

2019 YCF Summer Solstice Invitational
Hosted by YMCA of Central Florida
June 14-16, 2019

Rosen YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819

Florida Swimming of USA Swimming: Sanction #4777

“In granting approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities for claims and damages arisen by reason of injuries to anyone during the conduct of the event.”

MEET DIRECTOR	MEET ENTRY COORDINATOR
Mike Brady (407) 363-1911 mbrady@cfymca.org	Billy & Victoria Culbertson meet.support@sportstiming.com
MEET REFEREE	MEET MARSHALL
John Russo jrusso34@gmail.com	Mike Miller (407) 363-1911 mmiller@cfymca.org

FACILITY

Competition course is 8 lane 50-meter pool. Water depth at the competition start end is a minimum of 7 feet and the turn end is a minimum of 7 feet. Non-turbulent lane lines and regulation starting blocks will be used. Warm up and warm down will be available in an 8 lanes 25 yard diving well. A Colorado timing system with automatic touch pads and backup buttons will be used. In addition, there is a full color alpha-numeric dual 8 lane LED scoreboard.

MEET FORMAT

The meet will be held in a 50-meter course. The meet is timed finals for 10 and under swimmers and prelim/final format for 11 and older swimmers.

- Senior- the fastest twenty-four (24) qualifiers from each preliminary event will return for finals. The 400 free and 400 IM are timed final events limited to the top forty-eight (48) swimmers with the fastest twenty-four (24) swimmers competing during finals.
- 13-14- the fastest sixteen (16) qualifiers from each preliminary event will return for finals. The 400 free and 400 IM are timed final events limited to the top forty (40) swimmers with the fastest sixteen (16) swimmers competing during finals.
- 11-12- the fastest eight (8) qualifiers from each preliminary event will return for finals. The 400 free is a timed final event limited to the top thirty-two (32) swimmers with the fastest eight (8) competing during finals.

All preliminary and timed final events will be swum slowest to fastest except for the Senior, 13-14 and 11-12 400 events, which will be swum fastest to slowest. Order of finals for all events will be A then B then C. All relays will be conducted as timed final during the finals sessions for Senior, 13-14 and 11-12 and during the timed final sessions for 10 & Under. Meet management may opt to use chase starts and/or fly over starts where deemed appropriate at this competition.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Prelims	6:30 am	8:00 am	13 & Older
2	Friday Timed Finals	Not before 12:30 pm	Not before 1:30 pm	12 & Under
3	Friday Finals	5:00 pm	6:00 pm	11 & Older
4	Saturday Prelims	6:30 am	8:00 am	13 & Older
5	Saturday Timed Finals	Not before 12:30 pm	Not before 1:30 pm	12 and Under
6	Saturday Finals	5:00 pm	6:00 pm	11 & Older
7	Sunday Prelims	6:30 am	8:00 am	13 & Older
8	Sunday Timed Finals	Not before 12:30 pm	Not before 1:30 pm	12 & Under
9	Sunday Finals	4:00 pm	5:00 pm	11 & Older

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Thursday, June 6	9:00 pm	Entry deadline
Friday, June 14	7:00 am	Official Briefings
Friday, June 14	7:30 am	Coach's Meeting
Friday, June 14	7:30 am	Timer's Meeting
Friday, June 14	7:30 am	Positive Check-in for: 13-14 and Senior 400 IM
Friday, June 14	1:30 pm*	Official Briefings
Friday, June 14	2:00 pm*	Timer's Meeting
Friday, June 14	2:00 pm*	Positive Check-in for: 10 & Under 400 Free
Friday, June 14	5:00 pm	Official Briefings
Friday, June 14	5:30 pm	Timer's Meeting
Saturday, June 15	7:00 am	Official Briefings
Saturday, June 15	7:30 am	Timer's Meeting
Saturday, June 15	7:30 am	Positive Check-in for: 13-14 and Senior 400 Free
Saturday, June 15	1:30 pm*	Official Briefings
Saturday, June 15	2:00 pm*	Timer's Meeting
Saturday, June 15	2:00 pm*	Positive Check-in for: 11-12 400 Free
Saturday, June 15	5:00 pm	Official Briefings
Saturday, June 15	5:30 pm	Timer's Meeting
Sunday, June 16	7:00 am	Official Briefings
Sunday, June 16	7:30 am	Timer's Meeting
Sunday, June 16	1:30 pm*	Official Briefings
Sunday, June 16	2:00 pm*	Timer's Meeting
Sunday, June 16	4:00 pm*	Official Briefings
Sunday, June 16	4:30 pm*	Timer's Meeting

* = **TENTATIVE** based on estimated session start time / TBD after entries

DRONES

Per USA Swimming Rule 103.13, DRONES, operation of a drone, or other flying apparatus is prohibited over the venue any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair

RULES	Current USA Swimming rules will govern the meet. Fly-over starts and/or chase starts may be used.
CAMERA ZONES	Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or race competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of the pool, team gathering areas, concession areas, turn end of the competition course when not in use as a "start-end", etc. Meet Management shall designate "Non-Camera Zones". Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
ELIGIBILITY	This meet is open to all currently registered USA Swimming swimmers. On deck registration for USA Swimming will not be allowed.
ENTRIES	Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Entries should be uploaded to the Sports Timing & Software, Inc. website (www.sportstiming.com). Click on Meets and then click on YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation upon submitting your entries. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com .
DECK ENTRIES	Deck entries may be accepted by the Meet Referee or his/her designee, up to 45 minutes before the start of the session under the following conditions: <ul style="list-style-type: none"> -Fees must be paid at the time of the entry (at double the entry fee). -Facility fee must be paid unless the swimmer is already entered. -A swimmer may not scratch an event to deck enter an event. No new heats will be created for deck entries.
ENTRY LIMITATIONS	The meet will be limited to either the first 600 swimmers received and/or the team who puts the timeline longer than 4 hours per session. All swimmers will be limited to three (3) individual events per day or a maximum of nine (9) individual events for the meet plus relays. For relay events, only two relay entries per team are allowed.
ENTRY DEADLINES	Entries must be received by 9:00 pm on Thursday, June 6, 2019 using the submission process detailed below. No phone or fax entries accepted. To submit your entries, go to www.sportstiming.com , click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com .

ENTRY FEES

Make checks payable to: YMCA of Central Florida - All fees are non-refundable	
Individual Event	\$6.10 per Prelim/Final Event \$4.15 per Timed Final Event
Relays	\$8.00 per relay
Facility Surcharge	\$15.00 per swimmer
Electronic Heat Sheet Fee	\$2.00 per swimmer
Late Entry Fee	Double the above entry fees

OFFICIALS

Meet Referee	John Russo
Admin Referees	Billy & Victoria Culbertson
Starter	Robyn Gillespie
Stroke and Turn	Ryan Maniace
Meet Marshall	Mike Miller
Meet Director	Mike Brady

OFFICIALS

Officials' briefings will be held one (1) hour prior to each session at the times listed in the Deadline & Meeting Summary. Officials' apparel for this meet is white polo, navy bottoms, (pants, shorts, skirts and/or capris). Visiting teams are encouraged to bring USA-S certified Florida Swimming (or other LSC) officials to assist with officiating the meet. Teams should email names and certification levels of their team officials to: rgillespie@cfymca.org.

IDENTIFICATION

All coaches and officials on deck must be registered and certified with USA Swimming. Coaches and officials shall wear USA Swimming registration cards in a conspicuous location at all times while on deck during the meet or show proof of current membership on Deck Pass. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coach's meetings.

CHECK-IN

A positive check-in will be required for the following events per the Deadline & Meeting Summary:

- Senior 400 IM
- 13-14 400 IM
- Senior 400 Free
- 13-14 400 Free
- 11-12 400 Free
- 10 and under 400 Free

SEEDING

50-Meter-long course times will be used for seeding. Conversions may be made using the formula in the current Florida Swimming Handbook.

ALTERNATES

Alternates should report to the starting area and check in with the referee.

SCORING

-Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
-Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.

AWARDS

Individual: Medals 1st – 3rd Ribbons 4th – 16th
Relays: Ribbons 1st – 3rd
High Point: 1st place and runner up for each age group/gender

TEAM REP

Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. Only that person and the coach will be recognized.

ADAPTED SWIMMERS

Swimmers with disabilities are welcome to enter the meet. Coaches:

1. Enter the swimmers on Hy-Tek or paper form.
2. Provide advanced notice on any necessary accommodations
3. List the email with the entries (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions and how the swimmer prefers to be seeded.

Swimmers with disability will be seeded with the same age group either the same distance race or a longer distance race (i.e. 100 Free during the 400 Free). Qualifying time standards at regular season meets are waived for swimmers with disability. For more information, please contact the Meet Referee.

MEET COMMITTEE

A committee consisting of the Meet Director, Meet Referee, two volunteer coaches from visiting teams and one senior athlete, will be formed prior to the meet, and shall be wholly responsible for making decisions regarding delaying, postponing or canceling the meet or any portion of the meet in the event of any situation requiring a decision of the Committee regarding the meet. The Committee will meet as needed.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. This will be provided via email and posted on the YCF Swimming website prior to the meet. The Referee/Marshall may alter warm up procedures to meet the needs of the swimmers. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down in the Diving Well. NO EQUIPMENT IS PERMITTED AND SWIMMERS MUST ENTER THE WATER FEET FIRST AND BE SUPERVISED BY A COACH.

INFORMATION

For more information, please contact Mike Brady at (407) 363-1911 or mbrady@cfymca.org.

ORDER OF EVENTS

FRIDAY JUNE 14

Prelims: Warm up – 6:30 am Meet Starts – 8:00 am

Women		Event	Men
1		Senior 200 Medley Relay*	2
3		13-14 200 Medley Relay*	4
5		Senior 100 Free	6
7		13-14 100 Free	8
9		Senior 200 Breast	10
11		13-14 200 Breast	12
13		Senior 50 Breast	14
15		Senior 200 Back	16
17		13-14 200 Back	18
19		Senior 50 Back	20
		BREAK (10 minutes)	
21		Senior 400 IM**	22
23		13-14 400 IM**	24

***These relay events will be conducted as timed finals during the evening finals session and swum fastest to slowest.**

****The Senior 400 IM and 13-14 400 IM are timed finals events limited to the top forty-eight (48) swimmers for Senior and the top forty (40) swimmers for 13-14. The fastest twenty-four (24) Senior swimmers and the fastest sixteen (16) 13-14 swimmers will compete during the evening finals. These events will be seeded fastest to slowest with positive check-in required.**

FRIDAY, JUNE 14

Timed Finals: Warm up – Not before 12:30 pm

Meet Starts – Not before 1:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
25			11-12 200 Medley Relay*			26
27			10 & Under 200 Medley Relay*			28
29			11-12 200 Free			30
31			10 & Under 200 Free			32
33			8 & Under 100 Free			34
35			11-12 100 Breast			36
37			10 & Under 100 Breast			38
39			11-12 100 Back			40
41			10 & Under 100 Back			42
43			10 & Under 400 Free**			44

***These relay events will be conducted as timed finals during the evening finals session for 11-12 (fastest to slowest) and during the afternoon timed finals session for 10 & Under (slowest to fastest).**

****The 10 & Under 400 Free will be seeded slowest to fastest with positive check-in required.**

FRIDAY, JUNE 14**Finals: Warm up – 5:00 pm Meet Starts – 6:00 pm**

Women		Event		Men
1		Senior 200 Medley Relay*		2
3		13-14 200 Medley Relay*		4
25		11-12 200 Medley Relay*		26
5		Senior 100 Free		6
7		13-14 100 Free		8
29		11-12 200 Free		30
9		Senior 200 Breast		10
11		13-14 200 Breast		12
13		Senior 50 Breast		14
35		11-12 100 Breast		36
15		Senior 200 Back		16
17		13-14 200 Back		18
19		Senior 50 Back		20
39		11-12 100 Back		40
21		Senior 400 IM		22
23		13-14 400 IM		24

SATURDAY, JUNE 15**Prelims: Warm up – 6:30 am Meet Starts – 8:00 am**

Women		Event		Men
45		Senior 200 Free Relay*		46
47		13-14 200 Free Relay*		48
49		Senior 200 Butterfly		50
51		13-14 200 Butterfly		52
53		Senior 50 Butterfly		54
55		Senior 200 Free		56
57		13-14 200 Free		58
59		Senior 100 Breast		60
61		13-14 100 Breast		62
		BREAK (10 minutes)		
63		Senior 400 Free**		64
65		13-14 400 Free**		66

*These relay events will be conducted as timed finals during the evening finals session and swum fastest to slowest.

**The Senior 400 Free and 13-14 400 Free are timed finals events limited to the top forty-eight (48) swimmers for Senior and the top forty (40) swimmers for 13-14. The fastest twenty-four (24) Senior swimmers and the fastest sixteen (16) 13-14 swimmers will compete during the evening finals. These events will be seeded fastest to slowest with positive check-in required.

SATURDAY, JUNE 15

Timed Finals: Warm up – Not before 12:30 pm

Meet Starts – Not before 1:30 pm

Women		Event		Men
67		11-12 200 Free Relay*		68
69		10 & Under 200 Free Relay*		70
71		11-12 100 Butterfly		72
73		10 & Under 100 Butterfly		74
75		11-12 50 Back		76
77		10 & Under 50 Back		78
79		8 & Under 50 Back		80
81		11-12 50 Free		82
83		10 & Under 50 Free		84
85		8 & Under 50 Free		86
87		11-12 400 Free*		88

***These relay events will be conducted as timed finals during the evening finals session for 11-12 (fastest to slowest) and during the afternoon timed finals session for 10 & Under (slowest to fastest).**

****The 11-12 400 Free is a timed finals event limited to the top thirty-two (32) swimmers. The fastest eight (8) swimmers will compete during the evening finals. These events will be seeded fastest to slowest with positive check-in required.**

SATURDAY, JUNE 15

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women		Event		Men
45		Senior 200 Free Relay		46
47		13-14 200 Free Relay		48
67		11-12 200 Free Relay		68
49		Senior 200 Butterfly		50
51		13-14 200 Butterfly		52
53		Senior 50 Butterfly		54
71		11-12 100 Butterfly		72
55		Senior 200 Free		56
57		13-14 200 Free		58
75		11-12 50 Back		76
59		Senior 100 Breast		60
61		13-14 100 Breast		62
81		11-12 50 Free		82
63		Senior 400 Free		64
65		13-14 400 Free		66
87		11-12 400 Free		88

SUNDAY, JUNE 16**Prelims: Warm up – 6:30 am Meet Starts – 8:00 am**

Women			Event			Men
89			Senior 100 Back			90
91			13-14 100 Back			92
93			Senior 100 Butterfly			94
95			13-14 100 Butterfly			96
97			Senior 50 Free			98
99			13-14 50 Free			100
101			Senior 200 IM			102
103			13-14 200 IM			104

SUNDAY, JUNE 16**Timed Finals: Warm up – Not before 12:30 pm Meet Starts – Not before 1:30 pm**

Women			Event			Men
105			11-12 100 Free			106
107			10 & Under 100 Free			108
109			11-12 50 Fly			110
111			10 & Under 50 Fly			112
113			8 & Under 50 Fly			114
115			11-12 50 Breast			116
117			10 & Under 50 Breast			118
119			8 & Under 50 Breast			120
121			11-12 200 IM			122
123			10 & Under 200 IM			124

SUNDAY, JUNE 16**Finals: Warm up – 4:00 pm Meet Starts – 5:00 pm**

Women			Event			Men
89			Senior 100 Back			90
91			13-14 100 Back			92
105			11-12 100 Free			106
93			Senior 100 Butterfly			94
95			13-14 100 Butterfly			96
109			11-12 50 Butterfly			110
97			Senior 50 Free			98
99			13-14 50 Free			100
115			11-12 50 Breast			116
101			Senior 200 IM			102
103			13-14 200 IM			104
121			11-12 200 IM			122

**2019 YCF Summer Solstice Invitational
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Team Name _____ Call Letters _____
 Address _____
 City _____ State _____ Zip _____
 Coach _____ LSC _____ Phone _____
 Email _____

Swimmer / Coach Registration

I certify that all individuals listed on the attached entry forms are currently registered members of United States Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on the deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-Athlete Member.

_____	_____	_____
Signature	Team	Date
(must be USA Swimming Non-Athlete Member)		

Entries must be received by 9:00 pm on Thursday, June 6, 2019. Please submit entries to:

Go to www.sportstiming.com , click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com.

Financial Recap

We have entered the following:

Facility Fee per prelim/final swimmer	_____ @ \$15.00 =	\$ _____
Individual timed final entries	_____ @ \$4.15 =	\$ _____
Individual prelim/final entries	_____ @ \$6.10 =	\$ _____
Relay entries	_____ @ \$8.00 =	\$ _____
Electronic heat sheet per swimmer	_____ @ \$2.00 =	\$ _____
TOTAL ENTRY FEES PAID		\$ _____