

*** TIMER DUTIES ***

1. Timers are expected to work the ENTIRE session. No leaving early.
2. **NO CELL PHONES ARE ALLOWED UNDER THE STARTING TENT.** Please turn off your phones and put them away until the end of the meet.
3. **HELP THE SWIMMERS BY:**
 - Checking to make sure they are in the right heat and lane.
 - Checking to make sure they have caps and goggles on and are ready to go.
 - Making sure it is quiet for the start! If you can't hear "Take your mark", they can't either.
 - Helping with CROWD CONTROL. Bystanders, parents, and swimmers not in the upcoming heat are NOT ALLOWED under the starting tent.
4. Per USA Swimming's Minor Athlete Abuse Prevention Policy, make sure all your interactions with swimmers are *observable and interruptable*. Only have necessary conversations with them as stated on this page.
5. As soon as the "Take your Mark" command is given, **be still, be quiet, and stay in place. Any movement on your part could cause the swimmer to false start.**
6. Once each heat has started, Check to be sure your stopwatch is running. If it did not start correctly or you started it late, IMMEDIATELY signal the Chief Timer by raising your hand with the watch showing. The Chief Timer starts several watches at once and he will bring you one of them.
7. **PAY ATTENTION TO THE RACE! Be at the edge of the pool for the finish.** Look down to see the finishing touch. Stop your watch when any part of the swimmer's body touches the wall. You are not concerned with whether the finish was legal- that's the Official's job. Check to see if the clock on the board stopped for your lane. If the clock is still running, the swimmer may have had a light touch or missed the pad. **RECORD LATE OR MISSED PAD TOUCHES on your timing sheet. THIS IS IMPORTANT.**
8. Times should always be recorded **neatly** and to the hundredths of a second (two decimal places) in the same order for each heat. If there is no one in the lane, record as "N/S" next to their name. **This is important.**
9. *** At conclusion of the session, please turn in time sheets to the Chief Timer ***

THANK YOU VERY MUCH!!