

Volume 110

May 2017



PINE CREST SWIMMING

Pine Crest Lane Lines

May Lane Lines Newsletter

Wellington Spring Invite, Wellington: 65 Swimmers attended from PC
150 New Best Times

Our Annual Mini Meet at the Boca Campus



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May Birthday Month

Brady Baur, Michael Cardei, Katie Cathcart, Lila Rose Feeley, Nina Firic, Emmy Foltz, Carson Fregosi, Francesca Garfi, Blair Joselson, Annabella Lyn, Anna Mandziak, Julie Mason, Alexandra Meszaros, Anna Montgomery, Andres Ramirez, Emmi Rogovin, Victoria Rotsaert, Hanna Elks Smith, Christian Soderberg, Nick Vale

Novice, Age Groups & Senior Groups

Wellington Spring Invite, Wellington May 18-20

Pine Crest Swimming had 65 swimmers attend the Wellington Meet. Even with constant heavy rain and challenging swimming conditions we had 150 new best times! Great job to all of our swimmers and being able to handle the uncontrollable obstacle of weather.

Angelique Arfa had a very good meet. She earned best times in 3 of her events. The biggest time drop came in the 100 back where she dropped 15.7 seconds! Great job!

Drew Arfa did a great job. He earned a best time in his 100 free dropping 3.55 seconds. Great job Drew!

Kaitlyn Armbruster did a good job at the meet. She was right around her best time in the 50 free and finished 13th overall in the 100 fly.

Tyler Armbruster did a good job. He earned himself a best time in the 100 breast. Tyler also finished 9th overall in the 50 fly.

Aitor Arrese– Igor had a fantastic meet. He went best times in all of his events! His biggest time drop came in 200 IM where he dropped 10.98 seconds! Aitor also won the 200 fly. Excellent job Aitor!

Ava Balsam did a great job. She went best times in 4 of her events. She had a massive time drop in the 200 IM dropping 19.61 seconds. Great job!

Adrianna Barone did a good job at the meet. She finished 3rd overall in the 100 breast, had two 5th place finishes, a 6th place finish, and two 7th place finishes.

Andras Beleznay had an excellent meet. He went best times in all of his events! He had a big time drop in 5.9 seconds in the 200 IM. Great job Andras!

Bryan Bellinetti Petz did an excellent job swimming in his first long course meet with Pine Crest. He placed 11th overall in the 100 fly. Great job!

Lorelei Bennett had an outstanding meet. She went best times in 4 of her events. She had an incredible 21 second drop in the 200 free!

Jared Berke did an outstanding job at the meet. He swam the 400 free, 200 IM, and 200 free for the first time long course meter. He also earned best times in 3 of his events.

Riley Botting had a very solid meet. She went a best time in her 100 free. Riley finished 2nd in the 100 breast, had two 3rd place finishes, and a 4th place finish. Great job Riley!

Isabella Chambers had a goo meet. She placed 7th in her 100 free and 8th in her 100 back. Good job Isabella!

Raymond Chiang had an excellent meet. He went best times in all of his events! He had a massive time drop of 20 seconds in his 100 back! Raymond also took on the 50 fly for the first time long course. Great job Raymond!

Wyatt Denhard did a good job at this meet. He placed 4th overall in his 100 breast. He also dropped 7.9 seconds in his 50 fly!

Annelise Driscoll had a great meet. She went best times in her 50 back, 50 free, and 50 breast. Her biggest time drop was in the 50 breast where she dropped an incredible 9.79 seconds!

Lauren Dudley had a good meet. She swam the 200 breast and the 200 back for the first time long course. Great job!

Paige Dudley did a very good job at the meet. She swam the 400 free for the first time and did an outstanding job. She also earned a 5th place finish in the 50 breast where she dropped 6 seconds! Great job Paige.

Bella Egizi had an incredible meet. She dropped time all of her events except for 2 events. She had dropped 24 seconds in both the 400 free and 200 IM! Great job Bella!

Sofia Egizi did a great job. She had a big time drop of 13 seconds in the 200 free. She also swam the 400 free and the 100 fly for the first time long course!

Samantha Escobar had a very good meet. She went best times in 5 events. Her biggest time drop was in the 100 breast where she dropped 9 seconds! Great job Samantha.

Xander Escobar had a very good meet.

He went best times in the 200 free and 50 fly. Xander dropped 7 seconds in his 50 fly! Great job!

Michael Fernandez did a great job at the meet. He went best times in the 100 back and 50 fly. He also had two 2nd place finishes, a 3rd place finish, and three 4th place finishes.

Luc Ferrara did well. He placed 5th overall in the 50 fly and he placed 8th overall in the 100 breast. Great job Luc!

Roman Ferrara did a great job. He dropped 14 seconds in his 100 breast and dropped 4.8 seconds in his 100 back. Roman also had a 7th place finish in his 100 free. Good job Roman!

Ellie Gomez did a good job at the meet. She went best times in the 200 free and 50 breast. She had a big time drop in the 50 breast dropping 14 seconds!

Emma Gomez had a solid meet. She placed 10th overall in the 50 back and was fairly close to her best time. Good job Emma!

Adrianna Gooding did a great job swimming in her first long course meet with Pine Crest. She had a 1st place finish in the 50 back, 2nd place finish in the 200 fly, 3rd in the 100 back, and a 4th place finish in 100 fly. Great job!

David Hayes had an incredible meet. He went best times in 5 of his events! He dropped 4 seconds in both the 50 back and 100 back.

Johanna Henry had a great 50 backstroke dropping almost 3.5 seconds. She also placed top- 5 in two events- the 100 breast stroke (1st place) and the 50 breast stroke (4th place) in the 10 and under category.

Veronika Hesse had an outstanding meet. This was her first ever long course meet. She had good form and technique during her races. Fantastic job Veronika!

Jordan Jean did a great job. This was his first long course meet as well. He earned a 4th place finish in the 50 back and he placed 5th in the 50 breast. Outstanding job Jordan!

Novice, Age Groups & Senior Groups

Wellington Spring Invite, Wellington May 18-20

Courtney Jensen dropped time in three out of four events that she swam. Her most impressive was an 8 second drop in the 50 backstroke. She placed 4th in the 10 and under 100 meter breast stroke.

Kyle Jensen did an excellent job. This was his first ever long course meet and he did an incredible job. He even scored 3 points in the 100 Breast!

Jake Jones had a very good meet dropping time in every event. He swam AAA time standards in the 50 meter backstroke and 100 meter breast stroke. Jake placed top-5 in six events.

Lara Jones had a very good meet. She earned best times in the 50 fly and 100 Breast. She placed 2nd overall in the 50 breast and two 4th place finishes. Great job Lara!

Ronin Jones swam the 400 IM long course for the first time and did very well finishing only 2 seconds off the JO cut. Ronin placed 2nd in the 50 and 100 breast among 11-12 year old boys.

Zephy Kjos did a very good job at this meet. She earned a best time in the 50 free by nearly 2 seconds. Great job Zephy!

Victor Lago did an incredible job. He earned best times in the 50 free and 50 breast. Victor also took on the 200 IM in long course for the first time. Great job Victor!

Christopher Lin had many impressive swims with a ton of time drops. He improved 20 seconds in the 200 IM and got the 10 and under JO cut. Chris placed in the top-5 in three events.

Esther Lin had a good meet. She went best time in the 200 IM. She also won the 13-14 girls 50 breast! Great job Esther!

Sara Lin swam the 400 IM long course and did great placing 2nd in her age group and getting a JO cut by over 10 seconds. She improved in all her events and won both breast stroke events.

Isabella McGovern had a good meet. She

swam the 100 back and the 100 breast for the first time long course meters and did a great job!

Colin Nealy had a fantastic meet. He went best times in all but two events. He had a big 10 second time drop in his 400 free. He also placed 3rd in the 100 fly and 50 fly.

William North did an excellent job at the meet. This was his first ever long course meet and he did just a fantastic job!

Levent Ozaktay had a very good meet. HE went best times in all of his events. He had a massive time drop of 15 seconds in the 100 back. Great job Levent!

Brett Paden swam his first long course meters meet ever. He did a fantastic job racing hard in all of his 8 events. Brett just recently moved up to Green I Group and has been working very hard.

Joseph Paden did an excellent job. This was his first ever long course meet and did an outstanding job. He placed 7th overall in the 100 breast!

Brooke Powell had a solid meet. She had an awesome 50 back finishing 5th overall and was just off of her best time!

Lola Rodgers was feeling a bit under the weather at the meet. She was able to swim five events and drop time in the 50 meter free. Lola was very close to best times in the other events she swam.

Freddy Rosenthal had a fantastic meet. He dropped a jaw dropping 30 seconds in his 100 breast. Great job Freddy!

Kian Saffari had a very good meet. He went best times in all of his events except for 2 events. He swam the 200 IM, 400 free, 100 fly, and 50 free for the first time long course.

Maria Sara did an excellent job. This was her first meet with Pine Crest and she scored 5 points for the team. Great job!

Mikaela Schluth had an excellent meet. She went best times in all of her events! Outstanding job Mikaela!

Lily Soldani had very successful meet. She improved in all of her events, won

the 50 back and 50 free coming very close to AAA times in those events. Lily dropped 10 seconds in the 200 IM and placed top-5 in seven events.

Sarah Sponder did a very good job. She went a best time in the 50 free. She also swam the 50 back and 50 breast for the first time long course.

Mario Suarez had a very good meet. He went best times in all of his events except for one and earned himself some new JO times. Great job Mario!

Gabriel Tortola had an impressive showing dropping time in all but one event. His biggest time drop was in the 400 free where he improved by 23.5 seconds and got a JO cut.

Simone Vale had a good meet. She was able to get a best time in the 50 fly. Simone also placed 2nd overall in the 100 back.

Jake Venezia had a good meet. He won the 50 breast and earned best times in all but one event!

Joshua Wallace did a very good job. He went best times in the 200 IM and 100 back. Great job Josh!

Sam Weisfisch did a great job. He went best time in the 50 breast. He also came very close in getting a JO time in the 50 free.

Sheldon Win had a strong meet. He swam the 400 free and 200 breast for the first time long course and did a great job.

Lyla Wolf did a very good job swimming in her very first long course meet. She had good form and her coach is very proud of how well she did.

Victoria Zlateva did a great job. She placed 4th overall in the 50 breast and 8th in the 50 back. She was right near her best time in the 50 back as well. Great job!

Mini Meet and BBQ



Another great event hosted by PC Swimming at the PC Boca Raton campus on Saturday, May 12. This annual event is a favorite among the swimmers, divers, and families.

The day started off with a combined age group practice, followed by the Annual Mini Meet (an in-house fun swim meet). The Mini Meet had 108 swimmers from our Lessons Program and 12 swimmers from our 8 & Under Novice group (swim team) race everything from freestyle to the favorite, teddy bear kicking. All the Mom's went home with a rose for Mother's Day. We ended the day with the Annual Team BBQ & Pool Party which included a pie eating contest, money dive, obstacle course, and a delicious BBQ and ice cream. Thank you all for such a great time!

Jay Fitzgerald



Thank you Coach Jay for your 23 years at Pine Crest School / Pine Crest Swimming. A celebration and presentation on the pool deck on Friday, May 4, with of course cake and cookies, we presented Jay with a new bike, custom quilt (which is a collection of tshirts and jacket logo's from all the years he has coached - from University of Alabama, Santa Clara Swim Club, Dads Club, Cincinatti Marlins, and PC Swimming along with many national, world and Olympic games), giant card signed by the swimmers, and a keepsake book of stories and thank you's from coaches all over and parents. Coach Jay will be with us until the end of this school year, so only a few weeks left!

Check out these links for more information on Coach Jays' incredible career:

[https://www.teamunify.com/fgcspcst/UserFiles/Image/201801301424\(1\).pdf](https://www.teamunify.com/fgcspcst/UserFiles/Image/201801301424(1).pdf)

<https://swimswam.com/renowned-pine-crest-coach-jay-fitzgerald-retiring-2017-18->

Tonya Hammond and Tom Smith



Coach Tonya Hammond of Pine Crest Swimming has announced that this will be her final year of coaching with the swim program. Coach Tonya has been extremely valuable to the overall program from the Learn to Swim, Novice, High School Swimming, and office administration, she kept things running smoothly and effectively for many years. Coach Tonya has always been so important and supportive to Pine Crest Swimming and will truly be missed. Thank you so much Coach Tonya for all that you have done for Pine Crest. You have helped so many kids find a love for swimming and made such a positive impact on so many people. We all will miss you.



Coach Tom Smith of Pine Crest Boca has announced that this will be his final year of coaching with the swim program. Coach Tom has been such a big help and contributed so much to Pine Crest Swimming. You will be missed Coach Tom and we will all miss the countless times you have made us all laugh. Thank you Coach Tom for all of your hard work and everything you have given to Pine Crest Swimming! Enjoy your retirement!

PINECREST SWIM CAMP



- 9 WEEKS: June 11- August 11
- New and improved daily schedule
- Technique session each day for all campers
 - Lunch and 2 snacks included
 - 2 practices and 1 dry land each day
- Each week includes ½ day on Saturday (1 practice)
 - Classroom session each day

REGISTER NOW!

<https://pcsummerftl.campbrainregistration.com/>

<http://www.pinecrestswimcamp.com>

Pine Crest **Rising Star**

WWW.PINECREST.EDU/SUMMER

RISING STAR SWIM CAMP - BOCA RATON

June 11 – August 3 (8 weeks to choose from)

RISING STAR SWIM & DIVE CAMP - FORT LAUDER- DALE

June 11 – August 3 (7 weeks to choose from)

Ages 5-12 years old

Perfect for those at the Swim Lesson, Novice or
White Group level

SUMMER SWIM LESSONS

Summer Group Lessons are run in the months of June & July on a weekly basis.

BOCA RATON

Classes are at 8:45am-9:15am OR
3:30pm-4:00pm

Go to www.pinecrest.edu/summer to register

FORT LAUDERDALE

Classes are at 8:30am-9:00am, 3:30pm-4:00pm
OR 4:15pm-4:45pm.

Go to www.pinecrestswimming.com and click on the Swim Lessons Tab for Fort Lauderdale—print off and fill out the pdf form to register and send to the Swim Office.



SAVE THE DATE

June 6, 2018 Last Day of Classes!

PINE CREST SWIMMING

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June

July

August

June 1-3

FGC Open Water Zone Team, Tennessee

June 7-10

TYR Swim Pro Series, Santa Clara

June 22-24

Swim Ft. Lauderdale International Classic, Ft. Lauderdale

July 13-15

Area 1 Developmental Championships, Boca Raton

July 20-22

FGC Junior Olympics, Stuart

July 27-29

FGC Senior Championships, Coral Springs

July 31- August 4

2018 FGC Summer Zone Team, Texas

July 31- August 4

Speedo Junior National Championship, Irvine

August 2-5

Future Championships, Cary NC