



2020 Florida Virtual Championships

Site 1	Sarasota Sharks Swim Team	Dec 11-13, 2020
Site 2	North Palm Beach Swim Club	Dec 4-6, 2020
Site 3	Clearwater Aquatic Team	Dec 11-13, 2020
Site 4	South Florida Aquatic Club	Dec 4-6, 2020

Sanctioned by:

Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Sanction No. **FG282033912061** and Florida Swimming, Sanction No. **FL-5400**

It is understood and agreed that USA Swimming, the facilities, and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA GOLD COAST SWIMMING, FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness

and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19.

Format: These championships will be conducted at various sites throughout the state of Florida. Teams will be assigned to a specific site based on the location of their primary training site. Please see the assignment map on page 9.

These championships will be conducted in SCY. The 1650 yard freestyle, all relays, and all 50 yard events will be timed final events. All other individual events will be conducted as preliminaries and finals with the top 20 swimmers from preliminaries advancing to finals. The top 20 places in finals will be scored.

USA Swimming 18 & Under Winter Championships Times achieved in this meet by 18 & Under athletes who were entered with USA Swimming 18 & Under Winter Championship qualifying times will be included in the 2020 USA Swimming 18 & Under Winter Championships results and leaderboard.

Rules: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Deck Changing: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.

Image Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Eligibility: This meet is open to all swimmers who are 2020 registered members of USA Swimming as provided by article 302 and who are attached to, or awaiting attachment to, USA Swimming Clubs registered with Florida Swimming, or Florida Gold Coast Swimming, or Southeastern Swimming whose primary training site is within the state of Florida.

The qualifying period shall be Nov 1, 2018 through the entry deadline.

Entries will be capped at 250 swimmers at each site.

Disability Athletes: Any athlete with a disability will be accommodated in accordance with Article 105. Qualifying times may be waived by the meet referee for such swimmers. Please contact the meet host ahead of time to allow for preparation.

Entry: Entries will only be accepted through USA Swimming Online Meet Entry (OME).

OME Opens: 12:00am EST Nov 1, 2020
OME Closes: 11:59am EST Nov 27, 2020

Teams will enter through the meet in OME that corresponds to their assigned site (see site assignments on page 9).

<u>Site</u>	<u>Name of Meet in OME</u>
Site 1 – Sarasota	Florida Virtual Championships Site One
Site 2 – Stuart	Florida Virtual Championships Site Two
Site 3 – Clearwater	Florida Virtual Championships Site Three
Site 4 – Pembroke Pines	Florida Virtual Championships Site Four

Teams that are unable to enter due to the meet cap having been reached at their assigned site, may, on request, be placed on a wait list to enter another site should that site not reach its cap.

Entry times must be achieved in competition sanctioned, approved or observed by USA Swimming and proven through the USA Swimming SWIMS database. If a valid qualifying time does not exist in the USA Swimming SWIMS database, please contact the National Times Verification Officer for the LSC in which the time was swum. Override times may be used to enter the 200 yard length relays and do not require proof. Override times for all other events not proven through SWIMS by the scratch deadline for the event in question will be scratched.

A swimmer may enter any number of individual events in which the qualifying time standard has been met, however a swimmer may only swim three (3) individual events per day and a total of six (6) events individual during the meet.

Teams are limited to no more than two entries per relay event.
Bonus events will be permitted for this meet according to the following:

Individual event qualifying times	Bonus events permitted
1	2
2	2
3	1
4 or more	0

Unregistered swimmers may not be added to a team's roster.

Entry Fees: \$15.00 per individual event
Relay Fees: \$30.00 per relay
Surcharge: \$20.00 per swimmer

Late Entries: Entries will not be accepted after OME closes.

Responsibility Clause: The coach, swimmer or swimmer representative who enters these championships thereby attests that all times stated are true and correct as achieved qualifying times for each event entered. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$50 penalty for each such time entered.

Refunds: Once a team or individual entry has been received and processed, there will be no refunds.

Seeding: All preliminary heats and timed finals events will be seeded in order of SCY, LCM, alternate distance SCY, alternate distance LCM and then any bonus entries in the same order. Heats will be ordered fastest to slowest except as otherwise noted in this meet announcement.

On Friday and Sunday all women's preliminary heats will be swum, followed by all men's preliminary heats after a minimum 30 minute break. On Saturday, all men's heats will be swum followed by all women's heats after a minimum 30 minute break. Women's and men's heats, events, and sessions may not be combined except as otherwise noted in this meet announcement.

Finals will be swum in event order. The order of the final heats will be B then A.

Distance: Positive check-in by the scratch deadline for Sunday's 1650 yard freestyle is required to compete. Women and men will enter through OME in separate events, will compete in a single mixed event seeded by time, but will be resulted and scored separately. Heats will be swum slowest to fastest with the fastest heat concluding 10 minutes prior to the start of warm-ups for finals.

Relays: Positive check-in is not required. All relays will swim in the preliminary session. The order of the heats will be second fastest heat, fastest heat, all remaining heats fastest to slowest.

Scratches: Scratches from timed final events and preliminary heats will be accepted until the deadlines listed below.

Positive Check-in and Scratch Deadlines

Friday events	5:30 PM Thursday
Saturday events	30 min after the start of finals Friday
Sunday events	30 min after the start of finals Saturday

A scratch box will NOT be maintained at any of the sites. Please email or text your scratches from timed final events or preliminaries to the administrative referee for your site.

Any swimmer who competes in preliminary heats and qualifies for finals must declare his/her possible intention to scratch within thirty (30) minutes of the announcement of the preliminary results of that event and further declare their final intention within 30 minutes of their last individual preliminary event.

Scratches from finals may be done by email or text to the administrative referee or in person.

Scoring: **Individual:** 24,21,20,19,18,17,16,15,14,13,11,9,8,7,6,5,4,3,2,1
Relays: 48,42,40,38,36,34,32,30,28,26,22,18,16,14,12,10,8,6,4,2

Awards: No awards will be given.

Officials: Meet Referee: Bob Griffiths

Administrative Referee: Allan Golding

The application to officiate form for this meet can be found at <https://tinyurl.com/yydm6sp9>.

ORDER OF EVENTS**Friday****Session 1 - Women Friday Prelims**

1	Women 200 Free
3	Women 100 Breast
5	Women 50 Back
7	Women 100 Fly
9	Women 400 IM
11	Women 200 Free Relay

Session 2 - Men Friday Prelims

2	Men 200 Free
4	Men 100 Breast
6	Men 50 Back
8	Men 100 Fly
10	Men 400 IM
12	Men 200 Free Relay

Session 3 - Friday Finals

1	200 Free	2
3	100 Breast	4
7	100 Fly	8
9	400 IM	10

Saturday**Session 4 - Men Saturday Prelims**

14	Men 100 Back
16	Men 50 Breast
18	Men 50 Fly
20	Men 200 IM
22	Men 50 Free
24	Men 500 Free
26	Men 200 Medley Relay

Session 5 - Women Saturday Prelims

13	Women 100 Back
15	Women 50 Breast
17	Women 50 Fly
19	Women 200 IM
21	Women 50 Free
23	Women 500 Free
25	Women 200 Medley Relay

Session 6 - Saturday Finals

13	100 Back	14
19	200 IM	20
23	500 Free	24

Sunday**Session 7 - Women Sunday Prelims**

27	Women 200 Fly
29	Women 100 Free
31	Women 200 Breast
33	Women 200 Back

Session 8 - Men Sunday Prelims

28	Men200 Fly
30	Men100 Free
32	Men 200 Breast
34	Men 200 Back

Session 9 - Sunday Distance

35	Women 1650 Free	
	Men 1650 Free	36

Session 10 - Sunday Finals

27	200 Fly	28
29	100 Free	30
31	200 Breast	32
33	200 Back	34

QUALIFYING TIME STANDARDS

Florida Virtual Championships Time Standards				
Women			Men	
LCM	SCY	EVENT	SCY	LCM
28.59	25.19	50 Free	22.49	25.79
1:01.89	54.59	100 Free	49.09	55.89
2:13.49	1:57.49	200 Free	1:47.39	2:02.79
4:40.59	5:12.59	400/500 Free	4:51.79	4:20.69
9:38.19	10:45.89	800/1000 Free	10:05.09	9:00.09
18:26.69	17:45.69	1500/1650 Free	16:52.99	17:15.89
33.69	29.19	50 Back	26.09	30.49
1:12.39	1:03.39	100 Back	57.19	1:06.09
2:35.39	2:15.89	200 Back	2:03.99	2:22.69
38.69	33.49	50 Breast	29.79	34.59
1:22.39	1:12.09	100 Breast	1:04.69	1:14.29
2:57.79	2:36.59	200 Breast	2:21.09	2:40.99
31.59	27.99	50 Fly	24.79	28.39
1:08.29	1:01.09	100 Fly	54.69	1:01.79
2:29.79	2:14.39	200 Fly	2:01.69	2:16.79
2:31.29	2:12.49	200 IM	2:00.39	2:17.79
5:18.99	4:41.79	400 IM	4:17.09	4:53.09
		200 Free Relay		
		200 Medley Relay		

BONUS TIMES STANDARDS

Florida Virtual Championships Bonus Time Standards				
Women			Men	
LCM	SCY	EVENT	SCY	LCM
29.39	25.89	50 Free	23.09	26.49
1:03.49	55.99	100 Free	50.39	57.29
2:16.89	2:00.49	200 Free	1:50.09	2:05.89
4:47.69	5:20.49	400/500 Free	4:59.09	4:27.29
9:52.69	11:02.09	800/1000 Free	10:20.29	9:13.59
18:54.39	18:12.39	1500/1650 Free	17:18.39	17:41.79
34.59	29.99	50 Back	26.79	31.29
1:14.19	1:04.99	100 Back	58.69	1:07.79
2:39.29	2:19.29	200 Back	2:07.09	2:26.29
39.69	34.39	50 Breast	30.59	35.49
1:24.49	1:13.89	100 Breast	1:06.39	1:16.19
3:02.29	2:40.59	200 Breast	2:24.69	2:45.09
32.39	28.69	50 Fly	25.49	29.09
1:09.99	1:02.69	100 Fly	56.09	1:03.39
2:33.59	2:17.79	200 Fly	2:04.79	2:20.29
2:35.09	2:15.89	200 IM	2:03.39	2:21.29
5:26.99	4:48.89	400 IM	4:23.59	5:00.49



2020 ★ 18 & UNDER
WINTER
 CHAMPIONSHIPS

TIME STANDARDS

2020 USA SWIMMING 18 & UNDER WINTER CHAMPIONSHIPS

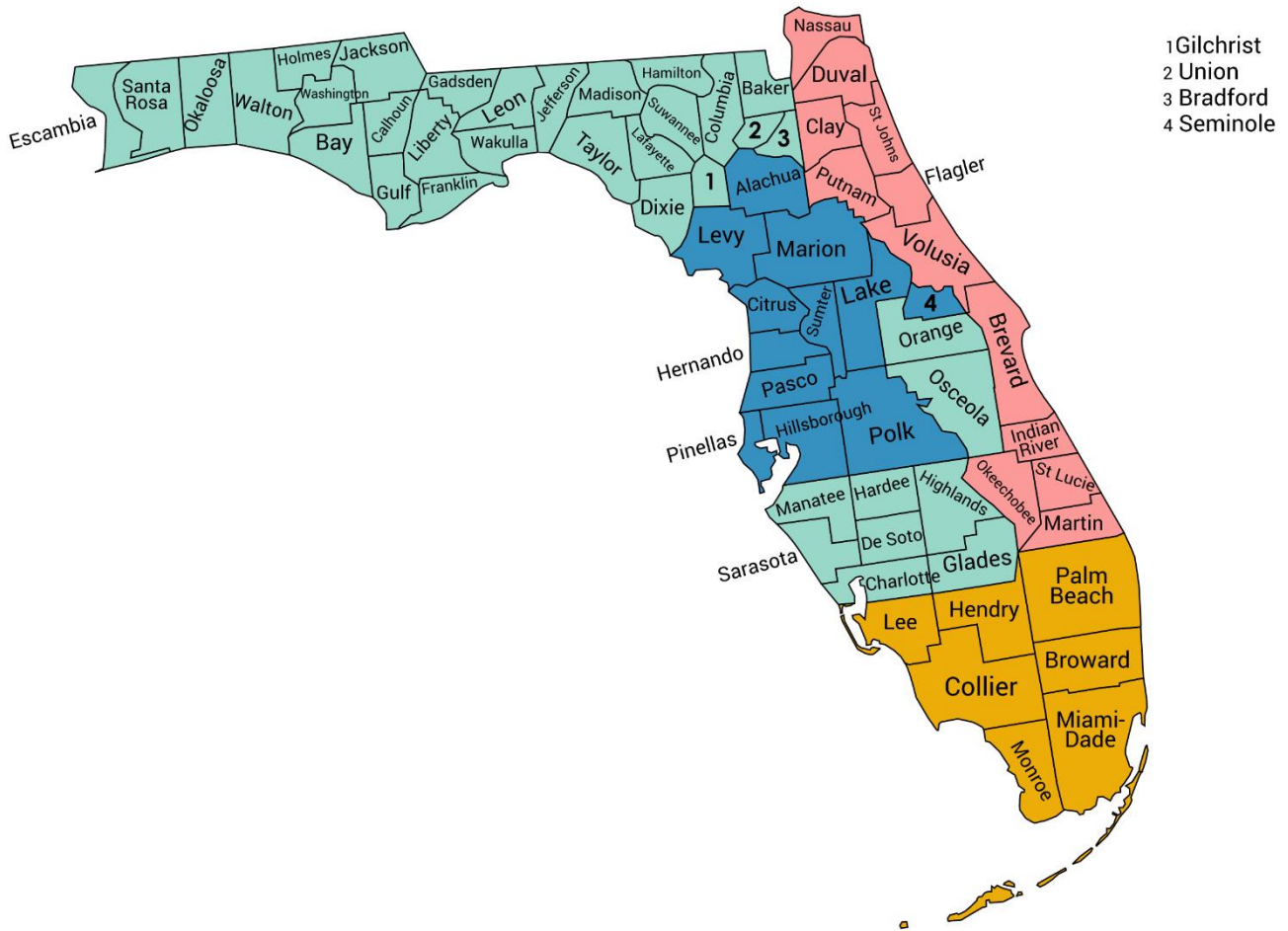
GIRLS			EVENT	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
24.39	27.29	27.69	50 FR	21.69	24.69	25.19
52.69	59.49	59.99	100 FR	46.99	53.39	54.39
1:53.79	2:07.99	2:09.09	200 FR	1:42.89	1:56.79	1:59.29
5:06.59	4:29.39	4:31.49	400/500 FR	4:39.89	4:08.79	4:12.49
10:26.69	9:18.39	9:19.39	800/1000 FR	9:40.09	8:39.79	8:45.99
17:24.79	17:48.89	17:50.79	1500/1650 FR	16:15.19	16:37.19	16:48.99
58.69	1:06.39	1:07.59	100 BK	52.69	59.59	1:01.49
2:06.29	2:23.59	2:25.49	200 BK	1:53.99	2:09.89	2:13.29
1:06.69	1:15.89	1:16.79	100 BR	59.29	1:08.49	1:09.39
2:24.19	2:42.79	2:45.09	200 BR	2:09.89	2:27.09	2:30.59
58.09	1:05.29	1:05.39	100 FL	51.69	58.79	58.99
2:06.69	2:22.99	2:23.39	200 FL	1:54.89	2:09.39	2:11.49
2:09.59	2:25.99	2:27.89	200 IM	1:56.29	2:11.29	2:14.19
4:33.49	5:07.69	5:10.39	400 IM	4:10.09	4:39.59	4:45.29

Qualifying period is November 1, 2018 through November 30, 2020

Hosts may opt to allow slower time standards to meet local needs; however, only results for swimmers that have achieved the published time standards will be included in the competition results

Florida Virtual Championships Site Assignments

- SYS - Sarasota
- NPB - Stuart
- CAT - Clearwater
- SOFL - Pembroke Pines





Florida Virtual Championships Site One

Teams from: Escambia, Santa Rose, Okaloosa, Walton, Holmes, Washington, Bay, Jackson, Calhoun, Gulf, Gadsden, Liberty, Franklin, Leon, Wakulla, Jefferson, Madison, Taylor, Hamilton, Suwannee, Lafayette, Dixie, Columbia, Gilchrist, Union, Baker, Bradfield, Orange, Osceola, Manatee, Sarasota, Hardee, De Soto, Highlands, Charlotte, and Glades Counties as well as St Petersburg Aquatics, Tampa Bay Aquatic Club, Gator Swim Club, West Florida Lightning Aquatics, Highlander Aquatic Club, Palm Harbor YMCA Piranhas.

Hosted by: Sarasota Sharks Swim Team

Location: Selby Aquatic Center. 8501 Potter Park Drive, Sarasota, FL 34238

Date & Time:

Date	Prelims Warm-up	Prelims Start	Finals Warm-up	Finals Start
Friday, Dec 11	7:30am	9:00am	4:30pm	6:00pm
Saturday, Dec 12	7:30am	9:00am	4:30pm	6:00pm
Sunday, Dec 13	7:30am	9:00am	4:30pm	6:00pm

Pool/Timing: Outdoor, heated, short course yards, certified 25-yard, 26-lane pool. Continuous warm-up/warm-down in separate, heated 25-yard 10-lane area of pool. Water depth at the competition starting and turn end is a minimum of 5 feet, 0 inches. Daktronics Automatic Timing, pads, buttons, stop watches will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy of such certification is on file with USA Swimming.

Entries: Enter through USA Swimming Online Meet Entry (OME) at www.usaswimming.org/ome. Search for "Florida Virtual Championships Site One".

OME Help: Allan Golding email: allan.c.golding@comcast.net

You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover.

Camera Zone: The Florida Swimming CAMERA ZONE policy will be in effect. Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing

to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

- Meet Director:** Brent Arckey
- Site Referee:** Gary Sanderson
- Site Admin Referee:** TBA
- Admission:** Due to COVID-19 restrictions, spectators will NOT be allowed in the venue at any time. Spectators may park in the lot behind the venue and view the meet from outside the fence.
- Information:** Swim Office at 941-260-9107.
- Warm up:** Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

7:30 – 8:30 AM (Prelims)	General Warm Up
4:30 – 5:30 PM (Finals)	Swimming and Pulling Only, Push Off No Racing Starts No Sprinting or Pace
8:30 – 8:55 AM (Prelims)	Controlled Warm Up
5:30 – 5:55 PM (Finals)	Lane 1 Pace, 50 and 100 Circle Swim, Push Off Lane 2 Racing Starts, 25 yards One Length. Lane 3 Swimming and Pulling, Push Off Lane 4 Swimming and Pulling, Push Off Lane 5 Swimming and Pulling, Push Off Lane 6 Swimming and Pulling, Push Off Lane 7 Racing Starts, 25 yards One Length. Lane 8 Pace, 50 and 100 Circle Swim, Push Off

Additional sprint lanes may be opened as necessary.



Florida Virtual Championships Site Two

Teams from: Nassau, Duval, Clay, St. John, Putnam, Flagler, Volusia, Brevard, Indian River, St. Lucie, Okeechobee, and Martin Counties and North Palm Beach Swim Club.

Hosted by: North Palm Beach Swim Club

Location: Sailfish Splash Waterpark
931 SE Ruhnke Street, Stuart, Florida 94994

Date & Time:

Date	Prelims Warm-up	Prelims Start	Finals Warm-up	Finals Start
Friday, Dec 4	7:30am	9:00am	4:30pm	6:00pm
Saturday, Dec 5	7:30am	9:00am	4:30pm	6:00pm
Sunday, Dec 6	7:30am	9:00am	4:30pm	6:00pm

Pool/Timing: 25 yard x 50 meter heated outdoor pool, 25 short-course racing lanes with separate warm-up and swim-down lanes available. The water depth at turn end is 7'0". The water depth at the start end is 13'6" in accordance with 103.2.3. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy of such certification is on file with USA Swimming.

Entries: Enter through USA Swimming Online Meet Entry (OME) at www.usaswimming.org/ome. Search for "Florida Virtual Championships Site Two".

OME Help: Allan Golding email: allan.c.golding@comcast.net

You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover.

Camera Free Zone: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at the Academic Village site. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Conflict of Interest: Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Meet Director: Alf Aguirre

Site Referee: Scott Boggs

Site Admin Referee: TBD

Admission: The venue will not be open to spectators.

Information: Alf Aguirre – 305-773-6060, Dick Cavanah – 561-762-7261.

Warm up: Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

7:30 – 8:30 AM (Prelims)

General Warm Up

4:30 – 5:30 PM (Finals)

Swimming and Pulling Only, Push Off

No Racing Starts

No Sprinting or Pace

8:30 – 8:55 AM (Prelims) Controlled Warm Up

5:30 – 5:55 PM (Finals)

Lane 1

Pace, 50 and 100 Circle Swim, Push Off

Lane 2

Racing Starts, 25 yards One Length.

Lane 3

Swimming and Pulling, Push Off

Lane 4

Swimming and Pulling, Push Off

Lane 5

Swimming and Pulling, Push Off

Lane 6

Swimming and Pulling, Push Off

Lane 7

Swimming and Pulling, Push Off

Lane 8

Swimming and Pulling, Push Off

Lane 9

Racing Starts, 25 yards One Length.

Lane 10

Pace, 50 and 100 Circle Swim, Push Off

Additional sprint lanes may be opened as necessary.



Florida Virtual Championships Site Three

Teams from: Alachua, Levy, Marion, Citrus, Sumter, Hernando, Pasco, Pinellas, Hillsborough, Polk, Lake, and Seminole Counties as well as Blue Dolphins and Trinity Prep Aquatics.

Hosted by: Clearwater Aquatic Team

Location: The Doyle Aquatic Center at the Long Center, 1501 N Belcher Rd, Clearwater, FL 33765

Date & Time:

Date	Prelims Warm-up	Prelims Start	Finals Warm-up	Finals Start
Friday, Dec 11	7:30am	9:00am	4:30pm	6:00pm
Saturday, Dec 12	7:30am	9:00am	4:30pm	6:00pm
Sunday, Dec 13	7:30am	9:00am	4:30pm	6:00pm

Pool/Timing:

The Doyle Aquatic Center is a 10 lane, 50 meter / 20 lane, 25 yd pool that varies in depth from twelve feet at the start end to four feet at the turn end. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. A separate 3 lane, 25 yd pool will be available for continuous warm-up and warm-down throughout the meet. There is permanent bleacher seating available for 294 people, as well as an additional standing-room-only section directly behind the bleachers for viewing the competition. Pool filtration system: State of the art UV system that requires little to no chlorine. Pool grounded lightning system: The Doyle Aquatic Center is the only pool in the area that is grounded with technology that enables the pool to be utilized during inclement weather, eliminating the possibility for most weather-related delays. Timing System: A Daktronics timing system, touch pads, manual watches and electronic starting system will be used. Times will be displayed our two scoreboards.

Entries:

Enter through USA Swimming Online Meet Entry (OME) at www.usaswimming.org/ome. Search for "Florida Virtual Championships Site Three".

OME Help: Allan Golding email: allan.c.golding@comcast.net

You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover.

Camera Zone:

The Florida Swimming CAMERA ZONE policy will be in effect. Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones

include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Meet Director: Kevin Reese

Site Referee: Bob Griffiths

Site Admin Referee: TBA

Admission: The venue will not be open to spectators.

Information: Bobbie Newton 727-791-9542, catmanager@clearwateraquatics.com.

Warm up: Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

7:30 – 8:30 AM (Prelims)	General Warm Up
4:30 – 5:30 PM (Finals)	Swimming and Pulling Only, Push Off
	No Racing Starts
	No Sprinting or Pace

8:30 – 8:55 AM (Prelims)	Controlled Warm Up	
5:30 – 5:55 PM (Finals)	Lane 1	Pace, 50 and 100 Circle Swim, Push Off
	Lane 2	Racing Starts, 25 yards One Length.
	Lane 3	Swimming and Pulling, Push Off
	Lane 4	Swimming and Pulling, Push Off
	Lane 5	Swimming and Pulling, Push Off
	Lane 6	Swimming and Pulling, Push Off
	Lane 7	Swimming and Pulling, Push Off
	Lane 8	Swimming and Pulling, Push Off
	Lane 9	Racing Starts, 25 yards One Length.
	Lane 10	Pace, 50 and 100 Circle Swim, Push Off

Additional sprint lanes may be opened as necessary.



Florida Virtual Championships Site Four

Teams from: Monroe, Miami-Dade, Broward, Collier, Lee, Hendy, and Palm Beach Counties.

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: Academic Village Swimming Pool. 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Date & Time:

Date	Prelims Warm-up	Prelims Start	Finals Warm-up	Finals Start
Friday, Dec 4	7:30am	9:00am	4:30pm	6:00pm
Saturday, Dec 5	7:30am	9:00am	4:30pm	6:00pm
Sunday, Dec 6	7:30am	9:00am	4:30pm	6:00pm

Pool/Timing: 25 Yard x 50 meter heated outdoor pool with 10 short-course racing lanes with separate warm-up and swim-down lanes available. Minimum water depth in accordance with Article 103.2.3 at the start end of pool varies from 7'6" to 8'0" depending upon lane assignment. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy of such certification is on file with USA Swimming.

Entries: Enter through USA Swimming Online Meet Entry (OME) at www.usaswimming.org/ome. Search for "Florida Virtual Championships Site Four".

OME Help: Allan Golding email: allan.c.golding@comcast.net

You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover.

Camera Free Zone: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at the Academic Village site. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Conflict of Interest: Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Meet Director: Chris Anderson

Site Referee: Hector Acevedo

Site Admin Referee: Allan Golding

Admission: The venue will not be open to spectators. Events will be livestreamed. Please visit <https://www.teamunify.com/Home.jsp?tabid=0&team=fgcppcst> for more information.

Information: Swim Office at (954) 538-3721 - SoFloMeets@swim4SoFlo.com

Warm up: Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

7:30 – 8:30 AM (Prelims)	General Warm Up
4:30 – 5:30 PM (Finals)	Swimming and Pulling Only, Push Off No Racing Starts No Sprinting or Pace
8:30 – 8:55 AM (Prelims)	Controlled Warm Up
5:30 – 5:55 PM (Finals)	Lane 1 Pace, 50 and 100 Circle Swim, Push Off
	Lane 2 Racing Starts, 25 yards One Length.
	Lane 3 Swimming and Pulling, Push Off
	Lane 4 Swimming and Pulling, Push Off
	Lane 5 Swimming and Pulling, Push Off
	Lane 6 Swimming and Pulling, Push Off
	Lane 7 Swimming and Pulling, Push Off
	Lane 8 Swimming and Pulling, Push Off
	Lane 9 Racing Starts, 25 yards One Length.
	Lane 10 Pace, 50 and 100 Circle Swim, Push Off

Additional sprint lanes may be opened as necessary.