Sunrise Swimming Code of Conduct: Athletes

Purpose: To establish consistent expectations for athletes' behavior and to facilitate an environment that is supportive of swimmers, coaches, parents, and families.

Expectations:

❏ I will respect and show courtesy to my teammates, coaches, parents and families at all times.

❏ I will support my team and fellow swimmers through my words and actions. I will demonstrate good sportsmanship at all practices and meets regardless of outcome.

❏ I will set a good example of behavior and work ethic for my younger teammates.

❏ I will be respectful of my teammates' feelings and personal space. I will not exhibit sexist, racist, homophobic, or otherwise inappropriate behavior to my teammates and coaches.

❏ I will attend all team meetings and training sessions, arriving on time and with all necessary equipment.

❏ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.

❏ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.

❏ If I disagree with an official's call, I will talk with my coach and not approach the official directly.

❏ I will obey all of USA Swimming's rules and codes of conduct.

I agree to comply with the above expectations, and understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and possibly the Parent Booster Club.