



**2021 Coral Springs Open Invitational**  
**Coral Springs, FL – April 24 - 25, 2021**



**SANCTIONED BY:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No.

In granting this approval it is understood and agreed that USA Swimming and Florida Gold Coast Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19

**HOSTED BY:** CORAL SPRINGS SWIM CLUB

**INVITED TEAMS:** **Heritage Aquatic Team, Hurricane Aquatics, Sunrise Swimming, Gulliver, Swim Fort Lauderdale and Midtown Weston Aquatics.**

**LOCATION:** Coral Springs Aquatic Center, 12441 Royal Palm Blvd., Coral Springs, FL 33065, Tel 954-345-2121

**DIRECTIONS:** Coral Springs Aquatic Complex: If taking 1-95, take Copans Road exit and go west approx. 10 miles. Copans turns into Royal Palm Blvd., after crossing 441. The Aquatic Complex will be on the right-hand side ½ mile after crossing Coral Ridge Drive. If taking Sawgrass Expressway, exit on Sample Road East.  
Continue East on Sample to first light, Coral Ridge Drive. Turn Right onto Coral Ridge, continue South to Royal Palm Blvd. Turn right onto Royal Palm. The Aquatic Complex will be on the right-hand side (1/2 Mile).

**DATE & TIME:** **Saturday, April 24, 2021**  
Session I Warm up: 7:00 am Start of meet: 8:30 am  
Session II Warm up: 15 min after session I Start of meet: TBA

**Sunday, April 25, 2021**  
Session III Warm up: 7:00 am Start of meet: 8:30 am  
Session IV Warm up: 15 min after session III Start of meet: TBA

**Meet director reserves the right to change meet warm-up, start times, or drop so some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.**

**POOL/TIMING:** 50 meters x 25 yards heated outdoor pool, 50 meter-course racing lanes with separate warm-up and swim-down lanes available. Daktronics timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2(C). Water depth at the start varies from 5'5 to 8'0 depending on lane assignment accordance with 202.3.7 (C).

**CAMERA FREE ZONE:** The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**IMAGE AUTHORIZATION:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**CONFLICT OF INTEREST:** Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

**RULES:** Current USA Swimming Rules will govern this meet.  
  
Public Health and Safety mandates and guidelines of the State of Florida, Broward County, Coral Springs, Coral Springs Aquatic Complex and Coral Springs Swim Club will be enforced.

Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**ELIGIBILITY:** Open to all current 2021 USA swimming athletes registered in Florida Gold Coast Swimming and affiliated with **an invited** Florida Gold Coast Swimming registered club. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. The host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

**DECK CHANGE:** Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.

**DISABILITY ATHLETES:** Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations – 954-629-3092 – [cscswimentries@gmail.com](mailto:cscswimentries@gmail.com)

**ENTRY:** All entries must be received by Wednesday, April 14, 2021. PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only) E-mail to [cscswimentries@gmail.com](mailto:cscswimentries@gmail.com) fax: **NO faxed entries** Confirmation for electronic entries will be sent via e-mail. \*\* Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 954-340-5032

**NOTE:** Swimmers without registration number or birth dates will not be entered. \*\*\*Entry Fees will be Doubled if not entered electronically.

**ENTRY LIMIT:** Individual events: Three (3) individual events per swimmer per session.

**MEET CAP:** The meet will be capped at **150** athletes per session on a first comes first basis.

**DECK ENTRIES:** Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.

**ENTRY FEES:** **\$5.00 per individual event. No deck entries will be allowed for this meet.**

**SPECTATORS:** No spectators will be allowed in the meet.

**FACILITY SURCHARGE: \$15.00 per swimmer**

\*Entry fees are made payable to CSSC (note: one check per team)

**REFUNDS:** Once the team or individual entry has been received and processed, there will be no refunds unless FGC rule 1. 17a.i.v applies.

**SEEDING:** Use LCM times only for entries. All events will be seeded fastest to slowest.

**AWARDS:** Individuals Event: Ind. medals 1<sup>st</sup> – 3<sup>rd</sup>, ribbons 4<sup>th</sup>-8<sup>th</sup>.

**SCORING:** This competition is not scored.

**ADMISSION:** There will be no admission fee. Heat sheets: Heat sheets will be emailed directly to coaches and posted online at [www.csscswim.com](http://www.csscswim.com).

**CONCESSIONS:** No available

**HOSPITALITY:** Coaches and volunteers will receive individually packaged meals.

**MEET INFORMATION:** Updates to meet information as well as Time Lines and Psych Sheets and Meet Results for the meet will be posted on the internet after entries are processed. Look for the information at [www.csscswim.com](http://www.csscswim.com).

**HEAD REFEREE:** Francisco Alvarez

**MEET DIRECTOR:** Bruno Darzi

**ADMINISTRATIVE OFFICIAL:** Laura Azevedo/ Christine Palumbo

**MEET MARSHALL:** City of Coral Springs Lifeguard Staff

**MEET COMMITTEE:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**INFORMATION:** Bruno Darzi at 954-340-5032

**WARM-UP PROCEDURES:** **NO Equipment Permitted. Swimmers Must Enter the Water Feet First**  
Teams will be assigned lanes and warm up times based on the number of entries received. Each team will be limited to 40 minutes of warm up.

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**NOTE:** Meet management reserves the right to adjust start time, times of session to ensure an efficient meet.

### ORDER OF EVENTS

- Girls odd#, Boys even#

#### Saturday – Session 1

Warm-up – 7:00am

Start of Meet – 8:30am

Event #	Event	Age Group
1	100 Mixed Freestyle	12 & under
2	100 Mixed Butterfly	12 & under
3	50 Mixed Backstroke	12 & under
4	100 Mixed Breaststroke	12 & under
5	200 Mixed Individual Medley	12 & under

#### Sunday – Session 2

Warm up: 15 min after session I

Start of meet: TBA

Event #	Event	Age Group
6	100 Mixed Butterfly	13 & over
7	200 Mixed Backstroke	13 & over
8	100 Mixed Breaststroke	13 & over
9	100 Mixed Freestyle	13 & over
10	200 Mixed Individual Medley	13 & over

- Girls odd#, Boys even#

#### Saturday – Session 3

Warm-up – 7:00am

Start of Meet – 8:30am

Event #	Event	Age Group
11	200 Mixed Freestyle	12 & under
12	50 Mixed Butterfly	12 & under
13	100 Mixed Backstroke	12 & under
14	50 Mixed Breaststroke	12 & under
15	50 Mixed Freestyle	12 & under

#### Sunday – Session 4

Warm up: 15 min after session III

Start of meet: TBA

Event #	Event	Age Group
16	200 Mixed Butterfly	13 & over
17	50 Mixed Freestyle	13 & over
18	100 Mixed Backstroke	13 & over
19	200 Mixed Breaststroke	13 & over
20	200 Mixed Freestyle	13 & over

## Statement of local protocols and requirements

### Message from USA Swimming:

We believe swimming, like walking, hiking, running, and cycling, is a critical healthy activity within our communities. Swimming does not require direct contact between teammates or coaches and social distancing can be maintained throughout practice. As with all exercise and activity at this time, swimming must comply with standards for social distancing and safety within aquatic facilities. We know, with collaboration between USA Swimming coaches, public health officials, and facility operators we can create safe plans for using aquatic facilities to promote physical and mental health opportunities compliant with public health directives. The CDC has indicated that there is no evidence the disease spreads through treated water. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water.

Coral Springs Swim Club Liaison – Bruno Darzi ([Bruno.darzi@gmail.com](mailto:Bruno.darzi@gmail.com))

Currently, Broward County is still in phase 3. The Aquatic Complex is limited to 50% capacity.

### **Coral Springs Swim Club - COVID-19 Guide for Safe return to competition plan to the Coral Springs Aquatic Complex**

**BEFORE THE MEET:** Before the meet, all the swimmers, coaches and volunteers are required to read the meet information, or any information provided regarding the operational procedures that will take place during the meet.

An online ZOOM meeting will be held with all the participants prior to the event. This will allow the meet host to answer any questions that may arise about the meet. **All participants are required to attend the meeting.**

### Expectations for Swimmers, Volunteers, Coaches and Staff:

#### Health Screening Survey:

Any member should refrain from attending the meet until they are able to answer NO to each question.

#### **DO NOT COME TO THE POOL IF YOU ARE SICK!**

1. Have you have tested positive for COVID-19, or are you presumptively positive for COVID-19 based on your health care provider's assessment or your symptoms?
2. Are you currently experiencing, or have you experienced in the past 14 days, any of the following symptoms? (Please take your temperature before you answer this question.)
  - Fever or chills (100.4° F/37.8° C or greater as measured by an oral thermometer)
  - Cough
  - Congestion or runny nose
  - Shortness of breath or difficulty breathing
  - Sore throat
  - New loss of taste or smell
  - Chills
  - Headache
  - Muscle, or body aches
  - Fatigue
  - Nausea, diarrhea, or vomiting
  - Bright red (or any) rash

3. In the past 14 days, have you been in close proximity to anyone who was experiencing any of the above symptoms or has experienced any of the above symptoms since your contact?
4. In the past 14 days, have you been in close proximity to anyone who has tested positive for COVID-19?
5. In the past 14 days, have you travelled outside the State of Florida?
6. In the past 14 days, have you been on a commercial flight or traveled outside of the United States?
7. In the past 14 days, have you been in close proximity to anyone who has traveled outside the State of Florida, been on a commercial flight, or traveled outside of the United States?
8. Have you been tested for COVID-19 and are waiting to receive test results?
9. In the past 14 days, based on the above or other symptoms, have you been told by any doctor, medical professional, or other authority to self-quarantine for any reason?

*Plan for spectators to ingress and egress:*

**FACILITY ENTRY & EXIT:** Swimmers, volunteers and coaches will enter the facility using the main entrance (north side). Upon entering the facility, volunteers will do a temperature check and may ask you health questions. Anyone with temperature of 100.4 or above will not be allowed into the facility. Anyone experiencing any of the symptoms mentioned above, will not be allowed into the facility.

**HAND SANITATION STATIONS:** Hand sanitation stations will be available throughout the facility during the course of the meet. Swimmers, coaches and volunteers are encouraged to use them. **There will be four hand sanitizer bottles inside the bathrooms and six additional bottles spread out throughout the facility.**

**TRASH:** Trash cans will be available throughout the facility. Trash cans lids will be removed to reduce contact area.

**THE USA SWIMMING & FGC SWIMMING NO DECK CHANGING RULE WILL STILL BE ENFORCED.** Swimmers must arrive to the meet wearing their racing suit.

**LOCKER ROOMS:** Locker rooms will only be used for emergency bathroom use. Each locker room is equipped with a divider, allowing for use of both halves. Only one person will be allowed inside the locker room at a time. Swimmers must shower and use the bathroom at home before coming to the facility. Swimmers will not be allowed to shower and change at the end of the meet. They should leave the facility immediately after the completion of their last race. Each locker room access will have a sign posted at the door (green for **vacant**/ red for **occupied**)

**CONCESSIONS AND HOSPITALITY:** Concessions and hospitality room will not be available at the meet. Everyone entering the pool is encouraged to bring their own water or sports' drinks. Make sure to label them with your name. This will prevent someone else from using your drink by accident. Do NOT share water bottles.

**FACE COVERINGS:** EVERYONE must wear face coverings or face mask to enter and exit the facility and while at the facility, with exception of swimmers while swimming. Anyone refusing to use face covering or face mask will not be allowed to enter the facility. Face mask must cover face and nose.

Athletes, coaches, officials and volunteers will NOT be allowed to congregate before, during or after the meet. Everyone will be asked to vacate the facility or parking lot as soon as possible once the meet is over.

*Safe Sport considerations to ensure parents have access to and/or the opportunity to observe their child:*

**SPECTATORS:** No spectators will be allowed at the meet. Only coaches, athletes, officials and volunteers will be allowed at the meet. The event will be streamed live. Link will be posted online at [www.csscswim.com](http://www.csscswim.com).

**SOCIAL DISTANCING:** Everyone attending the meet must follow social distancing guidelines (at least 6' apart) with exception of members of the same household.

**TIMERS:** Timers will be assigned prior to the start of the meet and will print the heat sheet and lane timer sheet at home. All volunteers will bring their own pen. There will be only one timer per lane. The same timer will use both back up button and stopwatch.

**TIMING SYSTEM:** Daktronics timing system will be used for the meet.

**EQUIPMENT:** All equipment used at the meet will be sanitized prior to and immediately after the meet is concluded. All radios will be sanitized and placed at the officials' stations. Officials will follow guidelines below suggested by the FGC Officials' Chair.

*The planned number of individuals gathering in the spaces: pool, deck, spectator seating, etc.*  
Each session will be limited to **150** swimmers. No spectators will be allowed at the meet.

**WARM UP PROCEDURE:** Teams will be assigned warm up times prior to the meet. No more than 10 swimmers will be allowed per lane at the same time.

**BEFORE AND AFTER RACES:** Coaches' tables will be placed at least 6 ft apart. ONLY Swimmers wishing to speak to the coaches prior to or after their races will have to keep 6 ft apart. Do not advance until the person in front of you has been cleared the area. PARENTS must not approach the designated coaches' table with their child.

Markers will be placed behind the blocks to keep swimmers 6 ft apart. **There will be at least 2 markers behind each starting block.**

**AFTER RACES:** Swimmers will exit at the starting end of the pool. Subsequent heat will not move towards the starting block until swimmers from previous heat have cleared the area. Warm down area will be restricted to five swimmers per lane. Meet marshals will be patrolling the warm down area to make sure that no more than 5 swimmers are using one lane at the same time.

**CLEANING OF THE FACILITY:** The facility will be cleaned and disinfected with a medical grade product prior to and after the conclusion of the meet.

**ATTESTATION STATEMENT:** In applying for this sanctioned event, the Host, the Coral Springs Swim Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Florida Gold Coast Swimming, the State of Florida, City of Coral Springs and Broward County.

Officiating guidelines can be found below.





## FLORIDA GOLD COAST SWIMMING OFFICIATING BEST PRACTICES IN THE ERA OF COVID: SUGGESTIONS FOR MEET REFEREES

- Minimize number of officials on deck: Deck Ref; Starter; AO; 0-1 Stroke/Turn Judges for an intra-squad meet or a dual meet, 1-2 Stroke/Turn Judges for an invitational-style virtual meet. Extra officials may be used as relief teams but should remain off-deck and should practice social distancing when not working.
- Conduct pre-meet briefing by telephone or Zoom conference prior to the start of the meet.
- Officials should report directly to their assigned positions immediately before the start of the meet. Do not allow them to congregate in the starting area.
- Do not require officials to “sign in” when they arrive at the meet.
- Do not count on hospitality being available. Officials should bring their own water bottles.
- Do not share communal radios. Officials should bring their own radios to the meet.
- Officials should wear face coverings at all times while at the meet.
- Avoid using DQ slips or other unnecessary paper. DQ’s may be noted on the Stroke/Turn judge heat sheet and the Referee heat sheet should be used as the master DQ log.
- Consider announcing DQ’s over the PA or Start System rather than informing swimmers or coaches in-person.
- Communications between officials should be over the radio whenever possible.
- The Starter and Deck Referee should be separated by at least six feet.
- In general, there should only be one Starter. If more than one Starter is used, they must each have their own microphone and never share a microphone.
- Deck Referees should use electronic whistles.
- Consider having the heat that just finished their race swim down to the turn end and exit the pool from the turn end.
- Heat intervals will need to be increased by 30-50 seconds depending on the level of the swimmers.
- The AO/Computer Operator and the Timing Equipment operator should be separated by at least six feet and paper handling should be minimized to the extent possible.
- Officials should shelter in their privately owned vehicles in the event the deck must be evacuated for a weather event.