

SOUTHWEST FLORIDA DEVELOPMENT MEET

- Sanctioned By: Florida Swimming of USA Swimming # 4351
“In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.”
- Condition of Sanction: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated area is prohibited.
- Sponsored by: Gulf Coast Swim Team
- Type of Meet: 25 Yard, Timed Finals Events
- Date: Saturday, April 7, 2018
- Location: Lee County / FGCU Aquatic Center
- Pool Spec: Eight certified 25 yard, heated outdoor pool with maximum eight 25 yard racing lanes having a minimum depth of 6’7” feet at the turn end of the pool. 6’7” at the start end of the pool. Non-turbulent lane lines.
- Timing Equipment: Daktronics Timing System with stopwatches for backup times.
- Start time: Meet starts at 9 AM
- Warm-up: Warm up at 8:30 AM.
- Eligibility: Open to currently registered USA Swimming athlete members.
- Seeding: 25 yard times will be used for seeding.

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- Scratches: No penalty for scratching on the block.
- Entry Limit: Swimmers may enter a maximum of four (4) individual events.
- Qualifying Times: 10 & Under, and 11-12 entries must be slower than "A" Times.
6 & under, 8 & under, and Open events have no qualifying times.
- Entry Fee: \$12 Entry Fee. \$10 Facility Fee. \$2 Online Heat Sheet Fee
- Entry Deadline: April 3, 2018
- Heat Sheets: Heat sheets will be posted at www.gcst.org, and www.floridaswimming.org 48 hours prior to the start of the meet for download.
- Awards: Ribbons 1st through 8th for 6 & Under, 7-8, 10 & Under, and 11-12.
- Rules: Current USA Swimming Technical rules will govern. Safety rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. Fly over starts may be used at the discretion of the referee
- Officials: Meet Referee: Tim Jacobson
Administrative Official: Tim Jacobson
Starter: Scott Jamieson
Chief Stroke and Turn: Ingrid Walsh
AO: Adele Woodrow
- Timers: All attending teams are requested to provide at least 2 lane timers.
- Meet Manager: Don Henshaw
Phone - 239-560-4820
E-mail - gcst@comcast.net

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- Coaches/Officials: Coaches/Officials shall wear their USA Swimming registrations card in a conspicuous location at all times while on deck or prove current membership on Deck Pass, during the meet.
- Deck Entries: Deck entries will not be allowed.
- Camera Zones: Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Exceptions may be granted with prior written approval by the USA-S Vice President of Operations.
- Warm-Up Schedule: First twenty minutes
Lane 1-8 Continuous swimming only (push-off no equipment) Last 10 minutes is controlled warm-up
Lane 1 and 8 Continuous swimming only (push-off no equipment) Lane 2 and 7 Dive one way sprint only
Lane 3-6 Continuous swimming only (push-off no equipment)
Except for racing start, swimmers must enter the pool feet first with one hand touching the deck of the pool

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8:30 AM Warm-up

9:00 AM Start

***** USE 25 YARD TIMES FOR ENTRY *****

G-B	Event
1-2	6 & Under 25 Free
3-4	7-8 25 Free
5-6	10 & Under 50 Free
7-8	11-12 50 Free
9-10	Open 100 Free
11-12	6 & Under 25 Fly
13-14	7-8 25 Fly
15-16	10 & Under 50 Fly
17-18	11-12 50 Fly
19-20	Open 100 Fly
21-22	6 & Under 25 Back
23-24	7-8 25 Back
25-26	10 & Under 50 Back
27-28	11-12 50 Back
29-30	Open 100 Back
31-32	6 & Under 25 Breaststroke
33-34	7-8 25 Breaststroke
35-36	10 & Under 50 Breaststroke
37-38	11-12 50 Breaststroke
39-40	Open 100 Breaststroke
41-42	12 & Under 100 IM
43-44	Open 200 IM