | | |
| **S** | **M** | **T** | **W** | **T** | **F** | **S** |
|  |  |  |  |  | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 Eastern Zone Super Sectionals | 29 Eastern Zone Super Sectionals | 30 Eastern Zone Super Sectionals |
| 31 Eastern Zone Super Sectionals |
| **June 2020** | | | | | | |
| **S** | **M** | **T** | **W** | **T** | **F** | **S** |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 Zone Open Water Championships |
| 28 | 29 | 30 |  |  |  |  |
| **July 2020** | | | | | | |
| **S** | **M** | **T** | **W** | **T** | **F** | **S** |
|  |  |  | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23  Niagara LSC LC Championships | 24  Niagara LSC LC Championships | 25  Niagara LSC LC Championships |
| 26  Niagara LSC LC Championships | 27 | 28 | 29 | 30 | 31 |  |
| **August 2020** | | | | | | |  |  |  |  | Niagara Sizzler |
| **S** | **M** | **T** | **W** | **T** | **F** | **S** |
|  |  |  |  |  |  | 1 |
| 2 | 3 | 4 US Open &  Junior Nationals | 5 US Open &  Junior Nationals | 6 US Open &  Junior Nationals | 7 US Open &  Junior Nationals | 8 US Open &  Junior Nationals |
| EZ Age Gr Zones | EZ Age Gr Zones | EZ Age Gr Zones | EZ Age Gr Zones |
| EZ LC Sr Zones | EZ LC Sr Zones | EZ LC Sr Zones |
| 9 EZ LC Sr Zones | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 |

|  |
| --- |
| Yellow – Niagara Swimming Designated Meet – Closed from any additional sanction |
| Green – USA Swimming Meets |
| Blue – Eastern Zone Age Group Meets |
| Red – Eastern Zone Senior Meet |
| Orange – Eastern Zone Super Sectional Meet |