

Jupiter Dragons Swim Team

PRACTICE EQUIPMENT

<i>Group</i>	Required Equipment
<i>Purple</i>	<ol style="list-style-type: none">1. Dragons Cap2. Dragons T-shirt3. Goggles4. Rubber Fins
<i>Green</i>	<ol style="list-style-type: none">1. Dragons Cap2. Dragons T-shirt3. Goggles4. Rubber Fins
<i>Green 2</i>	<ol style="list-style-type: none">1. Dragons Cap2. Dragons T-shirt3. Goggles4. Rubber Fins5. Water Bottle
<i>Orange</i>	<ol style="list-style-type: none">1. Dragons Cap2. Dragons T-shirt3. Goggles4. Rubber Fins5. Water Bottle
<i>Elite Junior</i>	<ol style="list-style-type: none">1. Dragons Cap2. Dragons T-shirt3. Goggles4. Rubber Fins5. Water Bottle6. Pull Buoy7. Small Training Paddles8. Kickboard9. Mesh Equipment Bag.10. Team Parka

	Running Shoes, and Gym Shorts
<i>Elite Senior</i>	<ol style="list-style-type: none"> 1. Dragons Cap 2. Dragons T-shirt 3. Goggles 4. Rubber Fins 5. Water Bottle 6. Pull Buoy 7. Mid Size Training Paddles 8. Kickboard 9. Mesh Equipment Bag. 10. Team Parka <p>Running Shoes, and Gym Shorts</p>
<i>Red Junior</i>	<ol style="list-style-type: none"> 1. Dragons Cap 2. Dragons T-shirt 3. Goggles 4. Rubber Fins 5. Water Bottle 6. Pull Buoy 7. Mid Size Training Paddles 8. Kickboard 9. Mesh Equipment Bag.
<i>Red Senior / Developmental High School</i>	<ol style="list-style-type: none"> 1. Dragons Cap 2. Drag Suit 3. Dragons T-shirt 4. Goggles 5. Rubber Fins 6. Water Bottle 7. Pull Buoy 8. Training Paddles 9. Kickboard 10. Mesh Equipment Bag.

Blue Junior

1. Dragons Cap
 2. Drag Suit
 3. Dragons T-shirt
 4. Goggles
 5. Rubber Fins
 6. Water Bottle
 7. Pull Buoy
 8. Training Paddles
 9. Kickboard
 10. Front Mount Snorkel
 11. Nose Clip (optional for use with snorkel)
 12. Ankle Bands
 13. Mesh Equipment Bag
 14. Team Warm-up
 15. Team Parka
- Running Shoes, and Gym Shorts for dry-land

Blue Senior / High School

1. Dragons Cap
 2. Drag Suit
 3. Dragons T-shirt
 4. Goggles
 5. Rubber Fins
 6. Water Bottle
 7. Pull Buoy
 8. Training Paddles
 9. Kickboard
 10. Front Mount Snorkel
 11. Nose Clip (optional for use with snorkel)
 12. Ankle Bands
 13. Mesh Equipment Bag
 14. Team Warm-up
 15. Team Parka
- Running Shoes, and Gym Shorts for dry-land

National

1. Dragons Cap
 2. Drag Suit
 3. Dragons T-shirt
 4. Goggles
 5. Rubber Fins
 6. Water Bottle
 7. Pull Buoy
 8. Training Paddles
 9. Kickboard
 10. Front Mount Snorkel
 11. Nose Clip (optional for use with snorkel)
 12. Finis Tempo Trainer
 13. Ankle Bands
 14. Mesh Equipment Bag
 15. Team Warm-up
 16. Team Parka
- Running Shoes, and Gym Shorts for dry-land