



USA Swimming Safe Sport Club Recognition Program Training

In this time of social distancing finding ways to connect to athletes and parents becomes even more important. This is a great time to get your club Safe Sport Recognized and required training is a part of that recognition. While parents and athletes can take the training through the USA Swimming Learn platform (learn.usaswimming.org) on their own time, clubs can also use this time to do it together. Here are a couple options to successfully complete the required parent and athlete training while staying connected at a distance.

Option 1- Conduct the training as a team through a virtual meeting

Using resources like Zoom is a valuable way to get the training done and check in with your parents and athletes. Remember to stay in compliance with the Minor Athlete Abuse Prevention Policy while working with your minor athletes through virtual meetings:

- If you are meeting with only one athlete, that athlete's guardian/parent must also be included.
- If you are meeting with multiple athletes, another adult must also be included.
- The meeting must be held between the hours of 8am-8pm.

Steps to training:

1. Conduct a virtual meeting with athletes or parents by sharing your screen and viewing the training course together. When you share your screen be sure that you also share the sound from your computer as well so those watching can hear the videos from the training.
 - **Parents course:** Parent's Guide to Misconduct in Sport
 - **Athlete course:** Safe Sport for Athletes
2. Take attendance. A simple way to do this is to have everyone send their name through the chat function.
3. Send the list of the attendees to ssrp@usaswimming.org and we will update your team portal.
4. All done!

Option 2- Let the USA Swimming Safe Sport team conduct the training

Scheduling a time to get all your athletes or parents together can be a challenge. We have set up a weekly training schedule for parents and athletes to assist you with this. We will do the work; all they have to do is attend.

Steps to training:

1. Starting April 22nd, athletes and parents need only attend one of the weekly Zoom trainings
Parents: Every Wednesday 3:00-4:00pm EST
<https://zoom.us/j/93724361466?pwd=OVF4RFINZFpaMHhqSEVVRGwzbmpQUT09>
Athletes: Every Thursday 3:00-4:00pm EST
<https://zoom.us/j/97633664936?pwd=YnpXZmljME5PcldacW9ZQ0w5YTFIZz09>
Coaches: Every Friday 3:00-4:00pm EST
<https://zoom.us/j/98698656108?pwd=NzQ5TGdjWkRDc0lrcK9tWHpJL1hkQT09>
(The coaches training is not a requirement of SSRP. This session will walk coaches through how to become a Safe Sport Recognized Club and how to communicate their Safe Sport initiatives to their membership.)
2. Attendance will be taken during the training.
3. USA Swimming Safe Sport Staff will update your club's training numbers after the training.
4. All done!