

2018 SARASOTA TSUNAMI SWIM TEAM
'IMR&X Meet'
Saturday & Sunday, March 17 & 18, 2018
www.srqtsunami.org

SANCTIONED BY: Florida Swimming Sanction: # 4317

"In granting this approval it is understood and agreed that USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

CONDITION OF SANCTION: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet,

unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

CAMERA ZONE: Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

TYPE OF MEET: Timed finals, short course 25 yards

DATES & TIMES: **Saturday session 1 warm-ups 8:00 am Meet Start 9:00 am**
 Saturday session 2 warm-ups for 45 min. from the end of session 1, no
earlier than 12 noon.
 Sunday session 3 warm-ups 8:00 am Meet Start 9:00 am

LOCATION: The SKY Family YMCA in Venice, FL
 701 Center Road, Venice, FL 34285

POOL & FACILITY SPECS: The SKY Family YMCA offers an 8 lane 25 yard pool that varies in depth from five to seven feet. An area for warm up/warm down will be available for continuous warm-up and warm-down throughout the meet. There will be limited temporary bleacher seating available. And additional room for individual chairs. No parents allowed behind the blocks, unless properly credentialed.

TIMING SYSTEM: A Colorado Timing System with pads and a Colorado Infinity starting system will be utilized.

ELIGIBILITY: Must be a 2018 USA Swimming registered athlete. USA-S registration will not be taken at the meet.

SEEDING: All entry times must be submitted in short course yard (SCY). You may have a NT in any

event that does not have a qualifying time. All events are timed final events and they will be seeded slowest to fastest. Each event will be swum mixed gender. 8 & under, 12 & under [awarded 10 & under, 11-12] and Senior [no awards for senior events].

RULES: Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)

DECK CHANGING: The practice of Deck Changing is prohibited. Swimmers must use the locker rooms to change into and out of their swimsuits. Swimmers participating in deck changing will be subject to removal from further competition in the meet.

AWARDS: Individual events will be awarded 1st through 8th place ribbons for the 11-12, 10 & Under and 8 & under age groups only. Top 3 awards in each age for IMX or IMR scores.

Events to be scored by power points are to be eligible for IMR or IMX award;

IMR 10 & under events - 100 Free, 50 Back, 50 Breast, 50 Fly, 100 IM

11 yr. old, 12 yr. old events - 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM

13 & older events - 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

IMX 10 & under - 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

11 yr. old, 12 yr. old events - 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

13 & older events - 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

WARM-UP: Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session.

First ½ hour is circle swimming all lanes (push off) no equipment

Last ½ hour is controlled Warm-Up with no equipment

Lanes 1 Pace lane no racing starts

Lanes 2 Racing Starts one length

Lanes 3,4, 5, 6 Circle swimming

Lanes 7 & 8 Racing Starts one length

Swimmers must enter the water feet first, with at least one hand in contact with the deck of the pool at all times, unless executing a racing start.

SCRATCHES: No penalty for scratching at the block.

ENTRY LIMIT: Swimmers will be limited to four (4) events per day. If a swimmer is over-entered in a session, any events entered over the four event limit will be dropped at the point of over entry.

Entries will be accepted on a first come, first served basis until the sessions are a maximum of four (4) hours in length.

DECK ENTRIES: Deck entries will be accepted to fill heats only. No new heats will be created. Fees are \$10.00 per individual deck entry, plus \$10.00 surcharge if not previously entered in meet, must be paid at time of entry. Deck entries will be accepted by the administrative referee or designated representative and assigned a lane no later than **45 minutes** prior to the start of each session. A swimmer may not drop an event to deck enter another event. The entry limit of four (4) individual swims per day applies.

ENTRY FEES: Individual: \$4.00 per event

Facility charge: \$10.00 per swimmer

Heat Sheet: \$2.00 per swimmer

\$10.00 per Deck Entered Events

A copy of the heat sheet will be sent to the Coaches and you can download from

www.fastswimresults.com 48 hours prior to the meet start.

CHECKS PAYABLE TO; Sarasota Tsunami Swim Team

ENTRY DEADLINE: All entries must be received by 12:00 noon, Friday, March 9th, 2018. Enclose payment to the Tsunami Swim Team with team entry. Payment must be received prior to the start of the meet. Email entries to eva@fastswimresults.com. You can mail by Express Mail, Federal Express, UPS or rapid mail service. Mail hardcopies along with disk and payment to:

Entry Chairman: Tsunami Swim Team
c/o Eva Gronke
3534 Chessington Drive
Land O Lakes, FL 34638
eva@fastswimresults.com

ENTRY FORMS: Entries must be in USA Swimming SDIF format or Hy-Tek CL2. Sent by email using Hy-Tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant.

Preferred: Entries will be accepted via electronic mail attachment to eva@fastswimresults.com. Free text email will not be accepted. Please list all attending coaches and contact phone numbers in the body of the email. A signed hard copy printout also serves as proof of entry. The legal name and current USA Swimming registration number for each swimmer must be listed on the entry file

OFFICIALS: Head Referee Adrienne Cardwell
Admin Referee Eva Gronke
Starter Carol Urofsky, Mark Usher
Stroke & Turn Holly Miller, Susan Ashby, Giustina Solano, Anya Keogh, Stewart Jones
Meet Director Guy Bergeron
Meet Marshall Michael Hazard

COACHES/OFFICIALS: Coaches/officials must visibly display a valid USA membership card at all times while on deck or show current membership on Deck Pass. A 2018 coaching member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting before the first session of the meet on Friday.

TEAM REPRESENTATIVE: Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

INFORMATION: Ira Klein 941-928-7946, email usacoachira@gmail.com

NOTE: *Events/heats may be combined at the discretion of the meet referee.

WARM-UP SCHEDULE:

First ½ hour will be warm-up as follows: Last hour of warm-ups will be as follows:

Lane 1 pace 50 & 100 circle swimming Lane 1 pace 50 & 100 circle swimming
Lane 2 push off 25s one way only Lane 2 racing starts 25s one length
Lane 3 swim & pulling, push off Lane 3 swim & pulling, push off
Lane 4 swim & pulling, push off Lane 4 swim & pulling, push off
Lane 5 swim & pulling, push off Lane 5 swim & pulling, push off
Lane 6 swim & pulling, push off Lane 6 swim & pulling, push off
Lane 7 swim & pulling, push off Lane 7 swim & pulling, push off
Lane 8 swim & pulling, push off Lane 8 racing starts 25s one length
Lane 9 push off 25s, one way only Lane 9 racing starts 25s one length
Lane 10 pace 50 & 100 circle swimming Lane 10 pace 50 & 100 circle swimming

NO EQUIPMENT TO BE USED DURING WARM-UP

NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET

Swimmers must enter the water feet first with at least one hand on the pool deck.

Saturday, March 17, 2018 session 1
Warm up 8:00 am, Meet Start 9:00 am

Girls & Boys		ORDER OF EVENT	
1&2	11 - 12 yr.	50 Freestyle	
3&4	Senior	50 Freestyle	
5&6	11 - 12 yr.	100 Breaststroke	
7&8	Senior	200 Breaststroke	
9&10	11 - 12 yr.	100 Backstroke	
11&12	Senior	100 Backstroke	
13&14	Senior	50 Butterfly	
15&16	11 - 12 yr.	200 Freestyle	
17&18	Senior	200 Freestyle	
19&20	Senior	50 Breaststroke	
21&22	11 - 12 yr.	50 Backstroke	
23&24	Senior	50 Backstroke	
25&26	11 - 12 yr.	100 Butterfly	
27&28	Senior	200 Butterfly	
29&30	11 - 12 yr.	100 IM	
31&32	Senior	400 IM	

Saturday, March 17, 2018 session 2
Warm up not before 12:00 am, Meet Start 45 minutes after
Session 1

Girls & Boys		ORDER OF EVENT	
33&34	10 & Under	200 Freestyle	
35&36	8 & Under	25 Freestyle	
37&38	10 & Under	50 Freestyle	
39&40	8 & Under	25 Breaststroke	
41&42	10 & Under	50 Breaststroke	
43&44	8 & Under	25 Butterfly	
45&46	10 & Under	50 Butterfly	
47&48	8 & Under	25 Backstroke	
49&50	10 & Under	50 Backstroke	
51&52	10 & Under	200 IM	

Sunday, March 18, 2018 session 3
Warm up 8:00 am, Meet Start 9:00 am

Girls & Boys

ORDER OF EVENT

53&54	10 & Under	100 Backstroke	
55&56	11 - 12 yr.	100 Backstroke	
57&58	Senior	200 Backstroke	
59&60	11 - 12 yr.	50 Breaststroke	
61&62	Senior	100 Breaststroke	
63&64	10 & Under	100 IM	
65&66	11 - 12 yr.	200 IM	
67&68	Senior	200 IM	
69&70	10 & Under	100 Freestyle	
71&72	11 - 12 yr.	100 Freestyle	
73&74	Senior	100 Freestyle	
75&76	10 & Under	100 Butterfly	
77&78	11 - 12 yr.	50 Butterfly	
79&80	Senior	100 Butterfly	
81&82	12 & Under	500 Freestyle	
83&84	Senior	500 Freestyle	

A swimmer must swim all of the events in their age to be eligible for either IMR or IMX

IMR 10 & under events - 100 Free, 50 Back, 50 Breast, 50 Fly, 100 IM
 11 yr. old, 12 yr. old events - 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM
 13 & older events - 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

IMX 10 & under - 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
 11 yr. old, 12 yr. old events - 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
 13 & older events - 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

**2018 Tsunami IMX&R Meet
HOSTED BY THE Sarasota Tsunami Swim Team
March 17 & 18, 2018**

Master Entry Form

**Hosted by Sarasota Tsunami Swim Team
At The GT Bray Aquatic Center
5502 33rd Avenue Drive West, Bradenton, FL 34209**

Team Name _____ **Call Letters** _____

Address _____

Coach _____ **LSC** _____

Home Phone _____ **Office Phone** _____

FAX# _____ **EMAIL** _____

Swimmer/Coach Registration

I certify that all individuals listed on attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during warm up and competitive sessions at the meet.

Name(s) of Coach(es)

I Certify that the individuals listed above are currently registered USA Swimming Coach Members.

Signature of USA Swimming Member Team

Date

Financial Recap

Total Numbers of Swimmers _____ **@ \$10.00 Each=\$** _____

Total Numbers of Swimmers/heat sheets _____ **@ \$2.00 Each=\$** _____

Total Individual Entries _____ **@ \$4.00 Each=\$** _____

Total Entry Fees Paid \$ _____

Due by 12:00 pm, Friday, March 9th, 2018

Make Checks payable to Tsunami Swim Team

MAIL ENTRIES TO: Tsunami Swim Team; c/o Eva Gronke 3534 Chessington Drive, Land O Lakes, FL 34638,

EMAIL eva@fastswimresults.com