SATURDAY, APRIL 24, 2021

222 NORTH POMPANO BEACH BLVD POMPANO BEACH FL 33062
SATURDAY, APRIL 24, 2021

EVENT INFORMATION SHEET

Sanctioned By:

Held under the Sanction of USA Swimming and Florida Gold Coast Swimming. Sanction No. **FG2W2111409035**

In granting this Sanction it is understood and agreed that USA Swimming and Pompano Piranhas shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. USA Swimming Article 202.6.6C

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19.

Sponsored By: Pompano Piranhas, Inc. a 501 C3 non-profit dba Piranhas Swim Team

Location: Pompano Beach public beach

Date & Time: Saturday, April 24, 2021

Eligibility: Open to all 2021 USA Swimming registered athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

The host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Rules: 2021 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the Referee, will be in effect.

Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks or in changing areas, restrooms, or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

Public Health and Safety mandates and guidelines of the State of Florida, Broward County, and the city of Pompano Beach will be enforced.

Suits must meet USA Swimming Rules and Regulations. Deck changes are prohibited.

Camera Free Zone:	The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
Conflict of Interest:	Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.
Event Director:	Jesse Vassallo
Head Oficial:	Héctor Acevedo
Oficial:	Joshua Blanco
Medical director:	Denisha Szabo, NP
Safety Director:	Joe Tylor 954 663-3890
Course Official:	Harold Avellana
First Responders:	Pompano Beach Ocean Rescue / Pompano Beach Fire Department
Athlete Body Numbering:	Swimmers shall be marked with their race numbers on both upper arms and their upper backs. The swimmers shall be numbered vertically down the arms and horizontally across the upper backs.
Timing System:	Race Time Inc. using Ankle Strap Chips www.racetime.me
Starter:	Aida Acevedo
Starting Method:	Air Horn
Officials Communication:	Cell Phone
Infractions Notification:	Whistles and a small red flag will be used by the officials.

Events Start Time:			
	Events 1	Men 3 K / “Three-Kilometer”	9:00 am
	Events 2	Women 3 K / “Three-Kilometer”	9:15 am
	Events 3	Men 1 K / “One-Kilometer”	10:00 am

Events 4	Women 1K / “One-Kilometer”	10:20 am
Events 5	Men .5K/500 mt	10:40 am
Events 6	Women .5K/500 mt	10:50 am
Events 7	Men 100 Yard Sprint	11:15 am
Events 8	Women 100 Yard Sprint	11:30 am

Start times listed above are tentative. The Event Director, in conjunction with the approval of the Head Referee, may have male and female wave starts, within appropriate interval splits or combined heats, as deemed necessary to ensure safety and fairness for all competitors.

Age Groups Categories: All Age Group Categories include Male and Female.

Race 1-2: Three KM	14 & Under, 15-17, 18 & Over
Race 3-4: One KM	12 & Under, 13-14, 15-17, 18 & Over
Race 5-6: 0.5 KM	10 & Under, 11-12, 13-14
Race 7-8: 100 yd	10 & Under, 11-12, 13-14, 15-17, 18 & Over

Age Up: The swimmer's age as of 12/31/2021 will be their age for this meet.

Race Start & Finish: All Races the 3K, 1K and 0.5K will start from the shore about 5 meters from the shoreline and finish 5 meters from shoreline into an onshore chute finish.

The 100 Yard Sprint race will start on shore near the water line and will finish on shore near the water line.

Awards: All events will be awarded with Gold, Silver and Bronze Medals for the top three finishers by categories set in this document.

Time Limits: Swimmers not completing the racecourse within 30 minutes of the first athlete to cross the finish line will be notified that the race is over and that they must leave the water at that time. Results will show their time as Did Not Finish (DNF) and will not be eligible for awards.

Venue: The swimmers will be swimming most of the race about 75 meters to 100 meters from parallel to the Pompano Beach public beach shore.

The Pompano Beach public beach has a guard tower on the beach every 200 mt approximately. The PB Ocean Rescue Lifeguard will be actively guarding the beach from their towers during the race.

Warm Up / Warm Down: An area adjacent to the competition will be available for continuous warm-up and warm-down for competitors under the supervision of a coach.

Swimmers found in the water outside of the designated area and not engaged in competition will be scratched from the meet regardless of whether or not they have completed their events.

Race Safety: Six (6) professional Beach Lifeguards led by the Safety Director will be in the water during the races. All lifeguards will be on Kayaks or on Paddleboards distributed throughout the course in the outer perimeter of the course.

Weather Delay Inclement weather (and water quality after any weather event) must be taken into consideration. If inclement weather causes a delay, a notice will be announced and posted on the Pompano Piranhas website www.pompanopiranhas.com along with the adjusted start times for each race.

If there appears there will be no break in the weather, the meet will be canceled entirely. In the event of cancellation due to weather, there will be no refunds.

Sea Conditions The month of April typically offers calm with offshore winds. Depending on strength, may cause a buildup of waves.

If the weather conditions require, the Meet Director, Independent Safety Monitor, or Meet Referee may cancel one or more of the races. Alternatively, they may also postpone the races until weather conditions subside. In the case of a postponement, a notice will be announced and posted on the Pompano Piranhas website www.pompanopiranhas.com along with the adjusted start times for each race.

Sea Life Open Water Swims are subject to the presence of sea life. In the area of the event there may be some sea life. At the time of the year the swim is run, sea nettles are not usually a problem. There may be some on the course, but they are well past their peak population. However, swimmers are encouraged to use Sea Safe Sunscreen, which contains a sea nettle repellant. If any swimmer decides not to swim because of the presence of sea life at the time of the event, there will be no refund of entry fees.

Entries Fees

Event 1-2:	3 K	$45.00
Event 2-3:	1 K	$30.00
Event 4-5:	.5 K	$25.00
Event 6-7:	100 Yards	$20.00

Entry Limitations	Swimmers may swim a maximum of 2 event for the day. A coach must certify on the release form that the swimmer has the ability to complete the race.
Entries Cap:	Maximum capacity of 350 athletes for this event.
Entries:	All entries must be received by **Wednesday, April 14, 2021** PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only) E-mail to meet@pompanopiranhas.com fax: NO faxed entries. Confirmation for electronic entries will be sent via e-mail. ** Submission of electronic entries signifies that all swimmers are USA Registered. Questions, please contact office at (954) 401-0045
Deck Entries:	Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.
Swimmers with Disabilities:	We welcome all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit us the ability to accommodate all requests.
Seeding:	Men and women in each age group will compete on the same course at the same time. If there are a high number of 50 entries in a particular event, the race will be run in waves.
Scoring:	Scoring will not be kept at this meet.
Results:	Results will be posted on Pompano Piranhas website within 24 hours of the meet's conclusion. Pompanopiranhas.com
Coaches:	All coaches on deck must be registered and certified with USA Swimming and will all be required to show proof of certification/registration. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary.
On Race Day Check In:	All competitors must check-in on the day at the registration booth located at the starting line at 222 North Pompano Beach Blvd. in Pompano Beach FL 33062, just north of the Pompano Beach Pier.

On race day The Registration Booth will open at 7:00 am and closed at 8:30 am.

All swimmers must report to the registration booth to check in with a photo ID for a mandatory suit, fingernail, toenail check and to get marked, pick up ankle strap timing chips and bathing cap.

All Swimmers must supply an Emergency Contact Phone number for the day of the event, complete and signed the race waivers at registration.

Pre-Race Safety Meeting: Attendance to the Pre-Race Safety Meeting is required for all swimmers. The safety zoom meetings will be schedule stating time will be announced to all entered in the event by the host. A brief meeting will be conducted approximately 15 minutes before each race starts and will be run at the bullpen and it will be conducted by the officials.

Race Plan: All races will be run on the north side of the Pompano Beach Pier at Pompano Beach public beach. Races will be swam inside the state designated swim area where motor boats are not allowed.

3K / Three Kilometer: Race will start 50-meter north of the Pompano Beach Pier and about 5 meters to 10 meters from the shoreline depending on tides.

The swimmer will enter the ocean and swim east about 75 meters towards the 4' Blue Triangle Buoy. Once pass the buoy swimmers must l turn left and head north to the 500-meter keeping marking buoys on their left shoulder to loop at the 4' light green pyramid buoy.

To complete the 3K swimmers must go three loops of the course. On the last leg of the race swimmers must pass the 30" red marking buoy before turning right and heading west toward the shore finish line shut.

1K / One Kilometer: Race will start 50-meter north of the Pompano Beach Pier and about 5 meters to 10 meters from the shoreline depending on tides.

The swimmer will enter the ocean and swim east about 75 meters towards the 4' Blue Triangle Buoy. Once pass the buoy swimmers must l turn left and head north to 500 meter keeping marking buoys on their left shoulder to loop at the 4' light green pyramid buoy.

To complete the 1K swimmers must go one loops of the course. On the last leg of the race swimmers must pass the 30" red marking buoy before turning right and heading west toward the shore finish line shut.

0.5 / Half a Kilometer: Race will start 50-meter north of the Pompano Beach Pier and about 5 meters to 10 meters from the shoreline depending on tides.

The swimmer will enter the ocean and swim east about 75 meters towards the 4' Blue Triangle Buoy. Once pass the buoy swimmers must l turn left and head north for 250 meter keeping marking buoys on their left shoulder to loop at the 4' Bright Yellow pyramid buoy.

To complete the .5K swimmers must go one loops of the course. On the last leg of the race swimmers must pass the 30" red marking buoy before turning right and heading west toward the shore finish line shut.

100 Yard Sprint: Race will be swam in heats and run by elimination. It will have a start line about 50-meter north of the Pompano Beach Pier and at the shoreline.

Six sets of different color marking buoys will be set up, one set for each swimmer in the heat, one buoy at shore where they will start the race and finish and another 50 yard out where they will have to loop and come back to their starting buoy for the finish.

Temperature: The expected Water Temp: 78 to 82 degrees Fahrenheit.

Signals on the course: The Referee boat shall fly a blue flag to signal that they are on station. The Referee boat will also carry their own set of flags for officiating the race – a yellow flag for warnings, and a red flag for disqualifications. Each kayak shall carry a "needs assistance" orange flag on board so they can hold it up to signal that they need assistance from the Search & Rescue safety boat.

Emergency Services: The local Pompano Beach Fire Department Station is across the street and are aware of the event. The ambulance and paramedics will be at the site as long as their staff is not called to an actual emergency. While the event ambulance is on site, they will render any necessary first aid, resuscitation, or other emergency care. In the event of an emergency, the safety coordinator will still need to call 911 to report the incident and let them know the paramedics are responding. Transportation to a medical facility, if necessary, can be arranged by the paramedics.

Water Quality: We will use the Bureau of Environmental Health Water Program **AskEH@flhealth.gov** information to determine if the quality of the water meet the standards.

Race Day Timeline:

6:30 am	Start Set Up
7:00 am	Open Registration
8:00 am	Officials Meeting.
8:30 am	Coaches Meeting
8:30 am	Close Registration
8:45 am	3 K / "Three-Kilometer" Pre-Race Safety Meeting
8:55 am	Welcome Speeches and National Anthem
9:00 am	Events 1-2 3 K / "Three-Kilometer" Races Starts
9:30 am	1 KM / "One-Kilometer" Pre-Race Safety Meeting
10:00 am	Events 3-4 1 KM / "One-Kilometer" Races Starts
10:30 am	.5 KM/500 mt Pre-Race Safety Meeting
10:45 am	Events 5-6 .5KM/500 mt Races Starts.
11:00 am	100 Yd Sprint Participants Pre-Race Safety Meeting
11:15 am	Events 7-8 100 Yard Sprint Races Starts

Accounting for Swimmers: Swimmers will be assigned numbers and "race tickets" when registering. The numbers will be marked on their shoulders and arms. Prior to each start, the number of swimmers starting will be counted and their "race tickets" collected. As swimmers enter the start area, their chip will be read electronically.

If the numbers of swimmers' chips is different from registration, a roll call will be made to determine the missing swimmer or the swimmer who did not hand in their "race ticket."

Once the swimmers start, they will be counted around each mark. The mark boats will also attempt to check off the number of the swimmer as they round the mark. Each mark boat will radio into the meet director or meet referee when all swimmers have rounded their mark. If any swimmers are picked up during the swim, their number will be called into land and the other mark boats.

The swimmers' numbers will be recorded at the finish as the swimmers come out of the water and each swimmer will be video

recorded as they cross the finish line. The total number of swimmers will also be counted at the finish.

In addition, the races will be electronically timed. All racers will be given a timing chip, which will be programmed for their name, race number, and race. The company running the races will also record the finishers as they complete the race, so there will be a visual record of swimmers coming out of the water.

Parameters for Abandoning Race:

The following individuals are empowered to independently order the race to be abandoned due to unsafe course or other conditions. Meet Referee, Independent Safety Monitor, PB Ocean Rescue Team Leader or the Meet Director.

If the race is to be abandoned Race Control will relay via radio to all vessels to signal abandonment. Simultaneously, the Search & Rescue will signal abandonment.

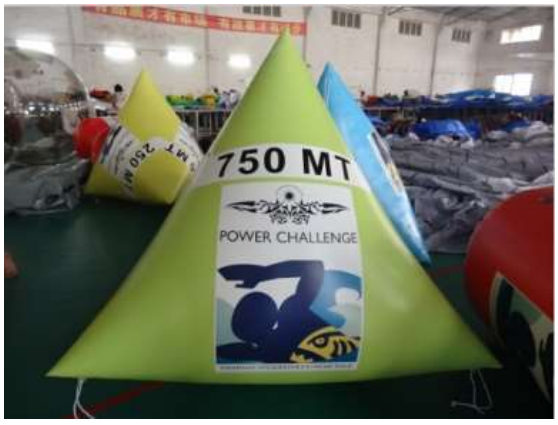
The abandonment signals will be: 5 short blasts of the whistle followed by one long blast. Swimmer actions are to: Discontinue swimming. Look for directions from the Officials or water safety personnel. Once safe on the beach, proceed to the start/finish area and check-in.

Admission: No entrance charge at the beach or the Pompano Beach Pier

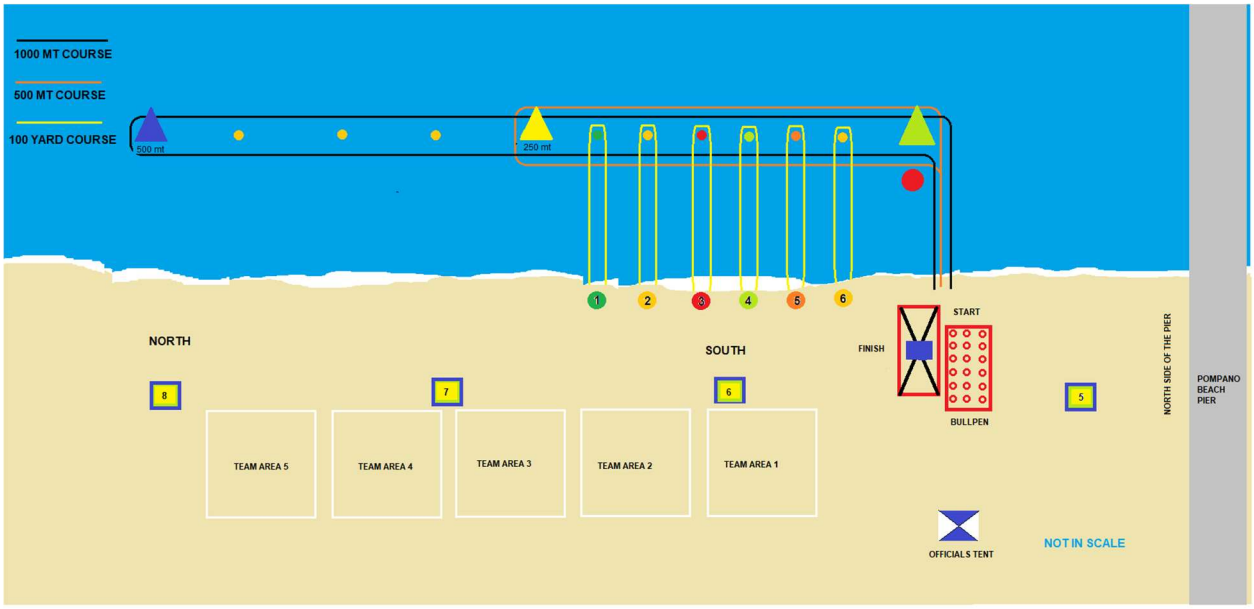
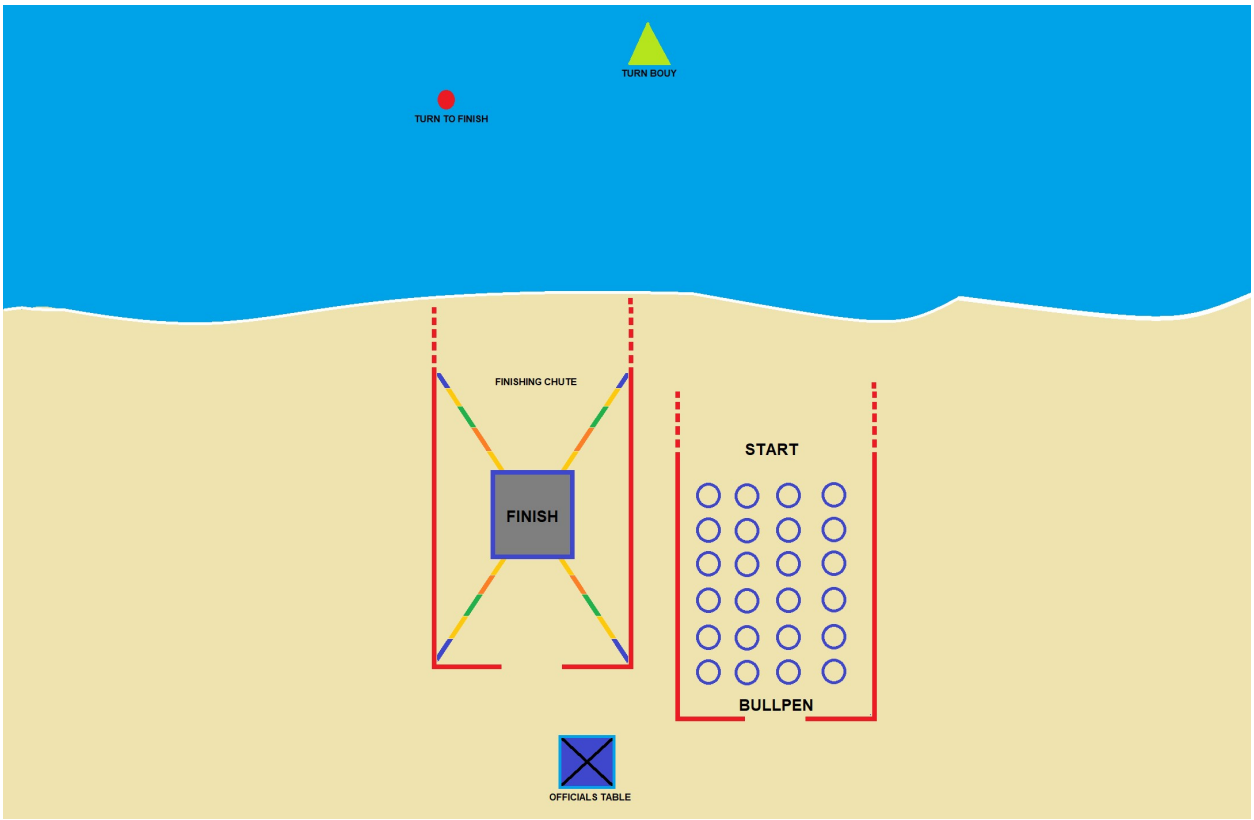
Hospitality: Due to covid-19 guidelines complimentary hospitality will not be available to competitors, officials, or volunteers, only water will be available.

Parking: Parking is available on-site for reasonable fee per car.

Buoy:



Course:



Bullpen/Chutes Start and Finish: