

# 2016 Winter Niagara Championship Time Standards

## Qualifying period 9/1/14 - Entry Deadline

Girls		10 & Under			Boys	
LCM	SCM	SCY	Event	SCY	SCM	LCM
38.59	36.39	32.79	<b>50 free</b>	33.19	36.89	38.99
1:26.89	1:22.29	1:14.09	<b>100 Free</b>	1:15.29	1:23.59	1:28.19
3:10.89	3:01.19	2:43.19	<b>200 Free</b>	2:44.49	3:02.59	3:12.39
6:53.29	6:21.89	7:14.99	<b>500 Free</b>	7:17.19	6:23.79	6:55.39
45.39	43.19	38.89	<b>50 Back</b>	40.19	44.69	46.89
1:40.39	1:35.49	1:25.99	<b>100 Back</b>	1:26.79	1:36.39	1:41.39
51.99	49.19	44.29	<b>50 Breast</b>	46.19	51.29	54.19
1:53.09	1:47.29	1:36.59	<b>100 Breast</b>	1:41.59	1:52.79	1:58.89
44.99	42.79	38.49	<b>50 Fly</b>	39.79	44.19	46.49
1:47.59	1:42.49	1:32.29	<b>100 Fly</b>	1:36.09	1:46.69	1:51.99
	1:34.39	1:24.99	<b>100 IM</b>	1:27.99	1:37.69	
3:36.89	3:26.29	3:05.79	<b>200 IM</b>	3:09.99	3:30.89	3:41.69

LCM	Girls SCM	SCY	11-12 Event	SCY	Boys SCM	LCM
33.99	31.99	28.79	50 free	29.29	32.59	34.49
1:14.19	1:10.09	1:03.09	100 Free	1:04.59	1:11.69	1:15.89
2:42.19	2:33.39	2:18.19	200 Free	2:23.99	2:39.89	2:48.79
5:50.59	5:22.99	6:08.99	500 Free	6:24.99	5:37.29	6:05.79
11:59.79	11:46.99	13:26.39	1000 Free	13:23.99	11:44.79	11:57.59
39.59	37.69	33.89	50 Back	34.89	38.79	40.79
1:24.59	1:20.19	1:12.19	100 Back	1:15.49	1:23.79	1:28.39
3:04.09	2:55.39	2:37.99	200 Back	2:42.59	3:00.49	3:09.39
46.49	42.59	38.29	50 Breast	40.29	44.79	47.39
1:38.09	1:32.69	1:23.49	100 Breast	1:26.49	1:36.09	1:41.49
3:33.29	3:22.09	3:01.99	200 Breast	3:06.19	3:26.69	3:38.19
42.99	37.69	33.89	50 Fly	34.09	37.89	39.99
1:26.29	1:21.99	1:13.79	100 Fly	1:16.19	1:24.59	1:29.09
3:23.99	3:14.19	2:54.89	200 Fly	2:51.09	3:09.99	3:19.59
	1:21.99	1:13.79	100 IM	1:15.99	1:24.39	
3:06.09	2:56.49	2:38.99	200 IM	2:43.99	3:02.09	3:11.79
6:44.29	6:24.09	5:45.99	400 IM	5:48.99	6:27.39	6:47.79

	Girls		13-14		Boys	
LCM	SCM	SCY	Event	SCY	SCM	LCM
31.39	29.59	26.59	50 free	25.89	28.79	30.59
1:08.29	1:04.39	57.99	100 Free	56.29	1:02.49	1:06.39
2:27.89	2:19.69	2:05.79	200 Free	2:03.89	2:17.59	2:25.69
5:20.19	4:54.39	5:36.99	500 Free	5:34.99	4:52.59	5:18.29
10:46.19	10:33.39	12:03.99	1000 Free	11:58.99	10:28.89	10:41.69
20:58.49	20:34.49	20:45.99	1650 Free	20:03.89	19:51.99	20:15.99
1:17.29	1:13.19	1:05.89	100 Back	1:05.19	1:12.39	1:16.49
2:49.19	2:40.99	2:24.99	200 Back	2:21.99	2:37.69	2:45.69
1:30.19	1:25.19	1:16.69	100 Breast	1:15.39	1:23.69	1:28.69
3:17.19	3:06.49	2:47.99	200 Breast	2:44.99	3:03.19	3:13.79
1:18.09	1:14.09	1:06.69	100 Fly	1:04.99	1:12.19	1:16.19
2:56.59	2:47.79	2:31.09	200 Fly	2:24.99	2:40.99	2:49.59
2:47.69	2:38.79	2:22.99	200 IM	2:21.99	2:37.69	2:46.49
6:08.69	5:49.69	5:14.99	400 IM	5:09.99	5:44.09	6:02.89

	Girls		15 & Over		Boys	
LCM	SCM	SCY	Event	SCY	SCM	LCM
30.39	28.59	25.69	50 free	23.39	25.99	27.69
1:05.69	1:01.89	55.69	100 Free	50.49	56.09	59.69
2:20.09	2:12.09	1:58.99	200 Free	1:50.49	2:02.69	2:10.29
5:08.89	4:43.79	5:25.09	500 Free	5:06.79	4:27.49	4:51.49
10:18.49	10:05.69	11:32.99	1000 Free	10:52.99	9:29.99	9:42.79
20:24.79	20:00.79	20:12.59	1650 Free	19:05.99	18:53.49	19:17.49
1:14.29	1:10.29	1:03.29	100 Back	59.29	1:05.89	1:09.69
2:43.09	2:35.09	2:19.69	200 Back	2:09.19	2:23.49	2:30.99
1:25.39	1:20.49	1:12.49	100 Breast	1:06.79	1:14.19	1:18.89
3:07.69	2:57.29	2:39.69	200 Breast	2:29.99	2:46.49	2:56.49
1:11.79	1:07.99	1:01.19	100 Fly	57.19	1:03.49	1:07.19
2:46.49	2:37.99	2:22.29	200 Fly	2:12.99	2:27.69	2:35.79
2:39.99	2:31.29	2:16.29	200 IM	2:09.09	2:23.29	2:31.69
5:50.89	5:32.49	4:59.49	400 IM	4:43.19	5:14.39	5:32.09