



## Florida Gold Coast Area 3 SHORT COURSE Developmental Championship Meet

SOFL, AKS, AAST, ASC, BMHG, BISC, CANE, CM, DRSC, FLA, FKSC, FFSC, FIU, GRSC, HSC, MACM, MBS, MLB, MCDA, MSAT, MS, NMST, OSC, SDST, SWAT, SGST, UofM

**March 2-4, 2018**

Academic Village Pool, Pembroke Pines, Florida

**Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction Number :- **FGA030218SOFL-B-08**

It is understood and agreed that USA Swimming, the facility and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Hosted by:** South Florida Aquatic Club and Comets Swim Team Booster Club

**Location:** **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172<sup>nd</sup> and free parking is located at the West end of the swimming pool.

**Directions:** **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172<sup>nd</sup> Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2<sup>ND</sup> ENTRANCE INTO FACILITY.**

**Coming from the South:** Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172<sup>nd</sup> Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2<sup>ND</sup> ENTRANCE INTO Facility.**



**Date & Time:**

Date	Session	Warm-up	Meet Start
Friday, March 2 <sup>nd</sup> - Finals	I	4:30 pm	5:30 pm
Saturday, March 3 <sup>rd</sup> - Prelims	II	7:00 am	8:30 am
Saturday, March 3 <sup>rd</sup> - Finals	III	4:00 pm	5:00 pm
Sunday, March 4 <sup>th</sup> - Prelims	IV	7:00 am	8:30 am
Sunday, March 4 <sup>th</sup> - Finals	V	4:00 pm	5:00 pm

***The meet director reserves the right to change meet warm-up and start time in order to hold an efficient meet within USA Swimming / FGC guidelines and with FGC Age Group Chairperson approval.***

**Pool/Timing:**

25 Yard x 50 meter heated outdoor pool with 10 short-course racing lanes with separate warm-up and swim-down lanes available. Minimum water depth in accordance with Article 103.2.3 at the start end of pool varies from 6'7" to 8'6 depending upon lane assignment. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy of such certification is on file with USA Swimming.

**Format:**

These championships will be conducted in SCY. Events 200Y and longer, all events for 7-10 year olds, and all relays will be timed final events. All other individual events will be conducted as preliminaries and finals with the fastest 8 swimmers from preliminaries advancing to finals. Breaks between events in finals sessions may be inserted at Meet Director and Meet Referee discretion.

**Rules:**

2018 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.



**Deck Changing:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**Camera Free Zone:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**Closed Deck:** Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA Swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.  
**Coaches:** You will be permitted inside the restricted areas of the deck provided you are wearing your coaching credentials, and do not interfere with those conducting the meet.

**Warm-up:** Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

Depending upon the number of swimmers entered, teams may be assigned to specific warm-up times and lanes Saturday and Sunday morning. Teams assigned to an early warm-up on one day will be assigned to a late warm-up period on the other day. More detailed warm up procedures will be distributed to registered coaches prior to the competition.

**Eligibility:** Open to all 7-18 year old 2018 USA Swimming registered athletes affiliated with teams assigned to FGC Area 3 (SOFL, AKS, AAST, ASC, BMHG, BISC, CANE, CM, DRSC, FLA, FKSC, FFSC, FIU, GRSC, HSC, MACM, MBS, MLB, MCDA, MSAT, MS, NMST, OSC, SDST, SWAT, SGST, UofM) who have achieved the published time standard in one or more events during the qualifying period.



Qualifying time standards are USA Swimming National Age Group Motivational "B" times for events 200Y and longer. There is no qualifying time standard for events less than 200Y and these events may be entered with no time. Athletes who have achieved a qualifying time for the 2018 SCY FGC Junior Olympics (7-14 year old athletes) or 2018 SCY FGC Senior Championships (15-18 year old athletes) within the qualifying period may not enter that event in these championships.

The qualifying period is March 2, 2016 through the entry deadline.

Swimmers who are not registered with USA Swimming by 12:00pm Thursday March 1, 2018 will not be seeded. Such swimmers who subsequently become USA Swimming registered will be permitted to deck enter open lanes in accordance with the deck entry policy.

The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet.

**Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated in accordance with Article 105. Please contact the pool office ahead of time to allow for preparations - (954) 538-3721 [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com)

**Entry:** All entries must be received by **Monday, February 26, 2018.** PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com) fax (954) 392-4107 Confirmation for electronic entries will be sent via e-mail. \*\*Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 538-3721.

**NOTE: Swimmers without registration numbers or birth dates will not be entered. \*\*\* Entry Fees will be Double if not entered electronically.**

**Entry Fees:** \$6.00  
**Relay Fees:** \$10.00  
**Facility Surcharge:** \$10.00

**\*Entry fees are made payable to "SOFLO Swimming" (note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

**Late Entries:** Late entries will be accepted at meet management discretion between



12:01pm Monday February 26, 2018 and 12:00pm Thursday March 1, 2018. PLEASE enter electronically (CL or SDIF format). Please email late entry requests to [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com) Late entries must be accompanied by proof of USA Swimming registration in order to be seeded.

**Deck Entries:** **THE FGC DECK SEED POLICY WILL BE IN EFFECT.** Deck entries will be permitted into open lanes on a first-come-first-serve basis from 12:01pm on Thursday March 1, 2018 until 30 minutes prior to the start of the session for the event in question. Deck entry requests may be made by email or in person at the meet. Please email deck entry requests to [officemanager@swim4comets.com](mailto:officemanager@swim4comets.com). Fees for deck entries will be twice the standard entry fees. Deck entry requests must be accompanied by proof of USA Swimming registration and proof of entry time in order to receive a lane assignment.

**Responsibility Clause:** The coach, swimmer or swimmer representative who enters these championships thereby attests that all times stated are true and correct as achieved qualifying times for each event entered and furthermore that best achieved times are not 2018 FGC Junior Olympic or 2018 Senior Championship qualifying times. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$50 penalty for each such time entered.

**Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part, unless FGC rule 1.17a.i-v applies.

**Entry Limit:** Swimmers may swim a maximum of three (3) individual events per day.

**Seeding:** All events will be seeded in order of SCY then LCM then SCM, and will be seeded fast to slow. Timed final events 200Y and longer will be swum with all age groups combined, but will be resulted separately. Ten lanes may be used in the preliminary sessions.

**Distance Events:** Friday evening's 500 freestyle and 400 IM will be seeded fast to slow, alternating heats of women and men. Positive check-in is NOT required.

Sunday's 1650 freestyle will follow the relays at the end of the preliminaries session. It will be seeded fast to slow, alternating heats of women and men. Positive check-in is required in order to be seeded. The positive check-in deadline is 6:00 pm on Saturday, March 3.



**Scratches:** Any swimmer who competes in preliminary heats and qualifies for finals must declare his/her possible intention to scratch within thirty (30) minutes of the announcement of the preliminary results of that event and further declare their final intention within 30 minutes of their last individual preliminary event.

Failure to compete in finals will result in the swimmer being fined \$25.00 cash. Upon receiving payment of the fine, the swimmer will be eligible to continue competing in the meet. Swimmers may not compete in further individual events or relays until all fines are paid.

First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

Alternates wishing to swim in an open lane in finals must be standing at the starter's tent prepared to step on the block for the swim when the swimmers are called to the blocks

Scratches must be done individually. Team scratches are not accepted.

**Relays:** Teams are limited to no more than two entries per relay event. All relays will swim in the preliminaries sessions.

**Awards:** Individual Events: Medals: 1<sup>st</sup> - 3<sup>rd</sup> Ribbons: 4<sup>th</sup> - 10<sup>th</sup>  
Relay Events: Ribbons: 1<sup>st</sup> - 3<sup>rd</sup>

**Scoring:** These championships will not be scored.

**Meet Director:** Chris Anderson

**Co-Meet Directors:** Luis Soler (Facilities) – Andrea Golding (Volunteers)

**Head Referee:** Aida Acevedo

**Admin Referee:** Hector Acevedo

**Officials:** If you know that you will be attending this meet and will be available, please email the meet referee, Aida Acevedo ([aida1988@yahoo.com](mailto:aida1988@yahoo.com)), and let her know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 60 minutes before the start of the session.



**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Admission:** \$5.00 per person per session.  
Heat Sheets will be available free of charge online at [soflo.meets.info/Area3](http://soflo.meets.info/Area3) and on Meet Mobile.  
Printed Heat sheets will be available for coaches in the swim office.

**Information:** Swim Office at (954) 538-3721 - [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com)

## Order of Events

Women Qualifying Times				Friday March 2	Men Qualifying Times			
SCY	SCM	LCM	Event #		Event #	LCM	SCM	SCY
3:19.19	3:40.09	3:45.79	1A	<b>7-10 200 Freestyle</b>	2A	3:33.49	3:26.29	3:06.69
2:41.19	2:58.09	3:03.49	1B	<b>11-12 200 Freestyle</b>	2B	2:57.89	2:52.09	2:35.69
2:33.19	2:49.29	2:55.09	1C	<b>13-14 200 Freestyle</b>	2C	2:44.09	2:37.99	2:22.99
2:29.89	2:45.59	2:50.89	1D	<b>15-18 200 Freestyle</b>	2D	2:37.39	2:31.79	2:17.29
3:38.49	4:01.49	4:09.39	3A	<b>7-10 200 IM</b>	4A	4:06.19	3:58.09	3:35.49
3:00.69	3:19.69	3:26.29	3B	<b>11-12 200 IM</b>	4B	3:24.69	3:16.19	2:57.59
2:51.49	3:09.49	3:17.39	3C	<b>13-14 200 IM</b>	4C	3:05.29	2:56.79	2:39.99
2:48.19	3:05.79	3:13.49	3D	<b>15-18 200 IM</b>	4D	2:56.59	2:48.79	2:32.69
8:26.09	7:22.89	7:36.79	5A	<b>7-10 500 Freestyle</b>	6A	7:29.49	7:14.69	8:16.69
7:09.09	6:15.49	6:23.89	5B	<b>11-12 500 Freestyle</b>	6B	6:15.49	6:05.19	6:57.29
6:49.39	5:58.29	6:07.19	5C	<b>13-14 500 Freestyle</b>	6C	5:49.09	5:38.29	6:26.59
6:40.69	5:50.69	5:58.49	5D	<b>15-18 500 Freestyle</b>	6D	5:33.69	5:26.09	6:12.59
6:24.19	7:04.49	7:19.69	7A	<b>11-12 400 IM</b>	8A	7:10.19	6:52.29	6:13.09
6:05.79	6:44.19	6:57.39	7B	<b>13-14 400 IM</b>	8B	6:32.69	6:17.69	5:41.79
5:57.59	6:35.09	6:47.89	7C	<b>15-18 400 IM</b>	8C	6:14.09	6:03.59	5:29.09



Women Qualifying Times				Saturday March 3	Men Qualifying Times			
SCY	SCM	LCM	Event #		Event #	LCM	SCM	SCY
			9	<b>7-10 100 Backstroke</b>	10			
			11	<b>11-12 100 Backstroke</b>	12			
			13	<b>13-14 100 Backstroke</b>	14			
			15	<b>15-18 100 Backstroke</b>	16			
			17	<b>7-10 50 Butterfly</b>	18			
			19	<b>11-12 50 Butterfly</b>	20			
			21	<b>13-14 50 Butterfly</b>	22			
			23	<b>15-18 50 Butterfly</b>	24			
			25	<b>7-10 100 Breaststroke</b>	26			
			27	<b>11-12 100 Breaststroke</b>	28			
			29	<b>13-14 100 Breaststroke</b>	30			
			31	<b>15-18 100 Breaststroke</b>	32			
			33	<b>7-10 50 Freestyle</b>	34			
			35	<b>11-12 50 Freestyle</b>	36			
			37	<b>13-14 50 Freestyle</b>	38			
			39	<b>15-18 50 Freestyle</b>	40			
			41	<b>7-10 100 IM</b>	42			
			43	<b>11-12 100 IM</b>	44			
			45	<b>13-14 100 IM</b>	46			
			47	<b>15-18 100 IM</b>	48			
3:00.89	3:19.79	3:24.89	49A	<b>11-12 200 Butterfly</b>	50A	3:22.09	3:15.19	2:56.59
2:50.09	3:07.89	3:13.29	49B	<b>13-14 200 Butterfly</b>	50B	3:02.19	2:54.99	2:38.29
2:46.79	3:04.29	3:08.19	49C	<b>15-18 200 Butterfly</b>	50C	2:52.69	2:47.29	2:31.39
			51	<b>7-10 200 Freestyle Relay</b>	52			
			53	<b>11-12 200 Freestyle Relay</b>	54			
			55	<b>13-14 200 Freestyle Relay</b>	56			
			57	<b>15-18 200 Freestyle Relay</b>	58			





Women Qualifying Times				Sunday March 4	Men Qualifying Times			
SCY	SCM	LCM	Event #		Event #	LCM	SCM	SCY
3:23.09	3:44.49	3:52.69	59A	<b>11-12 200 Breaststroke</b>	60A	3:44.69	3:35.39	3:14.89
3:11.99	3:32.19	3:41.39	59B	<b>13-14 200 Breaststroke</b>	60B	3:26.29	3:17.09	2:58.39
3:08.19	3:27.89	3:36.29	59C	<b>15-18 200 Breaststroke</b>	60C	3:16.49	3:06.39	2:48.69
			61	<b>7-10 100 Freestyle</b>	62			
			63	<b>11-12 100 Freestyle</b>	64			
			65	<b>13-14 100 Freestyle</b>	66			
			67	<b>15-18 100 Freestyle</b>	68			
			69	<b>7-10 50 Backstroke</b>	70			
			71	<b>11-12 50 Backstroke</b>	72			
			73	<b>13-14 50 Backstroke</b>	74			
			75	<b>15-18 50 Backstroke</b>	76			
			77	<b>7-10 100 Butterfly</b>	78			
			79	<b>11-12 100 Butterfly</b>	80			
			81	<b>13-14 100 Butterfly</b>	82			
			83	<b>15-18 100 Butterfly</b>	84			
			85	<b>7-10 50 Breaststroke</b>	86			
			87	<b>11-12 50 Breaststroke</b>	88			
			89	<b>13-14 50 Breaststroke</b>	90			
			91	<b>15-18 50 Breaststroke</b>	92			
2:56.59	3:15.19	3:24.79	93A	<b>11-12 200 Backstroke</b>	94A	3:20.79	3:10.79	2:52.69
2:47.29	3:04.89	3:13.19	93B	<b>13-14 200 Backstroke</b>	94B	3:02.69	2:53.59	2:37.09
2:44.09	3:01.39	3:09.09	93C	<b>15-18 200 Backstroke</b>	94C	2:53.79	2:45.59	2:29.89
			95	<b>7-10 200 Medley Relay</b>	96			
			97	<b>11-12 200 Medley Relay</b>	98			
			99	<b>13-14 200 Medley Relay</b>	100			
			101	<b>15-18 200 Medley Relay</b>	102			
24:53.99	24:45.29	25:45.79	103A	<b>11-12 1650 Freestyle</b>	104A	25:13.59	24:13.39	24:21.89
23:23.49	23:15.29	24:06.39	103B	<b>13-14 1650 Freestyle</b>	104B	23:06.49	22:11.09	22:18.89
23:05.19	22:57.09	23:43.89	103C	<b>15-18 1650 Freestyle</b>	104C	22:08.99	21:27.89	21:35.39



## Florida Gold Coast Area 3 Developmental Championships Short Course Time Trial

- Sanctioned by:** USA Swimming and Florida Gold Coast Swimming  
Sanction Number
- Sponsored by:** South Florida Aquatic Club & Comets Swim Team Booster Club
- Location:** Academic Village Swimming Pool
- Dates and Time:** March 3, 2018 – Approximately 15 minutes following the conclusion of the preliminaries session, time permitting.  
  
March 4, 2018 – Approximately 15 minutes following the conclusion of the preliminaries session, time permitting.
- Pool / Timing:** 25 Yard x 50 meter heated outdoor pool with 10 short-course racing lanes. Minimum water depth in accordance with Article 103.2.3 at the start end of pool varies from 8’6” to 12’ depending on lane assignment. Minimum water depth at the turn end of the pool is 4’. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy of such certification is on file with USA Swimming.
- Eligibility:** Open to all currently registered USA Swimming athletes.
- Entries:** Entry forms will be available at the clerk of course table. Entries will close at 11:00 am each day. Proof of USA Swimming registration will be required for swimmers not entered in the Area 3 Developmental Championships Meet.
- Entry Limit:** Swimmers are limited to no more than 3 events per day including events they participated in at the Area 3 Championships Meet.
- Entry Fees:** \$12.00 per individual event, \$20.00 per relay; \$20.00 facility surcharge for all swimmers not entered in the Area 3 Developmental Championships Meet.
- Referee:** Aida Acevedo



## Order of events

	Saturday March 3		Sunday March 4	
	Event Numbers		Event Numbers	
	1st Pass	2nd Pass	1st Pass	2nd Pass
50 Freestyle	201	251	301	351
100 Freestyle	202	252	302	352
200 Freestyle	203	253	303	353
500 Freestyle	204	254	304	354
1650 Freestyle	205	255	305	355
50 Backstroke	206	256	306	356
100 Backstroke	207	257	307	357
200 Backstroke	208	258	308	358
50 Breaststroke	209	259	309	359
100 Breaststroke	210	260	310	360
200 Breaststroke	211	261	311	361
50 Butterfly	212	262	312	362
100 Butterfly	213	263	313	363
200 Butterfly	214	264	314	364
100 Individual Medley	215	265	315	365
200 Individual Medley	216	266	316	366
400 Individual Medley	217	267	317	367
200 Free Relay	218	268	318	368
400 Free Relay	219	269	319	369
800 Free Relay	220	270	320	370
200 Medley Relay	221	271	321	371
400 Medley Relay	222	272	322	372

All time trial events are mixed gender.  
The order of events will be run through twice a day.

