

**Florida Swimming mandates that all persons on the pool deck or in the facility during a Florida Swimming sanctioned/approved meets must wear a mask at all times and is enforceable by meet management and/or facility.**

**WINTER HAVEN  
2021 ROWDY CUP  
LONG COURSE OPEN SWIM MEET**

April 30, May 1, 2, 2021  
Sanction # **FL-5585**

PLEASE NOTE: ALL EVENTS ARE TIMED FINALS. ALL EVENTS WILL BE SEEDED FAST TO SLOW.

1. SOCIAL DISTANCING WILL BE REQUIRED BY ALL PARTICIPANTS AT ALL TIMES. FAILURE TO SOCIAL DISTANCE MAY RESULT IN REMOVAL FROM THE FACILITY. SWIMMERS ARE REQUIRED TO WEAR FACE MASKS AT ALL TIMES, EXCEPT WHEN COMPETING OR WARMING DOWN.
2. PARENTS WILL ROTATE ONTO THE BLEACHERS OUTSIDE THE FENCE FOR THEIR SWIMMER'S EVENT. PARENTS MUST MAINTAIN A DISTANCE OF SIX FEET APART.
3. SPECTATORS MUST WEAR MASKS ONCE ON THE PREMISES.
4. TEAMS WILL BE STAGED ON THE BACK DECK AND SIDE DECK
5. TIMERS ARE REQUIRED TO WEAR FACE MASKS AT ALL TIMES.
6. TEAMS MUST PROVIDE AT LEAST ONE OFFICIAL FOR EACH SESSION, THEY HAVE SWIMMERS ENTERED. NAMES OF OFFICIALS MUST ACCOMPANY THE ENTRY ON THE EMAIL.
7. ALL COACHES MUST TAKE THE TEMPERATURE OF THEIR ATHLETES BEFORE THEY ENTER THE FACILITY.
8. TRAFFIC FLOWS ONE WAY FROM THE STAGING AREA TO THE BLOCKS AND THEN TO THE DIVING WELL/WARM DOWN POOL.
9. COACHES ARE NOT TO STAND BEHIND THE BLOCKS AFTER THE WARM DOWN SESSION IS OVER.

**Sanction by:**

"In granting this approval it is understood and agreed the USAS/FL shall be free and held harmless from any liabilities or claim from Damages arising by reasons of injuries to anyone during the Conduct of the event."

**Condition of Sanction:**

Any swimmer entered in the meet, unaccompanied by USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Operating a Drone in any City of Winter Haven Park is against the law.

Deck changing at all City of Winter Haven Pools is prohibited.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

IN APPLY FOR THIS SANCTION, PIPELINE AGREES TO COMPLY AND ENFORCE ALL HEALTH AND SAFETY GUIDELINES OF USA SWIMMING, FLORIDA SWIMMING AND THE CITY OF WINTER HAVEN. AN INHERENT RISK OF EXPOSURE TO COVID-19 EXIST IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMEY CONTAGIOUS DESEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DESEASE CONTROL AND PREVENTION, SENIOR CITZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE.

BY VISITING THE ROWDY GAINES WINTER HAVEN POOL, YOU VOLUNTARILY ASSUME ALL RISKS RELATED TO EXPOSURE TO COVID-19. USA SWIMMING INC. CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DISEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPEADING COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA SWIMMING, PIPELINE SWIMMING AND THE CITY OF WINTER HAVEN AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DESEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP AND CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UN FORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTCIPATION IN THIS COMPETITION. UNKNOWN, FORESEEN OR UN FORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Type of Meet:** Age Group and Senior, Outdoor, 50 Meter, Long Course, Timed Finals.

**Host:** PIPELINE SWIMMING

**Date & Time:** Friday, April 30, 5:00pm Start – 3:30PM WARM-UP.

Saturday, May 1, 2021 – ALL START TIMES WILL BE ADJUSTED AFTER MEET IS SEEDED  
(\* ) Meet times/sessions may be adjusted after entries are submitted due to COVID Limitations.

13 and older girls 8:00am start – 7:00am warm-up

13 and older boys 12:00 noon start – 11:15am warm-up

12 and under boys and girls 2:45pm start – 2:00pm warm-up

Sunday, May 2, 2021 – ALL START TIMES WILL BE ADJUSTED AFTER MEET IS SEEDED  
(\* ) Meet times/sessions may be adjusted after entries are submitted due to COVID Limitations.

13 and older boys 8:00am start – 7:00am warm-up

13 and older girls 12:00 noon start – 11:15am warm-up

12 and under boys and girls 2:45pm start – 2:00pm warm-up

**Warm up:** One hour prior to start of Friday and Saturday/Sunday morning sessions  
Guarantee of at least one-half hour prior to start of other sessions.

**Location:** **Rowdy Gaines Olympic Pool.** Chain of Lakes Recreation Complex,  
210 Cypress Gardens Boulevard, Winter Haven, Florida

**Pool Specs:** Water depth at the competition-starting end is a minimum of 4 feet, 6 inches and the turn end is a minimum of at least 4 feet, 6 inches. Eight lanes, 50 meter. Outdoor heated pool, Non-turbulent lane lines. Separate diving well available for warm up and warm down.

**Timing system:** Daktronics Electronic Timing Equipment with 8 lane Electronic Display.

**Eligibility:** Open to all currently registered USA swimmers. **Limited to first 200 non-PIPELINE Swimmers.** On-deck registrations will be allowed to fill heats only. No heats will be created for deck entries.

**Seeding:** Long course 50 meter times will be used for seeding purposes. Conversations may be made using the formula in the current Florida Swimming handbook or by the standard computer software used to prepare your entry.

**Scratches:** No penalty for scratching on the block.

**Entry limit:** Four (4) individual events per day plus relays

Swimmers over entered will be considered as entered in the first maximum events each day. No limit to relay entries, but each entry should indicate "A", "B", etc.

**Entry Form:** Entries must be in USA Swimming SDIF format. Sent by email using Hy-Tek team manager or TU. Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Manual entries will not be accepted. The entry recap and coaching certification must also be completed and signed.

**Deck entries:** Deck entries are to be submitted to the meet management no later than 30 minutes prior to the start of each session. The fee for deck entries is \$10.00 per event. **If the swimmer is not already in the meet, the \$12 facility fee is also due.** Fees must be paid at the time the entry is made. Deck entries will be accepted only if there are open lanes in the desired event. Swimmers must still comply with the maximum per session entry limit and other eligibility requirements. Swimmers may not scratch an event in order to deck enter a new event. Proof of USA Swimming registration must be met.

**Entry Fees:** \$12 Facility fee per swimmer  
\$4.15 per event  
\$2 per swimmer Heat Sheet  
Surcharge \$2 per out of state swimmer Travel Surcharge  
Make checks payable to: Winter Haven Stingrays Board

**Entry Deadline:** All entries must be received by **11:59 pm Friday, April 23, 2021.**  
Email: [entries@accurateswimtiming.com](mailto:entries@accurateswimtiming.com)

**Awards:** Individual Events: 14 & Under Ribbons, 1st – 8th Place  
Individual High Point award 1<sup>st</sup> – 3<sup>rd</sup> – 8 & U, 10 & U, 11-12, 13-14, 15 & Over  
Visiting Team 1<sup>st</sup> & 2<sup>nd</sup> place high point team trophies

**Information:** Coach Patrick 941-228-9777 Email: [coachpatrick@pipelineswimming.com](mailto:coachpatrick@pipelineswimming.com)  
**Representative:** Prior to the start of the meet, the name of one person, other than the Coach,

**Rules:** Current USA Swimming Technical rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. The USA Swimming “no recall” start will be used as outlined in 102.14.4H

**Starts:** The “fly-over or immediate climb out” start may be used at the discretion of the head referee for any/or all of the events in the meet. Team Representative: Prior to the start of the meet, each team may give the name of one other person other than the coach to the meet referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team. Prior to the start of the meet all teams must present a list of current USA Swimming certified coaches attending the meet and representing their team. Unattached coaches not entering any swimmers in the meet (not the coach of record designated by the team) will not have deck access. Camera Zones: Still and video photography will be allowed from the bleacher area only EXCEPT DURING THE START OF THE 25 YARD EVENTS. Cameras are not permitted on the pool deck or in the locker room area. Distance Check In: All coaches must positive check in their swimmers for Friday events by 4:00pm. Swimmers missing check-in for any deck seeded events may swim in an empty lane. NO NEW HEATS WILL BE CREATED.

**Officials:** Head Referee: Mark McCaw  
Admin Official: Joy Kraus  
Starter: Bob Griffiths  
Head Stroke & Turn: Patrick Piper  
Marshall: Stephanie Odom  
Meet Directors: Patrick Piper & Justin Hengesbach

WARM UP SCHEDULE UNTIL THE LAST HALF HOUR THE WARMUP SCHEDULE WILL BE:

- LANE: 1 Push off 50's pace (circle swimming-NO EQUIPMENT)
  - 2 Racing starts one length only (from the west end only-NO EQUIPMENT)
  - 3 Swimming and pulling only (push off - NO EQUIPMENT)
  - 4 Swimming and pulling only (push off - NO EQUIPMENT)
  - 5 Swimming and pulling only (push off - NO EQUIPMENT)
  - 6 Swimming and pulling only (push off - NO EQUIPMENT)
  - 7 Swimming and pulling only (push off - NO EQUIPMENT)
  - 8 Push off 50's pace (circle swimming - NO EQUIPMENT)
- THE LAST 1/2 (ONE-HALF) HOUR IS CONTROLLED WARM-UP AS FOLLOWS:
- LANE: 1 Push off 50's pace (circle swimming-NO EQUIPMENT)
  - 2 Racing starts one length only (from the west end only-NO EQUIPMENT)
  - 3 Racing starts one length only (from the west end only-NO EQUIPMENT)
  - 4 Swimming and pulling only (push off - NO EQUIPMENT)
  - 5 Swimming and pulling only (push off - NO EQUIPMENT)
  - 6 Racing starts one length only (from the west end only-NO EQUIPMENT)
  - 7 Racing starts one length only (from the west end only-NO EQUIPMENT)
  - 8 Push off 50's pace (circle swimming-NO EQUIPMENT)

**Recommended Hotels**

<b>HAMPTON INN</b>	<b>HOLIDAY INN of WINTER HAVEN</b>
<b>202 Cypress Gardens Blvd</b>	<b>200 Cypress Gardens Blvd</b>
<b>863-299-9251</b>	<b>863-292-2100</b>

*When making reservations, indicate that you are a swim team attending the Winter Haven/PIPELINE Swim Meet to obtain a possible discounted group rate.*

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**2021 ROWDY CUP Winter Haven/PIPELINE Master Entry Form**

**TEAM NAME** \_\_\_\_\_ **Team abbreviation:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Coach:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Coach:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

Head Coach certifies that all athletes entered are currently registered USA Swimming members, and all athletes over the age of 18 has completed the \_\_\_\_\_ required by USA Swimming Safe Sport. I also certify that all of our coaches are deck are current members in good standing of USA Swimming.

Entries must be received by Friday, April 23, 2021. Spaces are limited, so you will be notified if the meet is full. Email entries to: [coachpiper@yahoo.com](mailto:coachpiper@yahoo.com)

**Financial Recap:**

Total Swimmers (Facility Fee&Heat Sheet Fee)	@ \$14.00	_____
Individual events	@ \$4.15	_____
Relays	@ \$5.00	_____
TOTAL	\$	_____

**WINTER HAVEN  
2021 ROWDY CUP  
LONG COURSE OPEN SWIM MEET  
Order of Events**

**Friday, April 30, 2021**

<u>GIRLS</u>	<u>BOYS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
1	2	13 & Older	800 Free
3	4	11 & 12	400 Free
5	6	10 & Under	200 Free
7	8	13 & Older	400 IM
9	10	11 & 12	200 IM
11	12	10 & Under	200 IM

**Note: All Events will be seeded and swum fastest to slowest.**

**13 & older events will be scored as a combined events 13-14 and Senior**

**Saturday, May 1, 2021**

<u>GIRLS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
13	13 & Older	200 Free Relay
15	13 & Older	50 Back
17	13 & Older	200 Free
19	13 & Older	100 Fly
21	13 & Older	200 Back
23	13 & Older	100 Breast
25	13 & Older	50 Free
27	13 & Older	400 Med Relay

**Saturday, May 1, 2021**

<u>BOYS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
14	13 & Older	200 Free Relay
16	13 & Older	50 Back
18	13 & Older	200 Free
20	13 & Older	100 Fly
22	13 & Older	200 Back
24	13 & Older	100 Breast
26	13 & Older	50 Free
28	13 & Older	400 Med Relay

**Saturday, May 1, 2021 (afternoon session)**

<u>GIRLS</u>	<u>BOYS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
29	30	10 & Under	200 Free Relay
31	32	11 & 12	200 Free Relay
33	34	8 & Under	50 Free
35	36	10 & Under	50 Free
37	38	11 & 12	50 Free
39	40	8 & Under	100 Breast
41	42	10 & Under	100 Breast
43	44	11 & 12	100 Breast
45	46	8 & Under	50 Back
47	48	10 & Under	50 Back
49	50	11 & 12	50 Back

**Saturday, May 1, 2021** (afternoon session, cont.)

<u>GIRLS</u>	<u>BOYS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
51	52	8 & Under	100 Fly
53	54	10 & Under	100 Fly
55	56	11 & 12	100 Fly

**Sunday, May 2, 2021**

<u>GIRLS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
57	13 & Older	400 Free Relay
59	13 & Older	50 Fly
61	13 & Older	200 IM
63	13 & Older	100 Free
65	13 & Older	200 Breast
67	13 & Older	100 Back
69	13 & Older	200 Fly
71	13 & Older	400 Free
73	13 & Older	50 Breast
75	13 & Older	400 Medley Relay

**Sunday, May 2, 2021**

<u>BOYS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
58	13 & Older	400 Free Relay
60	13 & Older	50 Fly
62	13 & Older	200 IM
64	13 & Older	100 Free
66	13 & Older	200 Breast
68	13 & Older	100 Back
70	13 & Older	200 Fly
72	13 & Older	400 Free
74	13 & Older	50 Breast
76	13 & Older	400 Medley Relay

**Sunday, May 2, 2021** (afternoon session)

<u>GIRLS</u>	<u>BOYS</u>	<u>AGE GROUP</u>	<u>EVENTS</u>
77	78	10 & Under	200 Med Relay
79	80	11 & 12	200 Med Relay
81	82	8 & Under	100 Free
83	84	10 & Under	100 Free
85	86	11 & 12	100 Free
87	88	8 & Under	50 Breast
89	90	10 & Under	50 Breast
91	92	11 & 12	50 Breast
93	94	8 & Under	100 Back
95	96	10 & Under	100 Back
97	98	11 & 12	100 Back
99	100	8 & Under	50 Fly
101	102	10 & Under	50 Fly
103	104	11 & 12	50 Fly