***2013 BSSC Great White Challenge***

**Hosted by the Baldwinsville Sharks Swim Club**

Saturday, February 2, 2013

*Niagara District Sanction # NI-1213-037*

**Location:** C.W. Baker (Baldwinsville) High School

29 East Oneida Street

Baldwinsville, NY 13027

**Time:** Session 1: 8 & Under, 13 & 14, Open Swimmers

Warm-up: 7:30 AM

Meet Begins: 8:30 AM

Session 2: 9 & 10, 11 & 12 Swimmers

Warm-up: 12:30 PM

Meet Begins: 1:30 PM

**Facilities:** Four-lane, 25-yard pool with non-turbulent lane dividers and a Daktronics, Inc. electronic touchpad timing system with four lane readout. The competition pool has not been certified in accordance with 104.2.2C(4).The pool depth at the start end is 8’6” at a 1 meter wall distance and 7’ at a 5 meter wall distance. The pool depth at the turn end is 3’6” at a 1 meter wall distance and 4’ at a 5 meter wall distance. The starting blocks are in the deep end of the pool. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is prohibited. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Cafeteria to be used for swimmer staging. Cafeteria is available throughout the day for refreshments.

**Entries:** **Entries are preferred in electronic format compatible with Hy-Tek Meet Manager program, and may be submitted via e-mail or on diskette.** Handwritten entries may be submitted on the attached grid sheets. All entrants must be registered members of USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in article 302. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Any club, which enters an athlete in a meet, who is not duly registered through that club at the time of entry, will be fined the sum of $100 per athlete, per such meet. The fine applies either when the athlete is unregistered or has not properly transferred registration.**

Age on the day of the meet applies. Swimmers’ registration numbers must be included on all entries. Entry times are required for seeding purposes. **Swimmers are entitled to swim 4 individual events and 1 relay.** No deck entries will be accepted. It is preferable that if a swimmer does not have an established time in an event, an approximated time be entered. The Meet Director may limit the number of entries to ensure that each session is in compliance with the USA Swimming 4-hour rule.

**Entry fees:** Entry fee of $3.50 per individual event and $12.00 per relay. There will be a $5.00 deck fee per participant.

***Make checks payable to the Baldwinsville Sharks Swim Club***.

E-Mail and/or Mail all entries to:

**Carl Foriero, 6396 Killoe Rd., Baldwinsville, NY 13027**

**(315) 303-4097 cforiero@twcny.rr.com**

**Deadline: The entry deadline is Saturday, January 26, 2013.**

**Directions:** NYS Thruway East or West to Exit 39. Route 690 North/West to Baldwinsville exit (Route 370 exit just past Seneca River). Take left on Route 370 east towards Baldwinsville. Take left at fork (just past the Red Apple gas station/convenience store) onto Oneida Street. Take Oneida Street straight through stoplight (Oswego Street Intersection). Take next left at stop sign. Baldwinsville High School is the first school on the left. **From Route 31 (east or west)**: Take Route 31 into downtown Baldwinsville. Turn onto Route 48 heading north. Take second right onto Oneida Street and follow directions above to school. (Also, see attached Map)

**Meet Director:** Scott Farnett **Meet Marshal:** Kristin Walker

(315) 303-4215 (315) 345-7874

farnett4@hotmail.com kwalke2@verizon.net

**Refreshments:** Snacks and refreshments will be available throughout the meet at a concession stand, located in the cafeteria for swimmers and spectators. A lunch/snack will be provided for the coaches and officials.

**Supervision:**  Coaches and parents are responsible for the conduct of their swimmers at all times. An adult should be present in the gym/cafeteria with the swimmers to ensure proper behavior. Swimmers behaving improperly will be barred from further competition at this meet.

**Insurance:** All coaches and officials shall display their USA Swimming registration cards while on deck to ensure insurance coverage.

**Awards:** **Individual Events:** Medals will be awarded for Top Three places (in each category G-S-B) in all age groups. Ribbons awarded for 4th through 8th place in each category (G-S-B).

**Relays:** Medals first place, ribbons for second and third. There are no G-S-B divisions for relays.

**Heat Ribbons:** Will be awarded on deck at the end of each heat.

**Team Awards:** Swimmers will not be allowed to pick up awards. Each team must designate a representative to pick up all awards for their team. There will be no team scoring.

**Eligibility:** All swimmers with current USA Swimming registration are eligible to compete. Registration card numbers must appear on the official entry form. The Baldwinsville Sharks Swim Club reserves the right to limit entries to ensure that each session is in compliance with the USA Swimming 4-hour rule. **No team entry is complete without the waiver signed.**

**Seeding:** The Meet will be pre-seeded. Swimmers must check in and get cards from Clerk of Course or be scratched. Swimmers will be escorted from the gym/cafeteria to the pool. It is the swimmer’s responsibility to be at the blocks when his/her event and heat is called.

**Rules:** This Meet is held under the sanction of USA Swimming. Electronic timing will be used; therefore, swimmers must hit the touch pads at the finish to register their official times.

**Officials:** Anyone currently certified as a USAS Official interested in officiating any session of the meet may contact the BSSC Head Coach, Ken Margrey at jmargrey@twcny.rr.com or (315) 635-6387.

**Timers:** The Baldwinsville Sharks Swim Club will supply lane timers.

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Warm-up Procedures

• In the interest of safety, the following warm-up procedures will apply in this Niagara Local Swimming Committee (LSC) Sanctioned Meet.

**Pre-Meet Warm-up**

• Control/supervise – This is key for safe warm-ups

• Marshal will be actively supervising the warm-ups to ensure that proper procedures are followed

**General Warm-up Period**

• The first 30 to 45 minutes are for general warm-ups in all lanes

• There shall be **NO DIVING** off the blocks or the edge of the pool at this time

• No sprinting or pace work

**Specified Warm-up Period**

• Last 30-45 minutes of pre-meet warm-up period

• Each lane will be scheduled as follows (by the direction of the Marshal):

• Lanes 1 & 4 – Racing starts only off blocks. Swim one length only. All swimmers begin at start end of pool.

• Lanes 2 & 3 – General warm-up only (as above) **NO DIVING**

**Important Points for Specific Warm-up Period**

• No diving in lanes other than those designated for racing dives. The blocks will be marked.

• Start all swimmers in all lanes at the starting end of pool.

• Coaches should stand at the starting end of the pool when verbally starting swimmers.

• Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one will be allowed on the starting block until backstroke start is executed.

• The announcer will announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.

• Coaches should maintain as much contact with their swimmers as possible – verbal and visual throughout the warm-up period.

• The coaches should understand that the responsibility for supervision of their swimmers is the same at this meet as when on deck at practice.

• Marshals have the authority over the warm-up. A swimmer or coach may be removed from the deck for interfering with the Marshal.

• When the number of participants for a session cannot be safely accommodated during the same warm-up period, the warm-up sessions will be split to provide a safe and adequate warm-up time for all.

• The meet referee shall have responsibility for establishing and enforcing rules for safe conduct within the pool area during the swimming competition.

• The meet safety committee will have responsibility for rules in all other areas during competition and will assist the meet referee in the pool area, if necessary.

• The meet safety committee shall have any person deliberately violating safety rules removed from the meet facility.

• There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.

• Warm-up procedures shall be enforced for any breaks scheduled during the competition. Discretion and common sense must be used when establishing procedures. The meet referee, according to the needs of the meet, may modify the above procedures.

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Mailing Address*:* Carl Foriero, 6396 Killoe Rd., Baldwinsville, NY 13027 Phone: (315)303-4097 e-mail: **cforiero@twcny.rr.com**

Entries are preferred in format compatible with Hy-Tek Meet Manager Program by diskettes or E-mail.

**Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Team Abbr.: \_\_\_\_\_\_\_**

**Contact Person: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone No.: \_\_\_\_\_\_\_\_**

**Total No. of Swimmers: \_\_\_\_\_\_\_\_\_ x $5.00 = \_\_\_\_\_\_\_\_\_\_\_\_**

**Total No. of Individual Entries: \_\_\_\_\_\_\_\_ x $3.50 = \_\_\_\_\_\_\_\_\_\_\_**

**Total Number of Relay Entries: \_\_\_\_\_\_\_ x $12.00 = \_\_\_\_\_\_\_\_\_\_\_\_**

**Total Enclosed =\_\_\_\_\_\_\_\_\_\_\_\_**

**Make Checks Payable to: *Baldwinsville Sharks Swim Club***

**\*\*All Entries must be received no later than January 26, 2013\*\***

Send Meet Results To: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone No. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Entry Waiver:

**All of the swimmers entered are registered members of USA Swimming. I also release USA Swimming, Niagara Swimming Inc., the Baldwinsville Schools, and the Baldwinsville Sharks Swim Club from any liability resulting from any injury suffered by any of our swimmers or spectators.**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club Representative Date

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Entry Form

Club Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Code:\_\_\_\_\_\_\_\_\_\_\_\_\_

Prepared by:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coached by:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

USA Swimming #

Name

Event #

Time

Event #

Time

Event #

Time

Event #

Time

Event #

Time

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**Relay Entry Form**

(Swimmer names optional)

Event #

and ID

(A,B,etc)

Entry

Time

Swimmer 1

Swimmer 2

Swimmer 3

Swimmer 4

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***SESSION 1:* 8 & Under, 13/14, Open Swimmers**

**Warm-up 7:30 AM**

**Meet begins @ 8:30 AM**

**GIRLS**

**EVENT**

**BOYS**

1

Open

200 Yard I.M.

2

3

8 & Under

25 Yard Freestyle

4

5

13 & 14

50 Yard Freestyle

6

7

Open

50 Yard Freestyle

8

9

8 & Under

25 Yard Backstroke

10

11

13 & 14

100 Yard Backstroke

12

13

Open

100 Yard Backstroke

14

15

8 & Under

25 Yard Breaststroke

16

17

13 & 14

100 Yard Breaststroke

18

19

Open

100 Yard Breaststroke

20

21

8 & Under

25 Yard Butterfly

22

23

13 & 14

100 Yard Butterfly

24

25

Open

100 Yard Butterfly

26

27

8 & Under

50 Yard Freestyle

28

29

13 & 14

100 Yard Freestyle

30

31

Open

100 Yard Freestyle

32

33

Mixed 8 & Under\*

100 Yard Freestyle Relay

33

34

Mixed Open\*

200 Yard Freestyle Relay

34

\*Mixed relay teams must have at least 1 girl on them.

***SESSION 2: 9/10 and 11/12 Swimmers***

**Warm-up 12:30 PM**

**Meet begins @ 1:30 PM**

**GIRLS**

**EVENT**

**BOYS**

35

9 & 10

100 Yard I.M

36

37

11 & 12

100 Yard I.M

38

39

9 & 10

50 Yard Freestyle

40

41

11 & 12

50 Yard Freestyle

42

43

9 & 10

50 Yard Backstroke

44

45

11 & 12

50 Yard Backstroke

46

47

9 & 10

50 Yard Breaststroke

48

49

11 & 12

50 Yard Breaststroke

50

51

9 & 10

50 Yard Butterfly

52

53

11 & 12

50 Yard Butterfly

54

55

9 & 10

100 Yard Freestyle

56

57

11 & 12

100 Yard Freestyle

58

59

Mixed 9 & 10\*

200 Yard Freestyle Relay

59

60

Mixed 11 & 12\*

200 Yard Freestyle Relay

60