

22nd Annual Speedo Winter Championships

November 15-18, 2012

9151 NW 2ND Street • Plantation, Florida 33324

Hosted by Plantation Swim Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGI111512PST-B-30**

Sponsored by: City of Plantation, Plantation Swim Team and PST Booster Club.

Rules: 2012 USA Swimming Rules and Florida Gold Coast rules will govern this meet. Safety rules are outlined by USA Swimming and as recommended by the referee, will be in effect.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2012 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming, who have achieved the time standard. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host (**WILL NOT**) be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: Entries for swimmers with disabilities should be submitted with the team's entry file. The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with the USA-S Rule 105.4

Pool/Timing: Competition will be Short Course Yards. 2 – 25Y x 50M pools for competition. East pool 10 lanes, West pool 8 lanes. Finals will be held in one 10 lane course. Continuous warm-up and warm-down area will be available. Colorado Timing System will be used. Fly-over starts will possibly be used.
The competition course has been certified in accordance with 104.2.2 (C). Water depth at the east pool start varies from 4'0" to 12'0" depending on lane assignment accordance with 202.3.7 (C). Water depth at the west pool start varies from 5'0" to 5'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time:

Date	Warm-up	Prelims Start Time	Warm-up	Finals Start Time
11-15-12 Thursday			3:00 p.m.	4:30 p.m.
11-16-12 Friday	7:00 a.m.	8:30 a.m.	3:30 p.m.	5:00 p.m.
11-18-12 Saturday	7:00 a.m.	8:30 a.m.	3:30 p.m.	5:00 p.m.
11-19-12 Sunday	7:00 a.m.	8:30 a.m.	3:30 p.m.	5:00 p.m.

**Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Location:

**Plantation Aquatic Complex
9151 NW 2nd Street • Plantation, Florida 33324**

Directions:

Plantation Aquatic Complex is located in Central Park. From I-95 go west on 595. Exit north on Pine Island Blvd. to Broward Blvd. On Broward Blvd. head west approximately $\frac{3}{4}$ of a mile to Central Park. On Central Park make a right. Park entrance is located on right hand side.

Entries:

Electronic Entries – Entries will be accepted via electronic attachment by Jimmy Parmenter at JimmyPPST@aol.com. Entries must be in “Zipped COMMLINK” format. Free text entries will not be accepted. RELAY ONLY swimmers must be pre-loaded into relays. List all attending coaches and contact phone numbers in the body of the email. Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours of entry deadline. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent within 48 hours after receipt of file. All entry fees must be paid before the start of the first event. **NOTE: Swimmers without registration numbers or birth dates will not be entered.**

Seeding:

Conforming and Non-Conforming Times: Enter SCY, SCM and then LCM. Eligible entries shall be seeded in the following order –Short Course Yards, then Short Course Meters then Long Course Meters.

Entry Fees:

\$5.00 Individual Events
\$8.00 Relays
\$7.50 per athlete surcharge

Refunds:

Once a team or individual entry has been received and processed, there will be no refunds full or part in.

Entry Limit: Entry Limit: Limited 10 Individual Events plus relays. No more than 3 Individual events per day.
Relays: "A" Relay Teams Only For All Relays

Over entered swimmers will be scratched from the event that exceeds the entry limit.

Over entered relay teams will be scratched.

NOTE: 1100 Swimmer Meet Cut Off.

The meet will close this year at 1100 swimmers. The team that puts the meet at 1100 swimmers, we will accept that teams entire entry. Close the meet and then enter the host team entries.

Awards: Individual Events: Medals 1st-3rd
Relays: Medals 1st place team.
Individual High Point: Top 3 in each age group & sex.
Team Awards: Women's, Men's and Combined Top 5 Teams.

Scoring: Individual: 11-9-8-7-6-5-4-3-2-1
Relays: 22-18-16-14-12-10-8-6-4-2

Distance Events: This information is list below in the Important Meet information section.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

NOTE: Meet host will except CASH Only for Deck Seeds.

Deck Entry Fee: \$10.00 Individual Event
\$16.00 Relay
\$15.00 Surcharge

Entry Deadline: All entries must be received by Wednesday, November 7, 2012 by 6:00 p.m. NO EXCEPTIONS!

Head Referee: Larry Fons

Meet Director: Assistant Meet Director: Terrell Woods email: terrellwpst@aim.com
Meet Director: Jimmy Parmenter email: jimmypst@aol.com
Note: Please direct all questions to Terrell Woods.

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: \$3.00 per session. \$3.00 Heat Sheets per session.

Information: Real Time results and updates to meet information as well as timelines, psych sheets, and meet results for the meet will be posted on the internet after entries are processed. Look for the information at www.swimpst.com .

Meet results will be available on your iphone or andriod. Download Meet Mobile for free from the app store and get results and splits by team, swimmers or events.

Important Meet Information:

- **All relays are timed finals.**
12 & under relays will all be swum in prelims.
13-14 & Open relays will all be swum in finals.
- **400 IM** – is a positive check-in event swum as timed finals, all age groups swum together and scored separately. **Check-in Deadline 3:45 p.m.**
Open 400 IM Only Top 40 Women & Top 40 Men will swim.
15-16 400 IM Only Top 40 Girls & Top 40 Boys will swim.
13-14 400 IM Only Top 40 Girls & Top 40 Boys will swim.
11-12 400 IM Only Top 40 Girls & Top 40 Boys will swim.
- **800 Free Relays – Positive Check-in Deadline 4:00 p.m.**
- **1000 Free** – is a positive check-in event swum as timed finals, all age groups swum together and scored separately. Only Top 120 will swim. **Check-in Deadline 4:30p.m.**
- **500 Free** – is a positive check-in event swum as timed finals. 13 & over Top 10 swimmers will be swum in finals night. **Check-in Deadline 9:00 a.m.**
The swimmer has the right to swim in prelims, but he/she must be entered at the meet qualify time.
12 & under 500's will be swum as a timed final swum in prelims.
1650 Free – The 1650 Free is a positive check-in and swum as timed finals, all age groups will be swum together and scored separately, swum fastest to slowest alternating girls, boys. All heats of 1650 Freestyles will start 10 minutes following the East pool session. Two pools may be used for this event. **Check-in Deadline 9:00 a.m.**

- 1650 swimmers must supply their own counters and timers.
- “Failure to swim” a positive check-in event will result in the swimmer being fined \$25.00 cash only. Upon receiving payment of the fine, the swimmer will be eligible to competing in the meet. No Payment, No swimming, including relays.
- “Failure to swim” in finals will result in the swimmer being fined \$25.00 cash only. Upon receiving payment of the fine, the swimmer will be eligible to competing in the meet. No Payment, No swimming, including relays.
- 400 IM, 1000 Free, 500 Free and the 1650 will be verified using USA Swimming Swims database. Entry times that cannot be verified will not be permitted for entry. Times achieved at foreign meets must be submitted with written proof of time by fax 954-452-2519 or by email to JimmyPPST@aol.com no later than Wednesday, November 7, 2012 by 6:00 p.m.
- Swimmers who fail to check-in may swim, only if an open lane is available without creating another heat.

Finals:

Finals will consist of one heat of girls and one heat of boys (top 10 swimmers in each event by age groups.

Any swimmer who competes in preliminary heats and qualifies for the finals; must declare his/her possible intention to scratch within thirty (30) minutes of the announcement or posting of the preliminary results of that event and further declare their final intention within 30 minutes of their last individual preliminary event. Scratches will be declared by drawing a single line and initialing on the preliminary results maintained at the announcers table at the East Pool.

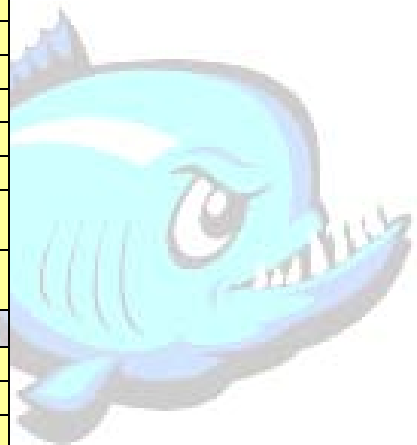
- **NOTE:** “Failure to swim” in finals will result in the swimmer being fined \$25.00 cash. Upon receiving payment of the fine, the swimmer will be eligible to continue competing in the meet. No Payment, No swimming, including relays.
- I. Alternates wishing to swim in an open lane in finals must be standing at the starter’s tent, prepared to step on the block for the swim when the swimmers are called to the blocks. The Referee will instruct the Announcer to call the alternate.
 - II. Scratches must be done individually; “team scratches are not accepted.”
 - III. In addition to swimmers required to scratch if they are not going to swim in finals, all swimmers who do not plan to swim in finals are strongly urged to scratch, especially swimmers who finish the preliminary events 11th – 20th.
 - IV. Swimmers scratched into the finals after 30 minutes of the conclusion of prelims will not be penalized.

Thursday, November 15, 2012 GIRLS POOL (Course TBA) 4:30 p.m. Start

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY
1	Open	400 IM	5:46.39	5:38.39	5:06.29
3	15-16	400 IM	5:46.39	5:38.39	5:06.29
5	14 yr old	400 IM	6:03.19	5:53.79	5:20.49
7	13 yr old	400 IM	6:03.19	5:53.79	5:20.49
9	12 yr old	400 IM	6:35.99	6:23.49	5:42.59
11	11 yr old	400 IM	6:35.99	6:23.49	5:42.59
13	Open	800 Free Relay	NT	NT	NT
15	13-14	800 Free Relay	NT	NT	NT
**** 10 Minute Break****					
17	Open	1000 Free	10:21.39	10:08.59	11:32.49
19	15-16	1000 Free	10:21.39	10:08.59	11:32.49
21	14 yr old	1000 Free	10:20.99	10:10.29	11:37.29
23	13 yr old	1000 Free	10:20.99	10:10.29	11:37.29

Thursday, November 15, 2012 BOYS POOL (Course TBA) 4:30 p.m. Start

Event #	Age	Event	Boys LCM	Boys SCM	Boys SCY
2	Open	400 IM	5:21.49	5:13.49	4:48.79
4	15-16	400 IM	5:21.49	5:13.49	4:48.79
6	14 yr old	400 IM	5:46.79	5:34.69	5:02.89
8	13 yr old	400 IM	5:46.79	5:34.69	5:02.89
10	12 yr old	400 IM	6:35.99	6:23.49	5:42.59
12	11 yr old	400 IM	6:35.99	6:23.49	5:42.59
14	Open	800 Free Relay	NT	NT	NT
16	Open	800 Free Relay	NT	NT	NT
**** 10 Minute Break****					
18	Open	1000 Free	10:56.39	9:39.19	9:51.89
20	15-16	1000 Free	10:56.39	9:39.19	9:51.89
22	14 yr old	1000 Free	10:20.99	10:10.29	11:37.29
24	13 yr old	1000 Free	10:20.99	10:10.29	11:37.29



Friday, November 16, 2011

Pool 2

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
25-26	11 yr old	200 Back	3:02.69	2:55.59	2:39.09	3:07.79	2:57.09	2:40.19
27-28	12 yr old	200 Back	3:02.69	2:55.59	2:39.09	3:07.79	2:57.09	2:40.19
37-38	9 & under	50 Free	37.49	36.79	33.39	38.29	37.29	33.79
39-40	10 yr old	50 Free	37.49	36.79	33.39	38.29	37.29	33.79
41-42	11 yr old	50 Free	34.69	33.99	30.89	34.49	32.99	29.89
43-44	12 yr old	50 Free	34.69	33.99	30.89	34.49	32.99	29.89
53-54	9 & under	100 Breast	1:49.49	1:45.19	1:35.39	1:52.89	1:49.19	1:38.89
55-56	10 yr old	100 Breast	1:49.49	1:45.19	1:35.39	1:52.89	1:49.19	1:38.89
57-58	11 yr old	100 Breast	1:37.39	1:32.79	1:24.19	1:38.09	1:33.89	1:24.99
59-60	12 yr old	100 Breast	1:37.39	1:32.79	1:24.19	1:38.09	1:33.89	1:24.99
69-70	9 & under	100 Fly	1:44.69	1:37.79	1:33.29	1:45.59	1:42.89	1:33.19
71-72	10 yr old	100 Fly	1:44.69	1:37.79	1:33.29	1:45.59	1:42.89	1:33.19
73-74	11 yr old	100 Fly	1:26.09	1:23.89	1:16.09	1:26.69	1:24.09	1:16.09
75-76	12 yr old	100 Fly	1:26.09	1:23.89	1:16.09	1:26.69	1:24.09	1:16.09
85-86	11-12	400 Free Relay	NT	NT	NT	NT	NT	NT
**** 5 Minute Break****								
87-88	9 & Under	500 Free	6:25.69	6:12.29	7:05.89	6:29.69	6:16.29	7:09.89
89-90	10 yr old	500 Free	6:25.69	6:12.29	7:05.89	6:29.69	6:16.29	7:09.89
91-92	11 yr old	500 Free	5:36.39	5:27.19	6:14.29	5:44.69	5:33.69	6:21.29
93-94	12 yr old	500 Free	5:36.39	5:27.19	6:14.29	5:44.69	5:33.69	6:21.29

Friday, November 16, 2012

Pool 1 – is the Finals Course

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
29-30	13 yr old	200 Back	2:51.99	2:45.39	2:29.69	2:42.09	2:34.19	2:19.49
31-32	14 yr old	200 Back	2:51.99	2:45.39	2:29.69	2:42.09	2:34.19	2:19.49
33-34	15-16	200 Back	2:48.19	2:44.19	2:29.19	2:32.99	2:28.99	2:15.59
35-36	Open	200 Back	2:48.19	2:44.19	2:29.19	2:32.99	2:28.99	2:15.59
45-46	13 yr old	50 Free	31.49	30.39	27.59	30.69	29.39	26.59
47-48	14 yr old	50 Free	31.49	30.39	27.59	30.69	29.39	26.59
49-50	15-16	50 Free	31.89	30.89	28.39	28.69	27.69	25.29
51-52	Open	50 Free	31.89	30.89	28.39	28.69	27.69	25.29
61-62	13 yr	100 Breast	1:29.09	1:26.19	1:17.99	1:23.59	1:19.89	1:12.29
63-64	14 yr	100 Breast	1:29.09	1:26.19	1:17.99	1:23.59	1:19.89	1:12.29
65-66	15-16	100 Breast	1:30.79	1:28.79	1:18.89	1:20.49	1:18.49	1:11.09
67-68	Open	100 Breast	1:30.79	1:28.79	1:18.89	1:20.49	1:18.49	1:11.09
77-78	13 yr old	100 Fly	1:17.59	1:15.59	1:08.29	1:12.69	1:10.79	1:04.09
79-80	14 yr old	100 Fly	1:17.59	1:15.59	1:08.29	1:12.69	1:10.79	1:04.09
81-82	15-16	100 Fly	1:14.89	1:12.89	1:06.59	1:07.39	1:05.39	1:00.59
83-84	Open	100 Fly	1:14.89	1:12.89	1:06.59	1:07.39	1:05.39	1:00.59
95-96	13 yr old	500 Free	5:03.49	4:55.99	5:38.29	5:05.59	4:57.69	5:40.09
97-98	14 yr old	500 Free	5:03.49	4:55.99	5:38.29	5:05.59	4:57.69	5:40.09
99-100	15-16	500 Free	4:59.29	4:51.29	5:36.59	4:42.39	4:34.39	5:14.89
101-102	Open	500 Free	4:59.29	4:51.29	5:36.59	4:42.39	4:34.39	5:14.89
103-104	13-14	200 Free Relay	NT	NT	NT	NT	NT	NT
105-106	Open	200 Free Relay	NT	NT	NT	NT	NT	NT

Saturday, November 16, 2012 Pool 2

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
107-108	10 & under	200 Medley Relay	NT	NT	NT	NT	NT	NT
109-110	11-12	200 Medley Relay	NT	NT	NT	NT	NT	NT
115-116	9 & under	200 Free	3:01.89	2:54.79	2:38.39	3:03.19	2:58.79	2:41.39
117-118	10 yr old	200 Free	3:01.89	2:54.79	2:38.39	3:03.19	2:58.79	2:41.39
119-120	11 yr old	200 Free	2:41.69	2:36.89	2:22.19	2:42.79	2:37.49	2:22.59
121-122	12 yr old	200 Free	2:41.69	2:36.89	2:22.19	2:42.79	2:37.49	2:22.59
131-132	9 & under	50 Fly	43.09	42.19	37.99	43.99	43.49	39.39
133-134	10 yr old	50 Fly	43.09	42.19	37.99	43.99	43.49	39.39
135-136	11 yr old	50 Fly	37.79	37.19	32.69	37.99	37.49	32.39
137-138	12 yr old	50 Fly	37.79	37.19	32.69	37.99	37.49	32.39
147-148	11 yr old	200 Breast	3:25.69	3:18.29	2:59.69	3:29.59	3:19.09	3:00.19
149-150	12 yr old	200 Breast	3:25.69	3:18.29	2:59.69	3:29.59	3:19.09	3:00.19
159-160	9 yr old	100 Back	1:37.29	1:32.89	1:26.49	1:39.89	1:36.19	1:27.09
161-162	10 yr old	100 Back	1:37.29	1:32.89	1:26.49	1:39.89	1:36.19	1:27.09
163-164	11 yr old	100 Back	1:28.29	1:24.79	1:15.29	1:26.19	1:24.49	1:15.29
165-166	12 yr old	100 Back	1:28.29	1:24.79	1:15.29	1:26.19	1:24.49	1:15.29
175-176	9 yr old	100 IM	X	1:33.89	1:25.19	X	1:34.39	1:26.39
177-178	10 yr old	100 IM	X	1:33.89	1:25.19	X	1:34.39	1:26.39
179-180	11 yr old	100 IM	X	1:24.19	1:13.29	X	1:23.79	1:13.79
181-182	12 yr old	100 IM	X	1:24.19	1:13.29	X	1:23.79	1:13.79
191-192	10 & Under	200 Free Relay	NT	NT	NT	NT	NT	NT
193-194	11-12	200 Free Relay	NT	NT	NT	NT	NT	NT

Saturday, November 16, 2012 Pool 1 – is the Finals Course

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
111-112	13-14	200 Medley Relay	NT	NT	NT	NT	NT	NT
113-114	Open	200 Medley Relay	NT	NT	NT	NT	NT	NT
123-124	13 yr old	200 Free	2:26.19	2:22.09	2:08.59	2:24.99	2:19.99	2:06.69
125-126	14 yr old	200 Free	2:26.19	2:22.09	2:08.59	2:24.99	2:19.99	2:06.69
127-128	15-16	200 Free	2:24.49	2:20.49	2:09.29	2:13.59	2:09.59	1:56.79
129-130	Open	200 Free	2:24.49	2:20.49	2:09.29	2:13.59	2:09.59	1:56.79
139-140	13 yr old	50 Fly	36.59	35.59	32.39	34.69	33.79	30.09
141-142	14 yr old	50 Fly	36.59	35.59	32.39	34.69	33.79	30.09
143-144	15-16	50 Fly	35.89	35.19	31.59	31.39	30.69	28.59
145-146	Open	50 Fly	35.89	35.19	31.59	31.39	30.69	28.59
151-152	13 yr old	200 Breast	3:11.99	3:05.69	2:47.99	3:02.39	2:52.69	2:36.29
153-154	14 yr old	200 Breast	3:11.99	3:05.69	2:47.99	3:02.39	2:52.69	2:36.29
155-156	15-16	200 Breast	3:13.39	3:09.39	2:49.69	2:57.79	2:53.79	2:35.09
157-158	Open	200 Breast	3:13.39	3:09.39	2:49.69	2:57.79	2:53.79	2:35.09
167-168	13 yr old	100 Back	1:20.49	1:17.09	1:09.79	1:15.59	1:11.69	1:04.89
169-170	14 yr old	100 Back	1:20.49	1:17.09	1:09.79	1:15.59	1:11.69	1:04.89
171-172	15-16	100 Back	1:19.49	1:17.49	1:09.89	1:11.29	1:09.29	1:01.59
173-174	Open	100 Back	1:19.49	1:17.49	1:09.89	1:11.29	1:09.29	1:01.59
183-184	13 yr old	100 IM	X	1:20.69	1:11.99	X	1:18.29	1:09.99
185-186	14 yr old	100 IM	X	1:20.69	1:11.99	X	1:18.29	1:09.99
187-188	15-16	100 IM	X	1:17.69	1:09.99	X	1:11.09	1:03.99
189-190	Open	100 IM	X	1:17.69	1:09.99	X	1:11.09	1:03.99
195-196	13-14	400 Medley Relay	NT	NT	NT	NT	NT	NT
197-198	Open	400 Medley Relay	NT	NT	NT	NT	NT	NT

Sunday, November 18, 2012 Pool 2

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
199-200	9 & under	200 IM	3:29.89	3:24.39	3:04.69	3:31.89	3:26.39	3:06.69
201-202	10 yr old	200 IM	3:29.89	3:24.39	3:04.69	3:31.89	3:26.39	3:06.69
203-204	11 yr old	200 IM	3:02.19	2:57.59	2:35.89	3:03.29	3:00.69	2:38.69
205-206	12 yr old	200 IM	3:02.19	2:57.59	2:35.89	3:03.29	3:00.69	2:38.69
215-216	9 & under	50 Back	44.69	43.19	39.19	44.89	45.59	39.59
217-218	10 yr old	50 Back	44.69	43.19	39.19	44.89	45.59	39.59
219-220	11 yr old	50 Back	40.19	38.89	34.79	39.99	39.29	34.59
221-222	12 yr old	50 Back	40.19	38.89	34.79	39.99	39.29	34.59
231-232	9 & under	50 Breast	49.29	47.49	43.49	51.79	50.09	45.39
233-234	10 yr old	50 Breast	49.29	47.49	43.49	51.79	50.09	45.39
235-236	11 yr old	50 Breast	44.89	42.99	38.99	45.29	43.39	39.39
237-238	12 yr old	50 Breast	44.89	42.99	38.99	45.29	43.39	39.39
247-248	11 yr old	200 Fly	3:04.59	2:58.49	2:41.69	3:08.39	3:02.19	2:44.89
249-250	12 yr old	200 Fly	3:04.59	2:58.49	2:41.69	3:08.39	3:02.19	2:44.89
259-260	9 & under	100 Free	1:23.89	1:21.99	1:14.39	1:25.89	1:23.29	1:15.39
261-262	10 yr old	100 Free	1:23.89	1:21.99	1:14.39	1:25.89	1:23.29	1:15.39
263-264	11 yr old	100 Free	1:16.19	1:13.99	1:07.19	1:14.59	1:12.49	1:05.59
265-266	12 yr old	100 Free	1:16.19	1:13.99	1:07.19	1:14.59	1:12.49	1:05.59
**** 5 Minute Break****								
275-276	11-12	400 Medley relay	NT	NT	NT	NT	NT	NT
Note:								
The 1650's will start at the completion of Pool 1. The 1650 will be swum together and scored separately alternating girls than boys, swum fastest to slowest.								
281-282	11 yr old	1650 Free	23:09.79	22:18.09	22:17.09	23:09.79	22:18.09	22:17.09
283-284	12 yr old	1650 Free	23:09.79	22:18.09	22:17.09	23:09.79	22:18.09	22:17.09

Sunday, November 18, 2012 Pool 1—is the Finals Course

Event #	Age	Event	Girls LCM	Girls SCM	Girls SCY	Boys LCM	Boys SCM	Boys SCY
207-208	13 yr old	200 IM	2:45.19	2:40.39	2:25.19	2:44.59	2:37.49	2:22.49
209-210	14 yr old	200 IM	2:45.19	2:40.39	2:25.19	2:44.59	2:37.49	2:22.49
211-212	15-16	200 IM	2:43.89	2:39.89	2:24.49	2:30.19	2:26.19	2:12.79
213-214	Open	200 IM	2:43.89	2:39.89	2:24.49	2:30.19	2:26.19	2:12.79
223-224	13 yr old	50 Back	38.49	36.09	32.79	35.59	33.69	30.89
225-226	14 yr old	50 Back	38.49	36.09	32.79	35.59	33.69	30.89
227-228	15-16	50 Back	37.49	36.89	32.09	34.59	33.99	29.59
229-230	Open	50 Back	37.49	36.89	32.09	34.59	33.99	29.59
239-240	13 yr old	50 Breast	42.09	41.19	36.99	39.59	38.09	34.29
241-242	14 yr old	50 Breast	42.09	41.19	36.99	39.59	38.09	34.29
243-244	15-16	50 Breast	41.79	40.79	36.09	37.49	36.49	33.29
245-246	Open	50 Breast	41.79	40.79	36.09	37.49	36.49	33.29
251-252	13 yr old	200 Fly	2:49.59	2:44.19	2:28.59	2:41.59	2:37.19	2:22.29
253-254	14 yr old	200 Fly	2:49.59	2:44.19	2:28.59	2:41.59	2:37.19	2:22.29
255-256	15-16	200 Fly	2:42.39	2:38.39	2:25.49	2:31.99	2:27.99	2:13.59
257-258	Open	200 Fly	2:42.39	2:38.39	2:25.49	2:31.99	2:27.99	2:13.59
267-268	13 yr old	100 Free	1:08.39	1:06.29	59.99	1:06.59	1:04.19	58.09
269-270	14 yr old	100 Free	1:08.39	1:06.29	59.99	1:06.59	1:04.19	58.09
271-272	15-16	100 Free	1:08.19	1:06.19	1:00.79	1:01.99	59.99	54.79
273-274	Open	100 Free	1:08.19	1:06.19	1:00.79	1:01.99	59.99	54.79
**** 5 Minute Break****								
277-278	13-14	400 Free Relay	NT	NT	NT	NT	NT	NT
279-280	Open	400 Free Relay	NT	NT	NT	NT	NT	NT
**** 10 Minute Break****								
Note:								
The 1650's will start at the completion of Pool 1. The 1650 will be swum together and scored separately alternating girls than boys, swum fastest to slowest.								
285-286	13-14	1650 Free	19:48.09	19:14.89	19:21.69	19:48.09	19:14.89	19:21.69
287-288	15-16	1650 Free	19:58.09	19:28.09	19:38.29	18:44.99	18:14.99	18:27.49
289-290	Open	1650 Free	19:59.09	19:28.09	19:38.29	18:44.99	18:14.99	18:27.49

Hotels: Holiday Inn Express & Suites

1701 N. University Drive
Plantation, Fl 33322
954-472-5600

La Quinta Inn & Suites

7901 SW 6 Street
Plantation, Fl 33324
954-473-8257

Staybridge Suites

410 N. Pine Island Rd.
Plantation, Fl 33324
954-577-9696

Courtyard By Marriott

7780 SW 6th Street
Plantation, Fl 33324
954-475-1100

Hyatt Place Plantation

8530 W Broward Blvd.
Plantation, Fl 33322
954-370-2220

Sheraton Suites

311 N. University Drive
Plantation, Fl 33324
954-424-3300

Marriott Residence Inn

130 N. University Drive
Plantation, Fl 33324
954-723-0300

Quality Inn Sawgrass

1711 N. University Drive
Plantation, Fl 33322
954-556-8200

Renaissance Plantation

1230 S. Pine Island Rd.
Plantation, Fl 33324
954-472-2252

Hampton Inn Plantation

7801 SW 6th Street
Plantation, Fl 33324
954-382-4500

