

Pine Crest Lane Lines



Volume 107
February 2018

February Lane Lines Newsletter

8 & Under Sizzler, Sunrise:	11 Swimmer's attended from PC 14 New Best Times
Scotty Invite, Saint Andrews:	72 Swimmer's attended from PC 194 New Best Times
8 & Under Sizzler, Weston:	9 Swimmer's attended from PC 18 New Best Times
14 & Under Panther Invite:	81 Swimmer's attended from PC 180 New Best Times
Senior Sectional Qualifier, Plantation:	35 Swimmer's attended from PC

Inside this issue:

Swim Meet Results	2-7
High School News	8
Swim Lesson Swimmer	9
Summer Camps	10
Calendar	11

February Birthday Month

Aitor Arrese-Igor, Haley Cisewski, Sofia Egizi, Samantha Escobar, Michael Fernandez, Ivana Fuegert, William Gabrielle, Daniela Gomez, Giulia Guerra Montes, Daniel Jacobs, Victoria Miyamoto, Racine Ross, Mikaela Schluth, Joshua Soares, Lily Soldani, Alec Vetancourt, Christopher Warner, Lacey Wolf

Novice, Age Groups & Senior Groups

8 & Under Sizzler at Sunrise, January 20

On January 20th PCS Novice group attended the 8 & Under Sizzler. We had 11 athletes compete and they all did a great job! We had 14 best times overall. There were 4 swimmers who swam in their very first swim meet and those swimmers are Annabella Johnson, Nicolas Riechel– Sarup, MacKenzie Sipowicz, and Alec Vetancourt. Great job at the Sizzler Novice Group!

Christian Antonio had a great meet. He went best times in the 25 fly, 25 Breast, and 25 free. He also placed 6th in Free and had two 8th place finishes in Fly and Breast.

Mckenzie Baur had some great swims. She went best times in the 25 Breast and 25 Free . She also finished 10th in three events!

Kyle Jensen had a strong meet getting 5th place in his 25 Breast. Kyle also went best times in the 25 Fly and 25 Breast.

Annabella Johnson swam in her first meet and did a great job! She swam all 4 events and did an excellent job for her very first meet.

Emerson Olive had a good meet. He went best time in the 25 Breast. Emerson also finished 7th in the Breast and finished 8th in the 25 free.

Nicolas Riechel– Sarup did a great job at this first swim meet. He finished 4th in the 25 Breast which is absolutely great for his very swim meet!

Sophia Santos had a very good meet. She went best times in all 4 of her events. Her biggest time drop came in the 25 breast where she dropped 3.32 seconds.

MacKenzie Sipowicz did a great job swimming in her very first meet. She swam all 4 events and her

coach said she did a fantastic job.

Alec Vetancourt was the other swimmer where this was his first meet. His coach said he did a wonderful job.

Charlotte Wolfe had a good meet. She had a 7th place finish in the 25 fly.

Jordyn Wolfe had a very good meet dropping time in the 25 Back and 25 Free. Jordyn also placed 3rd in the 25 Fly, 5th in Free, 6th in Back, and 9th in Breast.

12th Annual Scotty Invitational

The weekend of the 26th through the 28th Pine Crest Swimming had 75 swimmers had tremendous success by having 194 plus best times.

Marissa Albury had her first meet of the year with Pine Crest competing in 50 free, 100 fly, 200 free, 100 IM, 50 Back, 100 Free, 50 Fly, and 200 IM.

Haily Alexe swam best times in the 50 Back, Free, and Breast. She also competed in 200 free, 100 Back, 100 Breast, 100 free, and 50 Fly.

Zoe Antonio dropped time in all 6 of her events and her biggest time drop came in the 200 free dropping nearly 7 seconds.

Angelique Arfa esmed best times in 5 events, with a massive time drop in her 200 free improving by 11 seconds. She also competed in the 1650 , 200 fly, 400 IM, and 50 Back.

Drew Arfa swam and competed in the 50 Free, Breast, and Back. He also swam in the 100 IM, 100 Breast, and 100 Free.

Kaitlyn Armbruster achieved 6 best times and dropping 2 seconds in the 200 free and dropping an impressive 4 seconds in the 200 IM.

Tyler Armbruster had a good swim in the mile finishing 2nd overall.

Ava Balsam swam the mile and 200 Fly for the first time and did great. She also had a huge time drop in the 200 free dropping 20 seconds and dropped a

half second in the 100 breast.

Adrianna Barone went best times in the 50 free and dropped 1 second in the 100 free. She also finished 2nd in the 500 free.

Brady Baur swam the 50 free, 100 Back, and 100 IM. The 100 Back and IM was his first time swimming them in competition.

Jonah Bennett competed in 4 events and went best time in 3. He dropped one second in both the 200 free and 100 breast.

Loralei Bennett had huge time drops at this meet. Her biggest time drop came in the 200 IM dropping 39 seconds. She went best times in 5 out of 7 events.

Jared Berke went a best time in his 50 fly and improved by 5 seconds. He also swam 50 Free, 200 Free, 100 Back, 100 IM, 100 Breast, 50 Back, and 200 IM.

Zachary Bernstein went best times in the 50 Free by 6 seconds and best time in the 50 Breast by 2 seconds. He also swam the 100 IM for the first time in competition.

Riley Botting placed 3rd in the 100 breast and she finished 4th in both the 200 IM and 200 Back.

Katie Cathcart swam the 50 free, 50 breast, 100 IM, 50 Back, 100 Free, and 50 fly. This was her first club competition that wasn't a Sizzler and her coaches tell us she did a fantastic job!

Annelise Driscoll swam 8 events and she went best time in 6 of them! Her biggest time drop came in the 100 Back dropping 13 seconds!

Lauren Dudley swam best times in the 200 free, 100 breast, 100 back, and her biggest time drop of 9 seconds in the 200 back. Lauren also finished 8th overall in the 200 Breast.

Paige Dudley went best time in 5 events out of 9. Her 2 biggest time drops were in the 200 free and 100 back where she dropped 3 seconds in both events. She also swam the mile for the first time!

Novice, Age Groups & Senior Groups

12th Annual Scotty Invitational

Nikita Dua made significant improvements in her 200 free, 100 free and 100 breast. She also competed in the 100 back 200IM, and 100 fly and 200 breast for the first time.

Bella Egizi went best times in her 200 free and her 100 free! She also placed 2nd in the 50 fly, had two 5th place finishes in the 100 fly and 100 breast, and two 7th place finishes in the 50 breast and 200 IM.

Sofia Egizi swam best times in 5 out of 8 events. She dropped 5 seconds in her 100 back and dropped 4 seconds in her 100 free. She placed 6th in the 100 Breast and had two 7th place finishes in the 50 Breast and 100 Back.

Samantha Escobar had best times in 4 events. She had a massive time drop in her 100 back dropping 9 seconds. She placed 4th in the 50 Back, 5th in the 50 fly, and finished 8th in the 50 Breast.

Xander Escobar had some impressive swims. He dropped 25 seconds in his 100 fly and went best times in two other events.

Michael Fernandez went best time in 2 events. He dropped 1.4 seconds in the 200 free and dropped 10.9 seconds in his 200 IM. Michael earned himself three 1st place finishes, two 2nd place finishes, and a 4th place finish.

Luc Ferrera went a best time in his 100 Breast and finished 5th in his 200 back.

Roman Ferrera had a great meet achieving best times in the 50 breast, 100 IM, 100 Breast, and 200 IM.

Luna Guzman went a best time by an impressive 8 seconds in her 100 IM. She also took on the 100 Back for the first time in competition and went a strong 1:37.52.

Joshua Hanks went a personal best in the 200 Free. He won the 200 Back, had a 2nd place in the 100 Back, and he had four 4th place finishes in the 200 fly, 50 free, 100 free, and 200 breast.

David Hayes had a strong meet. He swam some new events in yards and did a great job.

Johanna Henry had a lot of impressive swims. She finished in 5th place for both the 50 Breast and 100 breast. She also had huge time drops in her 100 IM and 100 free.

Jordan Jean had his first meet with Pine Crest and he did a fantastic job. He earned himself two 7th place finishes and two 9th place finishes.

Courtney Jensen went best times in 5 events and swam the 100 back and 100 Breast for the first time at a meet. Her biggest time drop came in the 100 IM dropping 13 seconds.

Zachary Johnson did an excellent job at the meet. He swam the 100 Breast and 100 Free for the first time at a meet and did fantastic in both events.

Jake Jones did a great job at the meet. He had two 2nd place finishes in the 50 Breast and 100 IM, 4th place in 200 free, and 7th in the 500 Free. The 500 was his first time ever swimming it in a meet and earned a Junior Olympic qualifying time.

Lara Jones had a solid meet finishing 2nd in the 200 Free, finishing 5th in the 200 IM, and had a 9th place finish in her 200 fly.

Ronin Jones had 4 best times in the 200 free, 100 IM, 200 IM, and 100 free. Ronin also took on the 500 Free for the first time in a meet and did a great job.

Zephy Kjos had great time drops in 3 events and swam the 100 IM and 100 Breast for the first time in a meet. Her biggest time drop came in the 100 free where she dropped 9 seconds.

Victor Lago had a very impressive meet going best times in all of his events! He had three events in which he dropped 20 or more seconds.

Christopher Lin did a great job at the swim meet. He went best times in his 50 Back and 50 Free going 30 for the first time.

Esther Lin did very well at the meet earning 2nd place in the 50 free, 3rd in 200 fly, 4th in 100 Free, and 6th in the 200 Breast.

Sara Lin had a great meet getting 1st place in both the 50 Breast and 100

Breast. She went best times in the 100 Fly, 100 free, and 50 fly.

Amy McKee had 6 best times in the 50 Free, 100 Back, 100 IM, 50 Back, 100 Free, and 200 IM. Her biggest time drop was in the 200 IM dropping 17 seconds.

Julian Morales had two best times in the 50 free and 100 free. He took on the 200 free and 200 IM for the first time in competition.

Colin Nealy had a very impressive meet going best time in all 9 of his events! He won the mile and the 400 IM. Colin also finished 2nd in the 500 free. His biggest time drop came in his 400 IM dropping 31 seconds.

William North did a great job swimming the 50 free and the 50 Breast.

Emerson Olive swam his first meet with the club team. He swam the 50 Back and the 50 Fly. He did an amazing job!

Brett Paden had a great meet. He went best times in his 50 free, 100 IM, 100 Breast, and 100 Free. His biggest time drop was in the 100 IM dropping 11 seconds.

Joseph Paden went best times in the 50 Back and 50 fly. He also swam the 100 free for the first time and did great!

Kata Portik-Gergely had a good meet placing 17th in her 50 Breast and Back. She also placed 16th in her 100 Back.

Josefine Richter did great at the meet getting 1st in the 100 Back and got 4th in the 100 Breast.

Lola Rodgers went best times in 5 events. Those events are 50 free, 100 IM, 100 Breast, 50 Back, and 100 free.

Freddy Rosenthal went a best time in his 50 free. He also swam the 100 free and the 100 IM for the first time in competition and did a fantastic job.

Shea Rundorf did a fantastic at the meet swimming very well in 50 Free, 50 Breast, 100 Back, and 100 IM.

Danil Sachenko swam in his first meet and did well in his 50 free, 50 Breast, and 100 free.

Novice, Age Groups & Senior Groups

11th Annual Scotty Invitational

Nikita Sachenko swam in his first meet as well and did a good job in his 50 free, 50 breast, 100 free, and 100 Breast.

Kian Saffari had a great meet going best times in 50 free, 200 free, 100 Back, 100 IM, 50 Back, 100 free, and 200 IM.

Kevin Santos had a great meet going best times in the 50 free, 100 Back ,and 100 IM.

Mikaela Schluth had a fantastic meet going best times in the 50 free, 200 free, 100 Back, and 100 IM. She had a massive drop of 18 seconds in her 200 free.

Hanna Smith had a good meet having some strong finishes in her races. She finished 2nd in the 100 free, 4th in the 100 back, 4th in the 50 free, and 5th in the 200 Back.

Lily Soldani had a good meet dropping time in two events, the 200 free and the 200 IM. Lily also placed 9th overall in her 100 Back.

Sarah Sponder had a very good meet swimming fast in the 50 free, 50 Breast, 100 Back, and 100 IM.

Benjamin Sturm had a good meet placing 10th in the 100 fly and 14th in the 100 Back.

Mario Suarez had a impressive meet going best times in 8 events and swimming the 200 fly for the first time. He placed 3rd in the 400 IM, 4th in the mile, and 4th in the 500 Free.

Ava Teo did great at the meet going best times in the 50 Free, 50 Breast, and 50 Back. Her biggest time drop came in the 50 Back dropping 6 seconds!

Gabriel Tortola went best times in the 50 free, 200 free, 50 Back, and 100 Free. He finished 9th over all in is 100 Fly as well.

Lillian Trussellhad went best times in 2 events at the meet. She went best times in the 200 Free and 200 IM.

Jake Venezia had a very impressive meet, going best times in 7 events! He

finished 2nd in the 400 IM, 3rd in the 500 Free, and 5th in the mile.

Joshua Wallace had a good meet going best times in 4 events. Josh also had three 3rd place finishes, three 4th place finishes, and three 5th place finishes.

Shadrach Wallace swam the 200 free and did a great job!

Sheldon Win had a pretty good meet going best times in 3 events. His biggest time drop came from his 200 Breast where he dropped 11 seconds!

Melody Yates went a best time in her 200 IM. She also finished 3rd in the 200 Back and she finished 9th in the 100 Back.

Victoria Zlateva had a good meet and swimming three best times. She went best times in the 200 free, 200 IM, and the 100 Free. Victoria also finished 7th over al in the 200 Breast.

8 & Under Sizzler at Weston, February 9, 2018

On February 9th PCS Novice group had 9 swimmers go to Weston to race and achieving 18 new best times. This was also the first time YSF hosted a 8 & Under Sizzler and they did an absolutely wonderful job.

Samuel Gomez did an incredible job at the meet. He finished 9th in two events, 25 fly and 25 Breast.

Kyle Jensen had a good meet and earning himself two 4th place finishes in the 25 fly and 25 Breast. He also earned two 7th place finishes in the 25 Back and 25 free.

Annabella Johnson had a great swim meet. She went best times in 3 events and her biggest time drop came in the 25 Back where she dropped 10 seconds!

Emerson Olive had a good meet earning three 6th place finishes and a 2nd place finish!

Nicolas Riechel- Sarup had a fantastic swim meet going best times in the 25 free and 25 fly. He also earned two 3rd place finishes, a 4th place, and a 8th place finishes.

MacKenzie Sipowicz di a very good job

at the swim meet. She went best times in the 25 fly and the 25 Back.

Alec Vetancourt had a very strong swim meet dropping times in all four of his events. Alec's biggest drop came in the 25 Breast where he dropped 5 seconds!

Charlotte Wolfe did very well at the meet going best times in all four of her events as well. She dropped 2 seconds in the 25 Fly and the 25 Breast. Charlotte also finished 3rd overall in the 25 fly.

Jordyn Wolfe had a great meet as well. She went best times in 3 events! She dropped time in the 25 Back, 25 Breast, and 25 Free.

14 & Under Panther Invite at Fort Lauderdale, February 10, 2018

On February 10th PCS Age Group had 81 swimmers compete in our annual Panther Invite. During this 2 day meet our swimmers earned 180 new best times.

Marissa Albury did a fantastic job at the meet. She earned best times in the 50 fly, 100 free, and the 200 free. She also won the 200 free, had two 3rd place finishes, and three 4th place finishes.

Haily Alexe swam the 100 Back for the first time and had all best times swimming the 50 fly, 50 back, and dropped almost 5 seconds in the 100 Free.

Christian Antonio did an excellent job swimming in his first ever meet with 50s and 100s. He took on the 100 free and 100 IM right away and did an excellent job in both events.

Zoe Antonio did an excellent job going best time in the 100 IM. Zoe also swam the 200 IM for the first time and missed the JO cut by just a couple seconds. She also swam the 100 Fly for the very first time and impressively earned the JO qualifying time!

Angelique Arfa got all BEST times in every race and even swam the 500 Free for the first time. Angelique earned "JO TIMES" in the 50 Fly, 50 Breast, and 100 Fly while also placing 2nd.

Kaitlyn Armbruster had a great meet going best times in 3 events.

Novice, Age Groups & Senior Groups

14& Under Panther Invite

Her biggest time drop came in her 50 Breast dropping 1.5 seconds. She also had a great 4th place finish in the 100 fly.

Tyler Armbruster had a strong meet going a best time in the 50 Breast. He also had three 3rd place finishes and three 5th place finishes.

Aitor Arrese-Igor turned 13 and moved up from Green 1 to Green 2 and is working so hard. He swam 6 events, tired, and came in with 4 best times. His beautiful butterfly that Coach Eddie taught him showed with going under 30 second in the 50 fly for the first time and dropping in the 100 fly. Keep working hard Aitor.

Ava Balsam had a huge drop in her 100 IM of almost 15 seconds and dropping almost 7 seconds in her 100 Free. Ava also improved in the 50 Breast, 50 Free, and 50 Back.

Jonah Bennett had a very good meet having a huge time drop of 18 seconds in the 500 free and dropped 4 seconds in the 100 IM. Jonah also took on the 400 IM for the first time and did an incredible job!

Lorelei Bennett had a fantastic meet going best times in 7 of 8 events! She also placed 6th overall in the 400 IM which she swam for the very first time. Her largest time drop was in the 500 free dropping an incredible 41 seconds!

Jared Berke swam 6 races, with best times in 5 events. He also achieved 3 more Junior Olympic cuts! Congrats Jared!!

Riley Botting did an excellent job of earning 3 best times in the 100 free, 500 free, and the 100 IM. Riley also won the 500, had three 2nd place finishes, a 3rd place, and two 4th place finishes.

Katie Cathcart swam 3 events on Saturday, achieved a new best time and also swam the 100 yard backstroke for the first time! So proud of Katie!

Wyatt Denhard did very well at the meet going a best time in the 500 free by nearly 5 seconds. He also earned a 3rd place finish, two 4th place finishes, and

a 5th place finish. Great job!

Richard Diamond did a good job at the meet. He finished 9th overall in the 50 Back.

Annelise Driscoll was out sick all week and even missed Saturday but came to swim Sunday and improved in her 100 IM and just missing best times in her 50 Free and 50 Back.

Lauren Dudley had 2 best times in the 200 im and 50 breast. Her breaststroke has improved so much making her 200 im that much better. Great meet.

Paige Dudley swam 4 events both days improving almost 10 seconds in the 500 Free on Saturday and switched gears and improved in both her 50 Free and 50 Back on Sunday.

Bella Egizi had a wonderful meet going best times in 5 events. She also swam the 500 free and 400 IM for the first time and earned a JO qualifying time in both events. Bella won the 50 fly, 100 IM, 100 fly, and the 400 IM.

14 & Under Panther Invite

Sofia Egizi did a great job swimming the 200 IM for the very first time and just missing the JO qualifying time. Sofia went a best time in the 50 fly and getting the JO qualifying event. She also improved her time in the 100 IM.

Samanth Escobar did a fantastic job at the meet. This was her first time swimming in the 11-12 age group and finished 6th overall in the 200 IM! She also dropped time in the 200 IM and in the 50 free. Great job Samantha!

Xander Escobar had a very good meet going a best time in his 100 IM by 1.5 seconds. Xander also took on the challenge of swimming the 400 IM for the very first time and did an outstanding job!

Luc Ferrara had a very solid meet earning himself two 2nd place finishes, two 3rd place finishes, and two 4th place finishes while swimming tired.

Roman Ferrara had a great meet going best times in 4 events and swimming the 400 IM for the first time. He had a big time drop of 10 seconds in the 500 free. Roman also finished in the top 5 in

7 out of his 8 events.

Ivana Fuegert had very first swim meet with swimming in 50s. She did an incredible job in the 50 free and 50 back.

William Gabrielle had a very good meet. He swam the 100 free for the very first time and did an excellent job!

Luna Guzman had a great meet swimming the 100 free for the first time and doing an incredible job. She also went best times in her 50 fly by 2 seconds and dropped a half second in her 50 Breast.

Joshua Hanks had a strong meet. Joshua went on to win 7 out of his 8 events! The 8th event he finished in 3rd place. Great Job!

David Hayes swam the 50 Fly and 50 Breast for the first time ever and had a real break through meet dropping almost 4 seconds in the 100 Free and also improving in his 100 Back.

Johanna Henry had a very good meet dropping time and setting new best times in 4 events. Her biggest time drop came in her 100 IM, where she dropped nearly 6 seconds!

Jordan Jean swam 6 races, with best times in a few events. He is getting closer to a few more Junior Olympic cuts! Go Jordan!

Courtney Jensen did a fantastic job at the meet. She went best times in 3 events: 100 Free, 100 IM, and 100 Breast. She also placed in the top 5 in both the 50 Breast and 100 Breast.

Annabella Johnson had her very first meet swimming in 50s. Her coach tells us she did an outstanding job in her races.

Zachary Johnson had a very good meet. He finished 8th overall in the 100 Breast. Zachary also dropped 0.4 seconds in his 50 free.

Jake Jones had a very strong meet going a best time in the 50 fly by 1.4 seconds. Jake also took on the 100 fly for the first time and earned a JO qualifying time!

Lara Jones had good meet. She had three 2nd place finishes, four 4th places

Novice, Age Groups & Senior Groups

14 & Under Panther Invite

and a 5th place. Great job to Lara for finishing in top 5 in all of her events.

Ronin Jones had a great meet. Ronin went best times in 7 out of his 8 events! He took on the 400 IM for the first time as well and earned himself 2nd place in the race.

Zephy Kjos did an excellent job at the meet earning best times in 4 events. Her biggest time drop came in the 50 fly where she dropped 3.2 seconds!

Robert Krasnov swam in his first meet with 50s. He did an excellent job swimming and taking on these new distances.

Victor Lago did an incredible job at the meet. He went best times in 5 events and he had massive time drop 58 seconds in the 500 free!

Christopher Lin had a very good meet earning top 3 finishes in all of his events and he won 3 events. Christopher is getting closer to qualify in several more events for JO's.

Esther Lin did a very good job winning the 50 fly, 50 Breast, 100 fly, and 100 Breast. She also earned two 2nd place finishes in the 50 free and 100 free.

Sarah Lin had a very good meet. She dropped 0.9 seconds in her 50 free. Sarah also won the 50 Breast, 50 free, and the 100 Breast.

Brody McClaine did an excellent job at the meet. He dropped time in all of his events and took on the 100 free for his very first time. Brody had an incredible 6.6 second drop in his 50 Back. Great Job!

Amy McKee had an incredible meet dropping almost 4 seconds in her favorite event the 50 Fly while also improving in the 100 Free, 100 Back, and 100 IM, while just missing best times in her 50 Free .01 and 50 back.

Julian Morales had a very good meet dropping time in both the 100 free and 50 Breast. He also placed 8th overall in the 50 Breast.

Lily O'Connor did an incredible job. She went best time in two of her events: the

50 fly and 50 Breast. Her biggest time drop of 9.8 seconds in the 50 Fly is amazing! She also swam the 100 IM for the first time and did great.

Emerson Olive did very well placing 9th in the 50 Fly. He also earned best times in 2 events.

Levent Ozaktay swam 6 races, achieving best times in 4 races. He also swam the 100 yard Individual Medley for the first time! Way to go Levent!

Brett Paden had a good meet earning an 8th place finish in the 100 Breast. Brett also went a best time in his 100 IM by 3 seconds!

Joseph Paden did an excellent job in all of his events. He dropped time 3 of his events and had a massive time drop of 11 seconds in his 100 free.

Julia Podkoscilny did a great job in her events. She won the 200 free, had two 2nd place finishes, four 3rd place finishes, and a 4th place. Good Job!

Kata Portik– Gergely did a great job of earning 2 new best times in the 200 IM and 50 Fly. She finished 2nd in the 200.

Andres Ramirez swam Saturday and improved in his 50 Breast and swam the 100 Back for the first time, he was just off his best time in the 100 Free.

Josefine Richter had good swims in all of her events. She won 5 out of her 7 events. She also earned two 3rd place finishes. Great job!

Lola Rodgers did an amazing job in all of her events. She took on the 200 IM for the very first time and did an incredible job. She went best times in 3 events: 50 Breast, 100 IM, and 100 Breast. Great job Lola!

Frederick Rosenthal did very well at the meet. Freddy earned best times in 100 Free, 50 Breast, and 100 IM. He did an incredible job and gave 100% effort in each race.

Danil Sachenko swam just on one day but during that one day he earned himself a best time in the 100 free dropping 1.2 seconds.

Nikita Sachenko swam in one individual event and he went a best time in his

100 free by 4.2 seconds.

Kevin Santos had an outstanding meet going best times in 6 out of his 7 events. His biggest time drop was in the 100 free where he dropped 10 seconds. Great job Kevin!

Sophia Santos swam in one individual event and it was her first time swimming the 50 free. Her coach says she did an amazing job in her race.

Hanna Smith had a good meet winning the 100 free and 50 free. She also earned a 2nd place and three 3rd places. Good job!

Lily Soldani went best times in 6 out of 8 events and took on the 400 IM for the first time. She also had two 1st place finishes in the 200 IM and 50 Back. Great job Lily!

Sarah Sponder swam 6 races, achieving best times in 2 events. She also swam 4 other events for the first time! Amazing job Sarah Lily!

Mario Suarez got all BEST TIMES and earned himself another "JO TIME" in the 100 Fly while placing 3rd. Mario just missed his 3rd JO time in the 500 Free by .61 but dropped almost 5 seconds. Mario also dropped over 8 seconds in the 100 Breast.

Ava Teo swam Sunday Only and dropped almost 7 seconds in the 100 IM without her goggles on, as they fell off on the dive. Ava also improved in her 50 Free and just missed improving in her 50 Back.

Gabriel Tortola had a very good meet going best times in 4 of his events. Gabriel also took on the 400 IM and earned himself a 5th place finish. His biggest time drop came in the 100 fly where he dropped 5 seconds.

Lillian Trussell one of our morning practice swimmers, attacked all her races and had 2 best times in the 100 fly and 50 back. Her near perfect attendance will show during championship season in a month.

Simone Vale swam four events and she earned herself a second place in the 50 back, 3rd in the 200 free, 4th in the 50 free, and 5th in the 400 IM. Great job!

Novice, Age Groups & Senior Groups

14 & Under Panther Invite

Alec Vetancourt swam in his first meet that had 50s and 100s. He swam the 50 free and 50 back. He did an excellent job and swam great!

Joshua Wallace went best time in 5 events and took on the 400 IM for the first time. He ended up winning the 400 IM and earned a JO qualifying time for that event!

Shadrach Wallace had a good meet. He finished 4th in both the 50 free and 50 back. He also finished 6th in both the 200 free and 100 Breast. Good Job!

Christopher Warner dropped time in all of his events and swam the 50 fly and 100 free for the first time. He also earned a 5th place finish in his 50 fly. Great job Christopher!

Raymond Warner swam at the 11-12 age group for the first time. He did an outstanding drop swimming in the next age group and he went best times in 4 events. His biggest time drop came in the 200 free where he dropped 13 seconds!

Lacey Wolf swam in 2 events and it was her first time swimming 50s. She swam

In the 50 free and 50 back. She did an incredible job!

Lyla Wolf swam in 3 events and she went best time in the 50 free and 50 back. She also took on the 100 IM for the first time and did a great job!

Melody Yates earned a best time in her 50 Back dropping 0.6 seconds. She also two 4th place finishes, two 5th place finishes, a 6th place, a 7th place, and a 8th place.

Daniel Yoffe swam 50s at a meet for the first time. He swam the 50 free and 50 back. His coach tells us he did a great job and gave his max effort in each race.

Erick Zepeda went best times in 4 events. His biggest time drop came in the 500 free dropping 18 seconds. He also finished in the top 8 in all of his events with two of those being 2nd place finishes.

Victoria Zlateva had 2 best times in the 50 fly and 100 free. She broke a minute in the 100 free at the scotty invite for the first time 2 weeks ago and she dropped some more at the panther invite. Great meet Crusher.

Senior LCM Sectional Qualifier, Plantation February 9th,2018

On February 9th and 10th we had 35 PC Senior and National Group swimmers go to Plantation to compete and some achieving the goal of earning their Sectional Qualifying time in their respected events. The Women's team finished 1st overall and the Men's team finished 3rd overall. With the combined scores of the Women and Men , Pine Crest Swimming finished 3rd overall.

Congratulation to all of the Senior and National group swimmers who competed- Trent Albury, Flora Beleznay, Rachel Botting, Haley Cisewski, Brooke Cordoba, Diego Darquea-Juris, Jose Diaz, Patrick Groters, Giulia Guerra Montes, Jimmy Hart, Madison Kozel, Annabella Lyn, Alexandra Meszaros, Victoria Miyamoto, Anna Montgomery, Lejla Najarro, Jessica Nava, Racine Ross, Andrea Santander, Jacob Silberman, Cristian Tortola, Nicholas Vale, Simone Vale, Emily Weiss, Sheldon Win, and Savannah Yates.

Pine Crest Swimming Signees



Congratulations to all of our PC signees thus far. Starting with the 2nd row and 2nd from the left is our own Nico Ferrara. He will be attending University of Virginia next Fall and racing for the Cavaliers.

In the Back row 1st on the Left side is Lyle Hayes-Macaluso who is one of our PC divers. Lyle will be attending University of Florida and become a Gator next Fall.

The back row 2nd from the left is Daniela Gomes. Daniela will be attending Swarthmore College next Fall.

Last but not least is Annabella Lyn. Annabella will also be attending Swarthmore College with her teammate Daniela next Fall.

We want to Congratulate all of our PC students who have committed to all of these wonderful colleges. We wish them the best of luck when they start their next Chapter of life in this upcoming Fall. Go Panthers!

Swim Lesson Student at Surf Camp



One of our own students, Maleea Leeds, participated in a Surf Competition over the weekend on February 3rd. Maleea is the daughter of Andrew Leeds who is a Pine Crest teacher and she participates in our swim lesson program in Boca. She took 2nd place overall in the Surfing Competition. Congratulations Maleea!

Summer Camps 2018

Rising Star Summer Camp Fort Lauderdale June 11th, 2018– August 3rd, 2018

Our Rising Star Swim and Dive Camp will be held from June 11th to August 3rd. This camp is primarily for swimmers who participate in our Novice group or are beginning swimmers learning the 4 strokes.

The camp accepts kids in the grade range of Kindergarten to 5th Grade. Pine Crest's Rising Stars summer swim camp is dedicated to teaching campers the basics of all four strokes, survival techniques, and water safety. The camp day includes two, 45-minute swim sessions, games and activities, snacks, and lunch. Instructional time is split between swimming instruction and diving instruction.

Competitive Swim Camp Fort Lauderdale Campus June 11th, 2018 to August 10th, 2018

The Competitive Swim Camp will be held from June 11th to August 10th. This camp is for the grade range of 3rd grade to 12th grade. This camp is primarily for swimmers who know all four strokes, typically trains year around, and is capable of participating in Two 2 hour training sessions a day.

Swimmers will be instructed in all aspects of competitive swimming with a focus on technique in all four strokes, dives, turns, and underwaters as well as race strategy, nutrition, and mental preparation. All campers will be filmed underwater and analyzed to improve their technique.

Led by two-time Olympian and Pine Crest Director of Aquatics Mariusz Podkoscielny, Pine Crest's Competitive Swim Summer Camp is Fort Lauderdale's premiere summer swim camp.

Rising Star Swim Camp Boac Raton Campus June 11th, 2018 to August 3rd, 2018

This Rising Star program in Boca will be held during June 11th to August 3rd. This camp is very similar to the Fort Lauderdale Rising Star program where it is primarily meant for swimmers who participate in the Novice group and are beginner swimmers learning the 4 strokes. The only difference for this camp is that the Boca Rising Star will accept kids from the grade range of Kindergarten to 6th grade.

Pine Crest's Rising Star Lessons Summer Swim Camp is dedicated to teaching campers the basics of all four strokes, survival techniques, and water safety. The camp day includes three to four 45-minute swim sessions, games and activities, snacks, and lunch



SAVE THE DATES

May 12, 2018

Team BBQ and Pool Party
at PC Boca Raton

PINE CREST SWIMMING

2700 St. Andrews Blvd
Boca Raton, FL 33434
561-852-2825
boca.swim@pinecrest.edu

1501 Northeast 62nd Street
Fort Lauderdale, FL 33334
954-492-4173
swimming@pinecrest.edu

[We're on the web:
www.pinecrestswimming.com]



March

March 2-4

Area 1 Developmental Championships, Lake Lytal

March 8-11

Southern Zone Sectional Championships, Plantation

March 16-18

FGC Short Course Junior Olympics, Coral Springs

March 22-25

Senior Championships, Pembroke Pines

March 23-25

FGC All Star Meet, Ft. Pierce

April

April 8

FGC Swimposium, PCFL

April 13

8 & Under Sizzler, Sunrise

April 20-22

Dragons LC Spring Invite, Jupiter

May

May 12

11th Annual Mini Meet, PC Boca Raton

May 18-20

Jesse Vassallo Invite, Pompano Beach