



FGC BB SILVERS CHAMPIONSHIP

February 26 - 28 | Lake Lytal Lightning

HOSTED BY : Lake Lytal Lightning

LOCATION : Lake Lytal Lightning Family Aquatic Center
3645 Gun Club Rd. WPB, FL 33406

DATE + TIME : February 26-28, 2021

Date	Girls Prelims Warm-up	Girls Prelims Start	Boys Prelims Warm-up	Boys Prelims Start	Finals Warm-up *	Finals Start *
Friday, Feb 26					4pm	5pm
Saturday, Feb 27	#1-7am #2-8am	9:15am	#1-11:30a #2 12:30p	1:45p	5pm	6p
Sunday, Feb 28	#1-7am #2-8am	9:15am	#1-11:30a #2 12:30p	1:45p	1650:445 WUp Event #69< 5p Wup	1650:545p Start Event #69< 6:15p Start

This meet is open to all swimmers who :

1. Are 7 – 18 years of age on the first day of the meet.
2. Are 2021 registered members of USA Swimming as provided by article 302.
3. Are attached to a USA Swimming Club registered with Florida Gold Coast Swimming, or Unattached and awaiting attachment to a USA Swimming Club registered with Florida Gold Coast Swimming.

4. Have achieved one or more qualifying times within the qualifying period.

Qualifying time standards are 2017 USA Swimming National Age Group Motivational “BB” times for all individual events. There is no qualifying time standard for relays and these events may be entered with no time. Athletes who have achieved a qualifying time for the 2021 Spring FGC Junior Olympics (7-14 year old athletes) or 2021 Spring FGC Senior Championships (15-18 year old athletes) within the qualifying period may not enter that event in these championships.

The qualifying period is Mar 1, 2019 through the entry deadline.

No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. The Meet Host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. Please read the attached meet information carefully. Spectators will not be allowed at this meet.

PLEASE READ THE ATTACHED MEET INFORMATION CAREFULLY!

WHAT TO BRING :

- **EXTRA MASKS + FACE COVERINGS**

ATHLETES MUST WEAR A MASK ANYTIME THEY ARE NOT IN THE WATER OR BEHIND THE BLOCKS READY TO RACE.

- Extra ECAC caps, goggles and towels.
 - Coach Alison will have extra caps on hand
- Athletic shoes and flip flops.
- In the colder months it is important to bring a parka, warm clothing, socks and a blanket.
- Please LABEL EVERYTHING!

- You should pack a small cooler with snacks and drinks. Fresh fruit, granola bars, fruit bars, yogurt, bagels, sandwiches, etc. are good choices. Keep the snacks simple and healthy!
- Don't forget water/water bottles or sports drinks. It is important to stay hydrated.
- Sunscreen!
- Chairs for your swimmer(s).
- Cards, games, books, etc. are a good way to pass the time between events.
- Highlighter - For marking your child's races on the heat sheet.
- Sharpies - Some of the kids like to write their events/lanes etc. on their arm.

IMPORTANT :

ATHLETES MUST WEAR A MASK ANYTIME THEY ARE NOT IN THE WATER OR BEHIND THE BLOCKS READY TO RACE.

Swimmers must remain in the designated ECAC area unless they are : warming up, warming down, racing, speaking with an ECAC coach, using the locker room.

In the event your child fails to follow the rules and protocols laid out by the Lake Lytal Swim Team and the Lake Lytal facility, your swimmer(s) will be asked to leave the facility. There will be no refunds in the event this happens.

If you have any questions or concerns, please contact Coach Alison at :
swimecac@gmail.com