

IMX - IMR CHALLENGE

April 29 – May 1, 2016

Sanctioned by: Florida Gold Coast Swimming, Inc. **Sanction No.**FGI042916SOFL-B-16

Hosted By: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: Academic Village Swimming Pool
17191 Sheridan Street, Pembroke Pines, FL 33331

Directions: Coming from the North: Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2nd ENTRANCE INTO FACILITY.**

Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2nd ENTRANCE INTO FACILITY.**

Date & Time:

Date	Session	Warm-up	Meet Start
Friday, April 29, 2016 (IMX/IMR)	I	4:30 pm	5:30 pm
Saturday, April 30, 2016 (IMX)	II	7:30 am	8:30 am
Saturday, April 30, 2016 (IMX)	III	*TBA	*TBA
Sunday, May 1, 2016 (IMR)	IV	7:30 am	8:30 am

***Afternoon session will start approximately one hour following the conclusion of the morning session, but no earlier than 11:30am. We will announce the starting time for the afternoon session on Tuesday April 26th. All events are timed finals. Meet director reserves the right to change meet warm-up, start times, in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.**

Rules: 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Pool/Timing: 50-meter by 25 yard heated outdoor pool. Seven (7) long-course racing lanes with separate warm up and swim down lane available. **If there are more than 250 swimmers on Sunday (Session IV),**

eight (8) long-course lanes will be used. No swim down lane available. © Colorado Time System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Certification is on file with USA Swimming. The depth at the east end where all events will start varies from 8.5 feet to 12 feet depending on lane assignment in accordance with 202.3.7

Deck Change: Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate, and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet.

No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Closed Deck: Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.

Coaches:- You will be permitted inside the roped off areas of the deck provided you are wearing your coaching credentials, and do not interfere with those conducting the meet.

Eligibility: Open to all 2016 USA registered swimmers and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3.

Disability: Entries for swimmers with disabilities should be submitted with the team's entry file. The coach or athletes, are responsible for notifying the Referee of any accommodations that are required in accordance with the USA-S Rule 105.4

USA Registrations: The meet host (**WILL NOT**) be accepting New or Renewing USA Registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Officials: If you know that you will be attending this meet, please email the meet referee, Allan Golding (allan.c.golding@comcast.net), and let him know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. Check in at the Starter's tent 45 minutes before the start of the session.

Warm-ups: The pool will open for warm-ups 60 minutes before the beginning of each session. The pool will close five minutes before the beginning of each session. Sprint lanes will be available during the final twenty five minutes of the warm-up period, per Florida Gold Coast Swimming policy.

Entry: All entries must be received by **Friday, April 22, 2016.** PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!)

E-mail to **info@swim4comets.com** Confirmation for electronic entries will be sent via e-mail. All entry fees must be paid before the start of the first event.

NOTE: Swimmers without registration numbers or birth dates will not be entered.

**Submission of electronic entries signifies that all swimmers are USA registered.

Entry Fees: \$4.00 per individual event

Facility Surcharge: **\$5:00**

***Entry fees are made payable to "Comets Swim Team" (note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

Entry Limit: 5 Individual Events per day.

Distance Events: The 400 Free and 400 IM, will be swum alternating women then men, fastest to slowest.

Awards: 12 & Under Swimmers Only Individual

Events – Ribbons 1st - 7th

Meet Director: Chris Anderson

Head Referee: Allan Golding

Admin Official: Nestor Mateus

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission – \$3.00. Heat Sheets – \$3.00

Order of Events

Friday, April 29, 2016 (Session I) Warm-Up 4:30pm Meet Starts 5:30pm

IMX / IMR

Girls Event #	Event	Boys Event #
1	Open - 200 IM	2
3	13 & Over - 400 IM[^]	4

[^] Swimming Fastest to Slowest – Alternating Girls / Boys

Saturday, April 30, 2016 (Session II) Warm-Up 7:30am Meet Starts 8:30am

IMX

Girls Event #	Event	Boys Event #
5	12 & Under - 100 Fly	6
7	12 & Under - 100 Back	8
9	12 & Under - 100 Breast	10
11	10 & Under - 200 Free	12
13	11–12 - 400 Free[^]	14

[^] Swimming Fastest to Slowest – Alternating Girls / Boys

Saturday, April 30, 2016 (Session III) . Approximately one hour following the conclusion of the morning session

IMX

Girls Event #	Event	Boys Event #
15	13 & Over - 200 Fly	16
17	13 & Over - 200 Back	18
19	13 & Over - 200 Breast	20

21	13 & Over - 400 Free ^	22
^ Swimming Fastest to Slowest – Alternating Girls / Boys		

Sunday, May 1, 2016. (Session IV) Warm-Up 7:30am Meet Starts 8:30am

IMR

Girls Event #	Event	Boys Event #
23	Open - 200 IM	24
25	12 & Under - 50 Fly	26
27	13 & Over - 100 Fly	28
29	12 & Under - 50 Back	30
31	13 & Over - 100 Back	32
33	12 & Under - 50 Breast	34
35	13 & Over - 100 Breast	36
37	10 & Under - 100 Free	38
39	11 & Over - 200 Free	40