**PINE CREST SWIMMING CONTRACT**

Terms and Conditions for Enrollment and Participation

Team Guidelines and Policies

1. **Financial Obligations**
   1. MONTHLY DUES:
      1. When first joining or rejoining the program, you must pay your first FULL month’s dues (if you start more than 2 weeks into a month, then you pay the dues for the following month).
      2. Dues are paid on a monthly basis.
         1. All families’ dues will be submitted at the beginning of each month.
      3. All fees and dues are paid through our Team Unify website. We accept the following method of payment:
         1. All Families: Payment will be made through your account on the Team Unify website ONLY with a credit card. We will NOT accept cash or checks.
   2. INVOICE:
      1. At the beginning of each month all families will receive a statement via email from Team Unify and you can review and pay online through your Team Unify account online at: <https://www.teamunify.com/team/fgcspcst/page/home>
   3. LATE PAYMENTS:
      1. A payment is considered late if it is not submitted by the 15th of that month.
      2. If no payment is made by the end of the month, the student may be subject to disciplinary actions such as suspension from the program until the balance has been settled.
   4. INACTIVE STATUS:
      1. Inactive status can be used for one or more months if you will not be participating in the program. In order to set your account as inactive, contact the Pine Crest Swimming office at *swimming@pinecrest.edu*, no later than the 1st of the month you plan to begin your inactive status.
2. **Swim Team Policies and Procedures**
   1. BEHAVIORAL EXPECTATIONS
      1. Swimmers are to be respectful towards themselves and other teammates, coaches, and opposing team members.
      2. Any form of bullying or harassment will not be tolerated, and will result in an investigation and disciplinary action. Bullying includes, but is not limited to, physical or verbal aggression, relational aggression, and emotional aggression.
      3. Any form of cyber bullying will not be tolerated.
      4. All forms of hazing are prohibited.
      5. Swimmers are required to be respectful towards their coaches, open to constructive criticism, and receptive to the training philosophy of Pine Crest Swimming
      6. All behavioral expectations are in compliance with the Pine Crest Athletes, Middle School, and Upper School handbook.
   2. PRACTICE EXPECTATIONS
      1. Each swimmer is required to attend the minimum number of weekly practices as set forth by their group coach.
      2. Swimmers are expected to be on time for all workouts.
      3. Each swimmer is expected to communicate directly with the group coach if there is a conflict or issue with any of the above requirements.
      4. Each swimmer will be expected to wear Pine Crest and Arena gear during practices.
   3. Group advancements
      1. Each group has its own requirements that each swimmer must meet before being eligible to move up to the next group.
      2. Each group has a minimum age requirement. If a swimmer has met all of the technical requirements for moving up, but has not reached the minimum age requirement for the next group they are moving into, the swimmer must remain in the current group.
      3. All advancement decisions are made at the discretion of the group coaches.
      4. There is no skipping groups while moving up through the program. No exceptions.
   4. SWIM Meet expectations
      1. All swimmers are expected to arrive 15 minutes prior to the start of team warm ups.
      2. Be a part of the team! This includes:
         1. Wear the designated team attire.
         2. Cheer for your teammates! Everyone likes to feel supported.
         3. Act appropriately, and with respect towards others. When representing Pine Crest Swimming, all athletes, coaches, and parents must be in compliance with our Athletics, Upper School, and Middle School handbook.
      3. All swimmers are required to attend a minimum number of meets throughout the season. While the number and type of meets varies, no swimmer is exempt from this requirement.
      4. All families are required to have *at least* one family member volunteer at any home swim meet that their child(ren) attend.
   5. FACILITY
      1. After practice, all swimmers are to help clear the pool deck. This includes equipment, water bottles, etc.
      2. Locker rooms need to be kept tidy. Towels should be placed in the appropriate receptacle after use, empty bottles should be put in the trash, and all other personal items should be placed INSIDE the lockers.
      3. When leaving the pool deck, swimmers MUST be fully clothed and wearing shoes. Pine Crest School does not permit anyone to wear only a swim suit outside of the gates to the pool.
      4. When traveling to another facility for competitions, swimmers and parents are to treat the facility as if it were our own. After the meet is over, everyone is to clear the Pine Crest area of any trash or personal belongings.
   6. WEATHER
      1. Executive decisions regarding practice changes or cancellations due to weather, holiday, or school closings will be made by the group coaches and sent to you by email.
      2. Call the Pine Crest Swimming office at 954-492-4173, NO EARLIER THAN 30 MINUTES prior to the start of your scheduled practice/lesson for the status. Remember, our weather changes rapidly. We make the best decision we can with the information we have available at the time.
      3. If swimmers are pulled out of practice due to weather, they must first check with their coach before leaving. Often we are able to resume practice shortly or continue training indoors.
3. **Team Requirements**
   1. Before you may begin practicing, we must have all of the required applications and forms returned to the swim office.
   2. All swimmers will be required to have Pine Crest or Arena gear for all swim meets and practices.
   3. Each training group has an equipment requirement. Your group coach will inform you of these requirements during your first week, and you will be expected to have all of the necessary equipment by the start of your second week.
   4. All swimmers are required to attend a minimum number of meets throughout the season. While the number and type of meets varies, no swimmer is exempt from this requirement.
   5. All families are required to have *at least* one family member volunteer at any home swim meets that their child(ren) attend.

**Parent Code of Conduct**

As a Pine Crest Parent,

* I will respect all other Pine Crest parents and swimmers.
* I will create a positive and supportive environment for my child.
* I will trust and respect the Pine Crest coaches with my child’s training.
* I will schedule a meeting with my child’s coach by email if I have a problem or concern I would like to address.
* I will NOT interrupt the coaches on deck during a workout.
* I understand that if my child is in violation of the Swimmer Code of Conduct, he/she will be disciplined as deemed necessary by the coaches and program director.
* I understand that my child is subject to all rules, no exceptions.

**Swimmer Code of Conduct**

As a Pine Crest Swimmer,

* I will treat all coaches, swimmers, parents, officials, and volunteers with respect, as outlined in the Pine Crest Upper School, Middle School, and Athletic handbooks.
* I will display good sportsmanship, in the face of BOTH victory and defeat.
* I will meet the minimum practice requirements set forth by my coach.
* I will be on time for every practice.
* I will put forth honest effort during workouts.
* I will communicate directly with my coach regarding any issues I may have.
* I will attend the minimum number of swim meets required by my group coach.
* I will do my part to take care of our facility, and any facility that we visit.
* I will follow all rules set forth by Pine Crest School while I am on campus.
* I understand that any violation of the Swimmer Code of Conduct will result in disciplinary actions as deemed necessary by the coaches and program director.

**PINE CREST SWIMMING**

Terms and Conditions for Enrollment and Participation

By joining Pine Crest Swimming, I agree to abide by all of the following policies and guidelines included in the *Team Guidelines and Policies*, *Parent Code of Conduct*, and *Swimmer Code of Conduct*. I understand that failure to meet the policies laid out in these documents may result in disciplinary actions such as temporary suspension, or being released from the program. I understand that Pine Crest Swimming is here to make my experience the best it can be, and these rules and regulations are in place in order to do so.

Swimmer Name

Swimmer Signature Date

Parent/Guardian Name

Parent/Guardian Signature Date