

Southern Zone South Sectional Championships - 3/7/2019 to 3/10/2019
Meet Timelines at a Glance

Thursday PM		
Event	Heats	Start
A Flight		
1 Women 1500 Free	4	5:00 PM
2 Men 800 Free	5	
5 Minute Break		
3 Women 200 Medley Relay	5	7:08 PM
4 Men 200 Medley Relay	4	7:22 PM
5 Minute Break		
5 Women 200 Free Relay	5	7:38 PM
6 Men 200 Free Relay	4	7:50 PM
5 Minute Break		
7 Mixed 200 Medley Relay	4	8:03 PM
5 Minute Break		
8 Mixed 200 Free Relay	4	8:19 PM
End of Session		8:29 PM

Friday Prelims		
Event	Heats	Start
A Flight		
9 Women 200 Free	8	9:00 AM
10 Men 200 Free	8	9:21 AM
11 Women 100 Breast	10	9:41 AM
12 Men 100 Breast	10	9:59 AM
13 Women 50 Back	10	10:17 AM
14 Men 50 Back	6	10:30 AM
15 Women 100 Fly	10	10:39 AM
16 Men 100 Fly	10	10:54 AM
17 Women 400 IM	5	11:09 AM
18 Men 400 IM	5	11:37 AM
B Flight		
9 Women 200 Free	5	12:04 PM
10 Men 200 Free	2	12:17 PM
11 Women 100 Breast	4	12:22 PM
12 Men 100 Breast	2	12:29 PM
15 Women 100 Fly	3	12:32 PM
17 Women 400 IM	1	12:37 PM
18 Men 400 IM	1	12:43 PM
End of Session		12:48 PM

Friday Finals		
Event	Heats	Start
A Flight		
9 Women 200 Free	4	5:00 PM
10 Men 200 Free	4	5:12 PM
11 Women 100 Breast	4	5:23 PM
12 Men 100 Breast	4	5:32 PM
13 Women 50 Back	4	5:42 PM
14 Men 50 Back	4	5:49 PM
15 Women 100 Fly	4	5:57 PM
16 Men 100 Fly	4	6:05 PM
17 Women 400 IM	4	6:12 PM
18 Men 400 IM	4	6:37 PM
5 Minute Break		
19 Women 800 Free Relay	4	7:04 PM
20 Men 800 Free Relay	3	
End of Session		8:14 PM

Saturday Prelims		
Event	Heats	Start
A Flight		
21 Women 100 Back	10	9:00 AM
22 Men 100 Back	10	9:19 AM
23 Women 50 Breast	14	9:38 AM
24 Men 50 Breast	10	9:53 AM
25 Women 50 Fly	15	10:03 AM
26 Men 50 Fly	10	10:17 AM
27 Women 200 IM	8	10:28 AM
28 Men 200 IM	7	10:52 AM
29 Women 50 Free	14	11:13 AM
30 Men 50 Free	11	11:25 AM
31 Women 400 Free	5	11:37 AM
32 Men 400 Free	5	12:02 PM
B Flight		
21 Women 100 Back	7	12:26 PM
27 Women 200 IM	2	12:39 PM
31 Women 400 Free	4	12:45 PM
32 Men 400 Free	3	
End of Session		1:19 PM

Saturday Finals		
Event	Heats	Start
A Flight		
21 Women 100 Back	4	5:00 PM
22 Men 100 Back	4	5:09 PM
23 Women 50 Breast	4	5:20 PM
24 Men 50 Breast	4	5:25 PM
25 Women 50 Fly	4	5:31 PM
26 Men 50 Fly	4	5:36 PM
27 Women 200 IM	4	5:43 PM
28 Men 200 IM	4	5:57 PM
29 Women 50 Free	4	6:11 PM
30 Men 50 Free	4	6:16 PM
31 Women 400 Free	4	6:23 PM
32 Men 400 Free	4	6:45 PM
5 Minute Break		
33 Women 400 Medley Relay	5	7:11 PM
34 Men 400 Medley Relay	4	
End of Session		8:02 PM

Sunday Prelims		
Event	Heats	Start
A Flight		
35 Women 200 Fly	7	9:00 AM
36 Men 200 Fly	6	9:20 AM
37 Women 100 Free	10	9:37 AM
38 Men 100 Free	10	9:51 AM
39 Women 200 Breast	8	10:05 AM
40 Men 200 Breast	8	10:32 AM
41 Women 200 Back	8	10:56 AM
42 Men 200 Back	8	11:22 AM
5 Minute Break		
43 Women 400 Free Relay	2	11:52 AM
44 Men 400 Free Relay	1	12:01 PM
B Flight		
37 Women 100 Free	5	12:06 PM
38 Men 100 Free	3	12:13 PM
39 Women 200 Breast	4	12:17 PM
40 Men 200 Breast	1	12:31 PM
41 Women 200 Back	5	12:34 PM
45 Women 800 Free	4	12:50 PM
46 Men 1500 Free	2	
End of Session		2:06 PM

Sunday Finals		
Event	Heats	Start
A Flight		
45 Women 800 Free	1	5:00 PM
35 Women 200 Fly	4	5:10 PM
36 Men 200 Fly	4	5:24 PM
37 Women 100 Free	4	5:36 PM
38 Men 100 Free	4	5:43 PM
46 Men 1500 Free	1	5:50 PM
39 Women 200 Breast	4	6:08 PM
40 Men 200 Breast	4	6:23 PM
41 Women 200 Back	4	6:37 PM
42 Men 200 Back	4	6:52 PM
5 Minute Break		
43 Women 400 Free Relay	3	7:11 PM
44 Men 400 Free Relay	2	7:26 PM
End of Session		7:36 PM

Positive check-in for events 1 and 2 closes at 4:00 PM Thursday.
The scratchbox closes at 5:30 PM each evening.

All relays will swim in finals unless an AM swim is requested for Sunday's 400 Free Relay by 5:30 PM Saturday.
Positive check-in for events 45 and 46 closes at 5:30 PM Saturday.