

2023 Niagara Championship Time Standards
 Qualifying period 09/01/2021 to entry deadline

LCM	Girls SCM	SCY	Open Meet Event	SCY	Boys SCM	LCM
30.29	29.29	26.39	50 free	23.99	26.69	27.69
1:05.49	1:03.49	57.19	100 Free	52.49	58.29	1:00.29
2:24.99	2:20.99	2:06.99	200 Free	1:54.99	2:07.69	2:11.69
5:09.49	5:03.09	5:34.99	500/400 Free	5:12.99	4:43.59	4:49.99
10:41.19	10:28.39	11:34.99	1000/800 Free	11:07.99	10:04.39	10:17.19
19:49.99	19:25.99	19:19.99	1650/1500 Free	18:46.39	18:52.39	19:16.39
1:14.19	1:12.19	1:04.99	100 Back	1:01.49	1:08.29	1:10.29
2:45.49	2:41.49	2:25.49	200 Back	2:16.99	2:32.09	2:36.09
1:26.99	1:24.99	1:16.49	100 Breast	1:09.49	1:17.19	1:19.19
3:08.29	3:04.29	2:45.99	200 Breast	2:35.99	2:53.19	2:57.19
1:14.49	1:12.49	1:05.29	100 Fly	58.99	1:05.49	1:07.49
2:52.79	2:48.79	2:31.99	200 Fly	2:19.99	2:35.39	2:39.39
NA	1:16.09	1:08.49	100 IM	1:03.99	1:11.09	NA
2:42.79	2:38.79	2:22.99	200 IM	2:13.99	2:28.79	2:32.79
5:44.39	5:36.39	5:02.99	400 IM	4:44.99	5:16.39	5:24.39